STREAMING IN SCHOOLS | The ‘seismic shift’ that’s looming in education

NEW ZEALAND LISTENER
AUGUST 6-12 2022

THE TRUTH ABOUT MONEY

Sam Stubbs on how to live a truly rich life

CONSERVATISM
New thinking on right-wing politics

COFFEE CONS
The downside of our caffeine addiction

JOANNA LUMLEY
Her latest adventures to the great cities of Europe

NEW ZEALAND LISTENER
Te Kaiwhakarongo Aotearoa

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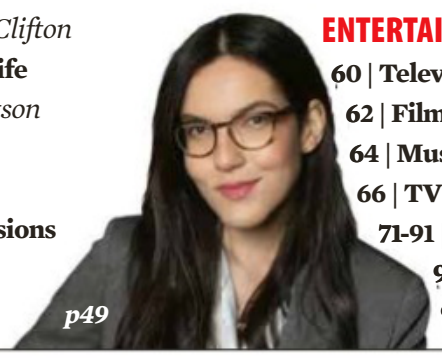

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Divided we fail

Much-needed reform of our water infrastructure is being stymied by mistrust and racist fearmongering, writes ANNA CURNOW.

When it became clear, a couple of years ago, that the government was serious about reforming the way council-run water services are managed and governed, I was concerned. This meant big things for the role of local government and our communities. What would local government do, or even be, without "big infrastructure"?

Then we had the report from the Water Industry Commission for Scotland (WICS), suggesting there could be significant benefits to a new way of structuring the "three waters" – drinking water, wastewater and stormwater – in New Zealand. I have been involved in local government for more than a decade, but I certainly don't count myself as an expert in big infrastructure. We have engineers and other specialists for that, and they were keen on investigating the WICS proposal further. So, I decided to learn as much as I could about the problem, the solution being proposed and what other options existed.

Sign of the times: a Three Waters protest at Parliament last year.

I've had people shouting at me about Māori taking over our water assets.

Over the past 18 months, I have attended every meeting, read every document and watched (and asked questions at) every webinar that I could. I've learnt about the Australian water reforms, the Scottish reforms, and about what hasn't worked in other parts of the UK. I am now convinced that the Three Waters Reform Programme has merit and needs the local government sector to come together to help iron out the bits that aren't yet fit for purpose. For example, how the entities engage with communities and the role of the economic regulator.

This is where things get tricky. Politics and fear of change are getting in the way. Three Waters will inevitably result in a wider reform of local government. Indeed, the "Future for Local Government" programme is already under way. But I'm disappointed to see that Three Waters (which, done right, will correct decades of underinvestment in water infrastructure across the country) is being used to stir up division and win votes. And the method that appears to work best for that is the racist one.

In Australia, working with "traditional owners" is a fundamental part of Water for Victoria, the state government's long-term direction for managing its water resources. Aboriginal water assessments are part of the planning cycle. When we talk about doing something similar here, through Te Mana o te Wai – a concept that refers to the importance of water by prioritising its health and wellbeing – the wheels fly off and paranoia tumbles out.

On many occasions, I've taken the 10 minutes needed to explain the rationale behind Three Waters reform. The conversation trots along happily until I mention Taumata Arowai – the new name of our independent water services regulator – or Te Mana o te Wai, or having iwi/hapū representation on regional representation groups. At that point, I've had people shouting at me about Māori taking over our water assets.

To be fair, the government has perhaps been naive in how deep the racial divide still is. Additionally, the infamous cartoon media campaign really didn't help. Local government suffers from being underestimated and misunderstood by central government, and that campaign triggered us badly.

I know that Local Government New Zealand has asked the government to slow the process so that we can reset some of this division and misrepresentation. To my mind, that could help, but is unlikely given the electoral cycle. What might work is for both parties to get honest and start working constructively together right now, for the benefit of all those we serve.

In my time in local government, I've learnt that, if invited and informed, communities contribute richly to hard conversations. If we can reset the story, then maybe we stand a chance of building a solution that achieves the benefits of the reform package in a way that really fits our unique New Zealand needs. ▮

Anna Curnow is the Deputy Mayor of Kaipara, in Northland. She is not standing for re-election.

GETTY IMAGES

SUBMISSIONS for *Upfront* should be approximately 600 words long and should be sent to listener@aremedia.co.nz. Full contact details must be provided.

The Bank of Mum and Dad

Your article on the Bank of Mum and Dad ("Cash & kin", July 23) pinpointed the new basis of wealth in this country, a situation not prevalent here since before World War II. Understated in the story was the reason: our laissez-faire economics policy, which hands power and influence to those who already have capital. In such highly unequal societies as laissez-faire-ism breeds, it is very hard to go from a poor upbringing to wealth.

This process has been as entirely predictable as lamentable. And stupid. Countries with higher tax takes, such as Denmark, Sweden and Norway, tend to have more wealthy, productive economies than those with lower taxes, because the social and infrastructure investments they make, in social safety nets, healthcare, education and public transport, create the circumstances for strong economies.

Countries that focus on cohesion and long-term planned development, such as Singapore and Japan, have not just lower inequality and greater ease of home ownership, but higher levels of happiness and, wait for it, much higher incomes than us, and less crime. Of course, these things flow one to the other.

Instead, we have poverty, especially for children, low wages for a huge proportion of people, totally unaffordable housing, low levels of happiness and high levels of stress. What a bungle we have made of governing.

It's past time for us to return to social democratic values, reward work adequately, power up our state-owned bank so it can lend at very low interest rates to new home buyers (as the Post Office did in the pre-neoliberalism days), focus on delivering high-quality tech and design education, cap rents, expand social housing, retirement savings and electric bus and train networks and, critically, lift Māori out of poverty by properly compensating iwi for theft of their land.

Singapore took about 20 years to go from mediocre to affluent doing something similar starting in the late

WINNING CAPTION

Kate Gore, Tauranga

FINALISTS

***Novak Djokovic:* "Look, Mum! I'm a tennis star!"**
– Bernard Harris, Palmerston North

***Djokovic (to umpire):* "The balls are on teh line!"**
– Bernard Harris, Palmerston North

***Djokovic:* "When they asked me to go skydiving, I thought they would give me a parachute."**
– Robert Morey, Dunedin

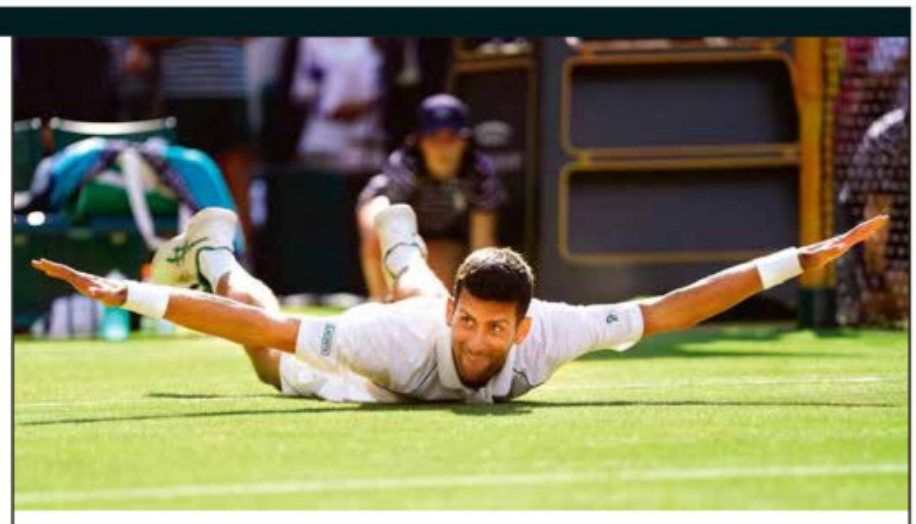
***Caption:* Having beaten Nick Kyrgios in the men's final, Novak Djokovic takes a moment to unwind.**
– Mike Hamblyn, Dunedin

***Djokovic:* "This is how I fly under the vaccination radar."**
– Paul Kelly, Palmerston North

***Caption:* Novak Djokovic sneaks into the US disguised as a Boeing 737.**
– Bob Richardson, Christchurch

***Djokovic:* "Bloody Covid: the wheels fell off."**
– Muzza Robb, Wellington

***Djokovic:* "Next stop the Qantas terminal."**
– George Clark, Auckland

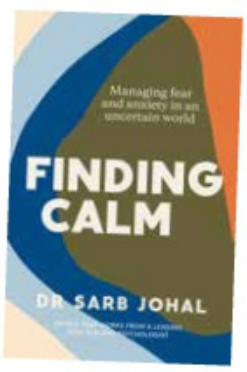


Djokovic explains the "spread your legs" technique to avoiding Covid.

GETTY IMAGES

Caption competition
THIS WEEK'S PICTURE

Sports Minister Grant Robertson and Wellington Mayor Andy Foster at the FIFA Women's World Cup 2023 "One Year To Go" event at Parliament.



Caption Competition

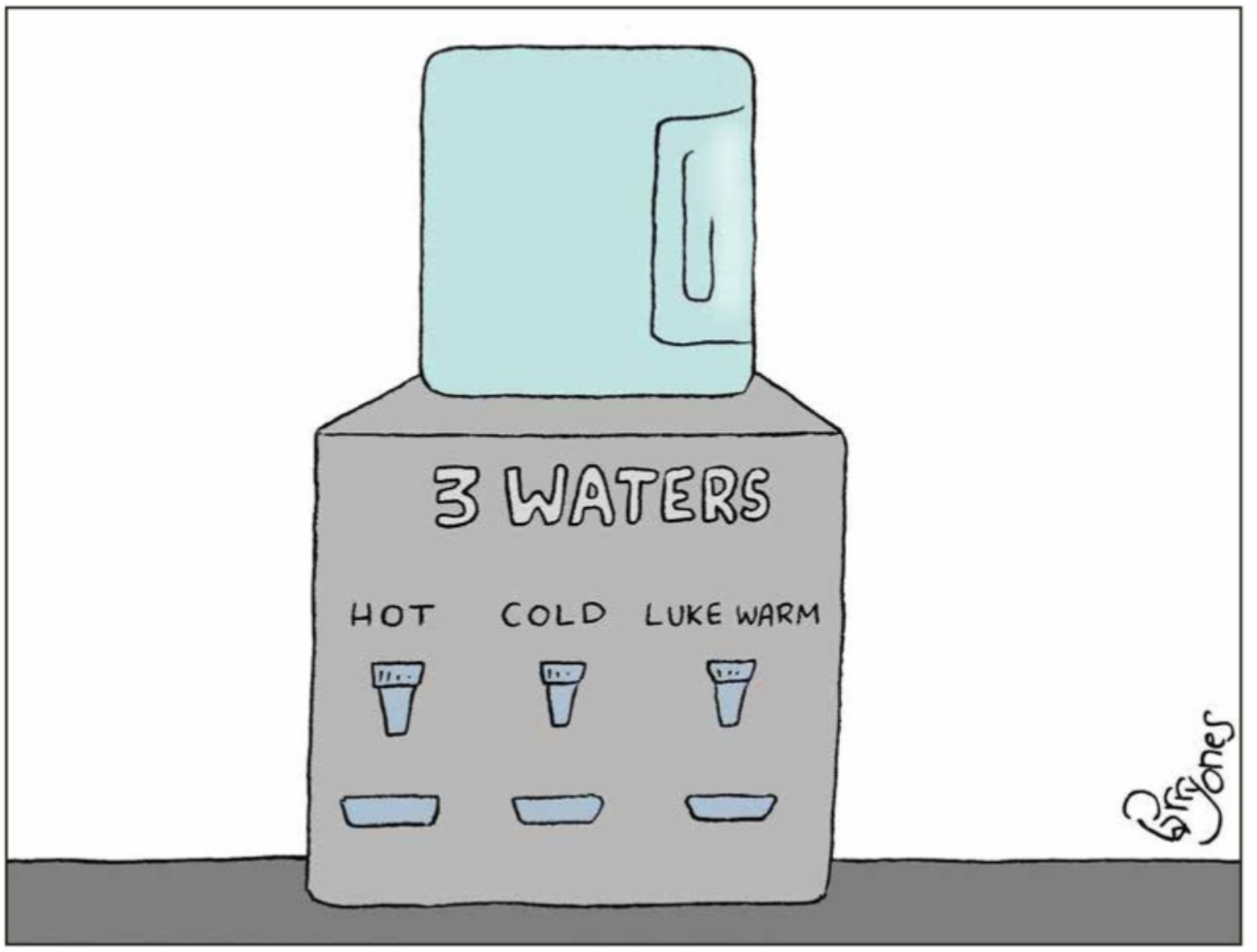
{listenercaption@aremedia.co.nz}

TO ENTER Send your captions for the photo at right to listenercaption@aremedia.co.nz, with "Caption Competition No 472" in the subject line. Alternatively, entries can be posted to "Caption Competition No 472", *NZ Listener, PO Box 52122, Kingsland, Auckland 1352.* **Entries must be received by noon, Tuesday, August 9.**

THE PRIZE Clinical psychologist Sarb Johal's tips on managing fear and anxiety in a troubled world.

70s. If the current government started this they might stand a decent chance of being re-elected, unlike now, and be worthy of the name "Labour", unlike their 1980s predecessors who, instead, started this train wreck we live in.

Joseph Dougherty
(Auckland Central)



Who would have thought that loving parents using their own money to help their children and grandchildren into housing would have a "dark side" for New Zealand? Most families helping their children are not rich owners of intergenerational estates but ordinary Kiwis who were lucky enough to buy a house 20 or 30 years ago.

As a retired solicitor with memories of the old estate duty regime, thankfully abolished in 1992, the suggestion of bringing back an inheritance tax fills me with horror.

If you want to go back to the past for inspiration, look at modernised versions of plans that actually got low-income families into their first home – such things as deferred payment licences, once offered by Crown Lands and Maori Affairs; insurance leaseholds, where the land was purchased by insurance companies and paid off by first-home buyers over 21 years; and even a well-regulated long-term agreement for sale and purchase regime would be worth investigating.

Terry Carson
(Pukekohe)

MUTUAL EXPLOITATION

Jane Clifton's comments (*Politics*, July 30) on the government's position on immigrant nurses, and the need to "green-light" the path to citizenship for them, are welcomed, but missed several points.

First, only a small number of immigrant nurses come from countries in which the standards and expectations of nursing practice closely resemble ours. The majority are therefore required by the Nursing Council to undergo a Competency Assessment Programme (CAP), generally 6-12 weeks long. Given the time required to process applications, for the nurse to emigrate, apply, and successfully complete a CAP, fast-tracking their immigration does not provide a quick fix for our critical nursing shortage.

Although internationally qualified nurses (IQNs) make an enormous contribution to our health system, the country's reliance on them is also concerning. The council's annual reports show that over financial years 2019 and 2020, 4979 IQNs were registered but only 3572 NZ-educated nurses. As of 2020, 29% of registered nurses in Aotearoa were IQNs.

If the government wanted to address Aotearoa's nursing shortage in a more enduring way, it would provide greater financial support for nursing students, with particular support for Māori and Pasifika students who, respectively, make up only 8% and 4% of registered nurses. It would implement a campaign designed to encourage people into nursing education. And it would immediately honour its commitment to the back pay promised in the pay equity agreement.

Susan Jacobs, RN, MNZM
(Mataruahou, Napier)

WEALTH BY STEALTH

Bruce Robertson's letter (July 30) on Thomas Piketty offers trenchant and worthy advice. Diligence and application will be rewarded, while indolence will be punished. The need for punishment is revealing. Commercial, financial, capitalist virtue is not its own reward, but rather the insurance against the Fall.

In this light, it would be a service to the rest of us if Mr Robertson were to examine the rise in corporate profits during the pandemic, and the misinformation being touted on the Fair Pay Agreements due to become law.

Above all, he should refute Mr Piketty's huge body of evidence from economic history, evidence which points undeniably to the preponderance of rentier [property or investment] wealth accruing over centuries. In global terms, the results of this enduring imbalance are now grotesquely unjust.

Stan Jones
(Hamilton)

The implication in "Wealth by Stealth" that rich people

Letters to the editor {listenerletters@aremedia.co.nz}

The Editor, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

- Letters must be under **300** words. Preference is given to shorter letters.
- A **writer's full residential address** is required on all letters, including emails. A phone number can be helpful.
- Pen names or letters submitted elsewhere are not acceptable.
- We reserve the right to edit or decline letters without explanation.

PARRY JONES

Quips & Quotes

"I think it's more around how we defend and how we attack." – *Former All Black Ant Strachan on the All Blacks' recent losses.*

"I drink to make other people interesting." – *George Jean Nathan*

"I thought you were in Te Puke!" - *Labour MPs heckle Christopher Luxon during Parliament's question time after the National leader admitted to mistakes in his social media*

"You don't have to count every raindrop to know it's raining. And it's pouring right now." – *Dr Joseph Kanter, Louisiana's state health officer, on the surge of new coronavirus infections*

"Time is the only critic without ambition." – *John Steinbeck*

"Money is our madness, our vast collective madness." – *DH Lawrence*

"The outlook has darkened significantly since April. The world may soon be teetering on the edge of a global recession, only two years after the last one." – *Pierre-Olivier Gourinchas, the IMF's chief economist, in a blog accompanying the release of an update on the global economy*

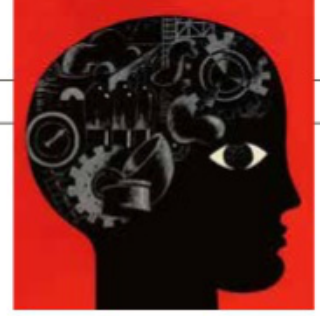
"There's no limit to how complicated things can get, on account of one thing always leading to another." – *EB White*

"Laughter is the closest distance between two people." – *Victor Borge*

"When in doubt, don't." – *Benjamin Franklin*

10 Quick Questions

by GABE ATKINSON



1. What was the name of the character played by Betty White in the TV sitcom *The Golden Girls*?
- ❑ *Blanche*
- ❑ *Dorothy*
- ❑ *Rose*
- ❑ *Sophia*

2. An object that has had all its original components replaced over time can be described as a 'ship of...' whom?
- ❑ *Crusoe*
- ❑ *Shackleton*
- ❑ *Sinbad*
- ❑ *Theseus*

3. Lurch the butler is a character in which TV series?
- ❑ The Munsters
- ❑ Upstairs, Downstairs
- ❑ Blackadder
- ❑ The Addams Family

4. Trinidad Moruga Scorpion, Carolina Reaper, and Dorset Naga are all types of... what?
- ❑ *Hairy caterpillar*
- ❑ *Rattlesnake*
- ❑ *Chilli pepper*
- ❑ *Poisonous mushroom*

5. Who wrote a pair of autobiographical books titled *Boy: Tales of Childhood* and *Going Solo*?
- ❑ *Elton John*
- ❑ *Bob Dylan*
- ❑ *Orville Wright*
- ❑ *Roald Dahl*

6. Which sacred river is mentioned in Samuel Taylor Coleridge's poem *Kubla Khan*?
- ❑ *Indus*
- ❑ *Alph*
- ❑ *Ganges*
- ❑ *Nile*

7. In which modern-day country would you find the town of Waterloo, near the site of the famous 1815 battle?
- ❑ *Luxembourg*
- ❑ *Belgium*
- ❑ *Netherlands*
- ❑ *France*

8. Which of these films is NOT an adaptation of an earlier Broadway musical?
- ❑ La La Land
- ❑ Annie
- ❑ West Side Story
- ❑ Fiddler on the Roof

9. True or false? Brown bears and grizzly bears are different species.
- ❑ *True*
- ❑ *False*

10. The mineral pyrite is also known by what name?
- ❑ *Fool's gold*
- ❑ *Amethyst*
- ❑ *Emerald*
- ❑ *Greenstone*

Answers on page 58.

are living it up at the expense of those who are poorer is flawed.

First, wealth itself brings only limited betterment. Lord Thomson of Fleet, who created what he called a licence to print money from early commercial television, later wrote to the effect that he could only eat and drink so much, drive in one car, wear one watch, etc. Happiness comes from other things.

Where there is ostentation by the wealthy, such as expensive yachts, big houses, and costly art collections, they often seem as much investments as indulgences.

Second, the successful wealthy are good at having money create money, so helping growth and resources. The proponents of the policies of envy should acknowledge that profits are good and losses are bad – for people and societies.

Les Aldridge
(Tawa, Wellington)

Bruce Robertson proclaims that provided they get a sound education and are prepared to work hard, the poor can relieve the indolent rich of their wealth. If only it were that simple. Not only do most of the "rich" want to hold on to their wealth, they actually want to make more.

Yes, it seems that John Maynard Keynes was mistaken when, in 1930, he surmised that, "The love of money as a possession ... will be recognised for what it is, a somewhat disgusting morbidity."

I don't think that communism is the only alternative to capitalism. For example, consider participatory economics, in which you are involved in decisions in proportion to how much you are affected by the outcome ("skin in the game").

Kevin Juventin
(Waihi Beach)

There is not enough money in the public estate to fund the needs of a fair and equitable society in Aotearoa. There was once, and it provided state houses, and transport that was cheap and dependable nearly everywhere (trains).

But no longer, in a taxation system that arguably is one of the most regressive in the comparable world.

Even the Australians were able to work out how to: (1) make a tax-free threshold; (2) make fresh food GST free; (3) implement a capital gains tax.

Neville Rosengren
(Masterton)

ACHILLES HEEL

Climate Change Commission chair Rod Carr (*Upfront*, July 23) believes New Zealand has a "world-leading status as an efficient producer of low-emission agricultural products" to preserve. But the truth of our "efficiency" is leaking out. We can't hide the state of our nitrogen-filled rivers and lakes, the pesticides we use on our pastures and animals, the fact that we are the world's

largest importer of palm kernel, and the loophole in our animal welfare rules.

Of the recent free-trade agreement with Europe, a left-wing French MP, François Ruffin, wrote, "Why should French people be exposed to the residues of pesticides banned in France but widely used in New Zealand agriculture?"

Atrazine, used here to kill broadleaf weeds, was banned in Europe in 2003 because it is an endocrine disruptor. Diflubenzuron is used to kill the larvae of unwanted insects. Our farmers use it in sheep dip. It's also used in salmon farming to kill sea lice, and by mushroom growers. It was banned in Europe only last year because of its toxicity to aquatic organisms.

"How," Ruffin also asked, "can France claim to be a defender of tropical forests and yet sign a trade deal with a country whose animal feed contributes to their destruction?" Ruffin also found out that our welfare code on animal transport says nothing about the number of hours they can stand in a truck, except, I discovered, for newborn calves, where the limit is 12 hours.

There's lots we have to change in this terrifying climate crisis and even Dr Carr doesn't face up to the most basic issue — the world can no longer afford a diet based on animal products.

Pat Baskett
(Ōkura, Auckland)

OFFICIAL INFORMATION

Stephen Davis' report on "Information Disorder" (*Reality Check*, July 23) is disturbing not just because of the examples it gives, but because it suggests that even expert investigators are becoming powerless to extract facts from impervious official structures deliberately set up to suppress or distort anything inconvenient to public employees or their political hostages – our supposed representatives.

Central to this are two anti-democratic factors: spin doctors and the Privacy Act. Far more than the Official Information Act or its local government equivalent, they determine what unelected officials can conceal or warp to suit their own agendas, even to the extent of gagging their own elected nominal masters.

A 2019 survey by Radio New Zealand cited a doubling of public relations staff in some official organisations, together with massive increases in the salaries paid to them. The first question there is why any government agency should need "communication specialists" if the staff in them are competent enough to operate keyboards. Surely any public servant ought to be able to write down a factual narrative in response to queries. The only reason to avoid doing so is the possibility that truth might reveal deficiency or deceit.

Robert Lawrence
(Tauranga)

LETTER OF THE WEEK

CHARLES IN CHARGE?

Peter Hamilton (*Upfront*, July 30) makes no mention of how the armed forces will fit into the revised constitution in a republic. Currently, their oath of allegiance is to the Queen, her heirs and successors.

So, what will be the new allegiance? To a piece of cloth (the flag, which would need to be changed – and we know how contentious that can be); to our (unwritten) constitution; to the Treaty of Waitangi; to an ever-changing head of state?

The courage and loyalty of armed forces are a great strength to a nation. But there are many examples of countries, both in the past and currently, where the army has taken over and martial law declared. Yuval Noah Harari in his book *Sapiens: A Brief History of Humankind* warns that the biggest risk to nationhood is its army: when martial law is declared, democratic rights and freedoms are halted. The power that the monarchy withholds has ensured constitutional stability. How can that stability be guaranteed in the future Peter Hamilton envisages?

Patricia Cunniffe MNZM
(Whanganui)

This is a timely issue needing thorough discussion. The first issue is deciding what is the role of a head of state, or even if we need one. I have never envisioned that role as "promoting New Zealand in our key markets" – that is surely the job of the government and its officials. And those candidates otherwise suitable for the head of state role who had no such promotional skills would be cut out.

A second issue is: what, if any, political power would rest with the head of state? Parliament would surely put severe limits on that and not risk the possibility of the head of state sacking the government, as happened in Australia several decades ago.

And what would be the term of office? Would that be attached to the general election timetable? Perhaps a good time to change to four years.

Alan Milton
(Cambridge)

SCREEN TIME

Further to the responses to Susan Parry (*Upfront*, July 2) on bowel cancer screening, it should be understood that the threshold to qualify for a colonoscopy is set at a relatively high 200 nanograms of blood per millilitre of solution. Australia's, for instance, is 100 nanograms, and screening is from age 50.

Here, you need at least 200 nanograms of blood in the stool to qualify for a follow-up colonoscopy. But it does not mean that you don't have bowel cancer if you have a "negative" test result.

For example, you could have 150 nanograms of blood and be deemed "negative", even though you have a tumour. But you will not automatically be given this vital numeric information as a patient.

The only way to check your actual blood results, if "negative", is to demand that the screening programme supply all your numeric results. You can then decide, if there is blood, whether or not to have a colonoscopy in the private system.

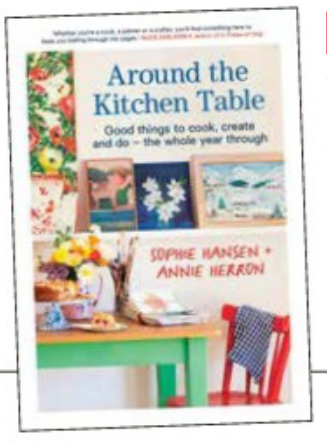
The Ministry of Health apparently refuses to automatically supply all statistical results when under 200 nanograms of blood. However, I would have thought this refusal was contravening patient rights to full test disclosure?

AG Talbot
(St Albans, Christchurch)

"MR MAGOO"

Being a glasses wearer myself, I can feel for Bill Ralston (*Life*, July 23) and his glasses fogging up when wearing an anti-Covid face mask. What may help is something that took me less than five minutes to get the hang of: breathing out through the mouth by pulling your lower lip in. Fogging of your glasses is no longer an issue, and your nose is still covered. Just talk only when needed.

John Kuindersma
(Whangārei)



Letter of the week prize

Food writer Sophie Hansen and her mum, art teacher Annie Herron, encourage readers to take a break through everyday creativity.

CATHRIN SCHAER

Spoiled for arts choices

Berlin has city councillors for all the usual things: transport, environment, rubbish. But what even a lot of locals don't know is that, since 1991, the German capital has also employed a city "commissioner" whose sole responsibility is artists' studios.

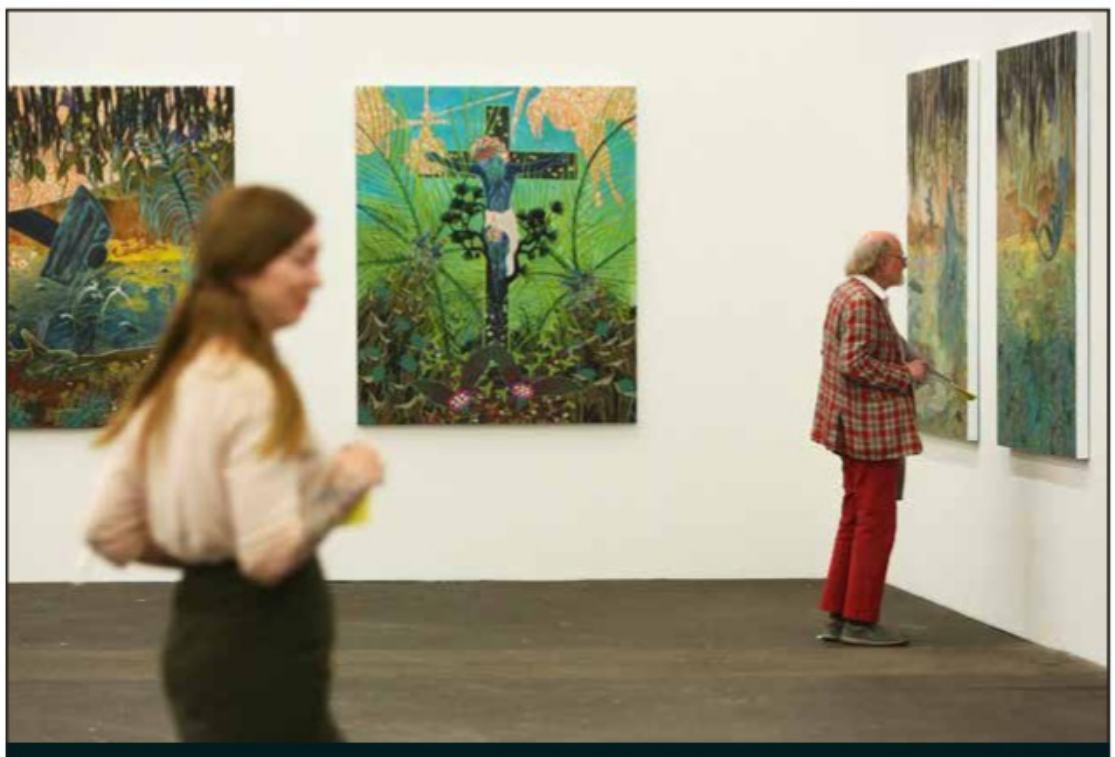
Martin Schwegmann, the current "Atelierbeauftragter", regularly appears on telly to discuss how creatives are being squeezed out of the city because of rising rents. Berlin is having an "atelier emergency", he recently argued.

Critics have complained his job is only symbolic, a way of appeasing anyone moaning about how fast Berlin is changing. But coming from New Zealand, it seems fairly radical that a city council would pay somebody to do this for a living.

In fact, Schwegmann's job is just a tiny aspect of the way Germany treats art and culture.

In 2022, Berlin will allocate about €885.7 million (NZ$1.4 billion) of its budget to culture. That comes to about €239 (NZ$390) per Berlin resident. In New Zealand, the most recent national budget put NZ$185 million towards local cultural pursuits; that's about $NZ36 (or €22) spent for every resident.

This difference can be partially explained by how Germany's contemporary policies towards art and culture are shaped by the country's wartime history. Back then, the Nazis saw culture as a tool to promote their ideology, and what they considered "pure" German art. Instead of seeing it as something for the elites, as it had traditionally been, art and culture became an important part of national identity.



City of culture: an exhibition in this year's Berlin Biennale for Contemporary Art.

GETTY IMAGES

"The art scene brings more people here. It just makes it a better, more accepting place to live."

After the war, freedom of artistic expression – without interference by the state – was enshrined in a new German constitution. Article 5 has been interpreted to mean that not only can the state not mess with your naked fingerpainting, it should also actively promote and protect your freedom to fingerpaint naked.

Then, in the late 1960s, a new generation of Germans, reacting to their conservative, Nazi-complicit elders, demanded "culture for all" – that is, works that went beyond traditional paintings of landscapes and flowers, financed by the public purse.

Today, unlike in countries such as the US, most money for German art and culture still comes from the state, with only about 10% funded by the private sector.

At the risk of sounding like a travel brochure, this means that Germany now offers an almost impenetrable thicket of cultural action. For example, it has the most museums in Europe: about 7500, as well as about 700 professional art galleries. It also has more theatres and concert halls than almost any other country, hosts half of the world's orchestras and, according to a recent article in the *New Yorker*, is "the most operatic country on Earth" with more than 80 permanent opera houses.

But does all that make this a better place to live?

Sure, there are a lot of scientific studies about the value that culture brings. They're a pretty standard part of what all that arts funding buys. But what do ordinary people think? A brief, unscientific survey was conducted in my neighbourhood.

"So, the city is pretty liberal anyway," a queer friend noted. "But the art scene brings more people here who want more of that. It just makes it a better, more accepting place to live."

"Art is part of everyday life here and it challenges people," a gallerist visiting from New Zealand, by way of London, enthused.

"I like it, it's nice," the pensioner next door said. But why? He paused for a minute. "Because it makes people think about more than what to make for dinner and what car to buy," he concluded. "And that's important." ▮

Cathrin Schaer is Middle East editor for German public broadcaster dw.com, and lives in Berlin.

RUSSELL BROWN

We're not Boomers, okay?

My first year at school was the last year of the milk. I have a hazy memory of it arriving in crates and being left to curdle in the Canterbury sun. There can't have been many more deliveries before New Zealand's Milk in Schools programme ended its 30-year run in 1967.

Looking back, it seems emblematic of the generation I was born into: we always arrived just as the train was leaving the station. We grew up sheltered, then watched the guarantee of national prosperity dissolve. I turned 11 in 1973, the year of the first oil crisis and of Britain joining the European Economic Community (now the EU). Carless days followed in 1979, then, in 1982, the government imposed a freeze on every wage and price in the national economy. The wheels had well and truly fallen off by the time we saw it all finally dismantled in 1984, when I turned 22.

I've been ruminating on it because I've turned 60, the impossibly distant age at which Kiwis used to retire with their mortgage-free houses. I haven't retired and we still have a mortgage. By some calculations, I'm a Baby Boomer – I was born only 17 years after World War II ended. But I'm seven months younger than Douglas Coupland, whose novel *Generation X* famously declared the existence of a new, post-Boomer cohort.

In 2000, the California marketing consultant Jonathan Pontell hailed, in a book of his own, the existence of another group, squeezed in the middle of the two: Generation Jones. He turned it into a kind of personal brand and was vindicated when US President Barack Obama (who had his 60th birthday last year) owned it.

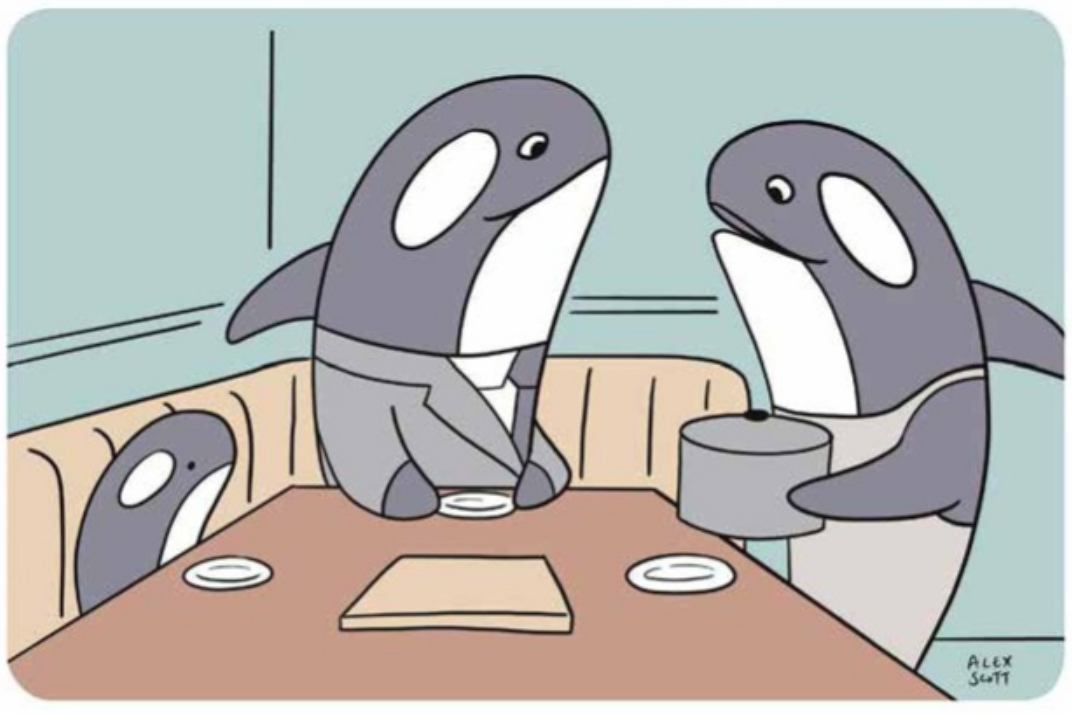
"I identify with this generation between the Baby Boomers and Generation X," Obama declared in 2009. "My mother was a Baby Boomer, and I'm part of Generation Jones." Even Coupland got aboard, recasting his own book as really having been "about the fringe of Generation Jones which became the mainstream of Generation X".

For Americans, the cultural characteristics of this generation tend to revolve around a loss of innocence. They were kids who never lived in a world without television – and who would go on to watch Watergate unfold. Pontell suggests that Jonesers were optimistic children in the golden weather of the 1960s, but came of age into unemployment and Reaganomics. Generation X arrived after the deluge and never saw what had gone before.

We grew up sheltered, then watched the guarantee of national prosperity dissolve.

We had our local variations. When we embraced punk rock in our teens, we couldn't know it would be New Zealand's final fling with Anglophilia. A lot of us didn't get married. My darling and I, punk rock kids who met at school, never railed against the nuclear family like the Boomers did at university — we ust never got around to the wedding part. A dear friend of mine became a secular marriage and funeral celebrant in the late 90s because so many of her peers had suffered bereavements or finally decided to tie the knot, but had no grasp of the religious and social rituals involved.

Perhaps we also grew up without the sense that the world was there for our benefit, or our ways were intrinsically the right ways. Perhaps, because we've seen certainties dissolve, we know they may not last forever. I understand that I won't understand how an 18-year-old perceives gender. (We've also seen our kids' generation marry at 24, and our daughters take their husbands' name. That was a surprise.) But even in this new seventh decade of life, I'd rather not be a scared old fool about things. That really wouldn't be very punk rock. ▮



"Wow, who would've thought? My husband, promoted to ocean floor manager."

ALEX SCOTT

Russell Brown is a freelance journalist based in Auckland.

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BILL RALSTON

Dictatorship of the minority

The problem for embattled former Green Party co-leader James Shaw is that I like him. He's intelligent, thinking, caring and reasonable. A sizeable element of the hardcore Greens would be horrified that someone like me holds Shaw in some esteem as a minister and a man. This, I fear, means he is doomed politically.

At their AGM last week, 32 of 107 Green delegates voted to reopen nominations for his co-leadership position. Under Green rules, this means he is out of the job until such time as there is another poll and he attains 75% or more of the vote. This is a highly unlikely outcome.

When he popped up to the media after the vote, looking like a startled meerkat, he initially hesitated about having another run at the co-leadership, saying he would consult the party membership first. Within 24 hours, he must have miraculously managed that feat because he then declared he would stand again.

The 32 delegates are unlikely to have a "road to Damascus" moment and suddenly vote for him next time around. Plus, there was a chunk of delegates who abstained from voting at all. It's possible many of those abstainers will slide into the anti-Shaw camp at the next ballot.

At the time of writing, there was no declared rival contender for Shaw's position. But even if no one stands against him, the anti-Shaw block can simply keep voting to reopen nominations and neatly thwart his re-election from now until eternity. It's a dictatorship of the minority.

For them, it seems his biggest sins are that he is not radical enough and he has tied the Greens into an amicable relationship with the Labour government. For a group who have spent their entire lives protesting against governments, this is a grievous failure on his part.

Quite how Green policy could be implemented from a position of eternal opposition they do not make clear. For his part, Shaw has been trudging through the quagmire of government to get a climate change bill into law. Apparently, that is not enough. And besides, they say it is not stringent enough.

So, as I said, he is doomed. The logical choice for a new co-leader would be the dynamic Auckland Central MP Chlöe Swarbrick. She is young, bright, articulate and savvy, with a popular appeal wide enough to win a general electorate seat. For the 32 naysayers, these characteristics probably disqualify her for the job. Swarbrick has said she won't contest the co-leadership, but she may yet be convinced.

There are some critics in the party who seem to feel it does not matter if the Greens lost their seats in Parliament; the party could then be rebuilt anew in their own mould.

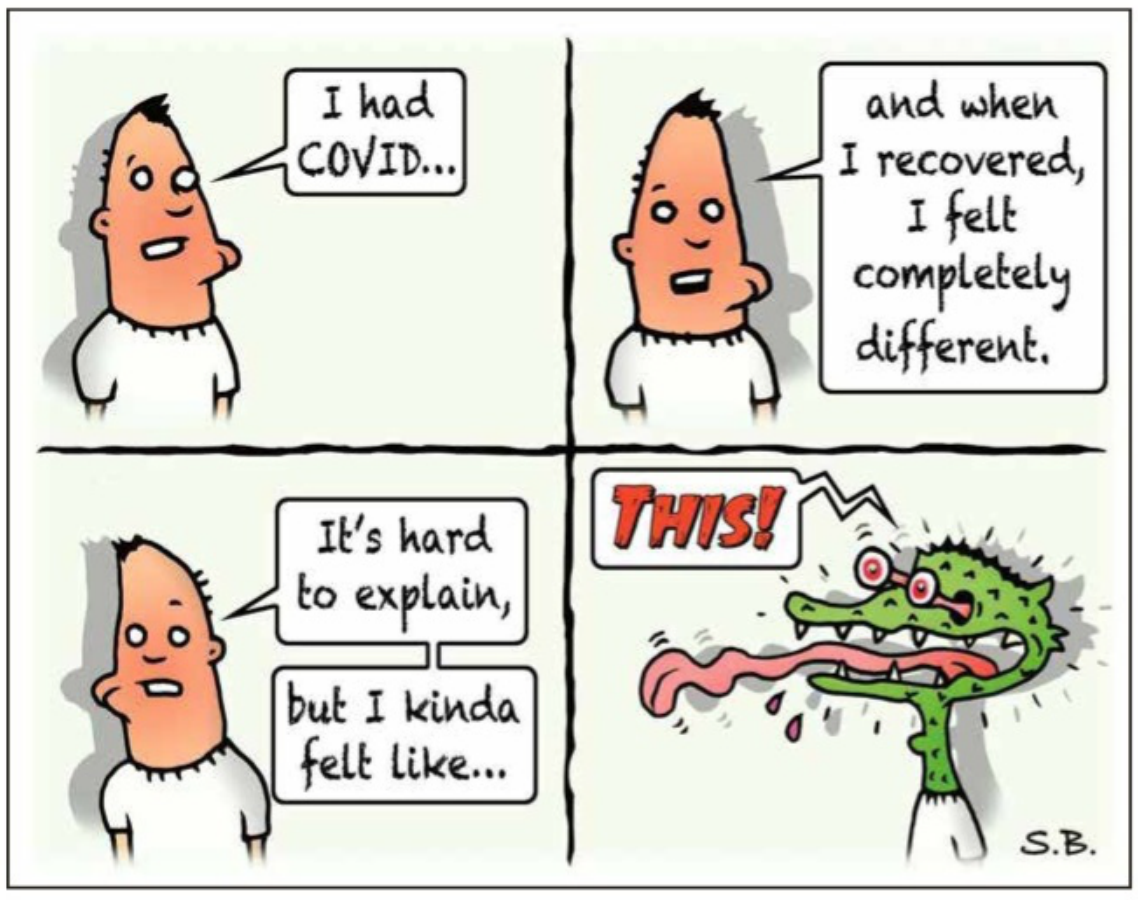
It may well be that, if they can't get what they want, there is a faction of the Greens who, like others before them, will walk out of the party into the "dustbin of history". From the point of view of the majority of Greens, I imagine that departure would be helpful.

Do the 32 really want National to slide back into government? Probably. It would make them feel saintlier and more righteous.

Swarbrick has an electorate seat and stands every chance of retaining it at the next election, especially if the Labour candidate simply competes for the party vote. So, even if the Green Party can't attain 5% of the vote nationwide, it will still retain some MPs in the House.

Under this scenario, a coalition of Labour, the Greens and perhaps Te Pāti Māori could nose out National/Act. Do the 32 really want National to slide back into government? Probably. It would make them feel saintlier and more righteous.

This is the dilemma the party now finds itself in. As Kermit the Frog sang back in the day, "It's not easy being green." ▮



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SANJANA HATTOTUWA

The seeds of disaster

Recently, I was referred to in a social media post with a word I hadn't heard of. It turned out to be an awfully violent one aimed at Indians. I am not Indian, but I guess that shows how much local racists know about South Asia.

What I found more worrying was the permissive environment on social media for sharing racist discourse, with no discernible pushback. That worry, in turn, is anchored to my home country, its present condition and how it got there.

Many in Sri Lanka today can now afford to eat just one meal a day. People have died in the huge queues for gas, petrol or diesel. Schools are closed. Hospitals have run out of essential medicines. The economy has completely disintegrated. The resulting impact will be intergenerational.

Covid-19 saw the collapse of Sri Lanka's tourist trade – one of its biggest foreign currency earners – although it had already started to trail off following the Easter 2019 bombings. But economic mismanagement and corruption are also to blame for the country's debt-driven dilemma. It's no surprise that President Gotabaya Rajapaksa fled the country before resigning and losing his immunity from prosecution.

All of this is a Google search away, and it is heartbreaking.

For more than 12 years, I have studied disinformation in Sri Lanka and how it has inexorably created the political conditions for the country's cataclysmic economic collapse.

The seeds for this disaster were sown in January 2010, when Sri Lanka had its first presidential election following the end of its brutal civil war. It was the first election where the two leading candidates – Mahinda Rajapaksa, Gotabaya's elder brother, and General Sarath Fonseka – employed social media profiles for their respective campaigns.

Pain at the pump: autorickshaws in a long queue for fuel in Sri Lanka's capital.

The real purpose of disinformation is to create a more hostile society, where difference is negotiated violently.

It was also the first election where these accounts were used to promote harmful material, seeding a mindset that those who voted for one candidate were patriots, and those who voted for the other were traitors. This language was also a licence for harms both online and offline that prefaced and even promoted violence. Mahinda Rajapaksa went on to win the election, cementing a powerful political family dynasty synonymous with populist authoritarianism.

You may be tempted to conclude that New Zealand is nothing like Sri Lanka. And you're right. Democratic norms, institutions and foundations run deep here. But, counterintuitively, that also puts New Zealand at risk.

Disinformation weaponises a lazy belief in the resilience of democracies, unravelling social cohesion through manipulation and lies. High-trust societies that assume they are immune from disinformation's reach and harms are particularly vulnerable. A digital weapon perfected in Sri Lanka and the Global South for years is now being used by Kiwis.

Therein lies the rub. New Zealand's policing and immigration policies, to name just two areas, are aimed at controlling and containing violent extremism and related harms. But these methods are no longer fit for purpose.

Disinformation is a home-grown problem, umbilically connected to structural racism, inequity and inequality. The pandemic lockdowns, where we spent unprecedented amounts of time in front of screens, were an opportunity to accelerate the seeding of racism and misogyny, the stoking of anger and the incitement to violence. This may well result in random terrorism, but the real purpose of disinformation is to create a more hostile society, where difference is negotiated violently and incivility is normalised.

What I see as part of my studies is anti-Māori racism and dangerous hostility towards politicians, academics, medical experts and anyone who voices contrary opinions. I worry that New Zealand is heading down the same path that Sri Lanka has already taken.

Research shows that disinformation campaigns have reached these shores, including those that have adopted and adapted Russian templates. We don't yet have the regulatory, legal and policy frameworks to identify these, let alone respond in any meaningful way. It's not looking good.

Data, however, isn't destiny. There is still time to respond. Intense loss also teaches. It's knowing what's at stake that compels me to help, however I can, the mahi of Kiwis fighting to preserve and perfect New Zealand's democracy — no matter what I'm called. ▮

Dr Sanjana Hattotuwa is a research fellow with The Disinformation Project.

GETTY IMAGES

JANE CLIFTON

Out to pasture

The activist Green Party bloc who forced co-leader James Shaw to reapply for his job risks consigning the party to irrelevance.

In matters of state and governance, never saying never is generally the wisest course.

Former US president Donald Trump may be indicted or stand again for the presidency – or both.

Scandal-hit British Prime Minister Boris Johnson steps down on September 6, but knowledgeable politicos are already predicting he will stage a comeback.

Ukrainian President Volodymyr Zelensky, who once played a TV comedy president, is now one of the world's most revered leaders, courageously steeling his nation against a brutal Russian invasion.

And the Queen has reportedly invited the Oprah-unburdening Duke and Duchess of Sussex to Balmoral for a summer visit.

It's these sorts of outlandishly vaulting odds that make predictions so risky. Absurdities can become realities overnight, upending even life's dustiest certainties. So while it might seem as though the Green Party is an immutable force in our politics, as the only minor party to have made itself reliably electable, it's now possible to see it circling the MMP-threshold drain.

Its leadership ructions may prove a textbook example of how the perfect can be the enemy of the good.

It was no great surprise that long-simmering tensions between the idealistic demands of its activist base and the realities of its co-operation agreement with Labour erupted last weekend at the party's annual conference. Co-leader James Shaw was forced to reapply for his job after a bloc of delegates pulled off a long-plotted procedural coup. They rebuked what, by their lights, is his lack of demonstrated ideological zeal. At press time, there were no rival contenders, but there's about a month before the final vote, and even then his reinstatement would not constitute a victory.

The Green brand has endured by attracting Labour, National and centrist voters who are concerned about climate change.

GETTY IMAGES

Reapplying: James Shaw.

Just as British reformist ginger group Momentum infiltrated the Labour Party and swerved it to the hard left, so doctrinaire Greens are running a long game to further radicalise the party.

PATIENCE TESTED

There has always been a section of the party determined that nothing short of full-throttle decarbonisation and decimation of the national livestock herd would be an acceptable term's work from their MPs.

Others are rather more realistic, accepting that they lack the numbers to force such rapid change, but they want to at least see some belligerence and menace from their MPs.

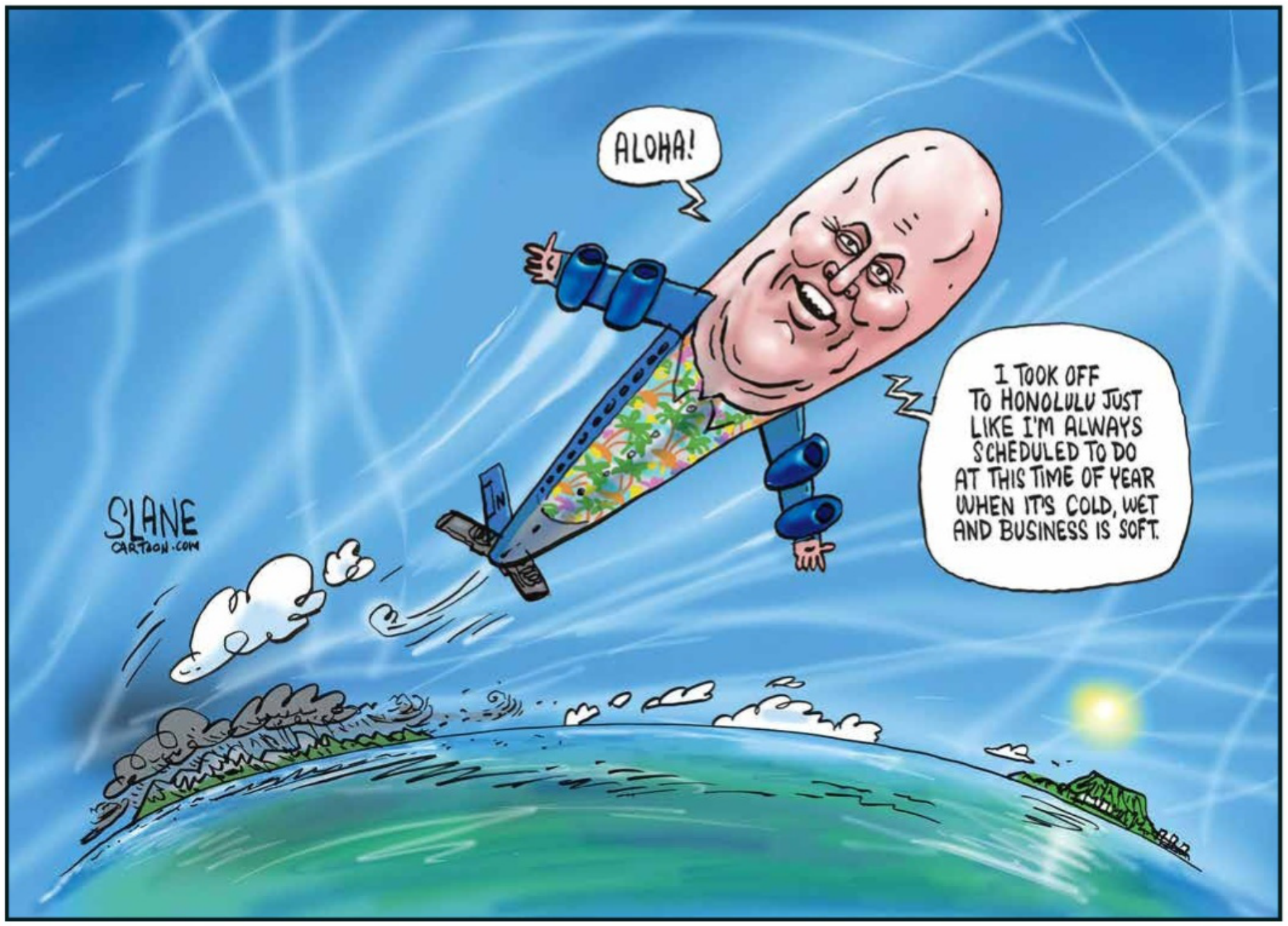
What their idealism, potentially fatally, discounts, is the desire among a large proportion of green voters – as opposed to Green activists – to see the party permanently around the top table, so it has a chance to move the doomsday dial back, however frustratingly slowly. These voters understand the Pantene-ness of public opinion about the sacrifices needed to mitigate climate change: it won't happen overnight, but it will happen. They grasp the corollary, too, that parties that force the pace, exposing the electorate to pain before it's ready to make uncomfortable trade-offs, get turfed out of Parliament and then have absolutely no influence or voice, let alone voting leverage where it counts.

Shaw has been the ideal co-leader to represent the wishes of these more realistic voters, and he has pulled not just Labour but National into a remarkably stable compact on how far and fast emissions reductions should go. Few in either party would argue that he has moved them further towards the pain threshold than they would otherwise have gone.

The activists demanding hardball should not underestimate the blood shed last term, when Shaw bound the National opposition into a carbon-zero consensus. He behaved with a ruthlessness belying his mild, besuited public image.

This radical-pragmatist rift is not exclusive to New Zealand. Understandable impatience with the establishment's glacial climate mitigation has given rise to global extremism, notably Extinction Rebellion.

The two critical questions are whether a concerted push towards more radicalism will grow the Green Party's vote, and whether it will move the climate-change dial a nudge in the right direction. For New Zealand consumption, the


ALOHA!
I TOOK OFF TO HONOLULU JUST LIKE I'M ALWAYS SCHEDULED TO DO AT THIS TIME OF YEAR WHEN IT'S COLD, WET AND BUSINESS IS SOFT.
SLANE
CARTOON.COM

former answer is almost certainly no. The Green brand has endured by attracting Labour, National and centrist voters who are concerned about climate change. These voters skew older and wealthier than the activist base. A chunk of them are sufficiently comfortably off that they would embrace, or at least tolerate, the sacrifices entailed in emissions reduction. But few would support measures that would tank the economy or throttle trade. They're also more apt to be put off by the Greens' more militant social policies, as the party found after its former co-leader, Metiria Turei, attempted to make a virtue of admitting benefit fraud.

Although some in the anti-vaccination movement allege the government and its laws are illegitimate, Green activists have yet to buy into that twilight zone. That means their only pathway to accelerate climate-policy change is through vote leverage. Democracy's most pitiless stricture is sheer mathematics.

Unless and until the radicals numerically outstrip the more conservative Green voters, whose support they risk driving away, that access to real power will remain shaky.

As to whether a more radical approach can slow climate change, it remains an awkward truth that, short of the world returning to a pre-industrial way of life, the only climate activism so far proven to make a difference is research and technology. Clean-energy innovators, those developing sustainable agri-business systems, inventors harnessing the recycling potential of traditional waste products, scientists working to solve the conundrum of electric batteries' short lives and those experimenting with genetic modification – even at the risk of inflaming Green sensibilities – are the real climate warriors.

Clean-energy innovators and those developing sustainable agri-business systems are the real climate warriors.

SHRINKING THE VOTE

Further radicalism has been on the march in the form of disruptive anti-government protests, expertly marshalled from the rise of resistance to the pandemic restrictions by Destiny Church leader Brian Tamaki. Their bravura displays suggest a deeper vote reservoir than that for Kim Dotcom's failed Internet Party – the last attempt at a truly anti-establishment movement – whose allure proved more party-party than political party.

However, Tamaki's activists may find that snarling traffic and using up hours of people's precious weekend leisure time is not a smart way of growing their vote. Tamaki addressed a few hundred of the Auckland motorway invaders about the perfidy of the current cost-of-living crisis, while adding mightily to the fuel bills of a few thousand frustrated potential voters.

Again, it's all about the maths. ▮

CHRIS SLANE

Simplicity
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Raising our money smarts

Financial high-flyer Sam Stubbs is on a mission to help more Kiwis learn how to build wealth.

by PAUL LITTLE • photograph by KEN DOWNIE

Sam Stubbs, co-founder and public face of Simplicity, the not-for-profit KiwiSaver and fund manager, is in Oslo. He is not there to research possible investment opportunities for the fast-growing company, nor to examine how a socially progressive country tends its citizens' finances. He's there because he told his 18-year-old son, Ben, that if Ben applied himself to his studies, he would take him on a trip anywhere in the world. Consequently, the early morning Zoom call is backgrounded by Ben's hunt for socks and a charger as he prepares to amble out for breakfast.

Stubbs and his partner, journalist Amanda Morrall, have a blended family made up of his two – Emma, 21, and Ben – and her two – Connor, 20, and Liam, 19. All are students. Morrall is one of Simplicity's other co-founders, along with Andrew Lance and Amir Bashir.

It will probably reassure Simplicity's 126,000 investors to know that the man overseeing their $4.3 billion in investments has their interests in mind, even on the other side of the world.

"Every single cent of it is someone else's money and it's a very big responsibility," says Stubbs, "but I don't consider it a burden. When you have 3000 investments in 23 countries, on any one day something's going up and something's going down. If you have diversified risk,

Keep it simple: Sam Stubbs says he has made his own lifestyle much more modest than it once was.

BASIC RULES TO GET AHEAD

Given Sam Stubbs says he would like the information in *Money Made Simple* to reach as many people as possible, he would surely not object to having some of its advice repeated here.

8 GOLDEN RULES OF MONEY

1. PAY OFF YOUR DEBTS
Compounding interest is great when you are earning it, deadly when it is adding to your debt burden.

2. INVEST IN EDUCATION
Educational qualifications and how much you earn are closely linked.

3. BUY A HOUSE IF YOU CAN, AND PAY IT OFF AS FAST AS POSSIBLE
Almost the only possession that will increase in value over the long term.

4. GET INTO KIWISAVER
Because the government will give you $500 a year free money.

5. STOP PAYING HIGH FEES AND HIGH INTEREST
Because they can make a big difference to how much money you have in retirement.

6. CHOOSE DIVERSIFIED, PASSIVE FUNDS
Diversity means risk is spread; passive management means someone like Stubbs isn't trying to beat the market and pick winners.

7. HAVE A RAINY-DAY FUND
Put a little aside regularly where you won't miss it, because rainy days do come.

8. HAVE SOME BASIC INSURANCE
Treat it as something to have in case of potential disasters, not for lifestyle preservation.

GETTY IMAGES

nothing can hurt you too much. You tend to sleep well at night."

Simplicity is run as a close-knit team including the founders, 30 staff and a changing roster of volunteers.

Stubbs, 57, definitely thinks outside the spreadsheet. A self-described disruptor, his priorities have changed considerably since his early days, first at local merchant bank Fay, Richwhite and later at Goldman Sachs, in the UK and around the world, for 10 years.

"It's crazy we don't have basic financial literacy as a core school subject, because money is so important in people's lives."

He studied politics and philosophy at Auckland University, emerging with a master's degree with first-class honours and no intention of going into the world of finance. But he did.

"It was for all the wrong reasons," he says. "Faster cars, pretty girls. It was Fay, Richwhite, and it was glamorous. We were trying to win the America's Cup. A lot of it was that I wanted to be wealthy, because I came from an area that wasn't so wealthy."

He grew up in West Auckland, the son of schoolteacher parents who lived the sort of life that was taken for granted then but seems increasingly unrealistic now. His parents worked hard, bought their house, bought a bach and held to strong family values.

At rugby-mad Kelston Boys' High School, Stubbs, "a thin white nerdy kid", learnt about pecking orders and priorities. "That was a bit of a jungle for me early on and so learning how to navigate that was really valuable."

Not a natural sportsman, he had been relegated to the hockey team.

He was also, due to circumstances beyond his control, acting head boy at the time when Graham Henry – who would eventually become the All Blacks' coach – took over as principal of the school. Stubbs was summonsed.

"Stubbs, you play hockey?" barked Henry.

"Yeah."

"We need to do something about that."

Next minute, the lowly hockey player had been dismissed and the captain of the First XV appointed head boy, and the natural order was restored.

There was another valuable lesson, when Stubbs joined the ill-fated Hanover Group as its chief executive on his return to New Zealand in 2007, after the Goldman Sachs years.

"I did that purely for money. They gave me the job and said, 'We want you to list this company, want you to take it into fund management, and then we'll exit it.'

"That was what I was sold, and that's what I bought, and I didn't do my proper due diligence. Not only could I not work with the owners, there was a difference of opinion at a very fundamental level. The Global Financial Crisis was starting to happen, and it was clear the company wasn't going to get listed, the founders weren't going to exit and there wasn't going to be a fund management business. So there was no reason for me to be there."

His resignation was announced amid growing turmoil in the finance sector. Hanover collapsed a few months later, owing more than half a billion dollars to more than 36,000 investors, many of whom knew very little about what they were actually investing in.

"Every now and again, when someone wants to have a hit at me, they'll bring that

Stubbs with members of the Simplicity team. The not-for-profit funds manager also has a roster of volunteers.

up: 'You can't trust this guy.' Because in my entire career, I spent seven months working for one particular finance company."

His midlife crisis involved "divorce and looking in the mirror and feeling uncomfortable about the person I'd become. Getting out of that hedonistic trouble was wrenching emotionally. It probably was depression."

Since then, he says, he has gone back to the Kiwi values of fairness and opportunity with which he was brought up and that used to be taken for granted. "I'm just doing what my mother would do in school, which was fight for the kids and do what was good for them. I'm just doing it in a different area."

DEMYSTIFYING MONEY

His fight is currently focused on getting basic financial wisdom into as many heads as possible via a pocket-sized book, *Money Made Simple* (see "Basic rules to get ahead", page 18). "I personally think it's crazy that we don't have basic financial literacy as a core school subject, because money is so important in people's lives."

Much of the advice in his book is well-worn: don't get into debt, buy a house if you can and pay it off ASAP, understand compound interest. This is not occult knowledge reserved for initiates. And yet, people struggle to follow it.

Who benefits from this state of affairs? Finance companies, which profit from consumer anxiety. One of Stubbs' main aims is to help people overcome their fear that finance is complicated.

"Money is incredibly simple," he insists. "But our industry loves complexity, because complexity is profit. The finance industry is like any other priesthood – they want you to think it's difficult and complex." The idea that money can be made simple does not appeal to it.

"If you're running a home and household finances, you're actually a financial expert. You don't realise it."

Some of the advice in his book might fall into the "that's easy for you to say" category. Such as "never make a decision based on money", which is swell if you've got plenty of it. He acknowledges this.

"It's easy for me to get into a patronising mode and assume that everyone has choices in life, when they don't. For some people, there is literally not much they can do, they are dependent on the state, and dependent on income over which they have no control. For them, this book is not going to be useful. But that won't be many people, because the vast majority of New Zealanders still have some choices, and they do still have a job. I think capitalism is a great way of making money, but I think socialism is a great way of distributing it.

"The point at which you stop worrying about money is a door opener to a whole lot of other things, because money worries are the worst. Every time you go to the shops, every time a bill arrives, every time the kid asks for something – it's massively draining."

He's putting his investors' money where his mouth is. Advice like "buy a home ASAP" might be impractical for many in today's volatile housing market – but Simplicity is investing in building affordable homes. ASAP.

"Simplicity has opened up my eyes to the power of social enterprise. When you have billions of dollars to invest, you can invest it and make money and do good. The money we lend out to first-home buyers, or the affordable housing we're doing now, is making a really good solid return for people."

UNRECOGNISED EXPERTISE

Stubbs believes we would worry less about money if we realised how much we already know. "Most people don't need financial advisers, and most people are pretty good

KEN DOWNIE

FRUGAL IS FUN

SAM STUBBS SAYS HE IS A LOT happier since he began divesting. Out went the de rigueur trappings of the successful financial high-flyer: "All my cars, boats, houses. Everything. I had a very hedonistic life at one stage, and I was very unsatisfied." Finding ways to live more frugally is one of Stubbs' hobbies. Given his ability to generate a considerable amount of personal income, why bother?

"Because I think it is more fun. Because I've had experience with the other side. Don't get me wrong, I have the odd treat every now and again, but there's an optimal point where spending a lot more money does not get you more pleasure."

Take his current trip: "I could afford a five-star hotel. I could equally stay in a backpackers with my son. We're somewhere in the middle. We're in a three-star, because it's fine, because it's got a nice shower and beds and I don't need more than that. Decluttering these things and making things generally as simple as they can be is a nice way to live."

Stubbs says he always flies economy. He could turn left and pay some of the world's most extortionate mark-ups for a glass of okay champagne, but "I'd rather spend the money on a slightly better hotel".

Also, he knows how to make economy and seat selection work for him when booking. "You know certain flights will be busier, so if you have time flexibility you can take advantage of that. It's not often I'll be sitting next to somebody in the economy section of an international flight anywhere."

financial experts, because they run their own household. If you're running a home and household finances, you're actually a financial expert. You don't realise it but you understand assets and liabilities, you understand cash flow, you understand budgeting, you understand investing.

"But the sheer volume of financial products on the market, the amount of information fired at us and the variety of financial institutions that exist are daunting."

"I hung around with billionaires, and I can honestly say ... that there is zero correlation between wealth and happiness".

Stubbs agrees that money is more complicated than it used to be. "And it's certainly much harder than it needs to be. It's because the industry needs to generate new stuff all the time to stimulate people's interests. The industry wants you to think about money maybe 2% of your time, but actually you should be thinking about money about 1/10th of 1% of your time."

Which will reduce anxiety considerably. "A lot of the stress about money is the perceived feeling of lack of control."

Simplicity describes his own lifestyle as well as his business. He has no credit cards and some basic insurance, but not, interestingly, health insurance, about which he remains ambivalent.

"I have had it myself, when the kids were young. I don't have it now. I actually trust the state will look after me if I get really sick. And I can afford to pay for the small stuff."

Nevertheless, "I think Southern Cross are an awesome organisation. We modelled ourselves on them. We want to be the Southern Cross of finance."

The danger with private healthcare, he says, oscillating between his capitalist and socialist modes, "is when you get money, you start insulating yourself from the real world. When you start sending your kids to private school, you're not as invested in the welfare of everyone else and yourself by investing in the state-run institutions."

He also passes on oft-quoted advice that is all too easy to forget: that after a certain amount of income, happiness is not increased. "In my Goldman Sachs days, I hung around with billionaires, and I can honestly say, from my sample set, that there is zero correlation between wealth and happiness."

Up to a point, however, money is incredibly important. He quotes studies showing the optimal household income is anywhere between $100,000 and $200,000 a year, but believes the amount is now probably closer to the latter than the former.

One rule that isn't in his book but underlies much of what he says and does is that "True happiness has nothing to do with what you have. It's to do with people."

Which is a message as old as Ecclesiastes, yet one that people still fail to take on board.

KNACK FOR SIMPLIFYING

If Stubbs' ambitions for it are realised, *Money Made Simple* will get that message across. It's more of a booklet than a book, but even that was a bit of an effort, apparently. "Writing a book's hard, eh? I never knew you had to reread something so many times, and every single time you find something."

It was the suggestion of publisher Robbie Burton, who had attended one of Stubbs' presentations. "Robbie said: 'What you're saying here is not being said. People may know it, but it hasn't been simplified the way you do.'" So Stubbs agreed to do the book "because our mission is to get everybody with more money, more choices, and a more dignified life".

It is not, he insists, just a case of getting people to pay $10 for an ad for his fund.

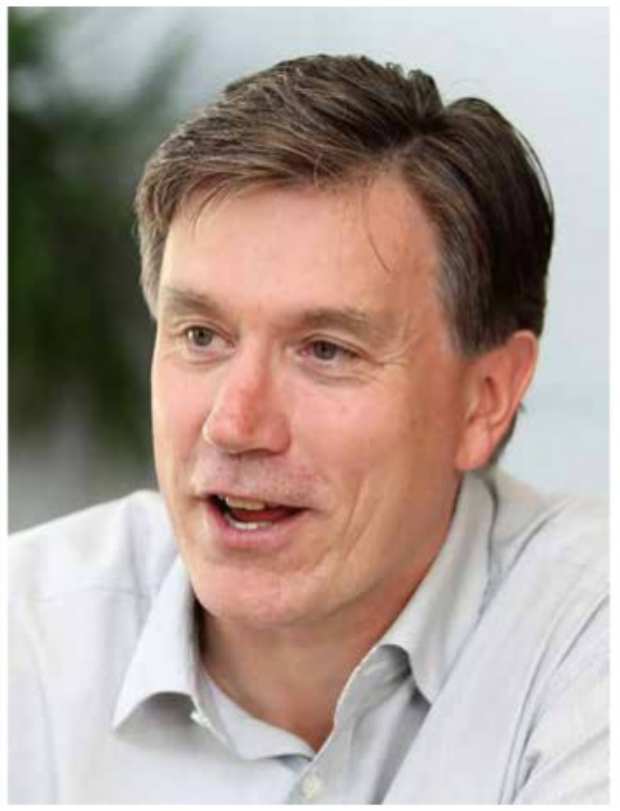
"We're a non-profit company owned by a charity. The purpose of the book was that we just want people to be smarter with money. Maybe they'll find their way towards us, and maybe they won't. That's okay, because we're big enough anyway."

He hopes there will be a version in te reo Māori and is offering free copies to any school that wants them.

WEALTH OF OPINIONS

The book complements Stubbs' high profile and his willingness to speak out as a critic of the finance industry and others. Which is all the more surprising given that "I had a very bad stutter when I was a kid. I couldn't use the phone. I couldn't speak at all, actually. At my worst, that was one word a minute."

But when he had to do a school give-a-speech-to-the-class exercise, his stutter disappeared. "When I got up on stage, for some reason, boom, I didn't stutter. I still can't explain it. So, when I'm in front of a crowd, I'm in my comfort zone."



From left, Stubbs as acting head boy at Kelston Boys' High School, in 1983; graduating with an MA in 1989; as CEO of Tower Investments, in 2012.

Just as well, because he has a lot to say. He is a believer in "speaking truth to power. I think that the vast majority of the finance industry in New Zealand are hugely compromised, because the people that they should be holding to account are their clients."

Take the controversy over Fletcher Building and Gib supply and costs, about which Stubbs has hollered loud and long.

"We're one of the few KiwiSaver managers that don't also want to be a client of Fletcher's. Many banks and investment banks that run KiwiSaver schemes want Fletchers as a client for their bank or investment bank. That's why, I think, they remained strategically silent [on Fletcher Building]. We didn't have that conflict, so spoke up.

"And I believe that there is a responsibility, if you're acting on behalf of a lot of shareholders, to encourage companies to behave better. We will use the commercial advantages we have, and also the heft we have as a shareholder. We're pretty close to owning 1% of all of the biggest companies in New Zealand. At that point, you start to get noticed."

His readiness to remind people about Simplicity's ethical stance – and the fact that its fees are a third of the industry norm – makes him something of a schadenfreude magnet.

If you're positioning yourself as the ethical investment, you're implying the others' investments are not ethical.

Few of Simplicity's competitors grieved publicly when an ad it had been running for quite some time with no complaints came to the attention of the Financial Markets Authority, which ruled that it was misleading.

"We've been advertising that way for about five years," says Stubbs, "and we had received no industry objections. The ad said you could be 20% better off [with Simplicity]. It had been through all the sign-offs. And then the FMA decided that was misleading. And so we just we accepted that and, of course, changed it."

The blip will not alter the fund's trajectory. "I think Simplicity will be the biggest financial institution in New Zealand. There's nothing special about what we're doing. There's not a single new idea. We're just doing what's worked overseas. I don't like investing in new ideas with your money. That's not right. [Other funds will] come back and compete, for sure. But they don't have an enduring competitive advantage, because they have to make a lot of money."

"There's nothing special about what we're doing. There's not a single new idea. We're just doing what's worked overseas."

Simplicity is 100% owned by the Simplicity Charitable Trust. It makes a small cash surplus every year and 15% of fees go to the Simplicity Foundation, which has already given more than $4 million to charity.

"And we are accumulating a rainy-day fund now. We have to fund some growth in the business, but the rest of it goes back to investors in fee cuts – we've already cut fees four times in five years."

It seems everyone wants to help: "Robbie is doing the book pro bono. The printers have given us an incredibly good rate. We have been gifted a building company, to do [affordable housing developer] Simplicity Living. It's been an absolute revelation to me about how generous people are."

Volunteers donating a little of their time are an important part of the mix. "At any one time we have six to 10 working with us – as trustees of our charity, lawyers, marketing and in other roles.

The most recent example are Shane and Anna Brealey, who have effectively gifted us their construction company so we can build affordable homes [through Simplicity Living]. They will run it for another five years – pro bono."

It's an enterprising social enterprise. "We are one of the most thinly populated countries in the world with some of the most expensive house prices. You can either accept that, in which case we are consigning a generation of kids to non-homeownership, which is not the New Zealand dream, or you can do something about it.

"We will have tens of billions of dollars to help do something about that. And we will. We're building the first 120 homes now and we've got the land for the first 600. It doesn't displace the state. It just supplements that and helps create the infrastructure that creates a better New Zealand." ▮

Money Made Simple: Managing your money – a guide for all New Zealanders, *Potton & Burton, $10, available August 1.*

STUBBS COLLECTION

Chosen to fail

Most New Zealand schools stream their students according to ability. In what's being billed as a seismic shift in education, moves are under way to end the practice. by MARK REVINGTON

"Streaming kills dreams," says Hana O'Regan. And she should know. As chief executive of Core Education, an equity-focused learning consultancy, she has observed the unfortunate consequences of picking early winners in our schools.

Streaming means sorting students into groups or classes based on perceived ability. More than 90% of schools in New Zealand stream their students in some way, in the belief that it helps both students and teachers progress at a pace that suits almost everyone.

But research is increasingly questioning this assumption. It has been noted that in this country, those in the top streams are usually white and privileged, while those at the bottom of the heap are often brown.

Eruera Tarena, executive director of Tokona te Raki: Māori Futures Collective, a Ngāi Tahu organisation that helps young Māori take on leadership roles, calls it an outdated and biased idea. Streaming, he says, means students are taught in a system that strips them of motivation and often drums into them that their futures are predetermined.

Even Education Minister Chris Hipkins is against the practice, although his government and the Ministry of Education leave the decision to individual schools.

Softly, softly: Core Education's Hana O'Regan advocates an evidence-based approach to ending streaming.

Hipkins has said streaming is discriminatory and unfair and does more harm than good. Other critics say the practice suits some parents and teachers, but not students.

Unless streaming is halted, our children face a bleak future, says Tokona te Raki convener Piripi Prendergast. We have a growing young Māori population and an ageing Pākehā population, but streaming adversely affects Māori and Pasifika youth most of all.

Global research shows streaming does not benefit anyone, except teachers dealing with large class sizes.

According to a ministry report last year, and a recent Tokona te Raki report, schools that have stopped streaming report improved academic achievement, especially among Māori and Pasifika students. They also report much improved student motivation and aspiration.

Although the government and ministry have resisted the temptation to ban streaming, as Ontario in Canada has done, some believe it is inevitable it will eventually be ditched. "I don't think we are at the tipping point yet, but there is huge momentum for change," says O'Regan.

Not everyone is convinced, of course. O'Regan agrees a ban may not necessarily be the answer. "If the government said 'stop', all that will happen is that schools will do it by different means. It'll be the same practice but by a different name because people believe that they went through the system and it didn't do them any harm."

But she believes both teachers and parents will eventually be won over by the evidence.

Tokona te Raki has been researching streaming for the past five years and has been asked by the

ministry and the Iwi Chairs Forum to lead a collaborative approach to end it. It has assembled a group including representatives from the Mātauranga Iwi Leaders Group (the education arm of the Iwi Chairs Forum), the ministry, the Education Review Office, New Zealand Qualifications Authority, principals, teachers' unions, professional learning associations and Auckland and Canterbury universities, and intends to release an action plan by September. This blueprint will raise awareness of the pitfalls of streaming, and propose alternatives and next steps, says Prendergast.

Piripi Prendergast: convenes a group seeking a collaborative approach to end streaming.

FAIR ASSESSMENT

Many parents who expect their children to pursue professional careers do not seem to realise it, but global research shows that streaming does not benefit anyone, except some teachers who see it as an efficient way of dealing with large classes.

In primary schools, children are often streamed due to a teacher's assessment of ability. Although we would like to believe that all children get a fair assessment, research shows these decisions are often based on an individual teacher's prejudice.

Streaming in secondary schools occurs most often in mathematics and science, as they are subjects often seen as vital to jobs of the future. It is usually based on the result of a single test. One of the reasons critics believe mixed-ability classes are much better for students is because they take into account a broader range of strengths and weaknesses.

Streaming is especially damning for Māori. Extension classes for brighter children are predominantly Pākehā, while many Māori are placed in foundation classes, colloquially known as "the cabbage classes". Critics believe this can lead to stereotyping and the risk of Māori and Pasifika students internalising those stereotypes.

According to Prendergast and Tokona te Raki, streaming also acts as a gatekeeper, reducing the career choices of students placed in lower streams. In 2019, a third of Year 11 Māori students were not entered for a full NCEA mathematics course, ministry figures show.

CHANNELLING MĀORI

According to O'Regan, streaming has its roots in early attempts to establish Māori as a labouring class. "In Aotearoa New Zealand, the history of streaming was deliberately around channelling Māori into vocational roles."

She has researched the history of streaming in New Zealand and concluded it came about by deliberate intent. "It was designed to keep Māori out of the academic profession. When you look at the rhetoric that came out from the government and the Director of Education and his reports to the House of Representatives, it's explicit. So, streaming isn't just a test that you get to determine if you're going to be in a certain class, it's also about the opportunities you get or don't get and how you get channelled into certain courses and then certain vocations."

"Streaming's also about the opportunities you get or don't get and how you get channelled into certain vocations."

She points to a link on the Office of the Auditor-General's website, which examines historical and current context for Māori education. It specifies how, in 1862, government expectations of Māori were not high. A school inspector reported to Parliament that "a refined education or high mental culture would be inappropriate for Māori because they are better calculated by nature to get their living by manual than by mental labour".

Later, in the 1880s, Te Aute College produced Māori graduates but came under pressure to abandon its academic curriculum and teach agriculture instead.

In 1915, the annual report from the Department of Education quoted the inspector of native schools: "So far as the department is concerned, there is no encouragement given to Māori boys who wish to enter the learned professions. The aim is to turn, if possible, their attention to the branches of industry for which the Māori seems best suited."

And in 1930-31, the Director of Education thought schooling "should lead the Māori lad to be a good farmer and the Māori girl to be a good farmer's wife".

As the Waitangi Tribunal noted in its 1999 Wānanga Capital Establishment Report, "it would not be difficult to argue that the seeds of Māori underachievement in the modern education system were sown by some of the past education policies".

RECIPROCAL TEACHING

Among the primary schools that have already stopped streaming is Viscount Primary in Mangere, Auckland. About 88% of its students are Pasifika and 10% are Māori. It has replaced streaming with a programme called "reciprocal teaching".

Prendergast says when he walked through classrooms at the school, he was struck by how many students were working in groups with tightly defined roles and processes.

"The students were leading their own learning and their own assessment."

Viscount principal Shirley Hardcastle says there was no pushback from parents or teachers, who all just wanted the best for their children. She notes that primary schools had already moved away from whole-class teaching some time ago, amid a growing emphasis on diagnosing learning needs and teaching these at a more individualised level.

The challenge was how this could be done, and the most practical way seemed to be to put children into three to four groups with similar needs. This certainly made teaching more manageable, she says, and teachers

MARTIN HUNTER

Viscount School principal Shirley Hardcastle says children who are labelled as low achievers start to act accordingly.

KEN DOWNIE

could focus more particularly on specific needs.

"One of the issues, I think, is that we need to keep working on finding ways to organise that work better so that all children can learn and succeed," Hardcastle says. "One of the great things about the movement Piripi [Prendergast] is championing is that they are focused on providing examples of how to organise and work differently."

One of the important factors is recognising the power of peers in the learning process, she says, and tapping into children's knowledge and friendship dynamics. This ensures everyone benefits, and no one feels embarrassed by their lack of knowledge.

"Everyone was keen. We had already moved maths learning to a more collaborative, mixed-ability group approach, so staff were keen to apply these principles to reading. The real motivation to explore and adopt this approach, though, was in seeing the way children engaged so fully in the programme — this was something Piripi commented on when he visited the classrooms."

At primary school, teachers often divide a class into groups for maths and literacy, based on each student's learning needs and progress through the curriculum. The groups can change during a term but usually don't.

Prendergast was struck by how many students were working in groups, "leading their own learning and assessment".

"What we have sought to do is to move to teaching maths and reading in mixed-ability groups within each class, instead of groups based on perceived ability," says Hardcastle. "We are still mindful of individual needs, but we enable students to be co-teachers through the group process."

There is still room in this approach to draw individual students aside for extra support if that is needed, she says. While some teachers naturally worked this way, others seemed to pick it up quickly. "It probably helped that we had worked on a problem-solving, mixed-ability approach to maths before we started on reading. A few found it more challenging, but once they have experienced this approach and seen how the students engage with it, they are willing to make it a success, too."

The new approach has taken a year and needs revisiting annually, she says. But she

Breaking the mould

"I used to think, 'I can't be as good as those kids, I'm not brainy enough.'"

Seismic shift: consultation and collaboration are critical to a successful transition, says Christchurch Girls' High School principal Christine O'Neill, far right, pictured with assistant principal Sonja Bailey and students.

Kaya Staples is in her late twenties, which makes her feel like an impostor as one of Tokona te Raki's rangatahi representatives. The Ngāi Tahu wahine is definitely a voice for youth, though.

She believes she was unwittingly streamed from the time she began school and sees the same thing happening with her young son. And even though she identifies as Māori, she didn't until she began work at Tokona te Raki.

"I was one of those Māori who don't feel Māori enough. I was so disconnected from my culture. I didn't feel brown enough and I didn't know te reo – could barely do my whakapapa – and that in itself just weighs you down. One of the biggest barriers for Māori is not feeling Māori enough."

Yet others clearly identified her as Māori. She remembers at secondary school being told she should be at another school – a lower-decile school with way more brown faces.

"When I came to this job, streaming was the first project that we were introduced to and from there I realised that's what happened to me at primary school and at high school, but you don't realise while you're in it. You think it's normal."

Staples believes Māori would thrive at school without streaming. In her case, it made her feel unworthy – that she wasn't good enough, she says.

Kaya Staples: "Everybody is good at something, and schools should be able to bring that out in every individual."

"I used to think, 'I can't be as good as those kids because I'm not brainy enough.' That is how I thought. I had a mindset which said I can't do something. School should be about making kids realise that they can, no matter what. Everybody is good at something, and schools should be able to bring that out in every individual child, but they currently don't do that."

She believes she was a model student at primary school and applied for every award going but didn't get anything. Secondary school was when her life veered off the rails, probably due to a combination of hormones and low expectations, she says.

"You've got your upper class, you've got your middle class, and then you've got the people on the bottom, and that's how schools actually enforce groups and create that narrative for our young people at such a young age.

"They realise that they're actually going to be in the low category for the rest of their life and they accept it way too young. They're not aspiring any bigger."

has already noticed that students have been more engaged, more willing to help others, keener to take on more responsibility, showing more respect when working independently, and more willing to contribute.

Hardcastle says she first became aware of the downside of streaming and ability grouping back in the 1970s.

"The evidence has shown that students in the lowest groups or classes do not benefit from this approach. One of the reasons is that they are not able to benefit from the information other classmates may be able to share. Another is that they are aware they are in this group and start to label themselves as the low achievers and start to act accordingly."

"We need to teach people rather than teaching subjects. That's a different emphasis."

COLLABORATION CRUCIAL

Christchurch Girls' High School, which has a roll of 1250 including 12% Māori and 5% Pasifika, stopped streaming for Year 9 last year as part of a wider update of its educational practices, says principal Christine O'Neill. This year, the school stopped streaming at Year 10 level as well.

A letter to parents explained that the decision was based on research that clearly showed streaming was divisive, detrimental and had an insignificant effect on academic attainment.

The move was approved by the board of trustees, and again received no noticeable opposition from parents or teachers. O'Neill says this was largely due to plenty of consultation and sharing of information before the move. "We spent quite a bit of time getting parents, students and staff to collaborate with us."

Critics of streaming acknowledge that this sort of collaboration and information will be crucial if they are to win over the sceptics. Prendergast calls it a seismic shift in education.

O'Neill agrees that it's a bold move that will take courage. "We can't be authentic to

our values and stream. What we introduced is much more personal for individual students. It is about providing an education for the future for the girls, but one which is innovative and more personalised."

A key problem with streaming is that it tends to measure an extremely narrow band of skills, which doesn't fit with modern demands for diversity and a range of talents, she says. "We need to teach people, rather than teaching subjects. That's a different emphasis."

Teacher Vicki Teesdale says ending streaming is clearly better for developing students. "No one in the school would doubt 'why'. The challenge is 'how', but we wouldn't go back. That doesn't mean it's not difficult, but ultimately it's far better for our students.

"You know it's the right thing and love doing it, but in terms of the message, you've just got to be constantly revising what you're doing. I think for some people that can be a little bit daunting. It's educating the whole person and challenging that person."

So, if the evidence overwhelmingly suggests that streaming doesn't work, why are most schools in Aotearoa persisting with the practice for now?

Shannon Walsh is a strategic researcher with New Zealand's largest education union, the New Zealand Educational Institute (NZEI), and is also on Tokona te Raki's blueprint design team. Her theory is that teachers find streaming helpful in coping with their huge workloads.

"The key barrier isn't attitudes or awareness, it's the overwhelming pressures teachers face in their day-to-day jobs."

"The expectations and demands we place on teachers have expanded greatly over the past few decades, but the resourcing of schools hasn't kept pace, says Walsh. "The teachers I talk to strongly support ending streaming and ability grouping. The key barrier I see isn't attitudes or awareness, it's the often-overwhelming pressures teachers face in their day-to-day jobs.

"We have very large class sizes, especially at primary schools, which are staffed at lower teacher-to-student ratios than secondary schools. Streaming and ability grouping are seen as ways to manage large, diverse groups of students."

One teacher the *Listener* spoke to, who did not want to be named because it was against her school's policy, said she did not personally support streaming, because of the evidence that it disadvantaged students placed in lower streams.

"When I have spoken to older teachers who are pro streaming, their argument is that it is very challenging to create resources that can cater to a diverse set of needs and it's challenging to be teaching to such a range of different needs. Personally, having taught an extension class at all very similar academic levels and mainstream classes, I don't notice too many differences in the resources that I offer." ▮

MARTIN HUNTER

Creative force

For Kiwi author Adam Christopher, being asked to write the latest Star Wars novel is a childhood dream come true.

by CRAIG SISTERSON

The blaring siren was a call to battle stations, the boots stomping nearby were Stormtroopers moving to deadly action, and the hissing from the large man in a mask had to be Darth Vader.

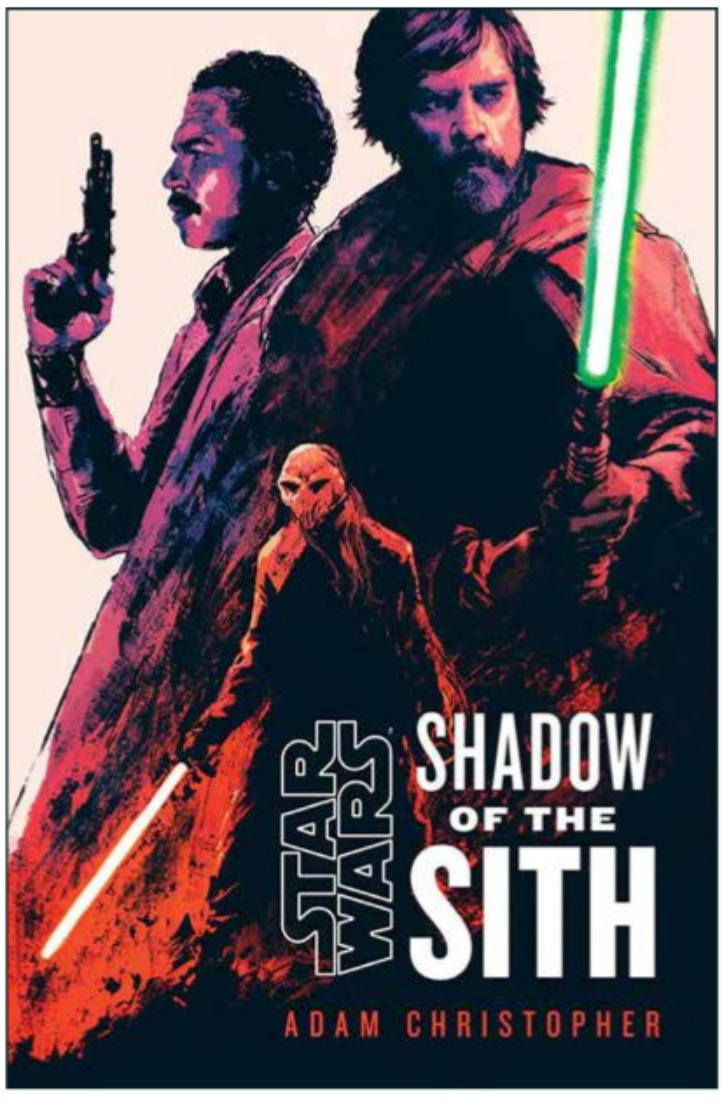
A cafe now sits in place of the Titirangi house where author Adam Christopher grew up. But in the late 1980s, he'd peek from his bedroom window in the West Auckland suburb as firefighters rushed to the neighbouring station. His young imagination didn't have to leap far, far away to feel like he was living inside his favourite movie, *The Empire Strikes Back*.

"My whole childhood is punctuated by the siren going off and the volunteers tearing into the carpark, ripping off their clothes as they got out of their cars ready to put on their fireman stuff," says Christopher via video call from England. "The march up and down the street outside our house, the breathing sounded like Darth Vader because they've got the big respirators on."

An Imperial March? All that scene needed was for the ominous percussion and strings then dramatic brass notes of John Williams' iconic instrumental to kick in, heralding the arrival of the greatest villain in film history. (A few years ago, *Vanity Fair* called *The Imperial March*, aka Darth Vader's theme, the best music cue of all time.)

Christopher has certainly heard Williams' music enough times. Growing up, he wasn't just a fan of the Star Wars franchise, he was near-obsessed, repeatedly watching the films (the original trilogy at primary school, the prequels when he was at university) and inventing his own spin-off stories with harder-to-find Star Wars toys his father brought back from overseas trips.

So, for Christopher to see his name on the cover of an official Star Wars novel, *Shadow of the Sith*, is a childhood wish granted. "Are you kidding me?!" was his reaction when he was offered the opportunity to not only contribute to Star Wars lore but craft a tale starring Luke Skywalker and Lando Calrissian, two of the most beloved characters. "It's one of those things where it's like the dream, because I love tie-in books."



"When I was writing the book, I was like, 'What would I want to read as a Star Wars fan?'"

Christopher has published more than 20 novels, novellas, collections, and comics since his first novel, superhero noir *Empire State*, a decade ago. "Star Wars is like the top of the ladder, and I always, always wanted to do one, while knowing that it was sort of impossible."

Christopher spoke with the *Listener* ahead of *Shadow of the Sith*'s New Zealand release, just before flying to San Diego to appear at multiple events at the famed Comic-Con convention.

He's now a *New York Times* bestseller, and his Twitter account hasn't yet become fully operational again after the launch of his novel in the UK and US resulted in a deluge of attention. "My social media is literally broken," he says with a laugh. "The notifications won't even load because of the volume. It has all been positive, which is lovely. I'm not taking it for granted. I'm a Star Wars fan, and when I was writing the book, I was like, 'What would I want to read as a Star Wars fan? Let's do an epic, cinematic adventure for Episode 6.5.' And that's what I wrote."

Christopher admits feeling relief amid the excitement. He felt the weight of responsibility, given the opportunity to write a canon novel starring Luke Skywalker – the first in several years – and address a timeline gap between *Return of the Jedi* and *The Force Awakens* films.

FLOW OF FANDOM

Although the chance to write official tie-in novels – new stories for known fictional worlds from other media – came

Adam Christopher: "It's like the dream, because I love tie-in books. I always, always wanted to do one."

GETTY IMAGES

about only a few years ago, it's something Christopher has been interested in since he fell in love with storytelling as a youngster.

"The two things I really loved were *Doctor Who* and Star Wars," he says. "And *Doctor Who* has kind of a literary history, with the Target novelisations. In the days before VHS recorders, the only way you could experience the stories again from TV was in written form. So, I was completely obsessed and collected all the Target books."

That fandom flowed through the first stories Christopher ever scribbled down, for his teachers at Titirangi Primary School. "I've got one of my exercise books from around 1985, and it's all basically *Doctor Who* fan fiction, but with some ghosts as well, because I like ghost stories.

"In fact, I continued to write fan fiction as I got older, and the first stuff I ever had published, outside of school, was for *Time Space Visualiser (TSV)*, the fanzine of New Zealand's *Doctor Who* fan club."

Christopher eventually became the editor of TSV, which ran for 76 issues from 1987 to 2009, and won a Sir Julius Vogel Award (for various endeavours in the science fiction, fantasy or horror fields) during his stewardship.

But his very first "publication" happened years before, at primary school. "We had this thing of process writing, where you'd write stories, and the idea was that if your story was good enough, it could be published," recalls Christopher. "'Published' meant you'd get to write it out in pen instead of pencil, on a nice bit of refill, and it would get put up on the classroom wall. So, my first aim in publishing, when I was six or seven years old, was to get my story up on the wall. And I did, eventually."

Around the same time, Christopher also watched *Empire Strikes Back* religiously every weekend. His father, who worked in advertising, would borrow a VHS player from work on Friday nights and stop at the independent video store in Green Bay. "There was no point taking me there to choose something else, because that's all I chose, so he just started getting it on the way home."

While young Adam could conceive of *Doctor Who* stories in written form, thanks to the Target novelisations, with Star Wars he'd act out his own storylines with the official toys.

"My favourite part of *Empire Strikes Back* was the bounty hunter scene, because they're on-screen for like 10 seconds and there are these amazing costumes, but I have no idea who they are or where they came from," says Christopher. "With the toys and action figures, I could create the stories myself, their whole backstory, and these bounty hunters would go off on adventures."

The Star Wars bug may have been planted even earlier. It's family legend that the first movie he ever saw at the cinema was the original trilogy opener, *A New Hope*. Although it premiered the year before he was born, his father took him along – as a baby – to a screening in Auckland in 1978. "I don't know why anyone would take a baby to that film, but I guess he really wanted to see it," laughs Christopher. His father was a lover of sci-fi and his Isaac Asimov novels filled the family bookshelves. Christopher's mother was a fan of the mysteries of Agatha Christie and Ngaio Marsh, and his childhood TV viewing included *Sherlock Holmes*, *Poirot*, *The Sweeney* and *Hill Street Blues*, along with *Doctor Who*.

"I wasn't even sure I could write a book, so I wrote a 100,000-word science-fiction manuscript. It's completely awful, and no one will ever see it."

HARD-BOILED SCI-FI

Looking back, it's no surprise Christopher's résumé regularly blends science fiction and noir. His itch to write fiction reignited after he moved to the UK in 2006 for better job opportunities as a medical writer analysing clinical-trial data. "I wasn't even sure I could write a book, so I wrote a 100,000-word science-fiction manuscript, with no intention of sending it anywhere, to see if I could do it. It's completely awful, and no one will ever see it."

He did it again, then again. Third time proved the charm.

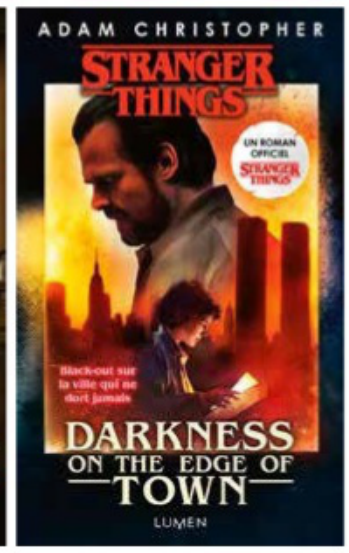
Christopher had been "getting into comics quite heavily" at the time, so decided to bring superheroes – usually a visual medium in comics and on screen – into his novels. But he thinks of his debut, *Empire State*, set in a parallel universe Prohibition-era New York, as "more a hard-boiled crime-science-fiction novel with superheroes in it". Echoes of his childhood: parents who loved science fiction and mysteries.

He explored his love of American hard-boiled detective-fiction pioneer Raymond Chandler with his Ray Electromatic series, featuring a wisecracking private eye who happens to be a hulking robot, and hitman. The first in the series, *Made to Kill*, is both a homage to Chandler and a response to his ridicule of science fiction. It was a finalist for the 2016 Ngaio Marsh Award for Best Crime Novel, the judges calling it "inventive and audacious ... a hugely enjoyable read".

Reader enjoyment is a huge driver for Christopher.

Whether it's his original books, tie-ins for hit shows such as *Elementary* and *Stranger Things*, video game *Dishonored*, and now Star Wars, what he's trying to do is "tell a cool story".

A few years ago, Christopher was having lunch with his publisher when he learnt a tie-in novel was planned for *Elementary*, his then-favourite TV show – a contemporary Sherlock Holmes in which the great detective (Jonny Lee Miller) has moved to Manhattan after rehab and



Clockwise from far left: Christopher with a Star Wars fan; with hundreds of copies of signed first-edition hardbacks ahead of the UK release of *Shadow of the Sith*; two of his tie-in novels, for shows *Stranger Things* and *Elementary*.

Watson is played by Lucy Liu. Christopher emailed his agent, wishing he could have got the gig.

A few weeks later, he had his chance when the scheduled writer couldn't do it. The hitch was that the publishers wanted to keep to the original timeline. Christopher had to write an "audition chapter" showing he deeply understood the TV characters, and a 25,000-word outline for an 80,000-word book. Impressing the decision makers, Christopher then had three weeks to write the first draft.

"It was a lot of work," he says, deadpan. "But I was like, 'Okay, this is the dream,' because I grew up reading tie-in books. One of my favourite authors, still, is Terrance Dicks, who did so many *Doctor Who* books, so this was like my moment to channel Terrance Dicks and do him proud by writing a really good tie-in novel for a really good TV series."

LOVING THE CHALLENGE

While not every author likes tie-in novels, Christopher loves the challenge. Added to the usual authorial requirements of crafting a compelling narrative, with characters people are interested in, providing coherence and entertainment and "maybe saying something important", tie-ins need to fit the story universe readers already know and love (and often meet tight time frames and story frameworks).

"For me, that's the puzzle to solve," says Christopher. "Like, how can I do all the usual things for a book, but make it *Elementary* or *Dishonored* or *Stranger Things*? And especially with Luke and Lando, when you're creating original characters for the book, they've got to somehow be strong and interesting enough to stand up to these iconic characters on the page. It's a juxtaposition of a character like Luke, who people have known for 40 years, and something completely new that only exists in the tie-in book. It's a real challenge, absolutely, and I really love it."

It was 2015, the same year *Made to Kill* and *Elementary: The Ghost Line* were published, when Christopher was introduced to the Star Wars editors through his friend Chuck Wendig, who was writing the Aftermath trilogy of novels for the franchise, set after *Return of the Jedi*.

"I kind of knew it was going to be a long haul to get there," says Christopher of his dream to write for Star Wars. Two years later, he contributed a short story, "End of Watch" to the *From a Certain Point of View* anthology celebrating 40 years of Star Wars. A comic strip for *Star Wars Adventures* followed, then a *Stranger Things* tie-in novel for the same editors – an important "show us what you can do" moment – and another short story relating to *The Empire Strikes Back*. Then, a momentous email: an offer to write a tie-in novel for *The Mandalorian*.

"That's the puzzle to solve with tie-in novels. How can I do all the usual things for a book, but make it *Elementary* or *Dishonored* or *Stranger Things*?"

"Oh, awesome, this is it, it's happening," recalls Christopher. It didn't. Plans changed. That novel was canned. "These things happen with tie-in publishing."

But then Christopher was offered an alternative book. "They explained to me what it was, and I was like, 'Are you kidding me? You want me to create Luke and Lando's adventures chasing Ochi of Bestoon, from that line in *The Rise of Skywalker*?' I think that's the fastest I've ever replied to an email, 'YES! Let's do that one.'"

When I ask Christopher what's next, after a year in which he has written an audio drama for *Doctor Who* and a novel for Star Wars – two childhood touchstones – he "can't say anything at all". So, does that imply there are cool projects in the works that he just can't talk about? "You can take whatever meaning from that comment as you like," he says, smiling. "I'm not responsible."

Whatever the case, one thing's for sure: Adam Christopher is still working hard to get his stories put up on the wall. The wall has just got a whole lot bigger. ▮

SHADOW OF THE SITH, *by Adam Christopher (Del Rey, $37) is out now.*

Living with meaning

World-leading philosopher Peter Singer returns to Auckland this week, two years after his last visit was cancelled. He caught up with ANDREA GRAVES ahead of his latest tour.

Gender, race, sexual orientation, religion and disability are topics that can easily cause offence. And it's about time, say those who believe that discrimination has gone on so long that a backlash is overdue.

The result is "cancel culture", where support is withdrawn from public figures after they say or do something considered offensive. Although it's often associated with the US or UK, Aotearoa also has plenty of examples, such as in 2020, when SkyCity cancelled a talk by moral philosopher Peter Singer.

The professor of bioethics at Princeton University has been described as the world's most influential living philosopher. He is considered by many to be the father of the animal liberation movement, and of the social movement known as "effective altruism". Last year, he was awarded the US$1 million Berggruen Prize for Philosophy and Culture, an annual prize for "thinkers whose ideas have profoundly shaped human self-understanding and advancement in a rapidly changing world". He donated the money to charities.

But Singer has also been described as "the most dangerous man on Earth" by Not Dead Yet, a US disability-rights group opposed to euthanasia. That was because of his explorations, from the late 1970s, of the morality of keeping alive newborn infants who have serious disorders associated with suffering that cannot be alleviated and for whom there is no hope of improvement.

"You have to watch everything you say so closely for fear you might be misinterpreted."

Local disability groups were upset when he was due to speak here in 2020, and SkyCity cancelled the booking as a result. At the time, Singer said the venue had not "checked the facts" of his views.

Singer is due to return to New Zealand this week, where he will speak at Auckland's Trusts Arena on August 6. Ahead of his latest tour, which has already sold out in Australia, the *Listener* spoke to him about end-of-life decisions, free speech and misinformation, giving away money, animal suffering, climate change and career choices for worried young people.

A lot of negative things are said about you on the internet. Have you really said disabled people should be euthanised?

I've never advocated for anything as flatly as that, or said anyone "should" be euthanised. Just that parents should have the option of requesting euthanasia for their severely disabled newborn infants, who they know have a very poor prognosis. It should be decided in consultation with the infant's doctors. This has been formalised in the Netherlands with the Groningen Protocol, which is supported by the Royal Dutch Medical Association. It's only done rarely, which is as it should be.

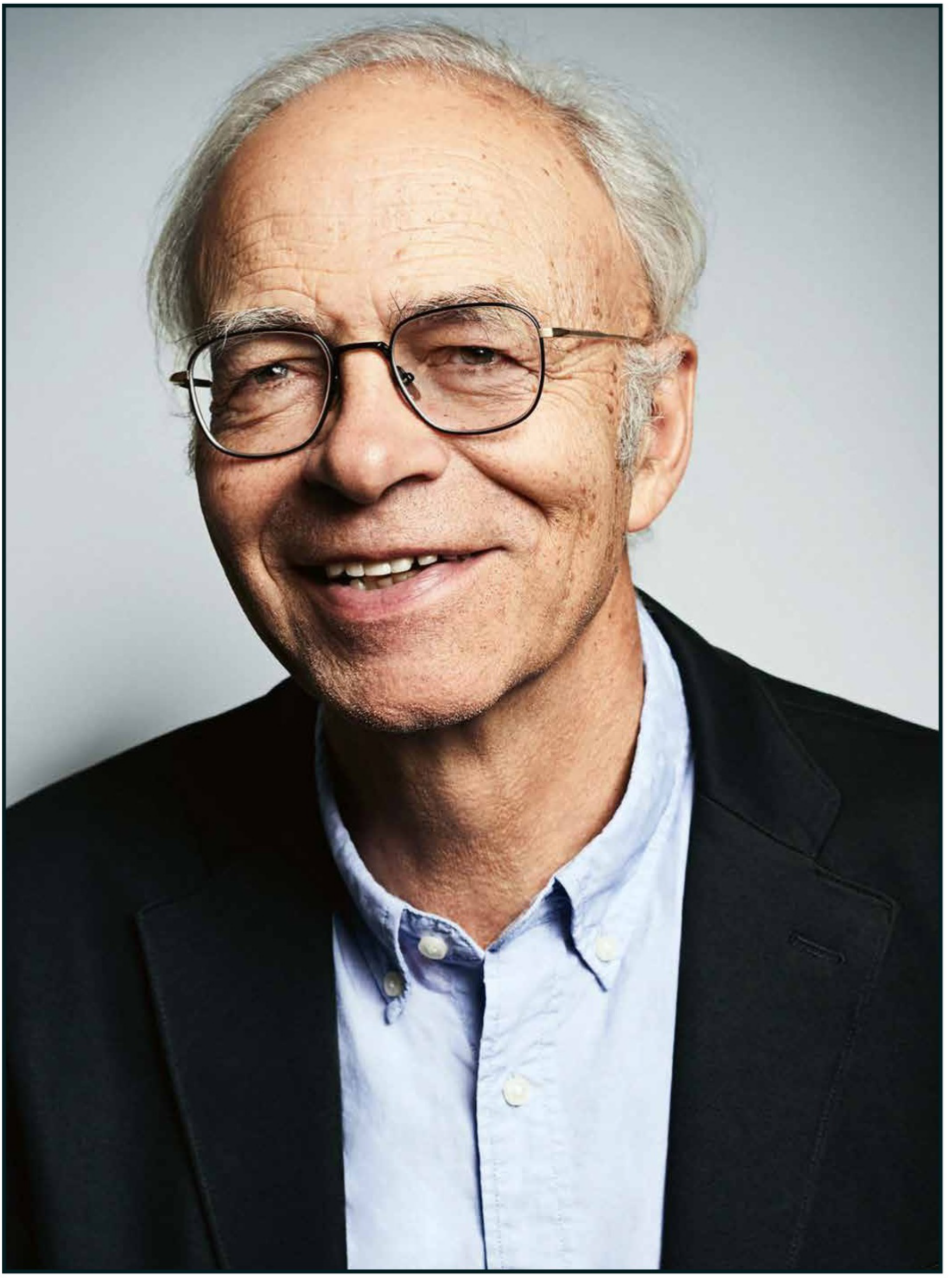
Similar decisions are made in neonatal intensive care units in New Zealand and other countries, where the choice is sometimes made to reorientate medical treatment from life support to end-of-life care.

You were an early adopter when it came to advocating for abortion and euthanasia. How are these topics linked?

They both depend on the ethic of the sanctity of human life, which says it's always wrong to take the life of an

Peter Singer event cancelled in New Zealand after outcry over disability stance
Venue says Singer's beliefs - which allowed to euthanise disabled newl values'
Controversial philosopher Peter Singer on why his Auckland event should go ahead after being 'deplatformed' last year

Peter Singer: "Unless we're prepared to hear contrarians, there is no other way to be sure we're getting at the truth."



ALLETTA VAANDERING

Animal liberation: Peta members protest outside Nasa's headquarters over the agency's plans to subject squirrel monkeys to a massive doses of gamma radiation.

innocent human being. That ethic was applied by opponents of abortion to the human being from the moment of conception.

One circumstance in which I don't think euthanasia is wrong is on the considered request of the person whose life it is, especially when they're incurably ill with a condition that's no longer providing them with an acceptable quality of life.

With abortion, I don't disagree that human life begins at conception, but I don't think it's therefore wrong to take it before there's any consciousness or capacity to suffer or awareness of oneself in the developing embryo and fetus.

I don't think there's a crucial distinction in the intrinsic nature of the life between an abortion late in pregnancy (although, once the fetus can feel pain, I think there's a greater burden to show sufficient reason to justify abortion) and after birth. If it's possible for the child to be adopted out, that's certainly preferable, unless the baby's condition is so bad that it can only suffer for a while and die.

Some of the most pressing matters today are so complex that it can be difficult to sort fact from fiction. Should we allow freedom of speech from everyone, even if they're spreading misinformation?

Yes, we have to, even if we strongly disagree. Unless we're prepared to hear contrarians, there is no other way to be sure we're getting at the truth. It's only legitimate to stop speakers if they're stirring up hatred, because that's an appeal to people's emotions and comes close to an incitement of violence. If people are putting forward false theories, I think the solution is to show why they're mistaken. If it's hard for the audience to assess the claims that are being made, hopefully, plenty of people who are equipped to do so will make public statements about whether those views are generally respected by experts in the field or not.

Has the idea of cancel culture or ostracising people for their ideas become more pronounced recently?

Definitely. Now you have to watch everything you say so closely for fear you might be misinterpreted. My co-editors and I started the *Journal of Controversial Ideas* because we became aware it was becoming a problem. It's a peer-reviewed journal, so the arguments have to be good enough to get through that process. Some of our authors have only published because they could use a pseudonym, which reflects how controversial their topics are. One author, who did not use a pseudonym, examined whether it was ever okay to wear blackface, and he argued that in some circumstances it is. His article was on the verge of being accepted by another journal until the murder of George Floyd occurred, and the editor then said she wasn't going to publish it and that it would be better for his career if he didn't publish it, either. So I think it's clear that we are increasing the range of ideas that can be discussed.

"The journal has three editors and two of us have received death threats for things we've published. You can't brush that off as a joke."

Being worried about your career isn't the only reason for publishing under a pseudonym. The journal has three editors and two of us have received death threats for things we've published. You can't brush that off as a joke.

You often emphasise donating to people in extreme poverty in developing countries, but many people are struggling financially in New Zealand. Shouldn't we look after our own first?

Need is relative. I don't think there will be people living on NZ$3 a day, which is near the World Bank's line for extreme poverty. That's about $1000 a year. A $1000 donation could double the annual income of a family in extreme poverty. They can perhaps replace their leaky thatched roof with an iron roof that will keep them and their food supplies dry. Or maybe they can start a small business and get out of poverty that way, or send their daughters to school. That amount of money would have much less impact in New Zealand.

Some people see no point in saving lives in poor, corrupt countries, because the child who survives thanks to a mosquito net or a rescue meal will just be another mouth to feed. Are they right?

People do say that, but letting children die slowly of starvation or malaria is a very harsh way to reduce the population. If you're concerned that population is a problem, there are much better ways to address that, particularly by making sure girls get as many years of education as possible. That's been shown to reduce the number

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Costs of inaction: an Oxfam poster in Washington, DC, to highlight concerns about possible cuts to foreign aid and other financial assistance.

of children a woman has, and empowering girls and women is a positive thing.

Another common criticism is that donations don't address the causes of poverty. I don't agree. Poverty has many causes and they can be tackled on many different levels. It's very difficult to change the global economic system. It will take decades, if it succeeds at all. Meanwhile, donations to effective charities can help people who can't wait for that change to come about. But if you want to try to address the root causes, you can donate to an advocate for change such as Oxfam, which does a lot of important political advocacy, as well as providing aid at the village level.

Is the effective altruism movement created for rich people to feel good about themselves?
No, it's created to make sure that resources are given as effectively as possible to make a difference to those in need, and to mitigate climate change. Rich people have the ability to do more, and if they feel good about themselves when they give a lot of their wealth to help people in extreme poverty, it's much better than them feeling good because their yacht is bigger than everyone else's.

If you are a middle-class person or above, living in an affluent country such as New Zealand, then you're not really living ethically unless you do something positive to help those who are much less fortunate than you are. People think it's enough to live ethically if you obey the rules about what you must not do, but the rules don't say what positively you ought to do.

The effectiveness part is about donating to charities that have been objectively assessed as making each donated dollar go furthest.

"If rich people feel good about donating money, it's better than feeling good because their yacht is bigger than everyone else's."

Your 1975 book *Animal Liberation* is said to have launched the animal rights movement. Is animal suffering still a problem?
I'm currently working on a full revision of the book, which will be out next year. Painful experiments on animals have unfortunately never stopped, so I'll update that information. There has been a bit of progress in factory farm conditions – the European Union has reduced the time sows can be confined in sow stalls and has banned the standard battery cage and veal stalls, as has New Zealand. But many other countries haven't. Most of the US still allows it all, for example. There will be new information about becoming vegetarian and its links with climate change.

You call for the end of industrial farming because of the animal suffering it entails. But isn't affordable, nutrient-dense food like meat more important than ever?
I accept that it's tough when families can't afford to eat what they'd like to eat, but it's not in anyone's health interests to be eating large quantities of meat, especially bacon and ham. Anything that makes New Zealanders consume less of them will be good for New Zealanders' health.

You are concerned with alleviating suffering, and there is so much at present. Some of it is related to global heating. How should we be thinking about this?
Collectively, affluent people in the industrialised world are contributing to the deaths of poorer people. They're much more vulnerable than we are because they don't have the same fallback systems. It's not like killing someone yourself, but we need to realise that we are harming other people who have contributed little to global warming, and we have contributed vastly more. We're not taking full responsibility for that, and we're not yet doing enough to reduce it.

Many young people are concerned about climate change and other global problems. Do you have advice for youngsters making career choices?
I understand why you would feel anxious, but let that spur you to do something meaningful with your life to reduce the things you're worried about. It is possible to do so, especially if you live in a democracy where you can contribute to discussion and pursue careers where you can work with others to change things.

The website 80000hours.org focuses on this choice. Some people work to maximise their income in order to donate most of it. Investment bankers, for example, can change the world – not only with their donations but by the deals they put together. Other choices include working for effective charities; doing research, for example, to find better and cheaper clean energy or meat alternatives; or going into politics, which needs more idealistic people. ▮

HEALTH
by Nicky Pellegrino

Pole to pole

Nordic walking is not only a good general workout but also particularly beneficial for people with heart health issues, according to a new study.

Striding along, poles in hands, Nordic walkers are getting a better workout than regular walkers, using more of their body, with greater intensity, and burning up to 40% more calories. The technique, originally developed by Scandinavian cross-country skiers to train during the summer months, has gone mainstream as a low-impact exercise that almost anyone can do safely.

Now a randomised clinical trial from the University of Ottawa, Canada, has identified Nordic walking as a better option for cardiovascular rehab than standard high-intensity interval training or moderate- to vigorous-intensity continuous training.

"Just because there are a couple of poles doesn't mean you have to be old."

June Stevenson: Nordic walking "is not difficult to learn".

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Researchers split 130 people into three groups and put them through 12 weeks of training followed by a 14-week observation phase. While all the exercise programmes helped depression and quality of life, the improvement in functional capacity – the ability to carry out daily activities – was greater after Nordic walking. This is a key finding because lower functional capacity predicts higher risk of future cardiovascular events in people with coronary artery disease.

With the correct technique, Nordic walking engages core, upper and lower body muscles, while at the same time improving posture and encouraging better gait and balance. Although it is an ideal option for older people and for those who are sedentary and want to get active, it is first and foremost a fitness exercise and is suited to any age group, according to Auckland coach

June Stevenson. "Just because there are a couple of poles doesn't mean you have to be old or have something wrong with you," she says.

Stevenson helped to pioneer the sport in New Zealand, having discovered it almost 20 years ago at a fitness convention. She became an instant convert, and now teaches the technique.

"It's not a matter of picking up the poles and off you go," she explains. "You do need instruction to understand how to use them to best advantage. Having said that, it's not difficult to learn. It's about co-ordination, and that can be taught."

Nordic walking poles are not the same as tramping poles. Rather than being intended to improve stability over rough terrain, they are designed for forward propulsion, and turn a walk into a full-body exercise, working 90% of the major muscles. Proponents compare it to using a cross trainer in a gym and say it closes the intensity gap between walking and jogging. "I liken it to walking on all fours, but in an upright position," says Stevenson.

"The anecdotal evidence is that the feeling of wellbeing is greater than with regular walking."

Rather than rushing out and investing in poles, people should give it a go before they commit, she advises. Usually, she has four sessions with clients to teach them the basics and get them co-ordinated and walking properly.

"The first thing I'll do is look at how a person moves. They might have a sore knee or hip and be limping a little, or taking one step bigger than another, and over time that has become a habit. With little corrections we can make a big difference."

Although it can be performed on a variety of surfaces, often Stevenson starts coaching new clients on a beach as sand is an ideal surface to help develop a plant-and-push technique with the poles and get the upper body moving.

The sport caters for people who are overlooked by other areas of the fitness industry, says Stevenson. She has trained sufferers of neurological conditions such as Parkinson's, as well as older people who used to enjoy higher-impact activities such as tennis, squash or running and now need something that gives a decent workout with less stress on the joints.

Those who are getting back into exercise find the poles can help keep them moving for longer, while fitter people can cover long distances. "We've done marathon training, so that's a 42.2km walk, and some of the groups I take every week would average 12-15km."

The technique helps improve everyday functional movement, so going up and down stairs or bending to reach things can be done more safely. Most importantly, people tend to enjoy Nordic walking, which makes it an exercise programme that is easier to stick with, says Stevenson.

"The anecdotal evidence is that the feeling of wellbeing is greater than with regular walking." ▮

HEALTH BRIEFS

PCOS & CHILD HEALTH

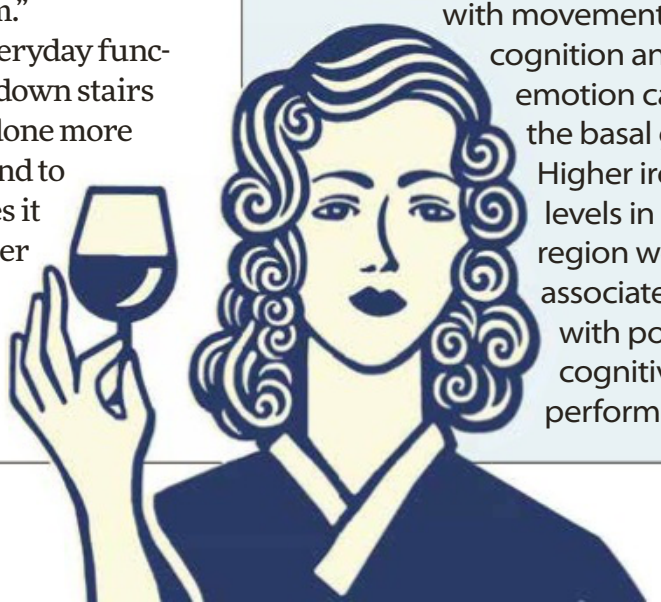
Children whose mothers have polycystic ovary syndrome (PCOS) have a higher rate of health problems, a University of Montreal study has found. It compared the outcomes of 7000 children of mothers with PCOS with one million children of mums without the condition. The children in the PCOS group were 32% more likely to be hospitalised; 31% more likely to be admitted with an infectious disease and 47% more likely to be admitted for allergy problems.

NOT DRUGS FOR COVID

The antidepressant drug fluvoxamine and the gout drug colchicine should not be used to treat non-severe Covid-19 outside clinical trials, according to updated advice from the World Health Organisation. The two drugs were considered as treatments because they are common and inexpensive, but an evidence review by researchers at McMaster University, Canada, found insufficient proof they help improve Covid-19 outcomes.

BOOZE BRAIN IMPACT

Consuming just over seven standard drinks of alcohol a week could harm brain health, say researchers from the University of Oxford, who studied the iron levels in the brains of more than 20,000 people. Participants reported their own alcohol consumption, had their brains scanned to look at iron levels and completed a series of cognitive tests. Having more than seven standard drinks a week was associated with higher iron in a group of brain regions associated with movement, cognition and emotion called the basal ganglia. Higher iron levels in this region were associated with poorer cognitive performance.



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NUTRITION

by Jennifer Bowden

The Java jive

A problem with pinpointing the effects of coffee on certain health conditions is that the popular beverage comes in so many forms.

Question:

After I developed oesophageal reflux, my GP said my one cup a day of black coffee was "like drinking a cup of acid". I stopped drinking coffee, the reflux subsided, as did the jittery tachycardia, especially at bedtime (and I never had coffee after midday), and my chronic tinnitus has also improved. Decaffeinated coffee did not have this effect. Why do we not seem to hear about the negative effects of coffee?

Answer:

Coffee has undergone something of a renaissance in recent times, with much fanfare about the potential health benefits of moderate intake of the beverage. All well and good, but as you've pointed out, coffee does seem to cause a variety of adverse effects in different situations.

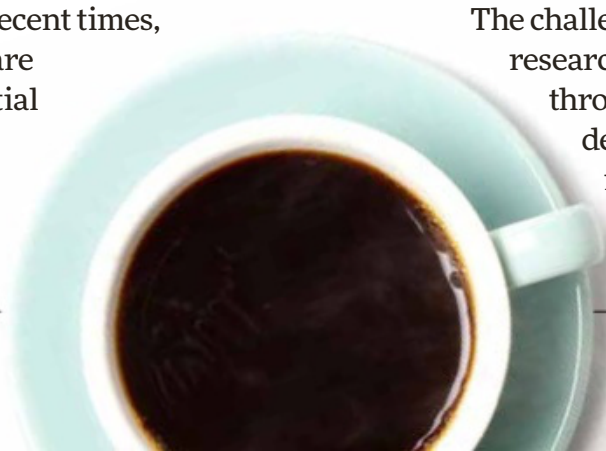
Researchers cannot definitively determine if coffee initiates symptoms of dyspepsia.

The challenge for researchers is sorting through these to determine what is true about coffee. Strictly which adverse health effects are linked to coffee consumption? And the answer to that is not straightforward.

It's not all good news about coffee – drinking four or more cups daily can cause insomnia, irritability, restlessness, nervousness, stomach upsets, muscle tremors and a fast heartbeat. Indeed, just one cup of caffeinated coffee can raise blood pressure and stiffen arteries in the short term.

This much we know, but things get complicated when we turn to research on the health issues you have experienced.

A review published this year in the journal *Nutrients*, for example, highlighted the many knowns and unknowns about



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coffee and gastrointestinal health. For example, coffee consumption stimulates increased secretion of certain salivary enzymes and gastrin and hydrochloric acid secretions in the stomach.

Given coffee is an acidic drink that increases stomach acid secretions, researchers have questioned whether drinking it may cause or worsen dyspepsia, oesophageal burns, gastritis or ulcers, and gastro-oesophageal reflux disease (GORD).

Unfortunately, much of this research has been limited by the study design. For example, researchers cannot definitively determine if coffee or other foods initiate symptoms of dyspepsia because coffee and food are often consumed together.

Likewise, many confounding issues hamper research on GORD. This is a painful condition caused by the return of stomach acid content into the oesophagus. Coffee may lower the pressure in the opening or sphincter at the bottom of the oesophagus, thus allowing gastro-oesophageal reflux and heartburn. However, not all research studies agree with this finding. For example, the 2022 review identified 11 studies in which coffee appeared to aggravate GORD, two in which coffee seemed to produce a protective effect against it and 15 studies with no association between coffee and GORD.

The problem with coffee and GORD research is that coffee is not a homogeneous drink. There are many variants.

The problem with coffee and GORD research is that coffee is not a homogeneous drink. There are many variants of coffee beans, bean-processing methods, brewing methods, varying concentrations in each individual's cup (single shot or double), plus more. Given these variables are not accounted for in most research, it's not surprising we see such differing results.

Similar issues appear in the research looking at the impact of coffee on tinnitus. Past research has found that high amounts of caffeine worsen the condition. However, recent studies suggest this is false, and caffeine may even improve tinnitus distress.

So, which is it? The same set of issues highlighted in GORD research occurs with tinnitus – variability in coffee composition, individual coffee habits, and observational study designs that do not prospectively assess the impact of coffee on tinnitus over an extended period.

We need well-controlled prospective studies that detail people's coffee intake and gastrointestinal symptoms to assess coffee's effect on GORD. Ditto for tinnitus.

In answer to your question, we do not often hear about the adverse effects of coffee consumption because, to date, no one can agree on whether coffee worsens GORD or tinnitus.

Still, there is potentially much to gain and little to lose in experimenting with a coffee-free lifestyle to see if it improves GORD or tinnitus, as research suggests there may well be a link. ▮

Email your nutrition questions to listenerlife@aremedia.co.nz

NUTRITION BITES

SALTY HAZARD

Adding salt to your food at the table is linked to a higher risk of premature death, according to new research published in the *European Heart Journal*. The study involving more than 500,000 people compared the health of people who never or rarely added salt to their food with those who always did, finding the latter had a 28% increased risk of dying prematurely.

IODINE DEFICIENCY

Canada is experiencing a resurgence of iodine deficiency, decades after it introduced iodised salt to resolve the public health problem, says a new study in *Nutrients*. Changing dietary habits, including recommendations to reduce salt intake for cardiovascular health, are likely contributing to the lower iodine status in Canada. Further investigation is required, say the research team, who pointed to New Zealand, Australia and Denmark as countries that have fortified bread with iodised salt to resolve the same problem.

FRUITY UPLIFT

People who frequently eat fruit are more likely to report greater positive mental wellbeing and less likely to report symptoms of depression than those who do not, according to new research published in the *British Journal of Nutrition*. The study surveyed 428 adults and examined the relationship between their consumption of fruit, vegetables, sweet and savoury food snacks and their psychological health. The more often people ate fruit, the lower they scored for depression and the higher for mental wellbeing.

GETTY IMAGES

From left, chocolate caramel slice; chocolate self-saucing pudding; Armenian spice cake.

Tricks of the trade

Try making your own pantry staples before preparing this selection of cakes, slices and breakfasts from Fiona Weir Walmsley.

This is not a fancy slice, or a tricky one. It doesn't photograph particularly well and looks much the same on your friend's beaten-up old chopping board as on a pretty plate. Because this one is not about appearances. It's chocolate caramel slice – a happy-dance in a mouthful.

CHOCOLATE CARAMEL SLICE

BASE
150g self-raising flour (see recipe, below)
45g desiccated coconut
155g brown sugar (see recipe, below)
125g butter, melted

CARAMEL
395g tin sweetened condensed milk, or 500ml (2 cups) of homemade condensed milk (see recipe, below)
60g butter
100g (4 tbsp) golden syrup

TOPPING
200g milk or dark chocolate, melted

Preheat the oven to 180°C. Grease and line an 18cm x 28cm slice tin.

Combine all the base ingredients and press into the prepared tin. Bake for 10 minutes. Allow to cool.

Stir all the caramel ingredients together in a saucepan over a low heat, until the butter is melted and everything is amalgamated. Keep stirring for about 6 minutes, or until the caramel changes to golden colour. Pour or spread over the cooled base and bake for another 10 minutes.

When the caramel has cooked and had time to cool slightly, spread with the melted chocolate.

Allow at least 2 hours to set in the fridge.

Makes 24 pieces.

SELF-RAISING FLOUR
150g (1 cup) plain flour
2 tsp baking powder

Combine the plain flour with the baking powder. Ideally, sift them together, but if you're like me and have a mental block about sifting, combine briskly with a whisk.

This recipe makes 150g (1 cup) of self-raising flour.

BROWN SUGAR
220g (1 cup) white sugar
1 tbsp molasses
FOR A DARKER BROWN SUGAR
220g (1 cup) white sugar
2 tbsp molasses

Put the sugar in a bowl and drizzle the molasses over the top.

With your fingers (it won't work with a fork) rub the molasses into the sugar. Keep rubbing until the white sugar and clumps of molasses turn into brown sugar.

Homemade brown sugar doesn't store for that long and is best used within 2-3 weeks.

CONDENSED MILK
1 litre full-cream milk
440g white sugar

Mix the ingredients together in a heavy-based saucepan and stir over a low heat until the sugar dissolves.

Once the sugar is fully dissolved, simmer over a very low heat for approximately 40 minutes, stirring occasionally. It's done when the mixture has halved in volume.

This recipe makes 500ml (2 cups) of condensed milk. It can be stored in the fridge for up to a month.

CHOCOLATE SELF-SAUCING PUDDING

100g butter
225g self-raising flour, sifted
230g caster sugar
80g unsweetened cocoa powder
pinch of salt
250ml (1 cup) full-cream milk
2 tsp vanilla extract
230g brown sugar
500ml (2 cups) boiling water

MICROWAVE METHOD

Place the butter in a microwave-safe pie dish and melt in the microwave.

Stir in the sifted flour, caster sugar, half the cocoa powder and a pinch of salt. Add the milk and vanilla, then beat until smooth.

Combine the brown sugar and remaining cocoa powder and sift over the top of the batter. Pour the water over the top and cook on high for 12 minutes, or until just cooked in the centre.

Stand for a few minutes before serving because it will be piping hot. It's delightful with ice cream.

OVEN METHOD

Preheat your oven to 170°C and grease a pie dish.

In a saucepan, melt your butter. Add the flour, sugar, half the cocoa powder and a pinch of salt. Stir well to combine, then mix in the milk and vanilla. Scrape into the pie dish.

Combine the brown sugar and remaining cocoa powder and sift over the top of the batter. Pour the boiling water over the top. Bake for 20 minutes, or until just cooked in the centre.

Serves 6-8.

ARMENIAN SPICE CAKE

125g butter, plus extra for greasing
400g brown sugar
300g (2 cups) self-raising flour
½ tsp baking soda
250ml (1 cup) full-cream milk
2 free-range eggs, beaten
2 tsp ground or freshly grated nutmeg
1 tsp garam masala
1 tsp ground cinnamon
1 tsp ground ginger
CREAM CHEESE ICING
200g cream cheese, softened
125g (1 cup) icing sugar
50g butter, softened
1 tsp vanilla extract

Preheat your oven to 180°C. Grease and line the base and sides of a 20cm cake tin.

Combine the brown sugar and flour. Rub in the butter (or use a food processor) until it resembles breadcrumbs.

Divide the mixture in half and gently pat half of the crumbs into the base of the prepared tin. (Don't press down too enthusiastically or it'll be too hard after baking.)

Dissolve the baking soda in the milk and add to the other half of the mix, along with the eggs and spices. Mix together well, then pour over the base.

Bake for approximately 1 hour, or until a skewer inserted in the centre comes out clean.

Tilly's baked oatmeal.

Beat all the cream cheese icing ingredients together until smooth, then spread on to the cooled cake.

Serves 10-12.

THIS RECIPE IS inspired by my teenage daughter, Matilda, who found something similar on TikTok and made it every morning for a week until she was happy with it.

TILLY'S BAKED OATMEAL

butter, for greasing
60g (½ cup) rolled oats
60ml (¼ cup) milk
½ banana, mashed
¼ tsp baking powder
2 tsp pure maple syrup
pinch of salt
¼ tsp ground cinnamon
handful of berries (optional)

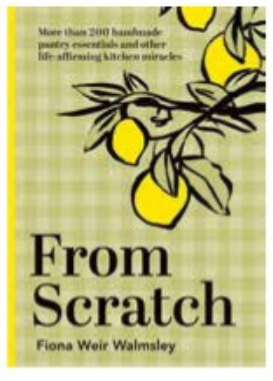
Preheat your oven to 180°C. Grease a 500ml (2 cup) capacity ramekin or ovenproof bowl.

Crush your rolled oats fine, like flour: we do this in big batches in the food processor and store a week's worth in a jar.

Mix all your ingredients together and put in the ramekin. Add the berries, if using. Bake for 15 minutes.

Serves 1. ▮

This is an edited extract from FROM SCRATCH, by Fiona Weir Walmsley (published by Hardie Grant Books, $52).



WINE

by Michael Cooper

Happy valley

A new collection of wines out of Hawke's Bay combines tradition and vision.

For almost 30 years, Gordon Russell has headed the winemaking team at Esk Valley, in Hawke's Bay. His key challenge, he says, is to understand the character of grapes grown at different sites around the region and the influences they can bring to the final blend. Russell likens his role to that of an orchestral conductor: "I've got to make one and one equal three."

Esk Valley's recently launched Artisanal Collection is designed to celebrate Russell's vision and ability, utilising a very traditional, hands-off approach. The wines are sold via restaurants, independent wine stores and Esk Valley's website.

Esk Valley Artisanal Collection Hawke's Bay Albariño 2021 ★★★★½
Drinking well in its youth, this partly barrel-fermented wine is freshly scented, mouthfilling and crisp, with strong, lively stone-fruit and spice flavours and a finely balanced, dry finish. $25

Esk Valley Artisanal Collection Hawke's Bay Chardonnay 2021 ★★★★½
Offering very good value, this mouthfilling wine has deep, vibrant grapefruit-like flavours, barrel-ferment complexity and a slightly creamy, lingering finish. $25

Esk Valley Artisanal Collection Hawke's Bay Chenin Blanc 2021 ★★★★½
Instantly likeable, this full-bodied wine has generous peachy, slightly spicy flavours showing lovely balance and vibrance and an off-dry finish. $30

Esk Valley Artisanal Collection Gimblett Gravels Hawke's Bay Cabernet Franc Rosé 2021 ★★★★
This distinctive, pale-pink rosé is full-bodied, with generous peachy flavours, a hint of apricot and a basically dry finish. $30

Esk Valley Artisanal Collection Hawke's Bay Gamay Noir 2021 ★★★★½
Full of charm, this is a rare red. Bright ruby, it is floral, with cherry, plum and spice flavours, savoury notes adding a touch of complexity and a seductively smooth finish. $30

Esk Valley Artisanal Collection Hawke's Bay Syrah 2020 ★★★★
This fragrant, full-coloured red is buoyantly fruity, with strong red-berry and plum flavours, a distinctly spicy thread and an attractive vibrancy and suppleness. $25

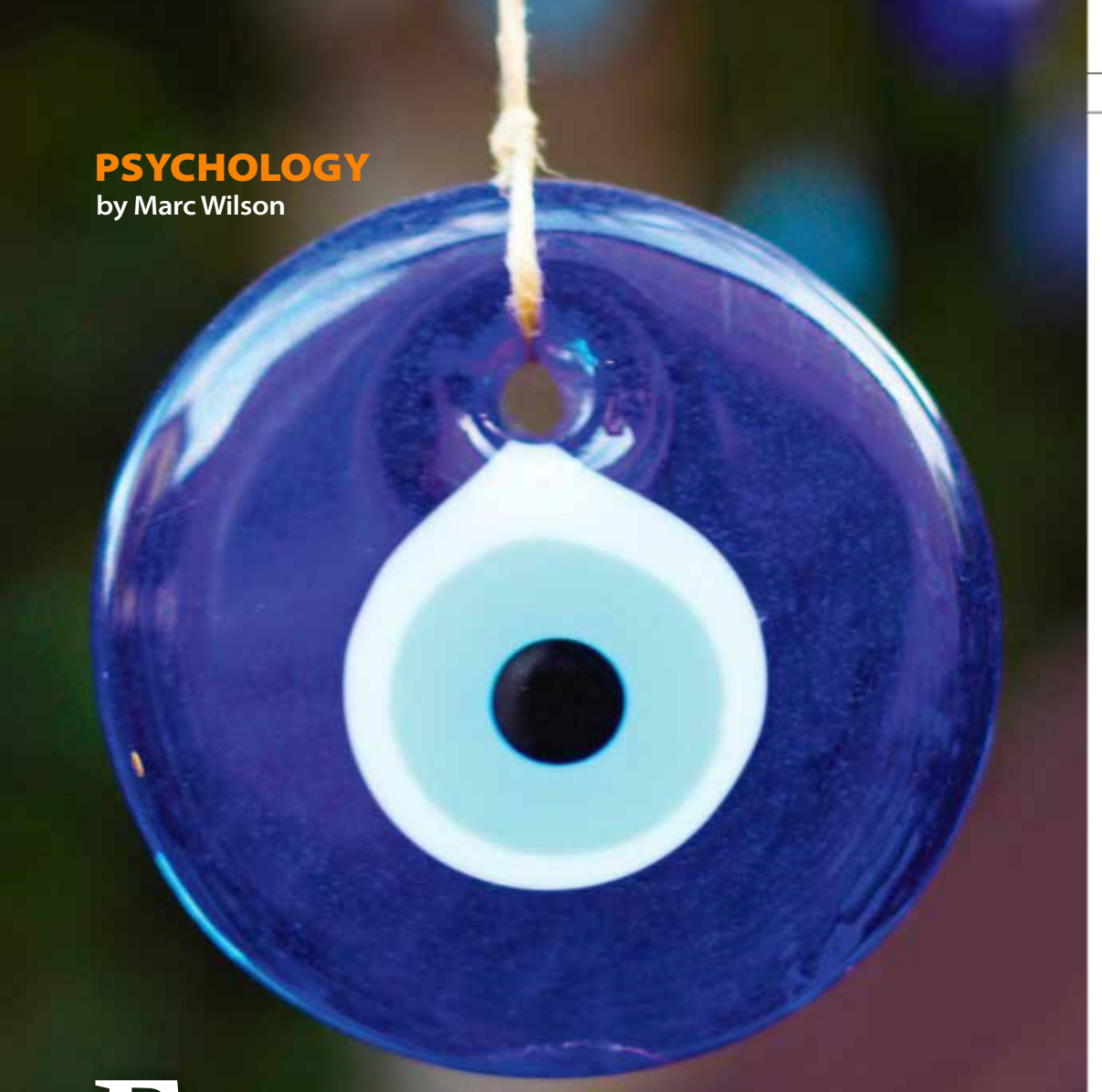
Esk Valley Artisanal Collection Hawke's Bay Tempranillo 2021 ★★★★½
Deeply coloured, this is a full-bodied red with strong, vibrant blackcurrant, plum and spice flavours and a subtle seasoning of oak. Well worth cellaring. $30

Esk Valley Artisanal Collection Hawke's Bay Malbec/Merlot/Cabernet Sauvignon 2020 ★★★★½
Bargain-priced, this characterful red is powerful and fleshy, with strong, plummy, well-spiced flavours, savoury notes adding complexity and ripe, supple tannins. Great drinkability. $25

(Note: these wines are 13.5%-14.5% alc/vol.)

WINE OF THE WEEK

Esk Valley Artisanal Collection Gimblett Gravels Hawke's Bay Grenache 2021 ★★★★★
This powerful red is hard to resist. Deep, bright ruby, it is mouthfilling and vibrantly fruity, with concentrated dark berry, plum and spice flavours, ripe and well rounded. $30



PSYCHOLOGY
by Marc Wilson

Eye spy

Even the more sceptical among us are not always entirely immune to the lure of talismans and lucky charms.

You'd be hard-pressed to find a tourist to Greece who hasn't returned home with a glass eye or two in their luggage. Specifically, I mean the often-round lump of dark-blue glass around what looks like an eye, with a light-blue iris and black pupil.

They're everywhere you find tourists, with a particularly high glass-eye-per-metre rate on Monastiraki Square (looking up at the magnificent Acropolis), and along Adrianou Street. The eye is depicted on tea towels and tote bags and graces jewellery from mass-produced thread bracelets to (apparently) solid gold high-end pieces. And it's not just in Greece – you'll find them around the wider Mediterranean, Turkey and West Asia.

Even if you've not come across them before, I bet you're thinking "evil eye" and, yes, these talismans are meant to ward off misfortune directed by starers of sinister intent. *Britannica* says that humans the world over, and for thousands of years, have worried about injury or even death from the gaze of the malevolent.

Many of us have rituals or tokens we superstitiously hang on to and that do help facilitate things we want to happen.

Given the sensory primacy of vision, it's no surprise that, culturally and psychologically, eyes are important. Ancient Greek polymath Pythagoras argued they're the window to the soul, and even if you don't believe in the evil eye, you've probably used or heard phrases such as "looking daggers" or "giving the evils".

This last is consistent with an early (mis)understanding of how vision works – the "emission theory" proposed, again, by the ancient Greeks. The notion is that we see because our eyes emit rays or beams. In the early to mid-1900s, eminent Swiss developmental psychologist Jean Piaget noted that young children frequently display this belief. In 2002, Gerald Winer, from Ohio State University, reviewed research on people's understanding of vision, reporting that even in modern times, something like a half to a third of American adults will turn to some form of emission theory to understand how people see things.

For the record, this is not how vision works – our eyes are receptors for patterns of light, not some kind of radar that bounces beams on to and back from things we look at.

A 2020 *Town and Country* article notes that this ancient symbol has become more widespread and fashionable over the past 20 years. It notes that high-profile people, such as Meghan, Duchess of Sussex, can be regularly seen showing off fancy versions of the glass eye. It goes on to present an interview with Greek designer Ileana Makri, who has helped popularise the talisman. Makri is quoted as saying her designs have become even more of a hit since the start of the Covid-19 pandemic.

Just as belief in emission theory continues to be surprisingly common, we pooh-pooh lucky talismans while behaving in ways that suggest we still give them some credence.

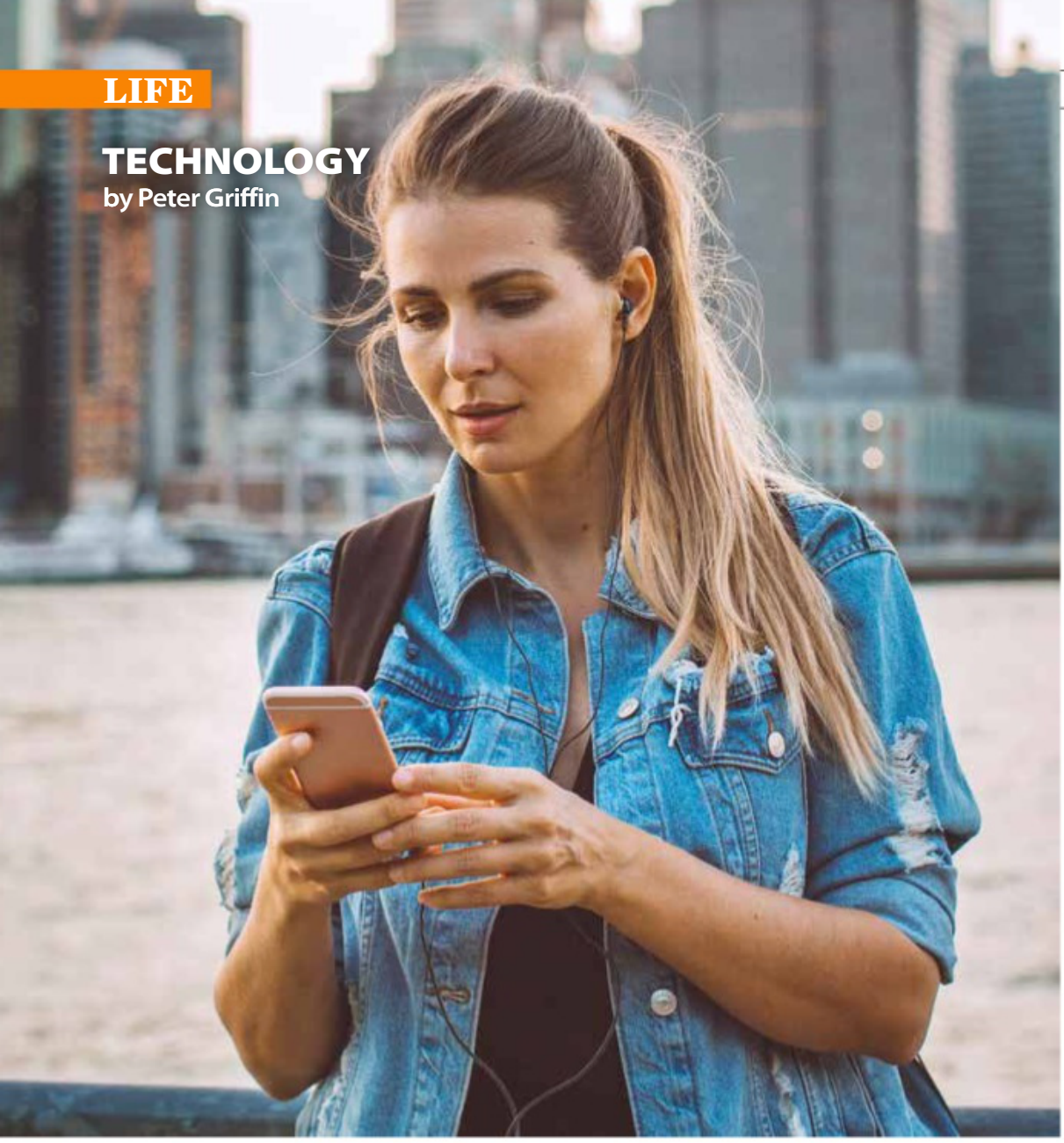
Research shows that many of us have rituals or tokens we superstitiously hang on to and that actually do function to facilitate things we want to happen. I'm not saying your lucky socks actually do give you better luck on the rugby field, but rather that if you believe those socks bring you luck, then you'll play better than you otherwise would if you were not wearing them.

A series of studies by researchers at the University of Cologne show that when we try to create good luck by talismanic phrases ("break a leg") or actions (crossing our fingers), we do, on average, perform better on both physical and mental tasks. The same research shows evidence that good luck charms work by helping us feel more effective, particularly in situations where the margin for error is slight, and that we tend to persist longer at difficult tasks when we activate our luck in these ways.

It's yet more evidence that we're still ancient Greeks at heart. ▮

Meghan, Duchess of Sussex: likes an eye talisman.

GETTY IMAGES



Don't leave roam without it

With overseas travel becoming more complicated, a good smartphone roaming plan is essential.

If you are heading abroad for the first time since Covid closed our border, prepare to be discombobulated as you relearn what it means to be a modern traveller.

I found myself in that state standing outside JFK Airport in New York a few weeks back when I went to order an Uber ride and realised I hadn't set up a mobile roaming plan. Luckily, an overlooked text I'd received when I arrived at LAX allowed me to send a message to my mobile provider, Skinny, enabling a seven-day roaming pack.

For $23 I received an allowance of 200 minutes and 200 texts to US and New Zealand numbers and 1GB of data. I made just a handful of calls, but extensive use of that data and text allowance over the next week. Travelling is more complicated than it was prior to Covid. Flight delays and venue closures linked to labour shortages keep you on your toes, requiring you to keep checking your phone for status updates.

The problem is that roaming data allowances haven't increased in the intervening two years. Even my modest checking of Google Maps, ordering Ubers, social-media updates and researching tourist attractions saw me blow through my 1GB data limit in a few days. I had to splurge another $17 to buy an additional gigabyte.

Roaming plans across the board tend to be reasonably generous on voice calling and texts, but stingy on data. After sacrificing as much as $90 million a year in roaming revenue during the pandemic, mobile operators are highly unlikely to move to change that. It's a nice little earner for them.

Vodafone has a deal that allows you to pay $8 a day to use your existing on-account voice, text and data allowance in more than 100 overseas locations. That sounds reasonable, but over the course of a week, that's $56 in addition to your regular monthly mobile phone bill. Spark's roaming pack strikes a better balance, offering 2GB of data, 300 calling minutes and 300 texts over 14 days for $30.

If you are travelling for longer than 10 days, a good option is to buy a local SIM card in the country you are heading to.

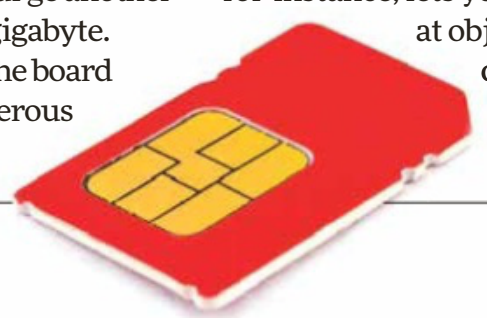
But if you are travelling for longer than 10 days and won't be able to rely on the free Wi-Fi of hotels, restaurants and airport lounges to stay connected, a good option is to buy a local SIM card in the country you are heading to.

A prepaid T-Mobile SIM card bought in New York would have cost me US$40 for 10GB of data and unlimited calling and texting within the US for a month. For US$50, I could have opted for unlimited data. Then you can just use a free calling app such as Viber or Apple's FaceTime to make calls back home. If you have a phone with dual-SIM capability, you can have your regular SIM card active to receive incoming calls and texts for no additional charge. Then you just use the local SIM to make local calls and texts, surf the web and call home via messaging apps.

A SIM bought in a European Union nation will generally allow you to roam all over Europe. But you need to be careful using a UK-bought SIM in Europe. It used to be that you could use your regular plan allowance while in Europe, with no additional charges. Post Brexit, some mobile carriers have started applying roaming charges.

A law change that took effect on April 1 means that GST is now added to all roaming charges. It's included in the price if you are buying a roaming pack, but it's worth keeping in mind if you think you'll be making just the odd phone call, text or web-surfing session and opt to pay casual roaming rates.

With an adequate data allowance, you can also start taking advantage of some of the clever augmented-reality smartphone features. Google Lens, for instance, lets you point your phone's camera at objects or places of interest to find out more information about them, and to translate signs into English. ▮



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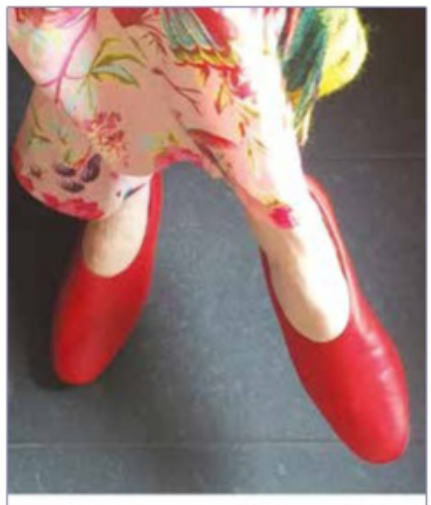

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MADE IN NEW ZEALAND

Urban legends

After a 13-year hiatus, New Zealand's master of neo-noir, Chad Taylor, is back with a riveting new crime novel set in late-1980s Auckland. by CRAIG SISTERSON

This time, the artist turned his tendency for deconstruction on himself. For a dozen years or so, bisected by the millennium, Chad Taylor was one of the most exciting voices in New Zealand literature. His tales of office workers, streetwalkers and burglars caught up in offbeat events laced with mystery, violence and sex in vivid renderings of Auckland earned him literary fellowships at home and translations and rave reviews from major publications abroad.

"Effortlessly cool", "wonderfully urban", "hallucinatory", chorused the international critics, as they attempted to distil how Taylor toyed with and subverted crime fiction conventions in books such as *Heaven*, *Shirker*, *Electric* and *Departure Lounge*.

If Paul Thomas had torn New Zealand crime writing from its cosy traditions with his Ihaka trilogy in the 1990s, then Chad Taylor had flipped it upside down and shook it until it fizzed like a bottle of L&P on a hot summer's day. Neo-noir, the critics called it, and Taylor was a master. Then, like more than one character in his books, he vanished.

It has been 13 years since Taylor had a new novel published, but *Blue Hotel* shows that although he no longer qualifies for the "New Zealand's Top Novelists Under 40" accolade the *Listener* once bestowed on him, he's still one of the most exciting voices in Kiwi literature.

"When I started on *Blue Hotel*, I really took my game apart," Taylor says from his home in Tauranga. The born-and-bred Aucklander moved to the Bay of Plenty on his return from several years in Europe. He says it's good to be close to the sea, after being based in London's East End following the global financial crisis, but "it's still weird for me not being in Auckland".

The urban landscapes of our biggest city provided a rich canvas for Taylor's early novels and do so again in *Blue Hotel*, which is set in late-1980s Auckland in the wake of the stock market crash and before computer technology and mobile phones became ubiquitous. Ray Moody is a reporter with more booze than bylines lately, who sniffs a hidden story when leather-clad Danish woman Blanca Nul vanishes from a pub on the Mahurangi Peninsula. Catastrophe ensues, and Ray is left nursing injuries and cataloguing adult classifieds for a dingy tabloid. He spies a second chance when another woman, dressed the same way, vanishes on the anniversary, kick-starting a dangerous search that veers from BDSM dungeons to the lofty offices of corporate raiders.

Taylor was doing interviews for *Rip It Up* magazine with visiting artists like Ice-T at the time *Blue Hotel* was set.

Although *Blue Hotel* is Taylor's first published book since 2009's *The Church of John Coltrane* – a sequel to *Heaven* that after the global financial crisis was published only in France – it isn't the first novel he has written since. "I've been writing the whole time. There are four other unpublished manuscripts that I've got," he says. "Things just fell apart, publishing-wise, after the crash. Agents left and publishers left, and businesses folded."

It was disheartening, and Taylor admits he wondered if he'd ever be published again. "I thought, 'Oh, maybe that was it. I just had to ask myself, if I wasn't going to get published again,

"I've been writing the whole time. There are four other unpublished manuscripts that I've got." – Chad Taylor on the years since his last published novel.

DEREK HENDERSON

would I carry on writing?" The answer was yes. He was driven to write.

Although he has gone 13 years between published novels, Taylor saw other writing projects come to fruition. In 2013, the feature *REALITi*, directed by Jonathan King from Taylor's original screenplay, premiered at the New Zealand International Film Festival. Taylor was nominated for Best Screenplay at the New Zealand Film Awards. His original work on Kurt Cobain formed part of the French street art and literature project Mythiq27 in 2014. The next year, Taylor scripted the radio version of his short story *Close to You* for RNZ.

Taylor began work on *Blue Hotel*, an idea he'd had for a while, after some soul searching as well as reflection on his own craft. After an early career of deconstructing noir in his writing, he deconstructed his own writing. And found himself circling back to near where he'd always been.

"I finished up as the same player I always was," he says. "*Blue Hotel* is very much in the vein of *Shirker* and *Departure Lounge*, but it's different in that it's a bit less meta. It's a serious detective story that goes to some dark places, but it's also funny. As the story became more dramatic, the humour occurred naturally. I think readers will get that."

Taylor has returned with a wonderful novel. *Blue Hotel* is a tear-through-in-a-day mystery that's full of depth, striking characters, sparkling writing, and a rich sense of time and place.

"I'd been carrying around parts of the story for quite a while, because that was what I really wanted to write. I set out to write quite a complex plot, but I wanted it to work. I thought the chapters would be sort of short and episodic and quite sort of deep and detailed in that kind of way I've probably always written. I just wanted to write it in my style and not give a shit about whether that was the right way to do it for the market, whatever the market is."

So, he "persisted with it really stubbornly", eventually realising that his less-meta but longer-than-usual tale that he'd conceived in three parts should actually be told that way.

More good news: *Blue Hotel* is the first in a planned trilogy, so we shouldn't have to wait so long for the next Taylor novel. As we video-chat, he holds up half a ream of pages to the screen. "Draft three or four."

Taylor says he'd been intrigued for some time by the idea of a missing person and a doppelganger, a case of mistaken identity. The fact that while such a thing would be "less feasible to the reader in our digital age of everything being seen at once" was one of several reasons why he chose to set *Blue Hotel* in the late 1980s.

Another was the tactile nature of pre-digital days, and the way Auckland used to be.

"It's not an American crime novel where you can just pull a gun and that solves the plot."

"I was remembering just the shape of the city at that time," recalls Taylor, who was doing interviews for *Rip It Up* magazine with visiting artists such as Ice-T at the time *Blue Hotel* was set. "It had a lot of nooks and crannies. And it doesn't have that now; cities have really changed. You'll see this in London, right? We were in London from 2006 to 2008, when there was the crash, and just watched London change within a matter of months. It's just cities becoming malls; they're becoming more homogenous. The sort of crime that happens is digital, or just different. You want to find purchase for your story, and I remember that time in Auckland."

Taylor enjoyed the "clunkiness" of an era when computers were new and unwieldy and didn't get carried around in people's pockets. When journalists bashed out stories on Smith Corona Sterling typewriters and blackened their fingers while scouring archives. When research required leaving your desk and interacting with people rather than screens.

"I liked the disconnection of people having to drive to places, people having to look through documents, people having to do physical searches on data, looking things up," says Taylor. "I liked that it was close to those kinds of detective tropes, but at the same time it was fun to subvert it and say, 'Okay, well it's not going to be glamorous or tough; our hero's not going to be a square-jawed guy; it's going to be stranger than that.' It's going to subvert some traditions."

The local setting provided another difference compared with classic American noir: "It was hard for people to find information back then, and if you wanted to find that information you had to cajole and lie and get people to tell you stuff. How do you get people to tell you stuff? It's not an American crime novel where you can just pull a gun and that solves the plot.

"That was something that was entertaining for me to write."

Taylor's deep passion for storytelling is clear. He admits that "in a corny way" he wanted to be a writer since he was a kid growing up in Manurewa. "I just wanted to write *Star Trek* or something," he says with a chuckle. "I remember seeing that they'd have the 'story by' writers on *Star Trek* episodes, and I thought that'd be a cool job. I always liked stories. I liked Sherlock Holmes, I liked mysteries. And I loved noir movies, so it all came together quite nicely."

Taylor has fond memories of the stands of books at the dairy with noir paperbacks.

"I remember as a kid hearing the Beatles' song *Paperback Writer* and thinking, 'Well, what other sort of writers are there?' I loved that pulp stuff, not ironically, I really loved it. I really liked the Brett Halliday novels. I just love all the machinery of the plot. I mean, I know some of them were just crap, but I still like them. I'm still interested. It's like, 'Okay, I'm up for this, what's going to happen?' I like the machinery of it. Some people like cars. I like plots." ▮

Blue Hotel *(Brio Books, $35.99) is available online and through supporting bookstores.*

Match making

A mystical and comic mystery about dating life in the internet age that never strays too far from the plausible.

by **JOSIE SHAPIRO**

Tart brilliance and genius fun: Sloane Crosley's second novel is a winning combination of serious and silly.

CULT CLASSIC, *by Sloane Crosley (Bloomsbury, $32.99)*

You have one, don't you? An ex-boyfriend you think of sometimes late at night? An ex-girlfriend you sometimes stalk on Facebook and wonder "what if?" What if you'd been a little more, or they'd been a little less, maybe you could've been happy together? In *Cult Classic*, this idea fuels a romantic comedy that twists into science-fiction territory.

This is the second foray into fiction for Crosley, twice a finalist for the Thurber Prize for American Humor for her bestselling essay collections. Her first novel, *The Clasp,* followed a trio of friends on a hare-brained trip to find a lost necklace in Europe. Like its predecessor, *Cult Classic* features more of Crosley's acidic observation and wit, although this time it's romantic love rather than friendship that gets the action rolling.

Lola spent her youth in New York and "never left", and now she's on her way to 40. She was recently made redundant when *Modern Psychology* magazine went under, and her romantic history reads like Carrie Bradshaw's. A serial monogamist, Lola has a past that's fraught with heartbreak. She's now engaged to Boots, a glass artist who doesn't mind the childish nickname she has given him. (To continue the *Sex and the City* analogy, Boots is Aidan: creative, kind, quiet.)

Boots seems perfect, yet Lola has some reservations about the engagement. Is Boots too boring, too passive, or is she just not ready for commitment? When she bumps into two ex-boyfriends in two days, she chalks it up to coincidence, but when she then meets a third, she wonders if life is reminding her of her options. Or is something more mysterious and nefarious at play?

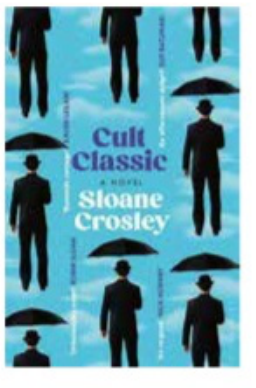
Her former boss, Clive Glenn, may have something to do with it. Clive is a charismatic and smarmy pseudo celebrity who establishes what Lola calls a "mind control cult with an espresso machine", although he calls it a company that helps people find "closure" through "energy" and social-media manipulation.

There are hints of Michel Gondry's *Eternal Sunshine of the Spotless Mind* – that same nostalgia for the "what if" of past romances that may have ended prematurely. Although Lola knows it's true that "just because something ends prematurely doesn't mean it won't end eventually", her relationship with Boots may not work out simply because she is spending too much time consumed with the past (and social media) to truly experience or commit to the present.

By moving into the speculative, and adding a whimsical metaphysical element to the story, the novel digs a bit deeper into the subtleties and nuances of love in the age of the internet. The dry, ironic style of Crosley's writing ensures that it never strays too far from the plausible.

The book also examines what it means to date as an older woman. Lola's name for the dating game is "Don't Scare the Men", and Crosley tackles the haunting idea that you're a failure if you can't find "the one". Lola feels as if her extensive "dating life had been some elaborate logic proof, showing me how to wind up with someone not for the person he is but for all the people he isn't".

Crosley throws in small wisdoms at the end of paragraphs with a tart brilliance, and the genius fun of her work is how it's both deeply serious and also very silly – a combination that makes for engaging and entertaining reading. ▮



BEOWULF SHEEHAN

White-knuckle rides: Frank Chalmers, left, and RH Herron.

Fraying at the edges

A jaded detective and a pregnant doctor face their demons in the latest international thrillers.

by MICHELE HEWITSON

CONVICTION, *by Frank Chalmers (Allen & Unwin, $36.99)*

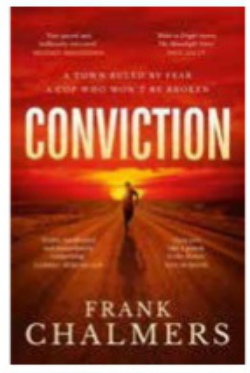
Detective Ray Windsor is a man with a dubious past and a future that stretches bleakly before him, devoid of fulfilment. He is banished to a small, dusty, poverty-stricken Queensland town. It is 1976, and sexism, racism and police corruption are rampant. There are suicides and cattle rustling and too much bad-tempered boozing, which all too often results in biffo.

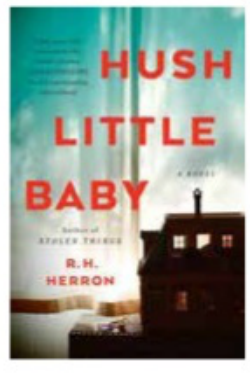
Ray hates it all. He hates his lazy, on-the-take local police chief who doesn't want the case of two dead and one missing girls from immigrant families investigated. Instead, he sends Ray and his partner, Arshag – who is as much an outsider in this mostly white, macho community – on hare-brained chases after missing stock. Ray's rage at the world, about his past and that barren future is barely contained. It simmers just beneath his jittery skin, and beneath the writing, which is lean and laconic and has a strange beauty, like the bleached skeleton of a cattle beast on the red, dusty dirt of the outback. An absolutely terrific debut.

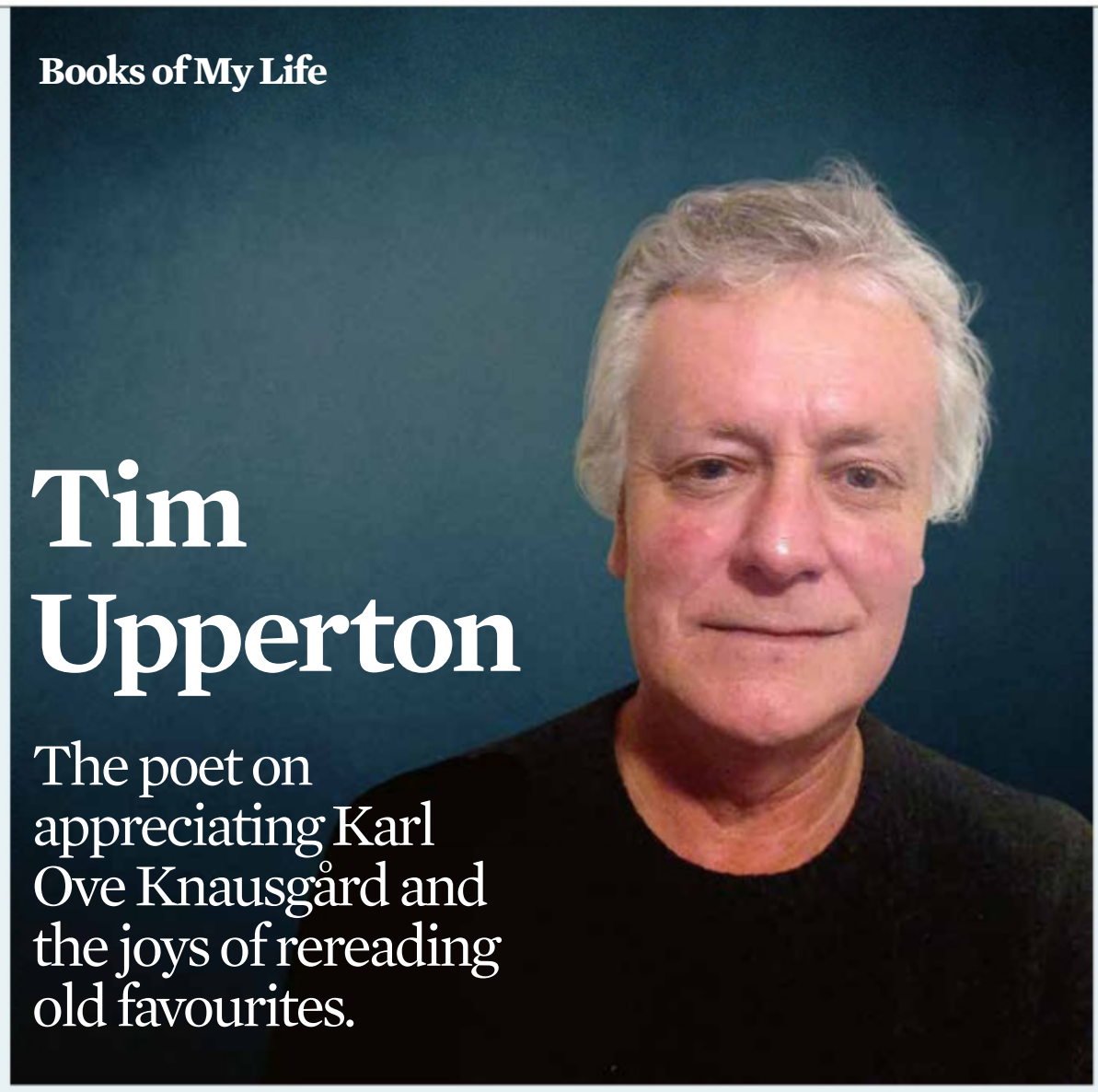
HUSH LITTLE BABY, *by RH Herron (Penguin, $35)*

In the utterly bonkers *Hush Little Baby*, a support group of mothers-to-be, who are also recovering alcoholics, have weekly meetings during which they gossip and complain and compare bellies. So far, so cosy. Jillian is a member of the group. She is an obstetrician-gynaecologist. When she still drank, she would sometimes go to work drunk. There was a sobering incident involving a madwoman who was under the delusion that she was pregnant when she patently wasn't. After which Jillian sobered up, met her wife, Rochelle, and they lived happily ever after. Of course they didn't. Rochelle left her for a hot new model. They will all share custody.

Cosy turns sinister: somebody is sneaking into Jillian's house and taking small things. She suspects Rochelle is gaslighting her in a bid to drive her insane, or back to the bottle, as a plot to gain custody of the baby once it is born. Also, the support group is turning bitchy. Confidences are spilled, including the one about the mother-to-be who is possibly pregnant to a man who is not her husband. This is merely the beginning of what will culminate in an entirely unbelievable denouement. So, yes, bonkers, but rather good fun, in a macabre way. ▮







Books of My Life

Tim Upperton

The poet on appreciating Karl Ove Knausgård and the joys of rereading old favourites.

Books I've been reading

I read and write poems, but I also read a lot of novels. As a child, I loved books about islands. I devoured *Robinson Crusoe*, *The Coral Island*, *My Family and Other Animals*, and Kiwi misanthrope Tom Neale's *An Island to Oneself*. These feature in the first poem of my new collection, "My childhood". Right now, I'm immersed in Karl Ove Knausgård's *The Morning Star,* in which a new star in the heavens presides over multiple lives and stories down here on Earth. It was panned in the *Guardian* and I almost passed on it, although I've read all of Knausgård's previous books, apart from one he wrote about football. The novel reminds me a bit of Lars von Trier's *Melancholia,* with its apocalyptic atmosphere. All of Knausgård's tics are there – the minutiae of daily life, philosophical digressions, family tensions and marital discord – and the book harks back to the theological concerns of his second novel, *A Time for Everything*. Knausgård tries your patience and he's difficult, in the sense that any genuinely new art is difficult. But he's also great.

I'm also inching my way through Marcel Proust's *Remembrance of Things Past*. Proust resembles Knausgård in lots of ways and is obviously an influence. I'm reading the old Moncrieff translation, but I'd like to give the new translation a go. Lydia Davis translates volume one, and I like all things Lydia Davis.

> **"Knausgård tries your patience and he's difficult. But he's also great."**

Books I like to reread

I tend to reread my favourite novels: *David Copperfield*, *Our Mutual Friend*, *Emma*, *Middlemarch*, *Women in Love*. But the novel I most often urge other people to read, the one I always have several copies of so I can give one away, is TF Powys' *Mr Weston's Good Wine*, published in 1927. A wine merchant, Mr Weston, and his assistant, Michael, pause one evening in a country village in Dorset to sell their wares.

Time itself stops as the inhabitants of the village are visited and questioned, and rewarded or punished as they deserve. Mr Weston is God, and Michael is his archangel, but the religious allegory is light and deft, and the novel seems rooted in an older, pre-Christian tradition.

What I'm going to read next

As for poetry, I'd love to see a new collection by Ashleigh Young, and I'm going to get my hands on the new James Brown. A poem I wrote about my home town of Palmerston North is indebted to James' "I come from Palmerston North" – a title which is both declaration and confession, a bit like "I am an alcoholic".

Tim Upperton's latest poetry collection, **A RIDERLESS HORSE**, *is released by Auckland University Press on August 11.*

Poetry

YRROS

by Tim Upperton

You had done a bad thing.
You knew you had to apologise.

I, who have done bad things
always and had to apologise

for another and yet another, said,
You must say sorry.

Long ago, after another said,
You must say sorry,

I said, No.
But I knew I had to.

You knew you couldn't say, No.
You knew you had to

say sorry, but you said it backwards.
You bore your apology like a cross,

defiantly. Said backwards
it became a sound an ocean bird, an albatross,

might make, a lonely cry above
the murmuring sea.

I heard a word in your cry, above
the murmuring sea,

a word not said rightly,
a word I should know.

The wrong life cannot be lived rightly.
I should know.

There is time and time to apologise.
Still, ahead of you, the bad thing.

From **A RIDERLESS HORSE** *(AUP)*

Surround sound

An entertaining exploration of how vibrations affect us and everything else in the universe.

by LINDA HERRICK

EVERYBODY HERTZ, *by Richard Mainwaring (Profile Books, $39.99)*

What a magnificent coincidence that English musician-composer-educator Richard Mainwaring's book, *Everybody Hertz,* is out in the world at the same time as the release of the deepest ever images of the universe, taken by the Nasa-led James Webb Space Telescope using infrared technology.

The images mark a "holy smoke" moment in the Webb's voyage of discovery, prompting so many questions, even something basic like, "What is infrared?"

Mainwaring can sort you out on that, and much more, in his opus on "the amazing world of frequency, from bad vibes to good vibrations", the subtitle of this outstanding physics-for-dummies book.

GETTY IMAGES

Marshall lore

A powerful collection from a master storyteller that echoes long in the memory.

by DAVID HILL

RETURN TO HARIKOA BAY, *by Owen Marshall (RHNZ Vintage, $37)*

I was re-reading an anthology the other week. Big names: Salman Rushdie, Elizabeth Jolley, Michael Ondaatje. And Owen Marshall. Our man keeps coming up with the goods and, as this collection of 33 new, mostly short(ish) stories shows, he remains a consummate presenter of abundant details in a small space.

Even in the few that essentially remain travel anecdotes, you find the typical Marshall protagonist – a male of a certain age who is perceptive, reticent, dignified, often solitary, objective but sympathetic. Yes, the adjectives pile up; that's because the author builds multiple facets into so many of his people.

Those people are often vulnerable. They feel a few bits older than those from earlier story collections: "There's nothing to look forward to." They revisit places and pasts – most memorably in the title story, with its cool admission: "She didn't dislike him; just didn't love him any more."

One man regrets a friendship that almost became a love affair; another is dispassionately told, years afterwards, that he'd been a bully at school; a third explains – you'll gasp as you read this one – how he came to be missing a little finger.

The same protagonists can strike back, subversively and satisfyingly: a retiring employee feeds a used serviette into the photocopier; a meek tourist reconfigures

Mainwaring is a frequent contributor to BBC TV programmes such as *The One Show*, which discusses a range of current affairs and culture, including – can you imagine it here? – science.

He's a dream teacher: witty and self-deprecating, traversing a dazzling range of anecdotes to draw the reader into a challenging narrative.

The starting point is that everything on Earth (and in the universe) vibrates in a complex spectrum of waves and frequencies, including ultrasound and infrared. The range of aural radiation is so vast that scientists have wrestled it into a system of units known as "hertz", or Hz. Humans can only hear a range of 20 to 20,000Hz, and that diminishes with age. A typical piano scale, for instance, runs from about 27.5Hz to 4186Hz. A cat's purr rumbles along between 25 and 50Hz. Rats' whiskers each have their own frequency.

But how do we give any context to the hertz we can hear, let alone the sheer scale of frequencies beyond that tiny range? Mainwaring makes it simple by using music to provide reference points. Using his imaginary musical invention, he advises, "Come, sit on my Infinite Piano stool and fasten your seatbelt as we embark on an amazing ride ... from the lowest 'note' in the universe through to the astoundingly high frequencies that measure time itself."

What an exhilarating ride it is, as Mainwaring moves through the "chapter" keys of A to G, including variations, pauses, dissonance – and the Auto-Tune vocal standardising trickery behind Cher's 1998 hit *Believe*. The practice of auto-tuning vocals is shameful, Mainwaring complains, calling it "litter in which to roll singers' turds".

Richard Mainwaring: a witty and self-deprecating teacher.

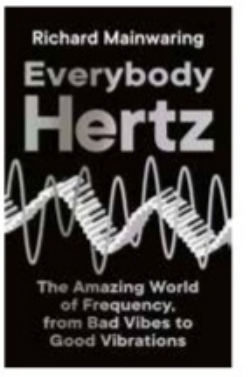
The practice of auto-tuning vocals is shameful, Mainwaring complains, calling it "litter in which to roll singers' turds".

By their very nature, many of his anecdotes are quite convoluted, such as how British intelligence fatally underestimated the German invention of an accurate aural dot-dash system for guiding their bombers during World War II. Somehow he links Szechuan pepper, which induces a 50Hz tingling of the tongue (a key receptor in the human sensor system), with medical treatments for neurological damage that use vibration. That leads to examples of vibratory research (40-150Hz) in the field of sexual dysfunction, and an eye-watering account of a scientist's antics at a Las Vegas conference in the 1980s.

The "F" chapter includes an incident that will delight grumpy old fogeys. A protective Welsh father, concerned his teenage daughter was being hassled by yobs at the shops, invented a high-pitched device called the "Mosquito", six octaves above Kurt Cobain's "hello"refrain in Nirvana's hit song *Smells Like Teen Spirit*. The Mosquito, audible only to a specific teenage hearing band, became the front line of the war against "antisocial" youth in Barry, south Wales.

Mainwaring winds up with a sobering reflection on nuclear testing in the Pacific in the 1950s, which produced cancer-causing ionised radiation.

"Many would consider it folly to endeavour to write a pop-science book with only scant scientific knowledge," he writes at the end of his six-year endeavour. But he has done it, and it's something of a marvel that he has been able to impart so much knowledge with so much charm and lightness. ▮



truth; a sex worker offers services in lieu of legal fees. Never underestimate a Marshall protagonist.

There are moments that slap you: a casual sexual insult in a cafe, a jolting rejection for a back-row young man, a lockdown relationship that leads to lies, petty theft and abandonment. Marshall can do violence so quietly, so prosaically almost, that you're a paragraph further on before you comprehend what has made your breath change.

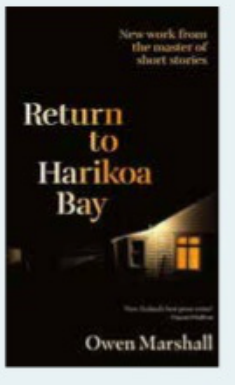
It's easy to overlook the range of settings. Marshall is our great chronicler of South Island small towns and big landscapes, which often appear or are implied here. But you also get Charles de Gaulle Airport; Heraklion; Romans-sur-Isère, with its International Shoe Museum (another characteristic flick of sly humour); a Sydney private school; a Koru Lounge.

Owen Marshall

It's not easy to overlook the style. You can quote lines from these stories the way you quote lines of poetry: women in office cubicles, "their heads questing from cells like despairing battery hens". The grave, sometimes stately prose moves like dignitaries in procession, then blooms into lyricism: "The golden air moved languid and liquid around them"; "the small bones of her wrist, the smooth muscle connecting neck and shoulder".

Elsewhere, things pause for the author's characteristic solemn aphorisms: "Sometimes, as you experience life, you have a strange awareness that its true power will lie in introspection." Writing courses tell you never, never to do this. Marshall does it all the time and nearly always gets away with it.

Walter de la Mare has a poem of bells that reverberate louder in the mind long after they're still. The stories in this collection also leave those echoes. ▮



Right thinking

A new book attempts to define a purer, more coherent version of conservative political thinking. Is it successful, and how well does it apply to NZ's traditions? **by LIAM HEHIR**

CONSERVATISM: A REDISCOVERY, *by Yoram Hazony (Regnery, US$30)*

Communism is infamous for its innumerable varieties. Wikipedia lists 44 varieties, from original flavour Marxism through to Marxism-Leninism-Maoism and Kaysone Phomvihane Thought. It doesn't end there, since even within those categories there are gradations and factions with slightly different ways of looking at things. And, more often than not, they all hate and resent each other.

Many of us like to laugh at the internal fighting we so often see on the left. But the fact is that all political ideologies and dispositions suffer from this tendency. Freud called it the narcissism of small differences.

Conservative politics is no different in that regard. For decades the different strands of conservative thought were held in place by antagonism towards the USSR. Religious and cultural traditionalists were repelled by its aggressive iconoclasm and godlessness. The security-conscious were alarmed by Soviet pretensions to world domination. Capitalists were not thrilled to bits at the promise of a world without capitalists.

So what happens when you take away the designated bad guy? The internal disagreements and differing priorities come to the fore. The glue that held together the disparate elements of the coalition weakens. The narcissism of small differences reasserts itself.

And, eventually, you get books like *Conservatism: A rediscovery*. Written by the American-educated Israeli political theorist Yoram Hazony, this book paints a very specific picture of what American conservatism is all about. It serves as a broad rejection of Reagan-era political alliances in favour of something much more internally coherent.

Purged of its more liberal elements, he argues, the conservative movement can return to a purer form. Shrugging off the baggage of the Enlightenment, the newer, older conservatism will be much more nationalistic and tribal in nature. Hazony calls this "Anglo-American" conservatism.

What would this look like in practice? Well, for starters, a more open relationship between the state and Christianity (with toleration, but not equal priority, for religious minorities). The state would also take up and promote the conservative position on culture war questions (with exceptions for dissenters but no pretence of neutrality). Big business would be forced to bend the knee and competition law ruthlessly enforced. International organisations would be abandoned and states would be justified in intervening against one another only

GETTY IMAGES

Pure conservatism: Hazony's vision rejects the political alliances of the Reagan era.

in a Rwanda-type situation.

The justification for this species of conservatism is given partly by way of political theory, partly by way of history lessons and, finally, with some personal memoir thrown in. The trouble is that the past is always open to a motivated reading. In my experience, this applies just as much to one's personal history as one's interpretation of the grand narrative of world events.

One gets the sense that Hazony's reading of history is sometimes being fitted around the political theory rather than the other way around.

The non-prescriptiveness of conservative ideals is what makes conservatism such an indestructible force.

It would hardly be the first time that has happened in a political book. A tendentious reading of the past in support of preconceived theory is the calling card of political ideologues everywhere. What makes it ironic in this case, however, is that Hazony spends much of his book railing against those who prioritise abstract theory over experience.

There is a frank acknowledgment that his agenda is very American in its orientation. This is fitting for a book that, at least in theory, spurns the idea of universal political principles.

Compared with other political ideologies, conservatism is not really about mobilising society in service of some particular goal. Conservatives are, almost by definition, not utopian. They seek to defend the things that are good about an imperfect society from those who would discard them in pursuit of an unattainable perfection.

Ironically, this core conservative concept doesn't seem to fit that easily with Hazony's conception of a muscular "conservative" democracy that seeks to use the power of the state to restore some Arcadian age.

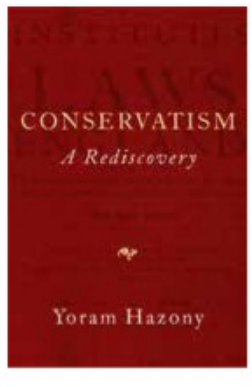
But the non-prescriptiveness of conservative ideals is what makes conservatism such an indestructible political force. It floats like oil on water. As long as there are people demanding disruptive change there will be those who counsel caution and wariness for unintended consequences.

New Zealand is not the United States. While we share the same language, as well as similar religious and legal traditions, there are significant differences in our histories and institutions. New Zealand conservativism has, accordingly, been quite different from its American counterpart.

For example, Hazony rightly points out that a concern with national sovereignty and independence has been an animating force in British and American history and that this is therefore integral to the nature of conservatism in that tradition. But New Zealand is not a country in which conservatives sought independence. We dragged our feet on adopting full legal independence for more than a decade after it was offered to us by Britain.

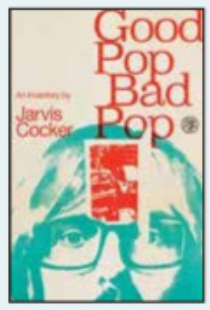
The late Rob Hosking, a former columnist for the *National Business Review*, understood this and had plans to attempt some exploration of the New Zealand conservative tradition. His very sad death in 2019 meant that project never came to fruition and nobody seems too willing to take up the mantle. Which is a shame because it would have been a very good book.

In the absence of any popular definition about what it means to be a conservative in New Zealand, it is hard to see the movement resisting the pervasive American political culture that increasingly dominates our lives. In the same way that progressives in this country glom on to American liberal causes, their counterparts on the right often turn to Fox News and Ben Shapiro for their daily dose of outrage. Our investment in American political controversies is increasingly out of proportion to their remoteness to our own lives.



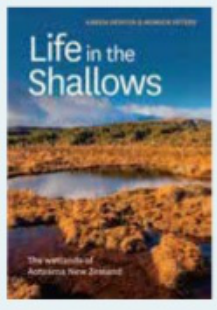
Conservatism: A rediscovery is written from an explicitly American perspective. That doesn't mean it's irrelevant for New Zealand audiences. For better or worse, it may become very relevant indeed. ▮

Short cuts



Jarvis Cocker interrupts his solo music career, which is still delivering great albums, for 350 pages of reminiscences about his Sheffield youth and the early days of his band, Pulp, which finally cracked it in the Britpop era after long being indie also-rans. But **GOOD POP, BAD POP** *(Jonathan Cape)* is not only Pulp non-fiction, it's an aide-memoire memoir. Cocker uses various items – ancient bars of soap, jumble sale shirts, band paraphernalia – he's crammed into an attic space as anecdote-triggers. It's impressive how the book design encapsulates all that stuff while evoking an op-shop mustiness. But Cocker Marie Kondo-ing his loft makes for less-than-immediate rock autobiography. It's all a bit tidy.

Ottessa Moshfegh, author of the much-praised *My Year of Rest and Relaxation*, is back with **LAPVONA** *(Jonathan Cape)*. In a plagued medieval village, a peasant boy, Marek, is torn in a power struggle between the natural world and the spirit world. The world-building is perfunctory, said Hari Kunzru in the *NY Times*, though "her voice, laconic, flip, with an edge of cruelty, is always entertaining". Little more than a sequence of stomach-churning provocations, thought the *New Statesman*. A welcome promise of how much more she has to offer American literature today, said the *Financial Times*.

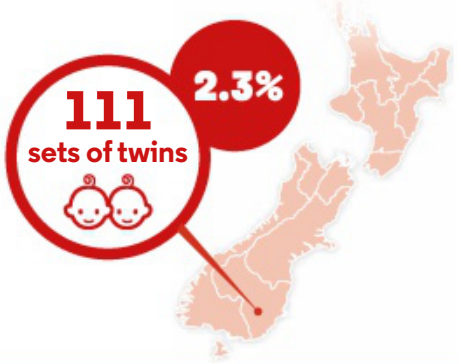


Before the arrival of humans about 800 years ago, about 10% of our landscape was freshwater wetlands, the result of the most recent glaciation. Now, in a nation of 425,000km of rivers and streams and more than 50,000 lakes, it's about 1%. Worse, many of our lakes, rivers and estuaries are polluted, diverted or chocka with introduced plants and animals. **LIFE IN THE SHALLOWS**, by Karen Denyer and Monica Peters *(MUP)*, explains the vital role wetlands play for birds, fish and insects, and their filtering, aquifer filling and carbon-sink roles, and what's being done to restore them. ▮

STAT OF THE WEEK

Stats NZ
Tatauranga Aotearoa

Over the last 22 years, mothers living in Clutha District had the highest proportion of twin births.



Learn more at **stats.govt.nz**

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NZ MC
NEW ZEALAND MEDIA COUNCIL

BRIDGE by David Bird

NORTH
♠ 4
♥ K Q 9 4 3
♦ A Q 8 4
♣ Q J 10

WEST
♠ A 7 3
♥ J 7
♦ J 9 7 2
♣ 7 6 4 2

EAST
♠ 9 8 6 2
♥ A 10 8 6
♦ K 10 5
♣ K 3

SOUTH
♠ K Q J 10 5
♥ 5 2
♦ 6 3
♣ A 9 8 5

Love all, dealer North

West	North	East	South
—	1H	Pass	1S
Pass	2D	Pass	2NT
Pass	3NT	All Pass	

South might have rebid 2H or 2S, showing a hand in the minimum responding range (about 6-10). He decided instead to add a point for the solid spades and try for game with 2NT. West led the six of clubs against the eventual contract of 3NT, attacking the unbid suit. The queen was played from dummy and East covered with the king.

How would you tackle the play after this start? If you win with the ace of clubs, there will be no way to make the contract against best defence. The club suit will be blocked and you will have no entry to your spade winners. To ensure that the ace of clubs remains as an entry to your hand, you should allow East's club king to win. You take the club continuation in the dummy and lead a spade, clearing that suit. When West wins with the spade ace, he may switch to a low diamond. What then? The one card you must not play from dummy is the queen. If you do, East will win and continue diamonds. You will then lose two diamonds and one trick in each of the other suits. It is best to play low on the diamond switch. East wins with the 10 but cannot effectively continue the suit. You are assured of four spades, three clubs, the ace of diamonds and a heart trick, for a total of nine.

BIDDING QUIZ

WEST
♠ K 9 2
♥ 3
♦ Q 9 6 3
♣ K 10 7 6 2

West	North	East	South
—	—	1D	1NT
?			

What will you say on this West hand?
(Answer on page 58.)

TAKE 5 by Simon Shuker

■	1	2	2	3	2	2
4	■	■	■	5	■	4
6	5	1	5	7	■	8
2	■	5	■	1	■	5
2	■	6	5	5	7	8
9	■	10	■	■	■	8
8	9	5	7	7	8	■

No.1424

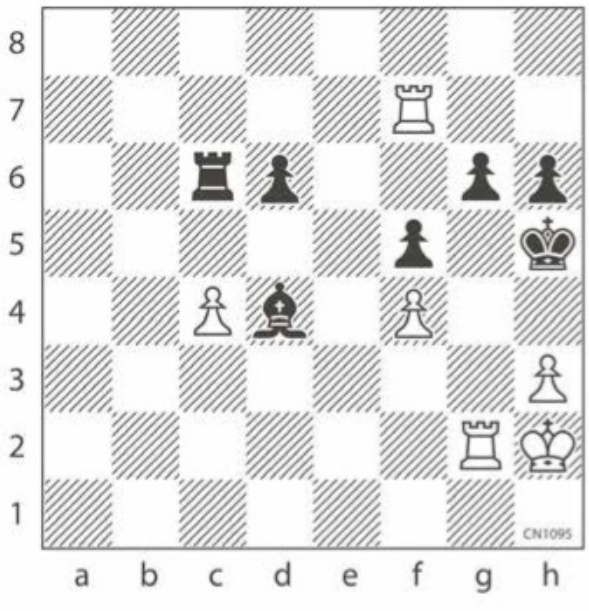
Enter the letter given, then solve.

3 = D

Solution 1423

■	D	R	E	A	D	■
A	■	E	■	R	■	P
S	■	N	O	R	■	R
P	E	A	■	A	P	E
E	■	M	A	N	■	S
N	■	E	■	G	■	S
■	A	D	D	E	D	■

BARDEN'S CHESS PROBLEMS



Stephen Whatley v Altan-Ulzii Enkhtuul, Guernsey Open, 2017
White (to move) has the small edge of rook for bishop and pawn, so guarded his c4 pawn by 1 Rc2. This was not the best move and enabled Black to recover and even go on to win. What should White have played?
(Answer on page 58.)

QUIZWORD by Alan Shuker

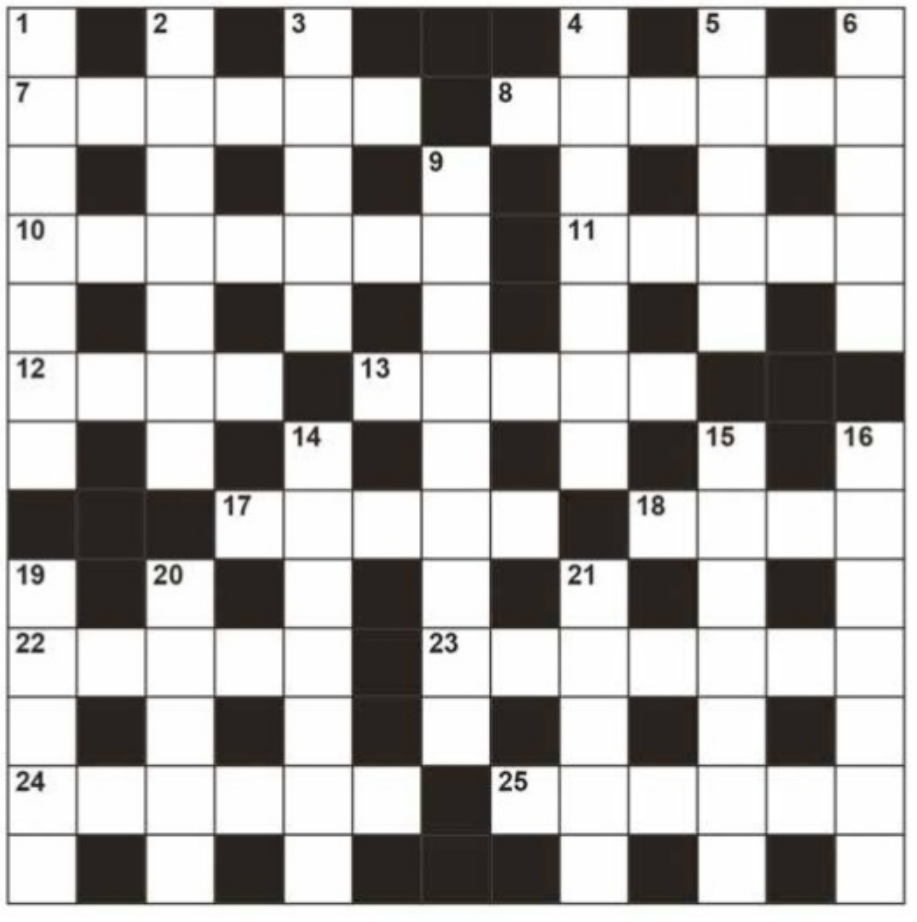
Puzzle No 1660

Clues across

7. What is a head harness for guiding a horse? (6)
8. The caterpillars of which moth are a pest in pastures and lawns? (6)
10. An aim of what medieval forerunner of chemistry was to convert base metals into gold? (7)
11. Which Carl, an optical instrument maker, founded a workshop in 1846 that is still in business today? (5)
12. What is a Scottish word for old? (4)
13. What is a building occupied by a community of monks or nuns? (5)
17. What is the world's narrowest country? (5)
18. Sunsets on Mars are what colour? (4)
22. Tyre companies Goodrich, Goodyear and Firestone all had their early headquarters in which Ohio city? (5)
23/24. In 1998, who published *How to Eat: The Pleasures and Principles of Good Food*? (7,6)
25. Special solid silver Fijian one-dollar coins of 2015 and 2016 feature what animal? (6)

Clues down

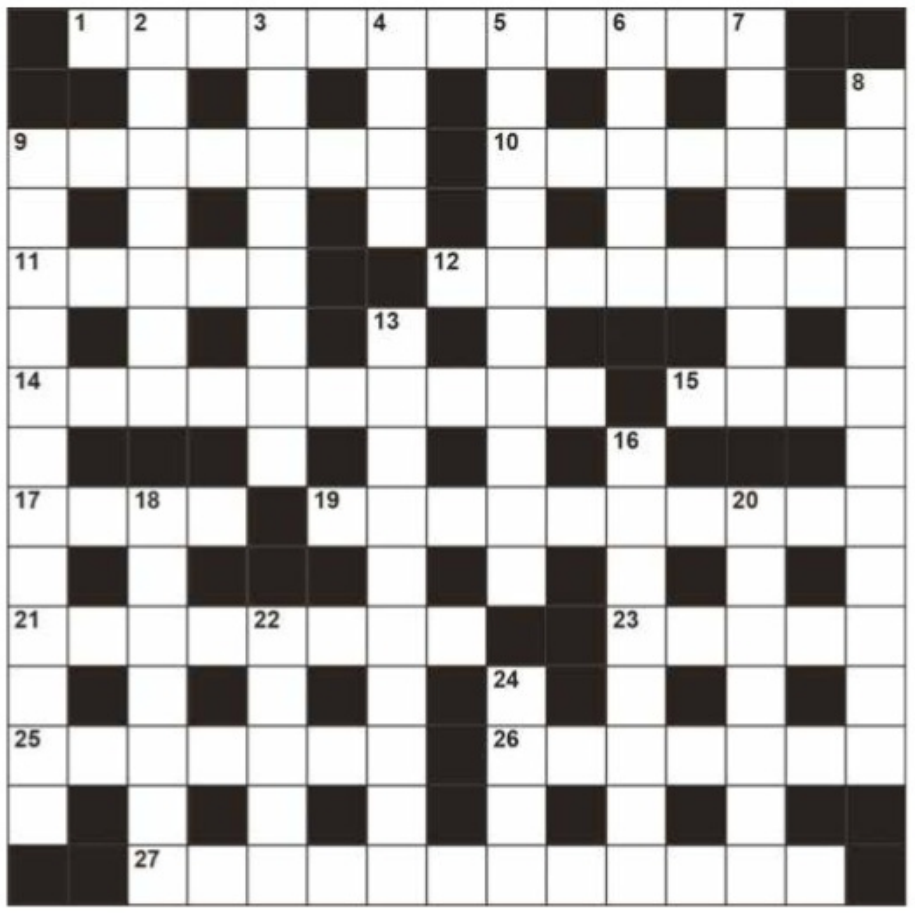
1/2. In his youth, which US president was a champion wrestler, reportedly losing only one of more than 300 matches? (7,7)
3. Polysomnography is a diagnostic study of what? (5)
4. What word for "completely drunk" arose in the late 19th century? (7)
5. What is the larger of the two bones of the lower leg? (5)
6. A New Zealand West Coast region, township, beach, river and mountain share what name? (5)
9. Which play by Shakespeare is set in ancient Britain, its main character based on a Celtic king? (9)
14. What river reaches the sea at Limerick? (7)
15. What is a blank page in the front or back of a book? (7)
16. In the videotape-format war of the 1970s and 80s, VHS beat which main competitor? (7)
19. A character with what first name has appeared on *Shortland Street*, *Coronation Street*, *Cheers*, *EastEnders*, *Scrubs*? (5)
20. Which obsolete coin was worth five shillings? (5)
21. What instrument used in samba music consists of open bells on a U-shaped bar and is played with a stick? (5)



Solution 1659 **Across:** 1/8 *Whistle Down the Wind*, 9 Gorge, 10 Last, 11 Van Dyke, 12 Eye, 13 Zhou, 15 Suva, 17 Cat, 19 Limpopo, 20 Rome, 23 Vault, 24 Malware, 25 Springfield. **Down:** 1 Wattle, 2 Ideas, 3 Tail, 4 Endive, 5 Organist, 6 Nureyev, 7 Sweden, 12 Eurostar, 14 Humbugs, 16/17 Olivia Colman, 18 Legend, 21 O'Hare, 22 Clef.

CROSSWORD by David Tossman

Puzzle No 1292



Clues across

1. Light conversation is quiet as a *Listener* is torn (12)
9. Put wife inside to gently boil a fish (7)
10. Do make a bet with the widow (7)
11. The mark of writers with guts (5)
12. A way to recruit a sleeper, it is suggested, and spy on his organisation (8)
14. Reward seen corrupting an announcer (10)
15. "In a Nice Pickle", a long poem about a mighty hero (4)
17. Hints given gratuitously (4)
19. Romance is somehow involving one in some Pacific islands (10)
21. Sleep with lion in working for an emperor (8)
23. Taking rest to be deceitful (5)
25. A particle makes one turn funny (7)
26. Lives with strange desires (7)
27. Aircrew looks ill-prepared for someone in welfare (6,6)

Clues down

2. Crook when help left in depression (4,3)
3. Together as one, carrying a gun? (3,2,3)
4. Australian, tossing out letters from Stalin, shows a certain mystique (4)
5. They're stuffed in the nursery so day bed rest ordered (5,5)
6. I won a convertible from a citizen of Des Moines (5)
7. Cat turns up drinking gin cocktail and joins the army (5,2)
8. Accuse someone of crime evident in the price of newspapers (5,7)
9. Being the best means little in time to sister I hear (6,2,4)
13. A frolic in a trippy state (10)
16. A psychiatrist perhaps is nearly as crazy (8)
18. Cosy, light, undemanding music turns up with very light armaments (7)
20. Daughter left in embrace of piggish individual is a cheat (7)
22. Some emotionally rich sort of poetry (5)
24. Gloat having put rebel leader in female jersey (4)

Solution No 1291

C	A	N	O	E	I	S	T	■	E	G	G	C	U	P
O	■	O	■	X	■	T	■	N	■	R	■	H	■	U
M	A	N	I	C	■	O	N	O	N	E	S	O	W	N
E	■	E	■	L	■	R	■	L	■	A	■	K	■	C
T	E	N	T	A	T	I	V	E	■	T	R	E	A	T
O	■	T	■	M	■	E	■	S	■	W	■	■	■	U
■	R	I	V	A	L	S	■	S	C	H	E	M	E	R
W	■	T	■	T	■	■	■	■	■	I	■	O	■	E
H	A	Y	W	I	R	E	■	A	T	T	E	N	D	■
I	■	■	■	O	■	T	■	I	■	E	■	G	■	P
T	I	T	A	N	■	H	O	R	O	S	C	O	P	E
E	■	A	■	M	■	I	■	C	■	H	■	L	■	N
T	A	P	D	A	N	C	E	R	■	A	L	I	E	N
I	■	I	■	R	■	S	■	E	■	R	■	A	■	E
E	U	R	E	K	A	■	A	W	A	K	E	N	E	D

su | do | ku

Fill the grid so that every column, every row and every 3x3 box contains the digits 1 to 9.

6		5					3	4
4								5
	9		3					
				1	2		4	
	2						8	
	7		6	5				
					7		6	
1								2
8	4					7		9

837 MEDIUM

					7		9	3
		3				4		
2		5						8
	7		1	2	3			
			6	9	8		1	
5						7		2
		9				6		
1	4		5					

648 HARD

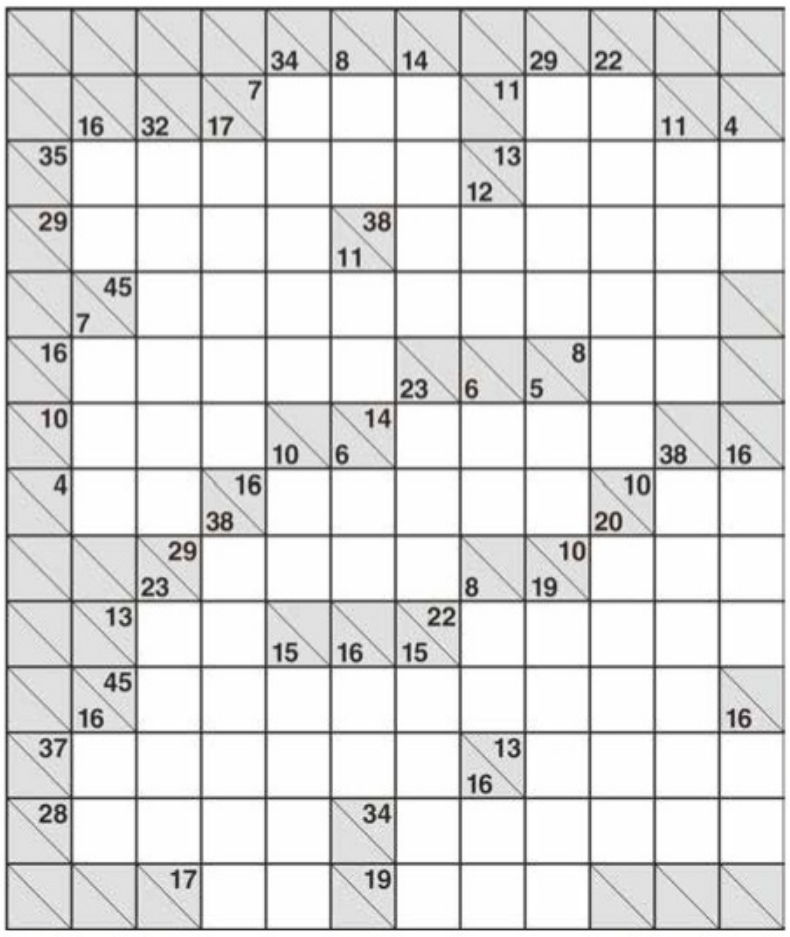
LAST WEEK'S SOLUTION

9	2	1	6	8	4	5	7	3
3	8	5	9	7	1	2	6	4
6	7	4	5	2	3	8	1	9
5	9	7	4	6	8	3	2	1
1	4	8	2	3	9	7	5	6
2	3	6	1	5	7	4	9	8
7	1	2	8	4	6	9	3	5
4	5	9	3	1	2	6	8	7
8	6	3	7	9	5	1	4	2

LAST WEEK'S SOLUTION

6	8	3	4	2	1	7	9	5
7	2	4	5	3	9	1	8	6
9	5	1	8	7	6	3	2	4
4	6	9	1	8	7	5	3	2
5	1	7	2	9	3	6	4	8
2	3	8	6	5	4	9	1	7
1	7	2	9	6	8	4	5	3
8	9	6	3	4	5	2	7	1
3	4	5	7	1	2	8	6	9

KAKURO 811



1. Place a number from 1 to 9 in each empty box.
2. The sum of each vertical or horizontal block equals the number at the top or on the left of that block.
3. Numbers may be used only once in each block.

LAST WEEK'S SOLUTION

5	6			4	8				9	1
9	3		8	2	6	4			3	5
	1	2	7		9	6	3	5	8	4
1	2	4	9	3		8	9	6		
2	4		2	1	6	3		7	9	3
		1	4		2	7	4	3	5	1
7	2	3	5	1		9	6	8	7	4
9	3	5	6	2	4		7	9		
4	1	2		3	9	1	2		7	5
		7	8	9		3	5	7	8	9
9	7	8	4	6	3		1	3	6	
8	2			8	2	1	3		2	7
2	1				7	3			9	6

BRIDGE BIDDING QUIZ SOLUTION

N-S have at least an 8-card fit in hearts, because partner did not open 1H. In an effort to shut them out, you should bid 3D now. This cannot show 10 or 11 points or you would have doubled 1NT. In an international trial, one West bid 2D, allowing North to bid 2H on a weak shapely hand. The contracts of 3D and 3H were both successful, so the immediate bid of 3D gained 5 IMPs.
Awards: 3D – 10, 2D – 5, 2C – 3.

CHESS SOLUTION

1 Rg5+! and if hxg5? 2 Rh7 mate, or 1...Kh4 2 Rxg6 h5 3 Rxf5 wins easily.

10 QUICK QUESTIONS ANSWERS

1. Rose Nylund.
2. Ship of Theseus.
3. *The Addams Family*.
4. Chilli pepper.
5. Roald Dahl.
6. Alph.
7. Belgium.
8. *La La Land*.
9. False. Grizzly bears are a subspecies of brown bears.
10. Fool's gold.

LOGIC PUZZLE FIRST AID

Four professionals each take a different first-aid course at a different time:

1. Regarding Lois and the person who took the asthma course, neither took their course at 11am or 1pm.
2. The trauma course was either done by Eric or started at 11am.
3. The course that started at 9am was either Eric's or the asthma course.
4. The anaphylaxis course started four hours before the CPR course.
5. Olga's course was scheduled earlier in the day than Robert's.

Using these clues and the grid below, can you work out which professional took which course and when?

		PROFESSIONAL				COURSE			
		Eric	Lois	Olga	Robert	Anaphylaxis	Asthma	CPR	Trauma
TIME	9am								
	11am								
	1pm								
	3pm								
COURSE	Anaphylaxis								
	Asthma								
	CPR								
	Trauma								

You may write your answers in this grid:

PROFESSIONAL	COURSE	TIME
Eric		
Lois		
Olga		
Robert		

CLUELESS CROSSWORD

Each letter of the alphabet is represented by a different number from 1 to 26. Use your knowledge of English to solve the crossword. Some clue letters are given.

■	6	4	3	22	21	16	15	19	15	6	26	■
10	■	15	■	3	■	4	■	3	■	17	■	17
15	22	11	13	4	■	2	■	24	19	3	1	3
18	■	19	■	K	22	15	6	8	■	23	■	10
25	10	13	Y	8	■	22	■	13	22	8	16	13
16	■	■	15	■	3	2	25	■	13	■	■	4
3	10	J	13	14	6	■	11	19	13	20	13	5
14	■	■	19	■	13	3	6	■	5	■	■	3
9	15	5	5	25	■	18	■	14	26	8	6	8
15	■	13	■	14	17	13	23	26	■	23	■	17
22	26	12	24	17	■	4	■	22	3	15	18	13
2	■	25	■	4	■	6	■	15	■	22	■	4
■	15	22	6	13	4	8	13	14	6	13	5	■

1	2	3	4	5	6	7	8	9	10	11	12	13
						J		K				
14	15	16	17	18	19	20	21	22	23	24	25	26
												Y

A B C D E F G H I J K L M
N O P Q R S T U V W X Y Z

SCATTERWORD

Your aim is to create words of four letters or more using the given letters once only but always including the middle letter. Do not use proper names or plural/verb forms which add only "s".

See if you can find the nine-letter word using up all the letters.

8 GOOD

12 VERY GOOD

15+ EXCELLENT

PERMUTATE TEMPERATE

Your aim is to change the top word one letter at a time, each time rearranging the letters to create a new word. Perform one such permutation for each blank line below until you arrive at the last word. There is usually more than one correct solution. See how many you can find in 15 mins.

F I R S T

_ _ _ _ _

_ _ _ _ _

_ _ _ _ _

_ _ _ _ _

H E L L O

Last week's solutions. Logic Puzzle: Ariel buys the $743 French Revolution set, Hans buys the $693 Civil War set, Maddy buys the $793 Star Wars set and Oswald buys the $843 Medieval set. **Scatterword:** UNDERTOOK, dunker, retook, nuked, drunk, token, trunk, duke, dunk, dook, kern, nuke, kero, trek, nook, knot, rook, koto, took, turk. 20 words. **Permutate:** CHESS, CHASE, LEACH, LANCE, CLANK, FLANK

Clueless crossword:

1	2	3	4	5	6	7	8	9	10	11	12	13
R	Y	S	Z	D	J	U	O	V	C	X	A	K
14	15	16	17	18	19	20	21	22	23	24	25	26
F	W	G	E	H	T	M	Q	P	B	L	I	N

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One lady driver

Why stage and screen veteran Greta Scacchi has gone walkabout in an Aussie crime series disguised as a camping holiday. by RUSSELL BAILLIE

The women Greta Scacchi played on screen were once in the habit of turning up somewhere warm and causing a bit of bother with the locals. She did that at the start of her career, in 1983's *Heat and Dust*, a Merchant Ivory film set in the British Raj. Then again in *White Mischief*, a 1987 film set among the colonials in 1940s Kenya.

Now, in *Darby and Joan*, she's at it again, sort of.

This time, though, the 62-year-old is a widowed English nurse on a perilous adventure into outback Australia, to find why her husband died there when he was meant to be in Spain. Except, well, it's not all that perilous, and it's not really the outback, and her character, Joan, is driving an air-conditioned camper van and seems to be sticking to the Queensland coast.

She also gets quintessential Aussie actor Bryan Brown, playing a laconic retired cop, Jack Darby, and his dog, Diesel, as company. Hence *Darby & Joan*. It's a lightweight road-trip drama, which is mostly fuelled by the chemistry between the odd couple as they solve mysteries everywhere they stop while dealing with their own gentle personal demons.

It's an eight-part series for US Anglophile streamer Acorn TV, which aims at an older audience. Its gentle crime dramas top up a whodunnit-heavy catalogue licensed from British broadcasters.

For Scacchi, it's her first contemporary television show since she made her one-episode screen debut in the

Camper van crime solvers: Greta Scacchi and Bryan Brown in *Darby and Joan*.

1981 first season of *Bergerac*. That was after the Italian-born actor had returned to the UK to study acting, having lived for a few years with her family in Perth, Australia.

After *Heat and Dust*, she was soon swept up into a film world that swerved between British and Australian period pieces, European cinema and, eventually, raunchy Hollywood thrillers like *Presumed Innocent*. However, she famously turned down the role played by Sharon Stone in *Basic Instinct*.

The 1980s also saw Scacchi in a five-year relationship with Kiwi music icon Tim Finn, after they met on the set of Australian film *The Coca-Cola Kid*. When she asks what part of New Zealand the *Listener* is calling from, she is quick to mention she has been to the Waikato, Mt Maunganui and Auckland's west coast beaches, all Finn family stamping grounds. It's tempting to ask what she thought of Te Awamutu or, indeed, the songs Finn wrote inspired by their break-up. But it feels a bit tawdry to delve into Scacchi's much-traversed and complicated love and family life – she was, until recently, Sean Penn's mother-in-law – in a 20 minute interview about her breezy new show.

Anyway, she's only in it because she used to be married to Brown. Well, she was in the 2019 movie *Palm Beach*, a film which did an Aussie *Big Chill* among a group of old friends gathering at the couple's house in northern Sydney.

After the film, it was Brown who suggested to the new show's producers that Scacchi could be the Joan to his Darby.

"So it was very flattering and it gave me a lot of confidence. They definitely had devised the whole thing around having Bryan in it, but he asked them to try me and I was thrilled to bits.

Englishwoman Joan is meant to be a fish out of water, but Scacchi, of course, knows these waters pretty well, being an Australian citizen and having spent a fair chunk of her professional life on stage and screen there.

"Each episode is a little crime that we come across and solve by the end."

"I had that advantage, but what was tricky was trying to avoid slipping into the local speech because of the way Bryan speaks, and everyone else around me, and how easy it is for me to just become Australian again.

"That was hard. A few times I said, 'No, that sounded too Ocker,' because it's the vowels which really creep in. When you relax, it's very easy to drop into it. Also, the writers are Australian and so a lot of the phrasing and a lot of the humour was Australian, which I sometimes had to pull up to try and find an English interpretation."

Making a series did feel different to making a film, says Scacchi. It was faster, looser and required a certain amount of flexibility when it came to scripts, which could be a work in progress until the day of filming. "It means that there's room for you to pour yourself and a lot of spontaneity and ideas into the character.

"Each episode is a little

Causing a bit of bother: Scacchi in 1987's *White Mischief*.

ALAMY

crime that we come across and solve by the end, which is slightly implausible, but it's one of those formulas.

"But what is plausible and what we really hold on to is a sense of the two characters. Their journey hasn't been fully plumbed by the end of the first series. They each come with baggage, but the two of them find a common ground in their sense of justice and their need for the truth."

Although Joan might not be the most artistically challenging role of her career, to Scacchi it still represents late-career freedom she didn't always have.

"I was at the peak of my Hollywood career when I had my daughter and I thought I could just do a bit less and pick and choose and do one or two jobs a year. But it doesn't work like that. You've really got to keep feeding the machine, and within a couple of years I was being asked why I'd retired.

"I just had to let it go. I couldn't go away and leave my kids that often. Now, my daughter is 30 and it's in the past five years, really, that I felt when I get offered something, I can do it. When I'm reading a script, I don't have this dreadful calculation going on in my head of whether it's going to fit with the summer holidays.

"So now I just feel free and I feel like a traveller again, which is how I felt before I had kids. I was a bit of a nomad and I'm back there again, feeling I don't really have to worry."

If she's feeling nomadic and back in the driver's seat, she's picked a good show. Although she laughs that she wasn't always allowed to drive the camper van between takes.

"Honestly, talk about sexism. I didn't mind, but I learnt to drive from the example of my father, who was Italian and could drive faster backwards the wrong way down a one-way street than anybody. I started to learn to drive before I had a licence, when I was 16 and working on a sheep station in Western Australia. So I think I can do anything in a car. But on the film sets, as soon as there's anything that could be dangerous, some very stocky, capable bloke comes along and says, 'All right, Greta, I'll do that,' and I think, 'Okay, I'll have a break.' I let him think that he's the only one who knows how to drive." ▮

Darby and Joan is on Acorn TV from August 8, with two episodes arriving weekly.

It takes a village

How Ron Howard's drama about the 2018 Thailand cave rescue avoids being a typical Hollywood tale of heroism. by RUSSELL BAILLIE

Thirteen Lives isn't the first screen version of the story about the Tham Luang cave rescue, in which 12 boys and their young football coach were saved after more than two weeks underground in 2018.

There has already been the acclaimed 2021 National Geographic documentary *The Rescue*, as well as some quick-turnaround Thai-made docos and dramatisations. There have been books and podcasts. Still to come is an untitled Netflix series reportedly retelling the event from the boys' point of view.

"I had a camera attached to me and it was pitch black. I realised just how dangerous it was, even though we were in a studio-built cave."

But *Thirteen Lives* is the inevitable Hollywood disaster flick treatment. It's directed by veteran Ron Howard. After *Apollo 13*, it's his second real-life rescue movie with that unlucky number in the title. Like his Nasa film, it's a rigorous drama about remarkable teamwork in the face of seemingly hopeless odds. And it's a big team. Most prominent are stars Colin Farrell, Viggo Mortensen and Joel Edgerton playing the English and Aussie cave divers who got the boys out alive. Farrell plays John Volanthen, Mortensen is Rick Stanton and Edgerton is Adelaide anaesthetist Dr Richard "Harry" Harris.

But Howard's film also frames that against the vast Thai and international effort behind the rescue. That includes time with the boys' waiting families, the Royal Thai Navy SEAL team, which suffered a fatality early in the rescue, and the efforts of local villagers to divert flood waters away from the cave while accepting the resulting devastation of their crops.

That it's not another white saviour movie appealed to Edgerton.

"I was impressed. I'm really curious to know what percentage of the movie is actually spoken in Thai, because it's far more than I would have ever imagined for an American film," he tells the *Listener*. "And it was the Thai government that essentially facilitated this incredible rescue, even though the two guys that are labelled as the heroes were a couple of British divers, who came up with the plan, and Dr Harry,

who was obviously an integral part of that plan. They couldn't have done it on their own.

"You could say that Rick Stanton was the kind of mad genius that came up with the idea of how to get the kids out. He happens to be a white British guy. But if Rick was on that mountain all by himself, none of those kids would have survived. It took the village that was created in that little community."

Due to the pandemic, the film was shot mostly in Queensland. The production built an underwater set, replicating the often narrow, winding caves from which the rescuers hauled each boy. Each journey took up to three hours, with the boys under sedation and using diving tanks to breathe and requiring anaesthetic top-ups along the way.

Filming those scenes gave Edgerton a hint of what the real divers faced. "I was pretty good for the most part, but I did have a moment of panic that gave me serious reverence for what these guys do. I was taking a stunt person, who was playing one of the Thai boys, through a pinch point that was difficult to get through on my own. I had a camera attached to me and it was pitch black. I realised just how dangerous it was, even though we were in a studio-built cave.

"I understood the way the brain can get in the way of whatever you're doing, and the anxiety really started to hit. I had to come up and talk about it. Of course, these elite cave divers are often in situations where they can't come up and talk about it."

Edgerton has played a few real-life characters before. But he had some nerves about portraying Harris, who made the decision to inject the boys with a mixture of Xanax, ketamine and atropine, so they could be hauled without panicking.

He and dive partner, vet Craig Challen, were named Australians of the Year in 2019. They produced a bestselling book, *Against All Odds,* about their experiences, which included getting diplomatic immunity from the Thai government in case anything went wrong with the sedation.

"Playing Dr Harris made me a little nervous because he's such an impressive human being. In the documentary *The Rescue*, it just comes off the screen what a decent and intelligent and special man he is. So I sort of felt a bit nervous trying to step up to do that. I mean, I think I look enough like him. Or at least we all look the same length in the water."

Edgerton finally met Harris after filming at a Boxing Day barbecue in Adelaide.

"I showed him a picture of me as him and he goes, 'Jeez, we're a good-looking bloke.'" ▮

Cave rescuer: Dr Richard Harris. Above, from left, Colin Farrell, Joel Edgerton and Viggo Mortensen in *Thirteen Lives*.

Thirteen Lives *is available on Amazon Prime from August 5.* The Rescue *is streaming on Disney+.*

GETTY IMAGES

MUSIC

GRAHAM REID

Light and shadows

Jack White's second album of the year is a meditative change of pace, while One Man Bannister brings an intimate touch to the dark themes of Emily Dickinson.

ENTERING HEAVEN ALIVE, *by Jack White*

When considering Jack White's often demanding album *Fear of the Dawn* in April, we noted it was the first instalment of a paired release. *Entering Heaven Alive* completes what could be seen as a double album.

But where *Fear of the Dawn* was a tumultuous and disruptive collection of heavy rock, hip-hop and dubby funk-rock, *Entering Heaven Alive* is a much more muted affair from the newly married White.

Acoustic guitar, piano and thoughtful meditations on love, self-doubt and mortality arrive with echoes of Led Zeppelin's Anglo-folk ballads (without the Tolkien) filtering through on *All Along the Way* and *Love is Selfish*.

I've Got You Surrounded (With My Love) is a subtle and addictive slice of casual funk-lite, with White's buzzing guitar and jazz piano from Quincy McCrary. *Queen of the Bees* has a jaunty lope and *Please God, Don't Tell Anyone* could be *Planet Waves*-era Dylan.

The final track, *Taking Me Back (Gently)*, with country fiddle by Fats Kaplin, is a sprightly remake of the noisy metal-edge opener on *Fear of the Dawn*, thereby closing the circle.

Entering Heaven Alive is the most emotionally revealing, sometimes playful and consistently quiet album in the catalogue of the former White Stripe, Raconteur and Dead Weather man. Here, he completes a game of two very different halves.

THE SADDEST NOISE, *by One Man Bannister*

Perhaps it'll take another six months before we're past the "lockdown album" phenomenon. But during that period, Matthew Bannister – known here as One Man Bannister, but also a member of Sneaky Feelings, Dribbling Darts and The Weather – discovered a cache of material to adapt into song: the works of Emily Dickinson. The American poet, who died in 1886, is the perfect subject for these times of physical and emotional separation. She rarely left her family home in Massachusetts, preferring to write letters and poems. More than 1800 poems in fact, although fewer than a dozen were published in her lifetime. Alone in her room, she considered nature, the human condition, death and the mystery of God in brief poems with idiosyncratic capitalisation.

Poems rarely make for song lyrics, but Bannister shapes Dickinson's economic words into genre pieces across this collection. It opens with the elegant instrumental *Amherst* and closes with the 19th-century "front parlour" mood of the instrumental *Stand Alone*.

The simple *A Bird Came Down the Walk* (like a dark children's poem) gets a delightful folk-pop treatment. *A Narrow Fellow in the Grass* has an Irish folk quality, and *Before I Got My Eye Put Out* is just plain quirky.

Americana and airy folk (*There's a Certain Slant of Light*), chamber pop (his original *Song for Emily*), whimsical British pop (*I Had Been Hungry All the Years*) and 60s folk-rock (*The Wind Tapped Like a Tired Man*) are all represented as Bannister and his small group bring a light, intimate touch to Dickinson's sometimes dark material. ▮

Quiet companion: Jack White completes a game of two halves.

Both albums are available digitally and on CD. Entering Heaven Alive *is also available on limited-edition vinyl.*

Euro star

The tireless Joanna Lumley heads off to explore the evolving characters of three Continental capitals.

Joanna Lumley: packing her bags for Paris, Rome and Berlin.

JOANNA LUMLEY'S GREAT CITIES OF THE WORLD, *TVNZ 1, 8.00pm, from Monday August 8.*

Joanna Lumley got her damehood at the beginning of this year for services to drama, entertainment and charitable causes. But given her dozen travel series since her first 1997 Bhutan excursion *In the Kingdom of the Thunder Dragon*, you might wonder if they should have added "the British outbound tourist industry" to that list.

Joanna Lumley's Great Cities of the World follows a dash around UK areas of natural beauty, which was made under pandemic conditions and screened earlier this year on TVNZ. The new show also sticks fairly close to home with visits to just Paris, Rome and Berlin – which might feel a bit soft for a woman whose producers have previously dragged her through Siberia, along the Silk Road, to the Arctic Circle, up the Nile and to India where she was born.

But over to Paris it is in the first episode, a city she encountered early in her career. "When I used to come over to Paris in the 60s as a young model, I found the Parisian spirit of nonchalance and confidence intoxicating," she says in promotional material for the show. "I'd come over for a photoshoot, stay a couple of days in a cheap hotel and just soak it all in. I love it here."

"I'm pleased that in all three programmes we met refugees, because that's something in the world today we've got to factor in."

Lumley and crew get backstage access to two notable Paris institutions – the Moulin Rouge cabaret and Notre-Dame as it is being restored from the devastating 2019 fire. She gets a tour with architect Philippe Villeneuve, who leads the project which has a completion deadline of the 2024 Paris Olympics.

Elsewhere, there's a balloon ride over the city, a spot of high-end boutique shopping and an encounter with brewing empire heiress and fashion icon Daphne Guinness.

The following week it's off to Rome for a closing hours pilgrimage visit to the Sistine Chapel, a meeting with 94-year-old Italian screen siren Gina Lollobrigida and inevitable encounters with Vespas, pizzas, piazzas and paparazzi. Plus, there's a visit to the ruins where Julius Caesar got stabbed in the back, some of which is now a sanctuary for stray cats.

In Berlin, the history lesson is more recent – hearing the memories of 99-year-old Holocaust survivor Margot Friedländer brought Lumley to tears.

"Ever since reading *The Diary of Anne Frank* when I was a teenager, I've always been terribly aware of the Holocaust and its horrors. But there's something about meeting somebody and hearing first-hand what it was like. Her story stayed with me."

Lumley also walks the city with photographer Harald Hauswald, who put himself at risk as he documented life in East Berlin before the fall of the Berlin Wall.

Lumley is happy that *Great Cities* isn't all about monuments, museums, nightlife and quirky locals. She talks with refugees and visits places that are working for them in all three capitals, including an art gallery in Rome, a beekeeping training scheme in Paris and a community kitchen in Berlin.

"I'm pleased that in all three programmes we met refugees, because I feel that's something in the world today we've got to factor in. We can't just close our eyes and think, 'Oh this would all be lovely if it were 80 years ago.' This is something that's happening now, and we've got to remember that, and see how other cities are responding." ▮

Glossed in translation

The Brokenwood Mysteries' international appeal has delivered some exotic linguistic twists for star Fern Sutherland. **by RUSSELL BROWN**

THE BROKENWOOD MYSTERIES, *TVNZ 1, from Sunday August 7, 8.30pm*

In Germany, they call it *Brokenwood – Mord in Neuseeland*, or "Murder in New Zealand". In France, it is simply *Brokenwood*, and about three million people watch every episode. In the US and Canada, viewers have been watching the new season for more than a month.

In its eighth season, *The Brokenwood Mysteries*, the continuing story of the picturesque New Zealand town with the alarming homicide rate, is very much made for the world – and the world clearly likes it. Indeed, the world's interest is the reason there is still a *Brokenwood* to watch. South Pacific Pictures has steadily scaled down its funding requests from NZ On Air since it was picked up by the French broadcaster France 3 and it has been self-funding since season six.

The secret, believes SPP chief executive Kelly Martin, is "the low-key Kiwiness of it. I think it's always known from the start what it was, and we haven't messed with the tried-and-true of it. It's built year after year, but it's built into being great at what it was set up to be."

"It just makes us sound way more cultured and interesting than we actually are."

The centre of the show is the chemistry between Fern Sutherland and Neill Rea, who respectively play detectives Kristin Sims and Mike Shepherd. Sutherland says the growth of an international fan base is "both surprising and deeply flattering", and seeing herself dubbed into foreign languages is "hilarious".

"I love it because I sort of hate the sound of my own voice. So [in the French version] it's really nice when Kristin sounds like this very sweet sort of French poppet and Mike sounds like this smoke-a-pack-a-day and drink-three-bottles-of-red-wine kind of Frenchman. So he's like very *eugh-heugh* and she's like this lovely little mademoiselle. There's Spanish as well, which is hilarious, and Italian. It just makes us sound way more cultured and interesting than we actually are."

The French version further expanded *Brokenwood*'s reach, allowing it to be onsold to other Francophone territories. Showrunner Tim Balme tells the story of a friend who visited Morocco where, on discovering he was from New Zealand, everyone immediately wanted to talk about the little detective series from down under.

One thing that has changed is that there's more *Brokenwood* than ever. Last year, the season was expanded to six feature-length episodes from four. For all its global popularity, *Brokenwood* does not have the budget of a big studio show and the cast and crew need to rattle through their work.

A key element of the show – and one of the things Sutherland likes most about making it – is its outdoor scenes. But being at the mercy of the weather can be challenging. At one point, our call drops

From left, Cristina Ionda, Fern Sutherland, Neill Rea and Jarod Rawiri in *The Brokenwood Mysteries*.

out. When we manage to reconnect, she explains that she has been out in the wind and rain making season nine (you heard it here first) "and so I thought I'll just have a sauna afterwards, which made my ears very slippery, so my earbuds fell out and I hung up on you".

The expansion also means even more guest roles to be cast – and a reliance on a strong local talent pool that SPP has helped create over the years.

TV generally wants younger faces, but *Brokenwood* has been able to cast grandees such as Elizabeth McRae and Ian Mune. It's also handy to be able to call on the likes of Joel Tobeck and Simon Prast, who both appear in the first episode, the former as a randy old man and the latter in an absolute scenery-chewing performance as an antiquities collector with a range of peccadilloes. The nature of the show means the guest cast often get to really turn it up.

"We just play straight down the line kind of detective-y acting, but the guest cast come in and they do have a bit of licence to just go for it," Sutherland confirms. "And we just kind of stand there quite jealous at the acting that's going on, because it looks really fun.

"It is quite a hard balance to strike – you don't want it to be completely farcical and hard to watch. But at the same time, I guess in this sort of climate that we're in at the moment, where everything's a bit grim, you do want to just watch something that is enjoyable. You want the murder element of it, but you also just want to feel good about it." ▮

Breakfast, Monday.

TELEVISION

Our Picks of the Week

SUNDAY AUGUST 7

THE BROKENWOOD MYSTERIES

Homely homicide detectives

Screening: *TVNZ 1, 8.30pm*
Streaming: *TVNZ+*
The return of the ever-pleasant local whodunnit series. In the first of its six feature-length episodes, there's something amiss with the town museum's Egyptian mummy. See story, opposite page.

RIDLEY ROAD

Punching Nazis in the 1960s

Screening: *Rialto, 8.30pm*
A four-part BBC drama based – via Jo Bloom's novel of the same name – on the true story of the 62 Group, a team of Jewish anti-fascists who set about taking down neo-Nazis in early 1960s London. The story's 22-year-old protagonist, Vivien Epstein (debutante Agnes O'Casey), is Bloom's creation, but other characters represent genuine historical figures – most notably British Movement founder and explicit neo-Nazi Colin Jordan, who is, in the word of the *Boston Globe*'s reviewer, "played with full-on creepiness by Rory Kinnear". The paper found Vivien's facility for undercover spying a little improbable but concluded that the show was both "entertaining and disturbing".

Ridley Road, Sunday.

MONDAY AUGUST 8

BREAKFAST

A silver anniversary

Screening: *TVNZ 1, 6.00am*
Streaming: *TVNZ+*
On August 11, 1997, *Breakfast* introduced New Zealand viewers to morning news-talk television – and it stuck. Since the morning that Susan Wood and a pre-metamorphosis Mike Hosking first said hello as presenters, there has been a parade of famous faces, along with one or two we might prefer to forget. Over the course of those 25 years, *Breakfast* has seen off competing shows and even had a dabble with the weekends (RIP *Saturday Breakfast*, 2011-12). The team will be marking the quarter century this week with reels of the best *Breakfast* moments, along with some memorable bloopers and blunders. There will be special guests and, we're promised, "epic" giveaways for viewers.

Barons, Friday.

JOANNA LUMLEY'S GREAT CITIES OF THE WORLD

Ms Lumley packs her bags

Screening: *TVNZ 1, 8.00pm*
Streaming: *TVNZ+*

The much-travelled British screen institution heads to Paris before other European capitals. See story on page 65.

THE WORLD'S MOST LUXURIOUS HOLIDAYS

Fabulous pads and perfect places

Screening: *TVNZ 1, 9.00pm*
Streaming: *TVNZ+*

Not so much an aspirational travel series – because hardly anyone can genuinely aspire to holiday in these places – but a chance to peek in on resorts, hotels and houses where the super-rich take a break, and hear from the people whose job it is to make the places perfect. (When seagulls poop around a private clifftop pool in the Algarve, the answer is, of course, to employ a full-time falconer.) Other exclusive destinations include the Bahamian island where Bill Gates gets away from it all and the Mark Hotel in New York, where Meghan Markle had her baby shower. Cherie Lunghi (*Who Do You Think You Are?*) regally presents.

The World's Most Luxurious Holidays, Monday.

WEDNESDAY AUGUST 10

I AM GROOT

Branching out

Streaming: *Disney+*

Groot, the humanoid tree who made his debut in *Guardians of the Galaxy*, gets his own series of photorealistic animated shorts. Vin Diesel, who voiced Groot in the *Guardians* films, is back on duty for five stories from Groot's childhood (he doesn't even have to learn any new lines!), along with Bradley Cooper as Rocket, the genetically enhanced racoon. Colourful family fun from the Marvel Cinematic Universe.

THURSDAY AUGUST 11

THE REHEARSAL

Practice makes perfect

Screening: *SoHo, 8.00pm*
Streaming: *Neon, from August 27*

The premise of *The Rehearsal* is that its host, the professionally awkward Nathan Fielder, helps ready ordinary people for daunting life events by running them through every possible outcome in carefully crafted simulations. Like Fielder's breakthrough Comedy Central series *Nathan for You*, it's basically about social anxiety and strategies for dealing with it – this time within the frame of what has been described as both a reality show and a "docu-comedy". It sounds very weird, but early reviews have been quite warm.

FRIDAY AUGUST 12

BARONS

Seventies surf thrills

Streaming: *TVNZ+*

On the heels of *The News Reader*, more modern nostalgia from Australia. Barons is set amid the emergent surfing culture of the early 1970s, with its counterculture freedoms and perfect waves. The tension comes from the rivalry that develops between surf buddies Trotter (Sean Keenan) and Snapper (Ben O'Toole) as the lifestyle becomes a business – it's inspired by the real-life stories of the Rip Curl and Quiksilver surf labels. Reviewers have praised the aesthetics but found the story a bit messy.

A LEAGUE OF THEIR OWN

Playing ball in America

Streaming: *Amazon Prime Video*

An adaptation of Penny Marshall's much-loved 1992 film about the real-life All-American Girls Professional Baseball League, created by Abbi Jacobson (*Broad City*). The series begins with the formation of the league in 1943 and widens the story of the original film to the generation of women players who followed. It stars Jacobson as Carson Shaw and Chanté Adams as Max, two players finding their way in a changing America. Look out for a cameo from one of the stars of the original film, Rosie O'Donnell. ▮

TV Films

by RUSSELL BAILLIE

The big movies on TV this week

Prisoners of the Ghostland, Saturday.

SATURDAY AUGUST 6

SING
Critter karaoke
TVNZ 2, 7.00pm
Enjoyable animated jukebox musical led by a Matthew McConaughey-voiced Koala named Buster Moon, who's trying to keep his theatre going by staging an *Idol*-like singing contest. The contenders include Rosita the pig (Reese Witherspoon), Ash the anxious porcupine (Scarlett Johansson), Johnny the gorilla (well-known Elton John impersonator Taron Egerton) and Mike the mouse whose voice suggests he's more Rat Pack (Seth MacFarlane). (2016) ★★★

ARCTIC JUSTICE
Icy waste
Whakaata Māori, 7.00pm
Well, the voice cast is interesting – Jeremy Renner as its husky hero, John Cleese as an evil walrus, Heidi Klum as a fox – but that's where the inspiration on this polar-themed computer-animated creature feature stopped. (2019) ★★

DAN IN REAL LIFE
Agony uncle in love
Three, 8.25pm
A thoughtful if only-in-the-movies kind of romcom, with Steve Carrell as the widower father-of-three parental-advice columnist who meets cute customer Juliette Binoche only to find she's going out with his younger brother. Warning: Pete Townshend's 1980 solo hit and movie staple *Let My Love Open the Door* is a pivotal plot point. (2007) ★★★

FAME
Not lighting up the sky
Eden, 8.30pm
Director Alan Parker's gritty original 1980 movie, about New York performing arts school students dancing in the streets, spawned a TV series and quite a few more 80s teenage musicals. And, eventually, this pointless PG remake. (2009) ★★

PRISONERS OF THE GHOSTLAND
Cage goes gonzo, again
Rialto, 8.30pm
Directed by Japanese outlandish oddball Sion Sono, this is a post-apocalyptic samurai western in which Nicolas Cage gets strapped into a leather jumpsuit with bombs that will go off if he doesn't rescue a warlord's "granddaughter" from a no-go zone. What could go wrong? Other than *Mad Max*'s lawyers getting in touch? Well, mainly that it's just not as much fun as all that sounds. (2021) ★★★

Dan in Real Life, Saturday.

ALOHA
Romcom bomb
TVNZ 2, 9.00pm
Director Cameron Crowe has made many fine films (*Jerry Maguire*, *Almost Famous*), but this terrible romantic comedy, about Bradley Cooper's military contractor negotiating with native Hawaiians about a satellite tracking station while getting involved with Emma Stone's US Air Force pilot, is a spectacular dud. (2015) ★

RAMPAGE
Monster mash
TVNZ 2, 8.30pm
Enjoyably silly big beastie bashathon based on the 80s arcade game. When genetically altered giant animals start demolishing Chicago, it seems only Dwayne Johnson's helicopter-flying primatologist – an old mate of George, the albino gorilla causing some of the mayhem – can stop them. (2018) ★★★

NOTHING BUT THE TRUTH
Power play
Eden, 8.30pm
Kate Beckinsale and Vera Farmiga go toe to toe in this solid political-journalism thriller, loosely based on the Plamegate scandal of the Bush-Cheney era, in which a CIA operative was outed by a newspaper columnist and a reporter was jailed for contempt of court for not revealing her sources. (2008) ★★★

SUNDAY AUGUST 7

VENOM
Toxic avenger
Three, 8.00pm
Middling *Spider-Man* spin-off and anti-hero origin story with Tom Hardy in Jekyll and Hyde mode as Eddie Brock, an investigative journalist who gets spliced with an alien symbiote, which rather affects his outlook on life and widens his appetite. (2018) ★★½

SCREAM
Having yet another stab at it
Sky Movies Premiere, 8.30pm; Neon
Despite no number in the title, this is the fifth in the irony-heavy slasher-horror franchise with gluttons-for-punishment original stars Courteney Cox, David Arquette and Neve Campbell returning to get spooked by a killer in that mask, all over again. (2022) ★★★

Bellbird, Sunday.

BELLBIRD
"Most days now, I'm just sore."
Whakaata Māori, 8.40pm
A low-key, beautifully observed drama, from debut feature director Hamish Bennett, about a father and son – played by Marshall Napier and Cohen Holloway – at loggerheads about the future of the family farm in the aftermath of a family tragedy. Great performances from both blokes help tell a touching story about how we don't always grow up to become our fathers' sons. (2019) ★★★★★

MONDAY AUGUST 8

PERSIAN LESSONS
If memory serves
Rialto, 8.30pm
Gripping concentration-camp drama about Gilles, a young Belgian Jew who, after claiming to his SS captors he's actually Persian, must then give lessons in Farsi, a language he doesn't know, to the deputy commandant. So begins a desperate act of creating a fake language on the fly and trying to remember it. (2020) ★★★★

WEDNESDAY AUGUST 10

RED
Ex-CIA OAPs go OTT
Whakaata Māori, 8.30pm
Jovial and amusing action comedy teaming Bruce Willis, Dame Helen Mirren, Morgan Freeman and John Malkovich as former spies and assassins who find themselves on a hit list. (2010). ★★★½

THE LAST SON
Misfire
Sky Movies Premiere, 8.30pm; Neon, August 12
Moody, violent and forgettable western starring Sam Worthington as a gunslinger who, after a fortune teller tells him one of his children will be the death of him, goes around killing his offspring. Among the supporting cast is musician Machine Gun Kelly wielding, yep, a machine gun. (2021) ★★½

FRIDAY AUGUST 12

GREENLAND
Armageddon upgrade
Three, 7.30pm
A killer-comet film starring Gerard Butler, as a man trying to get his family into a government bunker, might suggest more computer-created apocalypse-porn. But it's a surprisingly gripping survival thriller. (2020) ★★★

LICORICE PIZZA
Tasty slice of life
Sky Movies Premiere, 8.30pm
Yet another Californian suburbia shaggy-dog tale from director Paul Thomas Anderson. But it's one that has a much sunnier disposition than the likes of his *Boogie Nights* and *Magnolia*, with its enjoyably rambling 1972 coming-of-age story about the friendship between teenage Gary and twenty-something Alana. (2021) ★★★★

Films are rated out of 5:
★ (abysmal) to ★★★★★ (amazing)

Talkback

PREQUEL TO BORIS
Although I cannot afford all these new streaming services, I am lucky to enjoy Sky TV and some of the quality programmes we used to see.

Just now, I am laughing my way through the *Yes, Minister* series. Has anything really changed in the 40-plus years since it was first made? From what we hear and read through the news media, it seems things have stayed much the same. Although I doubt a prime minister like Boris Johnson would have been found believable.

It is a pity we cannot rewatch some of the previous quality dramatisations such as *The Pallisers* or *The Barchester Chronicles*, which are based on quality literature.

This cannot be said for the machine-gun and car-crash American TV on offer.

David Speary
(Northcote, Auckland)

TREASURE CHESTS
I long ago gave up watching free-to-air prime-time TV, with its endless and mindless diet of cooking and house-renovation programmes.

But I have discovered TVNZ+ and ThreeNow. What a delight to see a series like *Sherwood* and a film like *Brexit: The Uncivil War*.

Congratulations to the channels. Let us hope they keep it up and I look forward to the *Listener* keeping us primed on the gems to watch out for.

David Barber
(Waikanae)

MATARIKI COVERAGE
I absolutely concur with Graeme Ferguson (*Talkback*, July 16), who would like to see as much effort put into other holiday programmes as was given to Matariki this year.

It was an impressive inaugural programme, as the interesting detail resulted in informative coverage.

However, what stood out was the respect the new event was given. It poignantly underscored the emptiness of this year's Easter coverage and the fact that there is no longer any media interest in any aspect of Christianity.

Yet, the Christian faith is a foundation of our culture and our civilisation. Why not explore how it has shaped and influenced us?

Is it for lack of journalists sufficiently interested in the main religion in New Zealand, or is Christianity too embarrassing and naff nowadays?

The myths that accompany Matariki are no less strange than the myths within Christianity, but if we can explore one, why not the other?

S Stewart
(Christchurch)

It is good that Graeme Ferguson found much that was laudable about RNZ broadcasting on the first Matariki holiday.

However, his opinion goes to prove that what one listener finds charming, another finds excruciating.

Rather than appreciating the "enthusiasm" and "passion" of the co-presenters, I and others found their adolescent giggling not only unprofessional but irritating to the point of being unable to listen to the rest of that programme.

The only thing we found "infectious" was the compulsion to switch off.

Carol Brown
(Aro Valley, Wellington)

Please send comments, queries or complaints about radio or television to: listenerletters@aremedia.co.nz with "Talkback" in the subject line, or Talkback, NZ Listener, PO Box 52122, Kingsland, Auckland 1352

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Te Karere** (R)
6.30 **Country Calendar** (G, R, **HD**, **C**, **AD**)
7.00 **Fishing and Adventure** (G, R, **HD**, **C**)
7.30 **Infomercials**
8.30 **Religious Programming**
9.00 **Extreme Cake Makers** (G, R, **HD**, **C**)
9.30 **Tagata Pasifika** (**HD**)
10.00 **Paul Goes to Hollywood** (G, R, **HD**, **C**, **AD**)
11.00 **Winning Combination** (G, R, **HD**, **C**, **AD**) Omid Djalili presents a UK game show.
Noon **Under the Vines** (PG, R, **HD**, **C**, **AD**) s1ep4
1.05 **Sarah Beeny's Renovate Don't Relocate** (G, **HD**, **C**)
2.00 **The Great Kiwi Bake Off** (G, R, **HD**, **C**, **AD**) s3ep7
3.30 **Clean It, Fix It** (G, **HD**, **C**) UK series in which a team of cleaners and DIY experts help households reclaim their space.
4.30 **Every Bite Takes You Home** (G, **C**) Kylie Kwong explores the culture and food of refugees and migrants in Australia.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Tipping Point Lucky Stars** (G, **HD**, **C**) Ben Shephard hosts a celebrity version of the UK quiz show, with Robert Peston, Judi Love and Pete Wicks. s8ep7
8.00 **Lotto**
8.05 **Heathrow: Britain's Busiest Airport** (G, **HD**, **C**, **AD**) Joel, the manager of the airport's testing centre, tries to make sure that everyone gets the right test for the right country. s7ep6
8.35 **Grand Designs UK** (M, R, **HD**, **C**, **AD**) In South Devon, Joe and Claire's family house will be a giant sculpture 70m long and featuring 34 enormous angled zinc shards jutting out in all directions.
9.35 **Screw** (16, **HD**, **C**, **AD**) As Leigh's latest maverick scheme unravels in front of Governor Ray, she finds herself even more isolated from the other officers. s1ep4
10.35 **Pact of Silence** (M, **HD**, **C**, **AD**) Max tries to grill Anna about Jack's death, putting more strain on their marriage. s1ep4
11.45 **Guilt** (16, R, **HD**, **C**, **AD**) UK crime thriller. Tonight, it appears that Max's fall from grace is complete, but he has a secret motivation to reveal. s2ep1
2.00am **Nashville** (PG, **HD**, **C**) s5ep15
3.30 **Infomercials**
5.30 – 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Ready, Steady, Wiggle!** (G, R, **HD**, **C**, **AD**)
6.10 **Postman Pat** (G, **HD**, **C**, **AD**)
6.25 **Apollo's Tall Tales** (G, R, **HD**, **C**)
6.40 **PJ Masks** (G, R, **HD**, **C**)
7.00 **Love Monster** (G, R, **HD**, **C**)
7.10 **Madagascar: A Little Wild** (G, **HD**, **C**)
7.30 **SpongeBob SquarePants** (G, R, **HD**, **C**)
7.55 **Moomin Valley** (G, **HD**, **C**)
8.15 **The Croods: Family Tree** (G, **HD**, **C**)
8.40 **Dragons: Riders of Berk** (G, R, **HD**, **C**)
9.05 ■ **Ninjago** (G, R, **HD**, **C**)
9.15 **Hardball** (G, R, **HD**, **C**)
9.40 **The Simpsons** (PG, R, **HD**, **C**, **AD**) s11ep20
10.00 **Fresh** (PG, **C**) A look into the world of the Fijiana 7s team, dancers Kaea and Ruth Pearce go head-to-head in Cooking with the Stars, and Say It with Yo Chest returns.
10.30 ■ **The Walkers** (G, R, **C**, **AD**) s2ep6
11.00 **Have You Been Paying Attention?** (PG, R, **C**)
Noon ■ **The Weakest Link: USA** (G, **HD**, **C**)
1.00 **The Courtship** (PG, **HD**, **C**) s1ep6
1.55 **The Good Witch** (G, **HD**, **C**)
2.55 **Junior Bake Off** (G, **HD**, **C**)
3.55 ■ **Fantastic Friends** (G, **HD**, **C**, **AD**) James and Oliver Phelps present a travel series. Today, the twins gatecrash Maisie Williams' holiday on Saint Lucia. s1ep1
5.00 **Superman & Lois** (PG, **HD**, **C**)
6.00 **The Cube** (G, **HD**, **C**) Phillip Schofield presents a UK game show.
7.00 ■ **Sing** (2016, G, **HD**, **C**, **AD**) An impresario's attempt to save his theatre with a singing competition becomes grander than he anticipates. Voices of Matthew McConaughey, Reese Witherspoon. **TV Films, page 69**
9.00 ■ **Aloha** (2015, M, R, **HD**, **C**, **AD**) A former US Air Force officer returns to Hawaii when he is hired to oversee the launch of a satellite. Bradley Cooper, Emma Stone. **TV Films, page 69**
11.00 ■ **Saw 3** (2006, 18, **HD**, **C**, **AD**) Tobin Bell.
1.00am **The Great Kiwi Bake Off** (G, R, **C**, **AD**)
2.15 ■ **Batman v Teen Mutant Ninja Turtles** (2019, PG, R, **HD**, **C**) Voice of Troy Baker.
3.45 **B Positive** (PG, R, **HD**, **C**) s1ep16
4.05 **God Shave the Queens** (16, **HD**, **C**)
4.30 **Fresh** (PG, R, **C**)
5.00 **Infomercials**
5.30 – 6.00 **Religious Programming**

THREE FREEVIEW 3 SKY 003

6.00 **Charles Stanley**
6.30 **Infomercials**
9.30 **Newshub Nation**
10.30 **Celebrity Family Feud** (PG, R, **C**) s4ep2
11.30 **Extreme Couponing** (PG, **C**) s2ep9
Noon **The Block NZ: Redemption Marathon** (PG, R, **C**)
3.25 **The Masked Singer NZ** (PG, R, **C**)
5.00 **Lego Masters USA** (G, R, **C**) s2ep9
6.00 **Newshub Live**
7.00 **Building the Kiwi Dream** (PG, **C**) The build is halted by an ancient kauri tree beneath the ground, but even with costs ballooning, Matt and Kaylene aren't ready to make a compromise.
7.30 **Crikey! It's the Irwins** (PG, **C**) Hunter the tiger is being sedated for his annual eye check, and Bindi puts on a birthday party for Minibus, the zoo's oldest wombat. s1ep2
8.25 ■ **Dan in Real Life** (2007, PG, **C**) On a family trip home, a widower meets a woman, but then discovers she is his brother's girlfriend. Steve Carell, Juliette Binoche, Dane Cook. **TV Films, page 69**
10.25 ■ **Searching** (2018, M, R, **C**) A father tries to find his missing 15-year-old daughter with the help of a police detective. John Cho, Debra Messing, Michelle La.
12.20am **Infomercials**
5.00 **Leading the Way**
5.30 – 6.00 **Charles Stanley**

PRIME FREEVIEW 10 SKY 004

6.00 **2022 Commonwealth Games** Coverage of the New Zealand team in Birmingham.
8.30 **2022 Commonwealth Games Highlights** (G, **C**) Action from day 8.
9.30 **Kids' Programmes** (**C**)
10.30 **RAW** (PG)
11.30 **Farah Palmer Cup Live** Counties Manukau v Canterbury, live from Pukekohe.
1.30 **The Ditch** (G, R)
2.00 **National Provincial Championship Live** Counties Manukau v Otago, live from from Navigation Homes Stadium, Pukekohe.
4.00 **2022 Commonwealth Games Highlights** (G, R, **C**) Action from day 8.
5.00 **The Loggers** (PG, R, **C**)
5.30 **Prime News**
6.00 **American Pickers** (PG, R)
7.00 **Storage Wars** (PG, R, **C**)
7.30 – 6.00am **2022 Commonwealth Games** (**C**) Coverage of the New Zealand team in Birmingham.

Film: SEARCHING

A thriller that makes the point that our online presence is not the same as who we are in real life. Hardly a new idea, but Aneesh Chaganty's film, which won three awards at Sundance, is cleverly contrived to tell its story entirely through computer screens, smartphones and cameras – "a classic thriller told in a very unconventional way," says Chaganty, who spent two years on the editing process. Incredibly, it was the first mainstream Hollywood thriller headlined by an Asian-American actor (John Cho). However, on a budget of less than US$1m, the film made US$75m at the box office and a sequel is now in production.
THREE, 10.25pm

Travel: FANTASTIC FRIENDS

Disappointingly, James and Oliver Phelps are not ginger, like their Harry Potter characters Fred and George Weasley. However, they do still like a bit of mischief and in this series they meet friends such as Maisie Williams and Haley Joel Osment for escapades in a variety of countries.
TVNZ 2, 3.55pm

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
9.30 **Ōpaki** (G, R)
10.30 **Ako** (G, R)
11.00 **Haka Ngahau ā-Rohe** (G, R)
Noon **Haka at Home** (G, R)
1.00 **Whakataukī** (G, R)
1.30 **Karanga: The First Voice** (G, R)
2.00 **Whaikōrero** (G, R)
2.30 **Home, Land and Sea** (G, R)
3.00 **Intrepid Journeys** (PG, R)
4.00 **Marae**
5.00 **Moosemeat and Marmalade** (G, R)
5.30 **Waka Man** (G, R)
6.00 **Piri's Tiki Tour** (PG, R) Piri Weepu meets divers, farmers and hunters.
6.30 **He Aha to Say?** (G, R) A series of candid interviews with the people of Ngāti Porou.
7.00 ■ **Arctic Justice** (2019, PG) An Arctic fox works in a courier mailroom, but wants to be out doing the deliveries. Voices of Jeremy Renner, Heidi Klum. **TV Films, page 69**
8.40 ■ **Shadowlands** (1993, PG, R) Based on the story of writer and professor CS Lewis and his relationship with spirited US poet Joy Gresham. Anthony Hopkins, Debra Winger.
11.00 – 11.30 Anika Moa Unleashed (M, R)

Film: SHADOWLANDS

There are a thousand weepies in which someone gets cancer, but this "literate hankie sopper", said the *Washington Post*, is elevated by William Nicholson's screenplay and superb performances from Anthony Hopkins and Debra Winger.
WHAKAATA MĀORI, 8.40pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Million Dollar Listing NY** (PG, R)
11.55 **Catfish** (PG, R)
12.45 **Southern Charm** (PG, R) s4ep5-6
2.35 **Tiny House Nation** (PG, R)
3.30 **Hoarders: Family Secrets** (PG, R) s1ep3
4.30 **Ghost Hunters** (PG, R)
5.30 **Love It or List It: Vancouver** (PG, R)
6.35 **Catfish** (PG, R)
7.30 **Southern Charm** (M) Austen is hurt that Craig didn't tell him about hooking up with Naomiea.
8.30 **The Real Housewives of Miami** (M) The ladies reunite to discuss what happened during and after the season.
9.40 **Embarrassing Bodies** (M, R, **C**)
10.40 **Exhumed: Killer Revealed** (16, R)
11.35 **Snapped** (M, R)
12.25am Infomercials **5.00 – 6.00** Top Chef (PG, R)

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Valerie's Home Cooking** (G)
8.05 **Bobby Flay's Barbecue Addiction** (G, R)
9.05 **Mysteries at the Museum** (PG, R)
10.05 **American Pickers** (PG, R)
11.00 **Building the Dream** (G)
12.05 **Celebrity IOU** (G, R)
1.05 **Strictly Come Dancing** (G, R)
2.00 **The Chase USA** (PG, R)
3.00 **Animal Cribs** (PG) s2ep2
4.00 **The Best Thing I Ever Ate** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **My Lottery Dream Home** (G)
7.30 **Who Wants to Be a Millionaire? UK** (G)
8.30 ■ **Fame** (2009, PG) Collins Pennie, Debbie Allen, Charles S Dutton. **TV Films, page 69**
10.55 **Forged in Fire** (PG)
11.50 **Flea Market Flip** (G)
12.20am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Wheelers Dealers** (PG, R)
6.50 **Overhaulin'** (PG, R)
8.25 **Head Rush** (G, R)
9.15 **Tanked Marathon** (PG, R)
1.20 **Inside West Coast Customs** (PG, R)
2.10 **Treehouse Masters** (PG, R)
2.55 **Ed Stafford: First Man Out** (PG, R)
3.45 **Alaska: Battle on the Bay** (PG, R)
4.40 **Goblin Works Garage** (PG, R)
5.40 **Overhaulin'** (PG)
6.35 **Man vs Wild** (PG, R)
7.30 **Treasure Quest: Snake Island** (PG)
8.25 **Bering Sea Gold** (M) The challenges of finding gold are wearing on the miners.
9.15 **Gem Hunt** (PG) Ron LeBlanc searches for Imperial topaz in Brazil.
10.10 **Cops UK: Bodycam Squad** (PG)
11.05 **Overhaulin'** (PG, R)
11.55 **Man vs Wild** (PG, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
7.00 **DUKEbox Music**
12.05 **Extreme E: Electric Odyssey** (G)
12.35 **Superstore** (PG, R, **HD**, **C**, **AD**)
2.10 **Secrets of the London Underground** (G, R, **HD**, **C**, **AD**)
3.00 **River Monsters** (PG, R, **HD**, **C**)
3.55 **Xploration: Awesome Planet** (G, R, **HD**)
4.20 **Impossible Engineering** (G, R, **HD**, **C**)
5.15 **The Big Bang Theory** (G, R, **HD**, **C**)
6.00 **MythBusters: There's Your Problem!** (G, R, **HD**)
6.35 **Ultimate Rides** (G, **HD**)
7.05 **Family Guy** (PG, R, **C**, **AD**)
7.30 **The Simpsons** (PG, R, **HD**, **C**) s13ep7
8.30 **8 Out of 10 Cats Does Countdown** (M, R, **HD**, **C**)
9.30 ■ **Underworld** (2003, 16, R, **HD**, **C**, **AD**) A vampire at war with lycans falls in love with a human who is turned into a werewolf. Kate Beckinsale, Scott Speedman, Michael Sheen, Bill Nighy.
11.45 – 2.10am Alphas (M, **HD**)

SKY PREMIERE SKY 030

7.22 **Sorority Sister Killer** (2021, M) Sarah Fisher
8.50 **Music** (2021, M) Kate Hudson, Maddie Ziegler
10.37 **Superintelligence** (2020, PG) Melissa McCarthy
12.22 **A Quiet Place Part II** (2020, M) Emily Blunt
2.00 **Survive the Night** (2019, 16) Bruce Willis
3.30 **Escape Room: Tournament of Champions** (2021, M) Taylor Russell, Logan Miller
5.05 **Don't Breathe 2** (2021, 16) Stephen Lang
6.43 **The French Dispatch** (2021, M) Journalists at an American magazine in France file their final stories. Benicio Del Toro, Adrien Brody, Frances McDormand
8.30 **The King's Man** (2021, 16) In the early 20th century, a British aristocrat forms a spy network. Ralph Fiennes, Harris Dickinson
10.45 **The Conjuring 3: The Devil Made Me Do It** (2021, 16) Patrick Wilson, Vera Farmiga
12.35am Lost & Found (2019, M) **2.05** All My Life (2020, M) **3.35** Unpregnant (2020, M) **5.20** The French Dispatch (2021, M)

MOVIES CLASSICS SKY 034

7.00 **Guess Who's Coming to Dinner** (1967, PG) Spencer Tracy, Sidney Poitier
8.50 **Unforgiven** (1992, M) Clint Eastwood, Gene Hackman
11.00 **The Night of the Generals** (1967, PG) Omar Sharif, Peter O'Toole
1.25 **Groundhog Day** (1993, PG) Bill Murray, Andie MacDowell
3.05 **Malcolm X** (1992, M) Denzel Washington, Angela Bassett
6.25 **Cape Fear** (1991, 16) A lawyer and his family are terrorised by an escaped criminal after evidence that may have acquitted him was withheld at his trial. Robert De Niro, Nick Nolte
8.30 **Carrie** (1976, 16) A bullied high school misfit discovers she has supernatural powers. Sissy Spacek, John Travolta
10.10 **Waterloo** (1970, G) Based on events leading up to and during the Battle of Waterloo in 1815. Rod Steiger, Christopher Plummer
12.20am Captain Apache (1971, PG) **1.55** Pale Rider (1985, PG) **3.50** Robinson Crusoe (1954, G) **5.20** Halloween III: Season of the Witch (1982, 16)

RIALTO SKY 039

6.25 **Daughter of Mine** (2018, M) Valeria Golino
8.00 **Only the Animals** (2019, M) Denis Menochet
9.55 **The Secrets We Keep** (2020, 16) Noomi Rapace
11.30 **Oranges and Lemons** (2020, G) Skyler Sylvester
11.45 **Jealous** (2017, M) Karin ViardKarin Viard
1.30 **My Darling Vivian** (2020, M) US documentary.
3.05 **Young Ahmed** (2019, PG) Idir Ben Addi
4.30 **Tupaia's Endeavour** (2020, M) Local documentary.
6.35 **Minari** (2020, PG) A Korean family moves to a tiny Arkansas farm. Steven Yeun
8.30 **Rialto Selection: Prisoners of the Ghostland** (2021, 16) A criminal must break a curse in order to rescue an abducted girl. Nicolas Cage, Sofia Boutella **TV Films, page 69**
10.10 **Settlers** (2021, 16) Sofia Boutella
11.55 **Rent-A-Pal** (2020, 16) Wil Wheaton
1.40am Kill Ben Lyk (2018, 16) **3.00** Jealous (2017, M) **4.45** My Darling Vivian (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 Private Eyes (M) s3ep12 **7.00** Jamestown (16) s2ep1 **7.55** Parenthood Omnibus (M) **12.05** Downton Abbey (M) **1.10** The Drowning (M) s1ep2 **2.00** Judge Judy Omnibus (PG) **4.30** Private Eyes (M) s3ep12 **5.30** Family Finders (M) s1ep13&14 **6.30** The Sounds (M) Tom's health is fast deteriorating, but he finds a friend in a passing bushman. s1ep4 **7.30** ■ Bessie (2015, M) Based on the life of blues singer Bessie Smith, who became one of the most influential artists of the 20th century. Queen Latifah, Michael Kenneth Williams. **9.30** Harlots (16) The business could founder if Margaret and North can't find a way to entice new clients. s1ep4 **10.25** The Closer Omnibus (M) **2.20am** Programmes continue

BBC UKTV SKY 007

6.00 The Jonathan Ross Show: Special Guests (M) s1ep2 **6.25** QI Marathon (M) **8.00** Would I Lie to You? Marathon (PG) **9.40** The Bill Marathon (M) **1.45** Casualty (PG) s36ep44 **2.35** Holby City (M) s21ep15 **3.40** Call the Midwife (PG) s7ep5 **4.45** A Touch of Frost (M) s1ep1 **6.50** Father Brown (PG) s9ep5 **7.40** Casualty (PG) David's block of flats is devastated by an explosion. s36ep45 **8.30** Midsomer Murders (M) In the village of Little Malton, a wealthy landowner's body goes missing on the night of his death. s18ep1 **10.20** All Round to Mrs Brown's (M) With Jake Wood, Nicola Adams and Lorraine Kelly, and music from Westlife. s3ep5 **11.15** Who Do You Think You Are? Australia (PG) Chris Bath sets out to discover if a mysterious Spanish governess actually existed in her Mum's family. **12.10am** Programmes continue

SoHo SKY 010

6.50 Last Week Tonight with John Oliver (M) s9ep18 **7.25** I May Destroy You (18) s1ep6 **7.55** The Rising (16) s1ep3 **8.40** Mrs. Fletcher (18) s1ep1 **9.10** Fear the Walking Dead (18) s7ep13 **9.55** Mare of Easttown (18) s1ep2 **10.55** Last Week Tonight with John Oliver (M) s9ep18 **11.30** Mayans M.C. Marathon (16) s2ep1-9 **7.20** Mayans M.C. (16) The need for justice ignites tough decisions for the Reyes brothers and the MC. s2ep10 **8.30** The Girl Before (16) After receiving some shocking news, Jane dedicates herself to finally uncovering the truth about Emma's story. s1ep3 **9.30** Animal Kingdom (16) J holds a family meeting, Pope refuses to sell his vacant lot, and Deran embraces his clout. In 1992, Smurf and Andrew meet with a lawyer, and Julia struggles to be heard. s6ep2 **10.30** Westworld (18) s4ep6 **11.30** Irma Vep (16) s1ep4 **12.30am** Programmes continue

Living SKY 017

6.15 Selling Houses Australia **7.05** Cake Wars (PG) **7.55** Buddy vs. Duff (PG) **8.45** Salvage Hunters Marathon (PG) **12.10** Grand Designs New Zealand (PG) **1.05** Every Family Has a Secret (PG) **2.00** Guy's Grocery Games (PG) **2.55** Tournament of Champions (PG) **3.50** Mystery Diners (PG) **4.45** Restaurant: Impossible (PG) **5.40** Shed and Buried Marathon (PG) **7.30** Penelope Keith's Hidden Villages (PG) In North West England and North Wales, Penelope explores a Victorian garden and attends her first music festival. **8.30** The Great British Dig (PG) Hugh Dennis is joined by an expert team of archaeologists to excavate back gardens around Britain. **9.40** Garden Rescue (PG) **10.40** Escape to the Chateau (PG) **11.30** Guy's Grocery Games (PG) **12.20am** Programmes continue

Investigation Discovery SKY 018

6.05 Obsession: Dark Desires (M) **7.45** Predator at Large (M) **8.35** Still a Mystery (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Finding Andrea (M) **2.00** American Detective with Lt. Joe Kenda (M) **2.55** American Monster (M) **3.50** Your Worst Nightmare Marathon (M) **8.30** The Perfect Murder (M) **9.30** Finding Andrea (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.05 ■ Maya Angelou: And Still I Rise (2016, G) **8.00** ■ Half Way (2015, G) **9.30** Forte **10.30** Anthems: New Zealand's Iconic Hits (M) **11.15** Stars of the Silver Screen **Noon** 1968: Photographic Acts (PG) **12.55** ■ You Are the Days to Come (2021, G) **2.05** ■ Maya Angelou: And Still I Rise (2016, G) **4.00** ■ Scott Walker: 30 Century Man (2006, G) **5.40** The Artist's Workshop **6.00** Devolution: A Devo Theory **7.00** Parklife **8.30** The Museum and the Billionaire (G) Documentary about the Paris Museum restoration, where French Billionaire Francois Pinault showcases his art collection. **9.25** National Gallery Singapore: Revealed **10.15** The Decisive Moment **10.30** Isle of Wight Festival 2021 **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Gold Rush: Dave Turin's Lost Mine (M) **7.45** Outback Opal Hunters Marathon (PG) **12.10** Aussie Salvage Squad (PG) **1.05** Heavy Tow Truckers Down Under (M) **2.00** Gold Rush: White Water (M) **2.55** Aussie Gold Hunters (PG) **3.50** Deadliest Catch Marathon (M) **6.35** Bering Sea Gold (M) **7.30** Building Off the Grid (PG) **8.30** Homestead Rescue (PG) **9.30** Moonshiners (M) **10.30** Blowing Up History (PG) **11.25** NASA's Unexplained Files (PG) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Food Factory (PG) **6.30** Drain the Oceans (PG) **8.30** Alaska: The Next Generation (PG) **9.30** Car SOS (PG) **11.30** Only in Oz Croc Wise (PG) **11.40** Top 10 Biggest Beasts Ever (PG) **1.30** When Sharks Attack (M) **2.30** Shark Attack Files (M) **3.30** Air Crash Investigation: Special Report (M) **4.30** Air Crash Investigation (M) **5.30** Buried Secrets of WWII (PG) **6.30** Lost Treasures of Egypt (PG) **7.30** Food Factory Marathon (PG) **10.30** Drain the Oceans Best ofs (PG) **11.30** Dutch Caribbean Coastguard (PG) **12.30am** Programmes continue

History SKY 073

6.30 Europe's Last Warrior Kings (M) **7.30** Secrets of Britain (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** WWII: Witness to War (PG) **12.30** American Dynasties: The Kennedys (PG) **1.30** Europe's Last Warrior Kings (M) **2.30** Secrets of Britain (PG) **3.30** Myth Hunters (PG) **4.30** Abandoned Engineering (PG) **5.30** Shipwreck Secrets (PG) **6.30** David Starkey's Magna Carta (PG) **7.30** Great British History Hunters (PG) A unique collection of Roman Bronzes make life-changing amounts of money at auction, mudlarks scour the Thames foreshore for treasures, and a 3000-year-old gold sun pendant discovered in Shropshire. **8.30** Shark Terror: USS Indianapolis (PG) **9.30** Hiroshima: 75 Years Later (M) **11.30** Titans of the 20th Century (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero (PG) **6.45** Life Below Zero (M) **8.25** 24 Hours in A&E (PG) **10.05** The Planets (PG) **11.00** What Are We Feeding Our Kids? (PG) **11.55** Judi Dench's Wild Borneo Adventure (PG) **1.35** Walking the Himalayas (PG) **2.25** The Bear Family & Me (PG) **3.25** Waterhole: Africa's Animal Oasis (PG) **4.25** Incredible Journeys with Simon Reeve **5.30** 10 Puppies and Us (PG) **6.35** Animal Impossible (PG) **7.35** Walking the Himalayas (PG) Levison Wood sets out to walk the length of the world's highest mountain range. **8.30** The Bear Family & Me (PG) **9.30** Life Below Zero (M) **10.25** Secrets of Bones (PG) Ben Garrod uncovers the secrets of how vertebrates capture and devour their food. s1ep3 **11.20** Incredible Journeys with Simon Reeve **12.20am** Programmes continue

SoHo: The Girl Before, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.50 Football, Premier League, Crystal Palace v Arsenal, **live** **9.00** NPC, Manawatu v Canterbury **11.00** NRL, Manly Sea-Eagles v Parramatta Eels **11.30** Farah Palmer Cup, Counties Manukau v Canterbury, **live** **1.30** NPC, Manawatu v Canterbury **1.45** All Blacks v Ireland, game 3 **2.00** Farah Palmer Cup, Auckland v Manawatu, **live** **4.00** Farah Palmer Cup, Counties Manukau v Canterbury **4.30** Gallaher Shield, final, **live** **6.30** NPC, Counties Manukau v Otago **6.45** NPC, Manawatu v Canterbury **7.00** National Provincial Championship, Auckland v North Harbour, from Eden Park, Auckland, **live** **9.00** PGA Champions Tour, Shaw Charity Classic, round 1, replay **11.00** ATP 500, Citi Open, day 5, match of the day **12.30am** NRL, South Sydney Rabbitohs v NZ Warriors, replay **2.30** Rugby Championship, South Africa v All Blacks, from Mbombela Stadium, Nelspruit, **live** **5.00** National Provincial Championship: Manawatu v Canterbury; 5.15 Waikato v Hawke's Bay; 5.30 Auckland v North Harbour; 5.45 Counties Manukau v Otago

Sky Sport 2 SKY 052

7.30 All Blacks v Ireland, game 3 **7.45** NPC, Manawatu v Canterbury **8.00** Sky GrassRoots Rugby **9.00** PFL, Play Off 1, **live** **1.00** NRL, Melbourne Storm v Gold Coast Titans **1.30** NRL, Manly Sea-Eagles v Parramatta Eels **2.00** Farah Palmer Cup, Northland v Hawke's Bay, **live** **4.00** Golf, Women's British Open, round 2 **4.30** National Provincial Championship, Waikato v Hawke's Bay, **live** **6.30** AFL, **live** **9.30** AFL, **live** **12.30am** World Athletics U20 Championships, day 5 **1.50** Football, Premier League, Bournemouth v Aston Villa, **live** **4.00** NPC, Waikato v Hawke's Bay **4.15** NPC, Auckland v North Harbour **4.30** PGA Tour, Wyndham Championship, round 2 **5.00** PGA Tour, Wyndham Championship, round 3, **live**

Sky Sport 3 SKY 053

6.00 PGA Tour, round 2, **live** **10.00** Sky GrassRoots Rugby **11.00** Fox Sports News **Noon** The Grid **12.30** NPC, Manawatu v Canterbury **12.45** All Blacks v Ireland, game 3 **1.00** DP World Tour, Cazoo Open, round 2 **2.00** NRL, Melbourne Storm v Gold Coast Titans **2.30** NRL, Manly Sea-Eagles v Parramatta Eels, replay **4.30** NRL Premiership, South Sydney Rabbitohs v NZ Warriors, **live** **6.55** NRL Premiership, Canberra Raiders v Penrith Panthers, **live** **9.25** NRL Premiership, Cronulla Sharks v St George Illawarra Dragons, **live** **12.30am** The Fan **1.00** NPC, Waikato v Hawke's Bay **1.20** DP World Tour, Cazoo Open, round 2 **1.50** Premier League, Newcastle v Nottingham Forest, **live** **4.15** IndyCar, Grand Prix of Nashville, Practice, **live** **5.15** West Indies v India, 4th T20, **live**

Film: MEET THE WALLERS

Film projects rarely extend out 20 years and Australian director Jim Stevens didn't intend for his fly-on-the-wall documentary to take that long. In the end, however, the span of *Meet the Wallers* is what makes it special. Stevens wanted to make a story about an artist and his family and whether love can survive the vicissitudes of the art world. He began rolling in the early 2000s, following Mark and Nicole Waller in the beachside town of Lennox Head as they begin a family and struggle with the feast-or-famine nature of Mark's work. Stevens also captures the urbanisation of Lennox Head and is there when Mark is diagnosed with a brain tumour.

DOCPLAY

Documentary: OUR SIMPLE LIFE

Fishing in the lochs of Scotland or running a Stone Age settlement in the Welsh wilderness doesn't sound that simple, downright difficult in fact. But this new series follows families doing just that, as well as crofters on the Scilly Isles and goat farmers in Somerset.

LIVING, 7.30pm

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Attitude** (G, R, **HD**, **C**, **AD**)
6.25 **Paddington Station** (PG, R, **HD**, **C**)
7.15 **Tagata Pasifika** (R, **HD**)
7.40 **Praise Be** (G, R, **HD**, **C**)
8.10 ■ **Susan Calman's Grand Day Out** (G, R, **HD**, **C**, **AD**)
9.00 **Q+A with Jack Tame** (**HD**, **C**) Political interviews and discussions.
10.00 **Waka Huia** (G) Māori stories and histories for all New Zealanders.
10.30 **Marae** (**HD**)
11.00 **The Great British Sewing Bee** (G, R, **HD**, **C**, **AD**) s6ep2
Noon **Attitude** (G, **C**, **AD**) Aidan's life changed forever when he was knocked out with a king-hit punch, leaving him unable to walk, talk or even eat, but six years on, Aidan has made incredible progress.
12.30 **Fair Go** (R, **C**) Pippa Wetzell and Hadyn Jones present consumer affairs and investigations.
1.00 **Sunday** (R, **C**) Miriama Kamo presents current affairs.
2.00 **Space Invaders** (G, R, **HD**, **C**, **AD**)
3.00 **Extraordinary Escapes** (G, **HD**, **C**, **AD**) In Cornwall, Sandi Toksvig and Sue Johnston visit a modernist beach house overlooking Praa Sands, a fairy-tale cottage in the woods, and a bespoke shepherd's hut on an alpaca farm. s2ep3
4.00 **Susan Calman's Grand Week by the Sea** (G, **HD**, **C**, **AD**) In St Ives, Susan goes seal spotting and reminisces with Gyles Brandreth. s1ep3
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Country Calendar** (G, **HD**, **C**, **AD**) A young Taranaki family farms sheep and beef on steep country and makes the most of the mānuka they once dismissed as scrub by developing a honey business.
7.30 **Sunday** (**C**) Miriama Kamo presents current affairs.
8.30 ■ **The Brokenwood Mysteries** (16, **HD**, **C**, **AD**) Local crime-drama series. Tonight, the transfer of Brokenwood Museum's Egyptian sarcophagus reveals a less than ancient mummy. s8ep1
10.35 **Line of Duty** (16, **HD**, **C**, **AD**) Lindsay fights for her life as troubling details emerge of a conspiracy involving corrupt police officers. s2ep5
11.50 **The Commons** (M, **HD**, **C**, **AD**) As her pregnancy progresses, Eadie needs to make good on her offer to take Shay's National Service days. s1ep3
12.40am – 6.00 Infomercials (**HD**)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Peppa Pig** (G, R, **HD**, **C**)
6.10 **Kangaroo Beach** (G, R, **HD**, **C**)
6.20 **Bluey** (G, **HD**, **C**)
6.50 **Care Bears: Unlock the Magic** (G, R, **HD**, **C**)
7.10 **Trollstopia** (G, R, **HD**, **C**)
7.35 **Ben 10** (G, R, **HD**)
7.45 **Bunnicula** (G, R, **HD**, **C**)
8.05 **Spongebob Squarepants** (G, R, **HD**, **C**)
8.30 **What Now?** (G, **C**) Local kids' show featuring, games, interviews, fun and gunge.
9.30 **Home and Away Omnibus** (G, R, **HD**, **C**)
11.25 **Shortland Street Omnibus** (PG, R, **HD**, **C**, **AD**)
1.55 **United States of Al** (PG, **HD**, **C**, **AD**) s2ep12
2.20 **B Positive** (PG, **HD**, **C**) s2ep5
2.50 **Call Me Kat** (PG, **HD**, **C**, **AD**) s2ep8
3.20 **The Middle** (G, R, **HD**, **C**) s1ep8
3.50 **Mr. Bean** (G, R, **HD**, **C**, **AD**) s1ep7
4.20 ■ **The Swan Princess: A Royal Wedding** (2020, G, **HD**, **C**, **AD**) Princess Odette and Prince Derek are invited to Princess Mei and Chen's wedding. Voices of Nina Herzog, Yuri Lowenthal.
6.00 **Wipeout** (G, **HD**, **C**) John Cena and Nicole Byer host a US series in which thrillseekers compete on an extreme obstacle course.
7.00 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) Contestants attempt to create a dish that will transport the judges and guest chef Rick Stein to a special place.
8.30 ■ **Rampage** (2018, 16, R, **HD**, **C**, **AD**) When three different animals become infected with a dangerous pathogen, a primatologist and a geneticist team up to stop them destroying Chicago. Dwayne Johnson, Naomie Harris. **TV Films, page 69**
10.30 **Four Weddings and a Funeral** (M, **HD**, **C**) Ainsley and Craig play matchmaker, as do Gemma and Duffy. s1ep8
11.30 **Death Row Doctors** (M, **HD**, **C**) Series about America's murderous medical professionals.
12.20am License to Kill (M, **HD**, **C**) s2ep2
1.10 **In Ice Cold Blood** (16, **C**) s2ep5
1.55 ■ **Demons in the City of Angels** (16, **HD**, **C**)
2.45 **B Positive** (PG, R, **HD**, **C**) s1ep17
3.50 **2 Tunes**
4.00 **Infomercials**
4.30 **Religious Programming** (**HD**)
5.00 – 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

6.00 **Life TV**
6.30 **Leading the Way**
7.00 **Charles Stanley**
8.00 **Life TV**
8.30 **Turning Point**
9.00 **Extreme Couponing** (PG, R, **C**) s2ep9
9.25 **The Hui** (R, **C**) With Mihingarangi Forbes.
9.55 **Newshub Nation** (**C**) With Simon Shepherd and Oriini Kaipara.
10.55 **Nature's Strangest Mysteries: Solved** (PG, R, **C**) s1ep12
11.20 **What Could Possibly Go Wrong?** (PG, R, **C**) s1ep2
Noon **Incredible Engineering Blunders: Fixed** (PG) s1ep5
1.00 **Muscle Garage** (PG) s10ep10
1.30 **Motorsport: Supercars Championship** Round 8, The Bend.
2.45 **Motorsport: GT World Challenge Europe** Round 3, 24 Hours of Spa, Belgium.
4.00 **Suzuki Extreme 4x4**
5.00 **Bondi Lifeguard World Adventures** (PG, R, **C**) s1ep10
5.30 **Piri's Tiki Tour** (G, **C**) s5ep4
6.00 **Newshub Live**
7.00 **The Masked Singer NZ** (PG, **C**)
8.00 ■ **Venom** (2018, M, R, **C**) A reporter becomes merged with a symbiotic alien. Tom Hardy, Michelle Williams, Riz Ahmed. **TV Films, page 69**
9.55 **9-1-1** (M, R, **C**) s4ep4
10.55 **Death Row: Countdown to Execution** (M, R, **C**)
11.50 **Infomercials**
5.30am – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **2022 Commonwealth Games** Coverage of the New Zealand team in Birmingham.
9.00 **2022 Commonwealth Games Highlights** (G, **C**) Action from day 9.
10.00 **NRL Premiership** (G) South Sydney Rabbitohs v NZ Warriors.
Noon **Rugby Championship** (G) South Africa v All Blacks, from Mbombela Stadium, Nelspruit.
2.00 **NRL Premiership** (G) Cronulla Sharks v St George Illawarra Dragons.
4.00 **2022 Commonwealth Games Highlights** (G, R, **C**) Action from day 9.
5.00 **Storage Wars** (PG, R, **C**)
5.30 **Prime News**
6.00 **American Pickers** (PG, R)
7.00 **Storage Wars** (PG, R) In Westminster, California, Barry sets an auction record.
7.30 – 6.00am 2022 Commonwealth Games (**C**) Coverage of the New Zealand team in Birmingham.

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

Film: THE NIGHT OF THE HUNTER

Considered one of the greats, partly due to its influence on directors such as Fassbinder, Altman and Scorsese. However, it was Charles Laughton's only directorial effort, as his intention of restoring "the power of silent films to talkies" bombed at the time.
SKY MOVIES CLASSICS, 3.45pm

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Whānau Bake-Off** (G, R)
9.30 **Easy Eats** (G, R)
10.00 **Kai with Anne Thorp** (G, R)
10.30 **Moon Tide Fishing** (G, R)
11.00 **Te Ao Mārama**
11.30 **Te Ao with Moana** (G, R)
Noon **Te Ao Tapatahi**
12.30 **Tagata Pasifika**
1.00 **5 Minutes of Fame** (G, R)
2.00 ■ **Arctic Justice** (2019, PG, R) Voice of Jeremy Renner.
3.40 **Someday Stories** (PG, R)
4.00 **Waka Huia** (G, R)
4.30 **The Hui** (R)
5.00 **Matangireia** (G, R)
5.30 **Te Ao Toa**
6.30 **Artefact** (G, R) Dame Anne Salmond presents a documentary series about important artefacts. Today, kaitiaki need protecting and Dame Anne meets those who guard the guardians.
7.30 **Navajo Springtime** (PG, R) Documentary about the Navajo, the largest Indian nation in the United States.
8.40 ■ **Bellbird** (2019, M) A rural community rallies around a recently widowed farmer to help him cope with his grief. Marshall Napier, Annie Whittle, Kahukura Retimana, Cohen Holloway. **TV Films, page 69**
10.20 – 11.20 Tāringa (G, R) A bilingual podcast.

BRAVO FREEVIEW 4 SKY 012

6.00 **Top Chef** (PG, R)
9.30 **Hollywood Medium with Tyler Henry** (PG, R)
11.00 **Love It or List It: Vancouver** (PG, R)
11.45 **Hoarders: Family Secrets** (PG, R) s1ep4
12.30 **Catfish** (PG, R)
1.30 **Dog Rescuers** (PG, R)
2.30 **Rich Kids Go Skint** (PG, R)
3.30 **Million Dollar Listing NY** (PG, R)
6.30 **Tiny House Nation** (PG)
7.30 ■ **The Guilt Trip** (2012, M, R, **C**) A failing inventor invites his mother on a cross-country trip. Seth Rogen, Barbra Streisand.
9.30 ■ **The Long Island Serial Killer: A Mother's Hunt for Justice** (2021, M, R) Based on the story of a mother's search for the truth about her daughter's disappearance. Kim Delaney.
11.30 **Embarrassing Bodies** (M, R, **C**)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Key of David**
6.30 **Through the Bible**
7.00 **Leading the Way**
7.30 **Animal Cribs** (PG, R) s2ep2
8.20 **Baked in Vermont** (G)
8.50 **The Best Thing I Ate** (G, R)
9.40 **Museum Mysteries** (PG, R)
10.25 **American Pickers** (PG, R)
11.10 **Building the Dream** (G)
Noon **Craft Wars** (PG)
1.00 **Best in Food** (G)
1.30 **Who Wants to Be a Millionaire? UK** (G, R)
2.30 **My Lottery Dream Home** (G, R)
3.00 **Dr. Jeff** (PG)
4.00 **Alex vs America** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **Billy Buys Brooklyn** (PG)
7.30 **Martin Clunes: Islands of America** (PG)
8.30 ■ **Nothing But the Truth** (2008, 16) Kate Beckinsale. **TV Films, page 69**
10.35 **Forged in Fire** (PG)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Tanked** (PG, R)
7.40 **Goblin Works Garage** (PG, R)
8.30 **Alaska: Battle on the Bay** (PG, R)
9.20 **Treehouse Masters** (PG, R)
10.10 **Ed Stafford: First Man Out** (PG, R)
11.00 **Inside West Coast Customs** (PG, R)
11.50 **Overhaulin' Marathon** (PG, R)
1.30 **Wheeler Dealers** (PG, R)
5.40 **Overhaulin'** (PG)
6.40 **Head Rush** (G)
7.30 **Turbo Pickers** (PG)
8.25 **Iron Resurrection** (PG) A customer gives the team freedom with a 1963 Cadillac.
9.20 **Texas Metal** (PG) The client requests a last-minute engine swap on the year-long 1950 Ford F5 COE build.
10.10 **Last American Cowboy** (M)
11.05 **Overhaulin'** (PG, R)
11.55 **Head Rush** (G, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
7.00 **DUKEbox Music**
11.00 **Glastonbury: 50 Years and Counting** (PG, **HD**, **C**, **AD**)
12.40 **Superstore** (PG, R, **HD**, **C**, **AD**)
2.15 **Motorway Patrol** (PG, R, **C**)
3.05 **River Monsters** (PG, R, **HD**, **C**)
4.00 **Xploration: Awesome Planet** (G, R, **HD**)
4.20 **Impossible Engineering** (G, R, **HD**, **C**)
5.15 **The Big Bang Theory** (G, R, **HD**, **C**)
6.00 **MythBusters: There's Your Problem!** (PG, R, **HD**)
6.30 **Ultimate Rides** (G, **HD**)
7.00 **Family Guy** (PG, R, **HD**, **C**, **AD**)
7.30 **The Simpsons** (G, R, **HD**, **C**) s13ep9
8.30 **Great Escapes with Morgan Freeman** (M, R, **HD**, **C**, **AD**) The escape from Dannemora Prison in New York. s1ep2
9.25 **Top Gear America** (M, **HD**) Dax, Rob and Jethro test hotrods under $5000.
10.05 **Wheelburn** (PG, **HD**) Rog finally does a burnout after 10 years of trying.
10.35 **Raw Recruits** (16, R, **HD**)
12.20am – 1.05 12 Monkeys (16, **HD**)

SKY PREMIERE SKY 030

7.10 **Moonshot** (2022, M) Cole Sprouse, Zach Braff
8.55 **Alone** (2020, 16) Jules Willcox, Marc Menchaca
10.35 **The Little Things** (2021, M) Denzel Washington
12.40 **Nobody** (2021, 16) Bob Odenkirk, Connie Nielsen
2.15 **In the Heights** (2021, PG) Anthony Ramos
4.40 **Blue Bayou** (2020, M) Justin Chon, Alicia Vikander
6.35 **No Sudden Move** (2021, 16) When a simple job goes awry, a group of criminals try to uncover what's really going on. Don Cheadle, Benicio Del Toro
8.30 **Scream** (2022, 16) Twenty-five years after the first murders, a new killer dons the Ghostface mask to resurrect secrets from Woodsboro's deadly past. Neve Campbell, Courtney Cox **TV Films, page 69**
10.30 **Locked Down** (2021, M) Anne Hathaway, Chiwetel Ejiofor
12.30am The Fallout (2021, 16) **2.05** The Unholy (2021, M) **3.45** The Body (2018, 16) **5.10** Campus Caller (2017, M)

MOVIES CLASSICS SKY 034

6.55 **Hamburger Hill** (1987, M) Don Cheadle
8.45 **Othello** (1951, G) Orson Welles, Micheal MacLiammoir
10.15 **Fun with Dick and Jane** (1977, PG) Jane Fonda
11.50 **The Manchurian Candidate** (1962, PG) Frank Sinatra
1.55 **The Long Goodbye** (1973, M) Elliott Gould, Sterling Hayden
3.45 **The Night of the Hunter** (1955, PG) Robert Mitchum
5.15 **An American Werewolf in London** (1981, 16) David Naughton, Griffin Dunne
6.50 **Sex, Lies and Videotape** (1989, M) A lawyer's affair with his sister-in-law is complicated by a visitor with an usual fetish. James Spader, Andie MacDowell
8.30 **Forever Young** (1992, PG) A 1939 test pilot volunteers for a cryogenics experiment after the love of his life goes into a coma. Mel Gibson, Jamie Lee Curtis.
10.10 **Bram Stoker's Dracula** (1992, M) Gary Oldman
12.15am Halloween (1978, 16) **1.45** T-Men (1947, PG) **3.15** Castle Keep (1969, M) **5.00** Cat Ballou (1965, PG)

RIALTO SKY 039

6.20 **Minari** (2020, PG) Steven Yeun, Will Patton
8.15 **Tupaia's Endeavour** (2020, M) Local documentary.
10.20 **Settlers** (2021, 16) Sofia Boutella
12.05 **Spinster** (2019, M) Chelsea Peretti
1.40 **Belushi** (2020, M) US documentary.
3.25 **How to Be a Good Wife** (2020, M) Juliette Binoche
5.15 **Katie** (2018, M) Irish documentary.
6.50 **Queen Bees** (2021, PG) A woman reluctantly agrees to move into a retirement home. Ellen Burstyn
8.30 **Rialto British: Ridley Road** (M) In 1960s London, a Jewish hairdresser discovers an anti-fascist group working against the rising far-right movement. s1ep1
9.30 **The Girl on the Bridge** (2020, M) Local documentary.
11.00 **Blush** (2019, M) Wendi McLendon-Covey
12.45am Beyond Driven (2020, M) **2.05** Spinster (2019, M) **3.40** How to Be a Good Wife (2020, M) **5.30** Katie (2018, M)

SKY CHANNELS

Vibe SKY 006

6.25 Family Finders (M) s1ep13&14 **7.25** The Sounds (M) s1ep4 **8.10** Judge Judy Omnibus (PG) **9.50** The Closer Omnibus (M) **1.40** Harlots (16) s1ep4 **2.30** ■ Bessie (2015, M) Queen Latifah. **4.30** Why Are We Fat? (G) s1ep1 **5.30** Murder, Mystery and My Family: Case Closed (M) s1ep1 **6.30** Dream Home Rescue (PG) s2ep1&2 **7.30** The Cotswolds with Pam Ayres (PG) Starting in the Wiltshire town of Bradford-on-Avon, Pam takes to the water on a narrowboat and along the way, uncovers the salacious secrets of Painswick's Rococo Gardens. s1ep2 **8.30** Victoria (M) Concerned that the upcoming marriage between the French King's son and the Queen of Spain could create a dangerous alliance, Victoria sails to France to deter the wily monarch. s2ep5 **9.30** Agatha Christie's Marple (M) A quiet village is plagued by a spate of apparently accidental deaths. s4ep2 **11.15** Why Are We Fat? (G) S s1ep1 **12.15am** Programmes continue

BBC UKTV SKY 007

6.00 London Kills (PG) s2ep2&3 **7.30** Fawlty Towers (PG) s2ep6 **8.05** Holby City (M) s21ep15 **9.05** EastEnders Marathon (PG) **11.05** The Jonathan Ross Show (M) s17ep5 **11.55** The Graham Norton Show (M) s29ep4 **12.50** 8 Out of 10 Cats Does Countdown (M) **1.40** Midsomer Murders (M) s18ep1 **3.25** The Trial of Christine Keeler (M) s1ep1 **4.30** Death in Paradise (PG) s10ep2 **5.35** Heartbeat (PG) s18ep6 **6.30** Death in Paradise (PG) s9ep8 **7.35** Doc Martin (M) A local radio presenter is heard slurring her words during her broadcasts. s2ep4 **8.30** Who Do You Think You Are? (PG) Father-and-son double-act Jack and Michael Whitehall investigate their family tree. **9.35** Call the Midwife (M) s1ep1 **10.35** Call the Midwife (M) s1ep2 **11.40** Casualty (PG) s36ep45 **12.30am** Programmes continue

SoHo SKY 010

6.40 Mayans M.C. Marathon (16) s2ep1-10 **3.40** The Girl Before (16) s1ep3 **4.40** Animal Kingdom (16) s6ep2 **5.30** Irma Vep (16) s1ep4 **6.30** Baptiste (16) s2ep4 **7.30** The Lazarus Project (16) George rushes to finish the job before Lazarus can discover what he's doing. s1ep6 **8.30** Devils (16) The pandemic presents Massimo with an opportunity to finally get justice, but he'll need help from some unlikely allies. s2ep8 **9.30** The Midwich Cuckoos (16) The children's grip on the town tightens, and after discovering they're expecting, Zoe and Sam attempt to escape together. s1ep5 **10.30** Real Time with Bill Maher (M) s20ep22 **11.30** I Love That for You (M) s1ep8 **12.00am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** Love Your Garden (PG) **8.00** Garden Rescue (PG) **8.50** Grow Your Own at Home with Alan (PG) **9.20** Martha Knows Best (PG) **9.50** Inside the Factory (PG) **10.50** Salvage Hunters: The Restorers (PG) **11.45** Penelope Keith's Hidden Villages (PG) **12.40** Rachael Ray's Week in a Day (PG) **1.35** Girl Meets Farm (PG) **2.00** Cake Wars (PG) **2.55** Buddy vs. Duff (PG) **3.50** Bakers vs. Fakers (PG) **4.45** Spring Baking Championship (PG) **5.40** The Best House in Town (PG) **6.35** Love It or List It UK (PG) **7.30** Our Simple Life (PG) **8.30** Salvage Hunters: The Restorers (PG) **9.30** Paramedics on Scene (PG) The Scottish Ambulance Service serves a population of more than five million, and covers remote islands to busy cities. **10.30** Cake Wars (PG) **11.20** Buddy vs. Duff (PG) **12.10am** Programmes continue

Investigation Discovery SKY 018

6.05 I (Almost) Got Away with It (M) **7.45** Dead Reckoning (M) **8.35** American Detective with Lt. Joe Kenda (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Reasonable Doubt (M) **1.05** Body Cam (M) **2.00** Michelle Carter: Love, Texts & Death (M) **3.50** Ted Bundy: Mind of a Monster (M) **5.40** Las Vegas Law (M) **6.35** Finding Andrea (M) **8.30** Predator at Large (M) **9.30** Still a Mystery (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.15 The Decisive Moment **6.30** Isle of Wight Festival 2021 **8.00** Salzburg Festival 2021: Mozart's Don Giovanni **11.35** Parklife **1.05** The Artist's Workshop **1.25** National Gallery Singapore: Revealed **2.15** The Decisive Moment **2.30** Isle of Wight Festival 2021 **4.00** Gstaad Menuhin Festival: Hilary Hahn Plays Bach **5.30** ■ Written on Water (2020, G) A choreographer must face an unresolved romantic encounter from her past as she creates a new dance work. **6.50** The Artist's Workshop **7.05** Other Voices **8.00** Michael Kiwanuka Plays Baloise Session **9.30** Sleaford Mods Live at 100 Club **10.30** Rock Legends: Duran Duran **11.15** Rock Legends: Kiss **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Mysteries at the Museum (PG) **7.45** Contact (PG) **8.35** Heavy Tow Truckers Down Under (M) **9.25** Aussie Salvage Squad (PG) **10.20** Mystery at Blind Frog Ranch (M) **11.15** Gold Rush: White Water (M) **12.10** Aussie Gold Hunters (PG) **1.05** Gold Rush: Dave Turin's Lost Mine (M) **2.00** Outback Opal Hunters Marathon (PG) **7.30** Aussie Gold Hunters (PG) **8.30** Naked and Afraid (M) **9.30** Ed Stafford: First Man Out (PG) **10.30** Dual Survival (M) **11.25** Bering Sea Gold (M) **12.15am** Programmes continue

National Geographic SKY 072

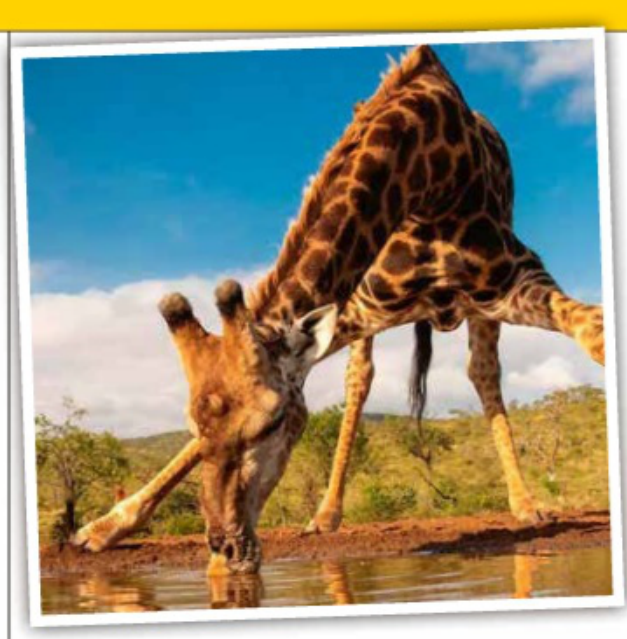
6.30 Superstructures: Engineering Marvels (PG) **7.30** Air Crash Investigation: Special Report (PG) **9.30** Lost Treasures of Egypt (PG) **10.30** Wicked Tuna (PG) **11.30** Dutch Caribbean Coastguard (PG) **12.30** Alaska: The Next Generation (PG) **1.30** Apocalypse: Hitler Takes on the East (M) **3.30** Lost Treasures of Egypt (PG) **5.30** Food Factory (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Seconds from Disaster (M) **8.30** Finding the Lost Da Vinci **9.30** Drain the Oceans Best ofs (PG) **10.30** Alaska: The Next Generation (PG) **11.30** Aussie Snake Wranglers (PG) **12.30am** Programmes continue

History SKY 073

6.30 Hiroshima: 75 Years Later (M) **8.30** Time Team **9.30** Great British History Hunters (PG) **10.30** Shark Terror: USS Indianapolis (PG) **11.30** Hiroshima: 75 Years Later (M) **1.30** Titans of the 20th Century (M) **2.30** D-Day: The Untold Stories (M) **4.30** Walking Britain's Roman Roads (PG) **5.30** Combat Ships (PG) **6.30** Abandoned Engineering (PG) **7.30** Around the World by Train with Tony Robinson (PG) Tony sets off from London's St Pancras station on a quest to explore southern Europe in a whole new way. **8.30** Dogfights (PG) **9.30** The Normans (PG) **10.30** Secrets of World War II (PG) **11.30** Black Ops (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Life Below Zero (M) **6.50** The Age of Nature (PG) s1ep2 **7.45** Louis Theroux: By Reason of Insanity (M) **8.50** Trust Me, I'm a Doctor (M) **9.45** Madagascar Marathon (PG) **12.30** Madagascar: The Making of (PG) **12.40** The Dog Rescuers with Alan Davies (PG) **2.15** 24 Hours in A&E (PG) **3.55** The Planets (PG) **4.50** Blue Planet (PG) **5.50** Walking the Himalayas (PG) **6.45** Life Below Zero **7.40** The Dog Rescuers with Alan Davies (PG) **8.30** Waterhole: Africa's Animal Oasis (PG) **9.35** Universe (PG) Brian Cox begins his exploration of the cosmos with the great luminous bodies that bring light and warmth to the universe: the stars. **10.40** Trust Me, I'm a Doctor (M) **11.40** Madagascar Marathon (PG) **2.25am** Programmes continue



BBC Earth: Waterhole: Africa's Animal Oasis, 8,30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Farah Palmer Cup, Northland v Hawke's Bay **6.30** Rugby Championship, Argentina v Australia, **live 9.00** Rugby Championship, South Africa v All Blacks **11.00** Farah Palmer Cup, Northland v Hawke's Bay **11.30** Farah Palmer Cup, Tasman v North Harbour, **live 1.30** Rugby Championship, South Africa v All Blacks **2.00** National Provincial Championship, Tasman v Southland, **live 4.00** Rugby Championship, Argentina v Australia **4.30** National Provincial Championship, Wellington v Bay of Plenty, **live 6.30** National Provincial Championship: Manawatu v Canterbury; 6.45 Waikato v Hawke's Bay; 7.00 Auckland v North Harbour; 7.15 Tasman v Southland **7.30** The Breakdown **8.00** Rugby Nation **8.30** Rugby Championship, South Africa v All Blacks **10.30** DP World Tour, Cazoo Open, round 3 **11.00** Golf, PGA Tour, round 3 **11.30** Women's British Open, round 3 **12.00am** Women's British Open, round 4, **live**

Sky Sport 2 SKY 052

6.00 PGA Tour, Wyndham Championship, round 3, **live 10.00** NRL Premiership: Canberra Raiders v Penrith Panthers; 10.30 Cronulla Sharks v St George Illawarra Dragons; 11.00 South Sydney Rabbitohs v NZ Warriors **11.30** Farah Palmer Cup, Taranaki v Otago, from Gully Ground, New Plymouth, **live 1.30** PGA Tour, Wyndham Championship, round 3 **2.00** National Provincial Championship, Taranaki v Northland, **live 4.00** Farah Palmer Cup, Tasman v North Harbour **4.30** NPC, Auckland v North Harbour **4.45** NPC, Waikato v Hawke's Bay **5.00** Farah Palmer Cup, Taranaki v Otago **5.30** Sal's NBL Women, Mid North v Central, **live 7.30** Premier League, Fulham v Liverpool, replay **9.30** Premier League, Tottenham Hotspur v Southampton, replay **11.30** Rugby Championship: South Africa v All Blacks; 12.00am Argentina v Australia **12.30** NPC, Wellington v Bay of Plenty **12.50** Premier League, Leicester City v Brentford, **live 3.00** The Breakdown **3.30** Rugby Championship: South Africa v All Blacks 4.00 Argentina v Australia **4.30** PGA Tour, Wyndham Championship, round 3 **5.00** PGA Tour, Wyndham Championship, round 4, **live**

Sky Sport 3 SKY 053

9.30 Canoe Sprint World Champs, day 1 **11.30** Ultimate Bowls **12.30** Sal's NBL Women, Lower South v Upper South, **live 2.30** West Indies v India, 4th T20 **3.00** NRL, Canterbury-Bankstown Bulldogs v North Queensland Cowboys, **live 5.55** NRL Premiership, Wests Tigers v Newcastle Knights, **live 8.00** Sunday Night with Matty Johns, **live 9.00** NRL, Canberra Raiders v Penrith Panthers **11.00** NRL, Cronulla Sharks v St George Illawarra Dragons **1.00am** Sunday Night with Matty Johns **2.15** West Indies v India, 5th T20, **live**

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**)
10.00 **Tipping Point** (G, R, **HD**, **C**)
11.00 **The Chase** (G, R, **HD**, **C**)
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **HD**, **C**, **AD**) Kerry smells a rat and confronts Al, and Sandra is shocked to think that Mandy is onto her.
1.30 **Country Calendar** (G, R, **HD**, **C**, **AD**) A young Taranaki family farms sheep and beef on steep country and makes the most of the mānuka they once dismissed as scrub.
2.00 **Ready Steady Cook** (G, **HD**, **C**)
3.00 **Tipping Point** (G, **HD**, **C**)
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (G, **HD**, **C**) Karl and Susan encourage Mackenzie to clear the air with her dad, but she is not interested.
5.00 **The Chase** (G, R, **HD**, **C**)
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs.
7.30 **Fair Go** (**C**) Pippa Wetzell and Hadyn Jones present consumer affairs.
8.00 ■ **Joanna Lumley's Great Cities of the World** (G, **HD**, **C**, **AD**) Joanna Lumley seeks out eccentric aspects of some of the world's most famous cities. Tonight, Joanna views Paris from a hot air balloon, visits the damaged Notre-Dame, and meets Ibrahim, a refugee turned inner-city beekeeper.
9.00 ■ **The World's Most Luxurious Holidays** (G, **C**, **AD**) UK series about luxury getaways. Tonight, a peak into the Mark Hotel and its £55,000-a-night penthouse suite where Meghan Markle held her baby shower, and a visit to the £180,000-a-week Vila Azzurine in Portugal's Algarve.
10.05 **Border Patrol** (G, R, **HD**, **C**) A Nigerian national kicks off with Border agencies, Customs deal with a fishy parcel from Africa, and Immigration talk to a tricky DJ trying to work without a visa.
10.35 **1 News** (**HD**, **C**)
11.05 **Shortland Street** (PG, R, **C**, **AD**)
11.35 **Keeping Australia Safe** (PG, **HD**, **C**, **AD**) s1ep2
12.45am Q+A with Jack Tame (R, **HD**, **C**)
1.40 **Te Karere** (R)
2.05 **Infomercials**
5.30 – 6.00 Te Karere (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Kiri and Lou** (G, R, **HD**, **C**, **AD**)
6.30 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.45 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, **C**)
7.30 **The Adventures of Rocky and Bullwinkle** (G, R, **HD**, **C**)
7.50 **Beyblade Burst Surge** (G, R, **HD**, **C**)
8.15 **Ricky Zoom** (G, R, **HD**, **C**)
8.40 **Sesame Street** (G, R, **HD**, **C**)
9.05 **Bluey** (G, R, **HD**)
9.15 **Infomercials**
9.40 **Les Mills BodyBalance** (G, R, **HD**, **C**)
10.10 **Home and Away** (PG, R, **HD**, **C**)
10.40 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.10 **Charmed** (PG, **HD**, **C**)
Noon ■ **The Dating List** (2019, G, **HD**, **C**) Natalie Dreyfuss.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.35 **Sabrina the Teenage Witch** (G, **HD**, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.05 **The Simpsons** (PG, R, **HD**, **C**, **AD**) s30ep11
5.30 **Friends** (G, R, **HD**, **C**) s9ep13
6.00 **Ghosts** (PG, **HD**, **C**, **AD**) Sam and Jay invite nosy neighbours Henry and Margaret to dinner. s1ep4
6.30 **Home and Away** (PG, **HD**, **C**) Rose investigates Tex, and Xander admits he has a problem.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Maeve's ego puts lives on the line, and TK's fix backfires badly.
7.30 **MasterChef Australia: Fans & Favourites** (G, **HD**, **C**, another episode screens tomorrow) In the mystery box challenge, all ingredients inside must be used.
8.40 ■ **Snackmasters Australia** (M, **HD**, **C**, **AD**) Scott Pickett and Poh Ling Yeow host an Australian series in which top chefs are challenged to recreate popular snacks.
10.05 ■ **Extreme Weddings** (G, **HD**, **C**) Crazy costumes, a curry feast for hundreds, and a surprise wedding destination. s1ep8
11.05 **Two and a Half Men** (PG, R, **HD**, **C**) s7ep20
12.00am 2 Broke Girls (PG, R, **HD**, **C**) s2ep23
12.25 ■ **Batwoman** (M, **HD**, **C**, **AD**) s3ep13
1.05 **Emmerdale** (PG, R, **HD**, **C**, **AD**)
1.55 **Infomercials**
2.50 ■ **MasterChef Australia** (G, R, **HD**, **C**)
4.40 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 Infomercials

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**) s7ep19
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Deadly Love Letter** (2021, M, R, **C**) Clare Grant, Rick Malambri, Michael Steger.
3.00 **Dude, You're Screwed** (PG, **C**) s2ep8
4.00 **Bath Crashers** (G, **C**) s7ep12
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**) s7ep20
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**, another episode screens tomorrow) The teams begin working on their upstairs landings, but Mark calls them out for a challenge that puts the site on hold.
8.35 **9-1-1** (M, **C**) A social media influencer has an accident in a sauna, there's an emergency at a reality show wedding, and a tragedy occurs when a mother and daughter go hiking. s5ep15
9.30 **9-1-1: Lone Star** (M, **C**) Owen has a breakthrough in therapy, and a clown has an emergency at a young boy's birthday party. s3ep15
10.30 **Newshub Late**
11.00 **Head High** (M, R, **C**) Local drama series. s1ep6
12.00am Infomercials
5.30 – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **2022 Commonwealth Games** Coverage of the New Zealand team in Birmingham.
9.00 **2022 Commonwealth Games Highlights** (G, **C**) Action from day 10.
10.00 **SmackDown** (PG)
11.00 **Big Love** (M, **C**)
12.10 **Royal Pains** (M)
1.05 **House** (M, **C**)
2.00 **The Late Show with Stephen Colbert** (PG)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **2022 Commonwealth Games Highlights** (G, R, **C**) Action from day 10.
5.00 **Tagata Pasifika** (G)
5.30 **Prime News**
6.00 **Rugby Nation** (G)
6.30 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R) Rick and Corey sound the alarm when a US Navy foghorn comes ashore.
7.30 – 6.00am 2022 Commonwealth Games (**C**) Coverage of the New Zealand team in Birmingham.

Documentary: CLUSTERF**K: WOODSTOCK '99

There has been a podcast series and a documentary already about Woodstock '99, a music festival that was supposed to emulate the 1969 original's "3 Days of Peace & Music". This three-part Netflix doco looks back on what went wrong over the course of four days in Rome, Upstate New York, including the choice of the former Griffiss Air Force Base, which had little shade cover and asphalt surfaces that were unforgiving during a heat wave. What started well descended into violence, rioting, bonfires, sexual assault and the death of one attendee.
NETFLIX

Reality: SNACKMASTERS AUSTRALIA

We understand Twisties, but what the hell is an Angry Whopper or, for that matter, a Choc Mint Drumstick? The Aussie iteration of the British Bafta-nominated (how?) series starts with Anna Polyviou and Mitch Orr recreating the aforementioned whopper and thick-cut fries.
TVNZ 2, 8.40pm

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G)
9.00 **Easy Eats** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Hāngi Pit Masters** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Navajo Springtime** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **Celebrity Playlist** (G, R)
1.05 **Artefact** (G, R)
2.00 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R) Te Hui Ahurei o Ngā Uri a Atuamatua, from Rotorua.
6.30 **Te Ao Mārama**
7.00 **Marae** Current affairs.
7.30 **Chatham Islanders** (G, R) Looking after the land and sea as well as each other is an essential part of life for the islanders.
8.00 **Te Ao with Moana** (G) Moana Maniapoto presents a current affairs series.
8.30 ■ **My Name Is Gulpilil** (2021, M) Documentary aboout the great Australian actor David Gulpilil.
10.30 **Te Ngākau Tapatahi** (G, R) Series about Māori knights and dames. Tonight, Sir Ian Taylor.
11.00 – 11.30 **Te Ao Mārama** (R)

Film: SUPERMAN

Its production is now the stuff of legend: Mario Puzo was an original scriptwriter; Paul Newman and Warren Beatty were offered the title role; Christopher Reeve gained 10kg before filming; Marlon Brando wouldn't learn lines. Nevertheless, still the best Superman film ever.
SKY MOVIES CLASSICS, 12.25pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Hoarders: Family Secrets** (PG, R)
11.00 **Love It or List It: Vancouver** (PG, R)
11.50 **Killer Siblings** (M, R)
12.50 **Tattoo Fixers** (M, R)
1.45 **Below Deck** (M, R)
2.40 **Hoarders: Family Secrets** (PG, R)
3.35 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Snapped** (M)
8.30 **New York Homicide** (16) A mother's 911 call leads to the discovery of her daughter's body.
9.30 **Exhumed: Killer Revealed** (16) A teen is found dead in her backyard.
10.30 **Killer Siblings** (M, R)
11.30 **Accident, Suicide or Murder?** (M, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **Dr. Jeff: Rocky Mountain Vet** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Valerie's Home Cooking** (G)
8.00 **Alex vs America** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
10.55 **Salvage Dawgs** (G)
11.25 **Flea Market Flip** (G, R)
Noon **Location Location** (G)
1.00 **Daryl's Restoration Overhall** (G)
1.30 **Billy Buys Brooklyn** (PG, R)
2.00 **Martin Clunes: Islands of America** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Giada Entertains** (G)
4.30 **Gino's Italian Express** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **Bang on Budget** (PG)
8.00 **Newshub Live**
8.30 **Cabins in the Wild** (PG)
9.30 **Ugly House to Lovely House** (PG)
10.30 **Bang on Budget** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Turbo Pickers** (PG, R)
9.20 **Iron Resurrection** (PG, R)
10.10 **Texas Metal** (PG, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Treehouse Masters** (PG, R)
1.30 **Homestead Rescue** (PG, R)
2.20 **Building Alaska** (G, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Turbo Pickers** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.45 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Ed Stafford: Left for Dead** (PG) Ed starts his journey in a tidal mangrove system in Madagascar.
8.25 **Man vs Wild** (PG) While in Canada, Bear is buried alive in an avalanche.
9.20 **Naked and Afraid** (M)
10.15 **Alaskan Bush People** (PG)
11.05 **Tanked** (PG, R)
11.55 **Wheeler Dealers** (PG, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.25 **Two and a Half Men** (PG, R, **HD**, **C**)
12.50 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.10 **Battlestar Galactica** (M, R, **HD**, **C**)
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.10 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.15 **Abandoned Engineering** (G, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**)
6.35 **Two and a Half Men** (PG, R, **HD**, **C**)
7.00 **Everybody Hates Chris** (PG, **HD**, **C**) s4ep13
7.30 **The Simpsons** (PG, R, **HD**, **C**) s13ep11
8.30 **Family Guy** (PG, R, **HD**, **C**, **AD**) s15ep20
9.00 **The Office** (M, **HD**, **C**, **AD**) s2ep4
9.35 ■ **The Orville** (M)
11.05 ■ **Battlestar Galactica** (16, **HD**, **C**)
11.55 **Robot Chicken** (M, **HD**)
12.20am Aqua Teen Hunger Force (PG, **HD**) **12.45** The Eric Andre Show (16, R, **HD**) **12.55 – 1.15** ABC World News (PG, R)

SKY PREMIERE SKY 030

6.45 **Summerland** (2020, PG) Gemma Arterton, Gugu Mbatha-Raw
8.25 **Misbehaviour** (2020, M) Keira Knightley
10.10 **Charm City Kings** (2020, 16) Jahi Di'Allo Winston
12.15 **Songbird** (2020, 16) KJ Apa, Sofia Carson
1.40 **Crisis** (2020, 16) Gary Oldman, Armie Hammer
3.40 **Every Breath You Take** (2021, 16) Casey Affleck
5.25 **Together Together** (2021, M) Ed Helms, Patti Harrison
6.55 **The War Below** (2021, M) Based on the story of miners who dug a tunnel beneath no man's land during WWI. Tom Goodman-Hill
8.30 **The Courier** (2020, M) Based on the story of a businessman who was recruited to carry secrets out of Russia in the 1960s. Benedict Cumberbatch
10.25 **Falling for Figaro** (2021, M) Danielle Macdonald
12.10am Let Them All Talk (2020, M) **2.00** 12 Mighty Orphans (2021, M) **3.55** Words on Bathroom Walls (2020, M) **5.45** The Bad Twin (2016, M)

MOVIES CLASSICS SKY 034

6.35 **Anzio** (1968, PG) Robert Mitchum, Peter Falk
8.30 **Bite the Bullet** (1975, PG) Gene Hackman, Candice Bergen
10.40 **Buck and the Preacher** (1972, M) Sidney Poitier, Harry Belafonte
12.25 **Superman** (1978, PG) Christopher Reeve, Margot Kidder
2.45 **... and Justice for All** (1979, M) Al Pacino, Jack Warden
4.45 **The Basketball Diaries** (1995, 16) Leonardo DiCaprio, Lorraine Bracco
6.25 **The Key** (1958, PG) During WWII, successive tugboat captains become involved with a lonely widow. William Holden, Sophia Loren
8.30 **Drugstore Cowboy** (1989, 16) A group of junkies rob pharmacies to feed their habits. Matt Dillon, Kelly Lynch
10.10 **Boyz N the Hood** (1991, M) Cuba Gooding Jr, Laurence Fishburne
12.00am The House That Dripped Blood (1971, M) **1.40** Sudden Impact (1983, 16) **3.35** Dirty Harry (1971, 16) **5.15** King Rat (1965, PG)

RIALTO SKY 039

7.00 **Queen Bees** (2021, PG) Ellen Burstyn
8.40 **The Girl on the Bridge** (2020, M) Local documentary.
10.10 **Spinster** (2019, M) Chelsea Peretti
11.45 **Red Light** (16) s1ep1&2
1.30 **I Am Greta** (2020, M) Swedish documentary.
3.10 **A Woman's Name** (2018, M) Cristiana Capotondi, Adriana Asti
4.40 **Annette** (2021, 16) Marion Cotillard, Adam Driver
7.00 **Make Up** (2019, 16) At a holiday park in Cornwall, a young woman is drawn into obsession when she suspects her boyfriend has cheated on her. Molly Windsor
8.30 **Rialto World: Persian Lessons** (2020, M) A Belgian Jew feigns being Persian to avoid being executed in a concentration camp. Nahuel Perez Biscayart, Lars Eidinger **TV Films, page 69**
10.35 **The Promise** (M) s1ep2
11.30 **Instinto Marathon** (18) s1ep1-4
5.25am A Woman's Name (2018, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s4ep13 **6.50** Judge Judy (PG) **7.1f5** The Closer (M) s4ep6 **8.05** The Mysteries of Laura (M) s1ep12 **8.50** The Good Wife (M) s1ep9 **9.40** Covert Affairs (M) s1ep9 **10.30** Judge Judy (PG) **11.15** Agatha Christie's Marple (M) s4ep2 **1.00** Why Are We Fat? (G) s1ep1 **2.00** The Closer (M) s4ep6 **2.50** The Mysteries of Laura (M) s1ep12 **3.40** The Good Wife (M) s1ep9 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s4ep13 **6.30** Covert Affairs (M) s1ep9 **7.30** The Supervet: Specials (PG) **8.30** Ambulance (16) s6ep8 **9.30** Inside the Operating Theatre (M) s1ep13 **10.30** The Good Wife (M) s1ep9 **11.20** Judge Judy (PG) **11.50** The Supervet: Specials (PG) **12.50am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.35** The Vicar of Dibley (PG) s1ep1 **7.05** QI (M) **7.35** Richard Osman's House of Games Night (PG) s1ep4 **8.10** The Bill (M) **9.00** A Touch of Frost (M) s8ep1 **10.20** Father Brown (M) s2ep1 **11.10** Doc Martin (PG) s9ep6 **Noon** Midsomer Murders (PG) s20ep3 **1.35** The Bill (M) **2.25** New Tricks (M) s3ep6 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (M) s16ep5 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Death in Paradise (PG) A lottery winner is found dead, but her body has disappeared. s10ep3 **9.40** The Trial of Christine Keeler (M) s1ep2 **10.45** Keeping Faith (M) s1ep2 **11.50** Midsomer Murders (PG) s20ep3 **1.25am** Programmes continue

SoHo SKY 010

6.20 Baptiste (16) s2ep4 **7.20** The Lazarus Project (16) s1ep6 **8.05** Devils (16) s2ep8 **9.00** The Midwich Cuckoos (16) s1ep5 **9.45** Real Time with Bill Maher (M) s20ep22 **10.45** I Love That for You (M) s1ep8 **11.15** Rap Sh!t (16) s1ep2 **11.50** Baptiste (16) s2ep4 **12.50** Devils (16) s2ep8 **1.45** The Midwich Cuckoos (16) s1ep5 **2.30** Real Time with Bill Maher (M) s20ep22 **3.30** The Righteous Gemstones (16) s1ep5 **4.15** Work in Progress (16) s1ep7 **4.45** Absentia (16) s3ep6 **5.35** Britannia (18) s2ep9 **6.20** I Hate Suzie (M) s1ep3 **7.00** Black Monday (16) s2ep4 **7.25** Last Week Tonight with John Oliver (M) s9ep19 **8.00** Made for Love (16) s2ep7 **8.35** Westworld (18) s4ep7 **9.35** City on a Hill (16) s3ep1 **10.35** Gary Gulman: The Great Depresh (M) **11.50** The Outsider (16) s1ep10 **12.45am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Long Lost Family US (PG) **10.00** Every Family Has a Secret (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Location Location Location Australia (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Every Family Has a Secret (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Selling Houses Australia (PG) **9.30** The Great Hotel Escape (PG) **10.30** Grand Designs New Zealand (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** American Monster (M) **7.45** American Detective with Lt. Joe Kenda (M) **8.35** Reasonable Doubt (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Obsession: Dark Desires (M) **2.00** I'd Kill for You (M) **2.55** Betrayed (M) **3.50** Pandora's Box: Unleashing Evil (M) **4.45** Your Worst Nightmare (M) **5.40** Finding Andrea (M) **7.30** Evil Lives Here (M) **8.30** American Monster (M) **9.30** Evil Lives Here (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 Rock Legends: Duran Duran **7.15** Rock Legends: Kiss **8.00** Gstaad Menuhin Festival: Hilary Hahn Plays Bach **9.30** ■ Written on Water (2020, G) **10.50** The Artist's Workshop **11.05** Other Voices **Noon** Michael Kiwanuka Plays Baloise Session **1.30** Sleaford Mods Live at 100 Club **2.30** Rock Legends: Duran Duran **3.15** Rock Legends: Kiss **4.00** ■ La Monnaie: Beyond the Stage (2020, G) Behind the scenes at one of the world's most prestigious opera houses. **5.30** The Directors: George Cukor **6.15** The Directors: Akira Kurosawa **7.05** The Great Pottery Throw Down **8.00** Off Camera **9.00** Essential Royal Ballet (G) Looking back on 10 years at the Royal Ballet. **10.30** Put Some Colour in Your Life Marathon **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Rise of the Machines (M) **7.45** Homestead Rescue (PG) **8.35** Gold Rush: White Water (M) **9.25** Aussie Gold Hunters (PG) **10.20** Gold Rush: Dave Turin's Lost Mine (M) **11.15** Extreme Ice Machines (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Mysteries at the Museum (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush: White Water (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Lobster Men (PG) **6.35** Aussie Gold Hunters (PG) **7.30** Demolition Down Under (PG) **8.30** Heavy Tow Truckers Down Under (M) **9.30** Last Outpost (PG) **10.30** Railroad Alaska (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.00 Aussie Snake Wranglers (PG) **6.30** Drain the Oceans Best ofs (PG) **7.30** When Sharks Attack (M) **8.30** Shark Attack Files (M) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Colossal Machines (PG) **3.30** Superstructures: Engineering Marvels (PG) **4.30** Hitler's Last Stand (PG) **6.30** When Crocs Ate Dinosaurs (PG) **7.30** Alaska: The Next Generation (PG) **8.30** No Man Left Behind (M) **10.30** Drain the Oceans Best ofs (PG) **11.30** Inside Incredible Machines (PG) **12.30am** Programmes continue

History SKY 073

6.30 The Normans (PG) **7.30** Secrets of World War II (PG) **8.30** Time Team **9.30** Around the World by Train with Tony Robinson (PG) **10.30** Dogfights (PG) **11.30** The Normans (PG) **12.30** Secrets of World War II (PG) **1.30** History's Raiders (PG) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Europe's Secret Armies (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** Great British History Hunters (PG) **8.30** Roman Megastructures (PG) **9.30** Secrets of Highclere Castle (PG) **10.30** WWII & Cinema (M) **11.30** The Australian SAS: The Untold History (M) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Primates (PG) **6.50** Life Below Zero (M) **7.40** Where the Wild Men Are (PG) **8.30** Wonders of the Universe (PG) **9.30** The Placebo Experiment (PG) **10.35** The Dog Rescuers (PG) **11.20** 24 Hours in A&E (M) **12.10** Seven Worlds, One Planet (PG) **1.05** Wonders of the Universe (PG) **2.05** Primates (PG) **3.00** Cornwall with Simon Reeve (PG) **4.05** The Placebo Experiment (PG) **5.05** Life Below Zero **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers with Alan Davies (PG) **7.40** 24 Hours in A&E (PG) **8.30** Life Below Zero **9.25** Where the Wild Men Are (PG) **10.20** Seven Worlds, One Planet (PG) **11.15** Cornwall with Simon Reeve (PG) **12.20am** Programmes continue

Sky Arts: Essential Royal Ballet, 9.00pm

SKY SPORT

Sky Sport 1 SKY 051

7.00 Nascar, FireKeepers Casino 400, from Michigan international Speedway, **live** **10.30** Premier League, Manchester United v Brighton & Hove Albion, replay **12.30** Premier League, West Ham United v Manchester City, replay **2.30** National Provincial Championship, Waikato v Hawke's Bay, replay **4.30** National Provincial Championship, Tasman v Southland, replay from Lansdowne Park, Blenheim **6.30** Farah Palmer Cup, Counties Manukau v Canterbury, replay from Navigation Homes Stadium, Pukekohe **8.30** The Crowd Goes Wild **9.30** Fox Sports News **10.30** West Indies v India, 5th T20, highlights from Central Broward Park, Lauderhill, Florida **11.00** Golf, Women's British Open, round 4, highlights **11.30** Farah Palmer, Auckland v Manawatu, replay **1.30am** Farah Palmer Cup, Northland v Hawke's Bay, replay **3.30** Rugby Championship, Argentina v Australia, replay **5.30** Farah Palmer Cup, Auckland v Manawatu, highlights

Sky Sport 2 SKY 052

6.00 PGA Tour, Wyndham Championship, round 4, **live** **10.00** Premier League, Newcastle United v Nottingham Forest, replay from St James' Park, Newcastle **Noon** Premier League, Leicester City v Brentford, replay from King Power Stadium, Leicester **2.00** Premier League, Bournemouth v Aston Villa, replay from Dean Court, Bournemouth **4.00** Premier League, Everton v Chelsea, replay from Goodison Park, London **6.00** Premier League, Manchester United v Brighton and Hove Albion, replay from Old Trafford, Manchester **8.00** ATP 500, Citi Open Review **9.00** West Indies v India, 5th T20, replay from Central Broward Park, Lauderhill, Florida **1.00am** ATP 500, Citi Open Review **2.00** ATP 500, Citi Open, singles final, replay **4.00** ATP 1000, National Bank Open, day 1, **live**

Sky Sport 3 SKY 053

6.30 West Indies v India, 5th T20, highlights **7.00** NRL Premiership, Cronulla Sharks v St George Illawarra Dragons, highlights **7.30** NRL Premiership, South Sydney Rabbitohs v NZ Warriors, replay **9.30** Rugby Championship, South Africa v All Blacks, highlights **10.00** Canoe Sprint World Champs, day 2 **Noon** Canoe Sprint World Champs, day 2, 5km **5.00** West Indies v India, 5th T20, highlights **5.30** PGA Tour, Wyndham Championship, round 4, highlights **6.00** Women's British Open, round 4, highlights **6.30** PGA Champions Tour, Shaw Charity Classic, round 3, replay **8.30** NRL 360, **live** **9.30** Benji, **live** **10.00** NRL Premiership, Canterbury-Bankstown Bulldogs v North Queensland Cowboys, replay **12.00am** NRL Premiership, Wests Tigers v Newcastle Knights, replay **2.00** West Indies v India, 3rd T20, replay

Drama: THE GILDED AGE

Julian Fellowes' fascination with the upper crust continues in this series set in the 1880s US boom years. It's old money versus the nouveau riche: Carrie Coon's Bertha Russell is determined to break into New York society, using her husband's massive wealth to build an opulent pile on Fifth Avenue and launching various schemes to get into the good graces of the queen of "The Four Hundred", Caroline Astor. Various snubbings and humilations ensue. Other real figures include Ward McAllister (Nathan Lane) and Clara Barton, who founded the American Red Cross. Bertha and hubby George (Morgan Spector) are based on William K and Alva Vanderbilt.

PRIME, 8.30pm

Crime drama: MARE OF EASTTOWN

Nice to see so much prestige drama on free-to-air telly. Kate Winslet is extraordinary as a detective in a small town, and went on to win an Emmy and a Golden Globe. Writer Brad Ingelsby (*The Way Back*) explores the effects of crime, especially on the women of the town.

PRIME, 10.05pm

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **HD**, **C**, **AD**)
1.00 **Hollyoaks** (PG, **HD**, **C**, **AD**) Verity warns Misbah about Ali's lawyer, and a letter hidden in Leela's bag reveals the shocking state of Ste's family finances.
1.30 **Fair Go** (R, **C**) Pippa Wetzell and Hadyn Jones present consumer affairs.
2.00 **Ready Steady Cook** (G, **HD**, **C**) UK series in which chefs race the clock to create appetising recipes from mystery ingredients.
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (PG, **HD**, **C**) Amy avoids Toadie and Melanie as they celebrate their engagement, and Zara's heart breaks for her mother and she suspects Harold is feeling the same.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Eat Well for Less NZ** (G, **C**, **AD**) Michael Van de Elzen and Ganesh Raj help Kiwi families shop better. Tonight, Michael and Ganesh take the stress, and sugar, out of family meals for two single mums who have joined forces to raise their kids. s3ep7
8.30 **Unbreakable** (G, **HD**, **C**, **AD**) Local series following remarkable individuals as they pursue their life goals. Tonight, Jacqui faces her demons, and Barney just wants to boogie. s2ep2
9.30 **Coronation Street** (PG, **C**, **AD**)
10.30 **1 News** (**HD**, **C**)
11.00 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **Sunday** (R, **C**) Miriama Kamo presents current affairs.
12.25am **Royals Declassified** (PG, R, **C**, **AD**) s1ep3
1.15 **Te Karere** (R)
1.40 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Kiri and Lou** (G, R, **HD**, **C**, **AD**)
6.30 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.50 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, **C**)
7.25 ■ **The Adventures of Rocky and Bullwinkle** (G, R, **HD**, **C**)
7.50 ■ **Beyblade Burst Surge** (G, R, **HD**, **C**)
8.15 **Ricky Zoom** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.05 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.40 **Les Mills BodyCombat** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **HD**, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (M, **HD**, **C**)
Noon ■ **A Love to Remember** (2021, G, **HD**, **C**) Rhiannon Fish.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.40 **Sabrina the Teenage Witch** (G, **HD**, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (PG, R, **HD**, **C**, **AD**) s30ep12
5.30 **Friends** (G, R, **HD**, **C**) s9ep14
6.00 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s6ep12
6.30 **Home and Away** (PG, **C**) John can't stand his noisy neighbours, and Xander seeks help.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Maeve cuts deep, Jack's feelings take a turn, and TK fights for his life.
7.30 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) Contestants have been asked to write their own Pressure Test.
8.40 **NCIS: Hawai'i** (16, **HD**, **C**, **AD**) Kai goes undercover as a chef to gather intel on a criminal kingpin. s1ep16
9.35 **SEAL Team** (16, **HD**, **C**, **AD**) Bravo try to prevent a terrorist attack while attempting to locate and capture their enemy. s5ep5
10.30 **CSI: Crime Scene Investigation** (16, **HD**, **C**) s5ep7
12.25am **Chapelwaite** (16, **HD**, **C**) s1ep5
1.15 **Emmerdale** (PG, R, **HD**, **C**, **AD**)
1.40 **Infomercials**
2.35 **Police Code Zero** (16, R, **HD**, **C**)
3.20 **Heroes** (M, R, **HD**, **C**) s1ep23
4.05 **B Positive** (PG, R, **HD**, **C**) s2ep2
4.25 **2 Tunes**
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**) s7ep20
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Murder & Matrimony** (2021, M, **C**) Kristen Vaganos.
2.55 ■ **Outrageous Acts of Science** (G, **C**) Series explaining the scientific principles behind popular Internet videos.
3.55 **Bath Crashers** (G, **C**) s7ep13
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**) s7ep21
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**, another episode screens tomorrow) An opportunity to win an advantage at a challenge pushes the teams harder.
8.35 **NCIS** (M, **C**) Torres gets a call from Special Agent Jane Tennant to come to Hawai'i when she gets a lead on a witness in a case they worked on together. s19ep17
9.35 **NCIS: Los Angeles** (M, **C**) NCIS investigates the murder of a woman employed in the Navy's missile defence programme. s13ep18
10.30 **Newshub Late**
11.00 **The Hui** (**C**) With Mihingarangi Forbes.
11.35 **Newshub Nation** (**C**)
12.40am **Infomercials**
5.30 – 6.00 **AM Early** With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **2022 Commonwealth Games**
7.30 **2022 Commonwealth Games Closing Ceremony** (G, **C**)
9.00 **2022 Commonwealth Games Highlights** (G, **C**) Action from day 11.
10.00 **American Pickers** (G, R)
11.00 **Big Love** (M, **C**)
12.10 **Royal Pains** (M)
1.05 **House** (M, **C**)
2.00 **The Late Show** (PG)
3.00 **2022 Commonwealth Games Highlights** (G, R, **C**)
4.00 **2022 Commonwealth Games Closing Ceremony Highlights** (G, **C**)
5.00 **WhichCar** (G, R, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **American Pickers** (PG, R)
8.30 ■ **The Gilded Age** (16, **C**)
10.05 ■ **Mare of Easttown** (18, **C**)
11.15 **The Breakdown** (G)
11.45 **Succession** (16, **C**)
1.00 **The Late Show with Stephen Colbert** (PG)
2.00am – 6.00 **Infomercials**

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.00 **Tribe** (G, R)
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **He Kākano** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Chatham Islanders** (G, R)
11.35 **Te Ngākau Tapatahi** (G, R)
Noon **Te Ao Tapatahi**
12.30 ■ **My Name Is Gulpilil** (2021, M, R) Documentary.
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Giants** (G, R) The Filipino community.
7.30 **David Rocco's Dolce South East Asia** (G) Siem Reap and the temples of Angkor Wat.
8.00 **Moon Tide Fishing** (PG) Nore Martin and Flynn Jack fish for yellowtail kingfish at Cape Karikari.
8.30 **Deadly Australians** (G) Nature series.
9.30 **Hunting Aotearoa** (PG) Pete is in the Manawatū-Whanganui region.
10.00 ■ **Michif Country** (G) Series in which well-known Canadians reconnect with their Michif roots.
10.30 **Piri's Tiki Tour** (PG, R)
11.00 – 11.30 **Te Ao Mārama** (R)

Series: MICHIF COUNTRY

To paraphrase Six60, we should not neglect our roots, and this new series features a number of well-known Canadians attempting to reconnect with their Métis heritage. They include actor Michelle Thrush and comedian Ryan McMahon.
WHAKAATA MĀORI, 10.00pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Hoarders: Family Secrets** (PG, R)
11.00 **Love It or List It: Vancouver** (PG, R)
11.50 **Killer Siblings** (M, R)
12.50 **Tattoo Fixers** (M, R)
1.45 **Below Deck** (M, R)
2.40 **Hoarders: Family Secrets** (PG, R)
3.35 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Rich Kids Go Skint** (M) Country girl Brooke has grown up on her parents' estate in Suffolk.
8.30 **The Real Housewives of Beverly Hills** (M)
9.30 **Below Deck Down Under** (M)
10.30 **Killer Siblings** (16, R)
11.30 **Accident, Suicide or Murder?** (M, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Valerie's Home Cooking** (G)
8.00 **Giada Entertains** (G, R)
8.30 **Gino's Italian Express** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Ugly House to Lovely House** (PG, R)
1.00 **Cabins in the Wild** (PG, R)
2.00 **Bang on Budget** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Islands to Highlands** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **Great Southern Truckers** (PG)
8.00 **Newshub Live**
8.30 **How to Save a Grand in 24 Hours** (G)
9.30 **Escape to the Chateau: DIY** (G)
10.30 **Great Southern Truckers** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Ed Stafford: Left for Dead** (PG, R)
9.20 **Man vs Wild** (PG, R)
10.10 **Naked and Afraid** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.45 **Tanked** (PG, R)
12.30 **Inside West Coast Customs** (PG, R)
1.22 **Kindig Customs** (PG, R)
2.10 **Street Outlaws: No Prep Kings** (M, R)
3.00 **Wheeler Dealers** (PG, R)
3.50 **Ed Stafford: Left for Dead** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Alaska: Battle on the Bay** (PG)
8.25 **Edge of Alaska** (M)
9.20 **Deadliest Catch** (M)
10.15 **Alaskan Bush People** (PG)
11.05 **Tanked** (PG, R)
11.55 **Wheeler Dealers** (PG, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.25 **Two and a Half Men** (PG, R, **HD**, **C**)
12.50 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.10 **Battlestar Galactica** (M, R, **HD**, **C**)
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.10 **Heavy Rescue 401** (G, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.20 **Abandoned Engineering** (PG, R, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**)
6.35 **Two and a Half Men** (PG, R, **HD**, **C**)
7.00 **Everybody Hates Chris** (PG, **HD**, **C**) s4ep14
7.30 **The Simpsons** (G, R, **HD**, **C**) s13ep13
8.30 ■ **From Paris with Love** (2010, 16, **HD**, **C**) A diplomatic aide in Paris teams up with a CIA agent to stop an attack. Jonathan Rhys Meyers, John Travolta.
10.15 ■ **Battlestar Galactica: The Plan** (2009, M, **HD**, **C**) Edward James Olmos.
11.50 ■ **Caprica** (16, **HD**) s1ep1
12.40am – 1.00 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.20 **Six Minutes to Midnight** (2021, M) Eddie Izzard
9.00 **Blue Bayou** (2020, M) Justin Chon, Alicia Vikander
10.55 **Dawn Raid** (2020, M) Local documentary.
12.35 **Four Good Days** (2019, M) Mila Kunis, Glenn Close
2.15 **The Conjuring 3: The Devil Made Me Do It** (2021, 16) Patrick Wilson, Vera Farmiga
4.10 **West Side Story** (2021) (2021, M) Ansel Elgort
6.50 **The Space Between** (2021, M) When a record label wants to drop a burnt-out musician, a young guy in the mailroom volunteers to get the job done. Kelsey Grammer, Jackson White
8.30 **Moonshot** (2022, M) Two very different college students sneak onboard a space shuttle to Mars. Cole Sprouse, Zach Braff
10.20 **Castle Falls** (2021, 16) Dolph Lundgren, Scott Adkins
11.50 **The Nest** (2020, 16) Jude Law, Carrie Coon
1.35am Voyagers (2020, 16) **3.20** Penguin Bloom (2020, M) **4.55** Spiral: From the Book of Saw (2021, 18)

MOVIES CLASSICS SKY 034

7.25 **The Enforcer** (1976, 16) Clint Eastwood, Tyne Daly
9.00 **The Alamo** (1960, PG) John Wayne, Richard Widmark
11.40 **A Fish Called Wanda** (1988, M) John Cleese
1.25 **The Fan** (1996, 16) Robert De Niro, Wesley Snipes
3.20 **Wyatt Earp** (1994, M) Kevin Costner, Dennis Quaid
6.25 **The Bodyguard** (1992, M) After a pop singer is threatened, a former secret service agent becomes her bodyguard. Kevin Costner, Whitney Houston
8.30 **Tucker: The Man and His Dream** (1988, PG) Based on the story of maverick car designer Preston Tucker and his attempt to build a "car of the future". Jeff Bridges, Joan Allen
10.20 **Copycat** (1995, 18) A psychologist and a detective work together to catch a serial killer. Sigourney Weaver, Holly Hunter
12.20am Young Winston (1972, G)
2.40 Natural Born Killers (1994, 18)
4.35 Comanche Station (1960, M)
5.50 Advise and Consent (1962, PG)

RIALTO SKY 039

6.55 **Annette** (2021, 16) Marion Cotillard, Adam Driver
9.10 **Make Up** (2019, 16) Molly Windsor
10.40 **Persian Lessons** (2020, M) Nahuel Perez Biscayart
12.45 **Red Light** (16) s1ep3&4
2.25 **Flannery** (2019, M) US documentary.
3.50 **School's Out** (2018, 16) Laurent Lafitte
5.30 **I Used to Go Here** (2020, M) Jemaine Clement
7.00 **The Man Putin Couldn't Kill** (2021, M) UK documentary.
8.30 **The Promise** (M) Sarah fights to keep the investigation and collects the files of missing girls. s1ep3
9.30 **Golden Voices** (2019, M) A Russian-Jewish couple immigrate to Israel and reinvent themselves. Mariya Belkina, Vladimir Friedman
11.00 **Undergods** (2020, M) Two corpse collectors journey through the desolate streets of a forgotten city. Johann Myers
12.30am Brassic (16) s2ep1&2
2.00 The Promise (M) s1ep3 **3.00** Flannery (2019, M) **4.30** School's Out (2018, 16)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s4ep14 **6.50** Judge Judy (PG) **7.15** The Closer (M) s4ep7 **8.05** The Mysteries of Laura (M) s1ep13 **8.50** The Good Wife (M) s1ep10 **9.40** Covert Affairs (M) s1ep10 **10.30** Judge Judy (PG) **11.15** Ambulance (16) s6ep8 **12.15** Inside the Operating Theatre (M) s1ep13 **1.05** The Supervet: Specials (PG) **2.00** The Closer (M) s4ep7 **2.50** The Mysteries of Laura (M) s1ep13 **3.40** The Good Wife (M) s1ep10 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s4ep14 **6.30** Covert Affairs (M) s1ep10 **7.30** Frankie Drake Mysteries (M) s4ep7 **8.30** Vera (M) Vera investigates the murder of young physiotherapist. s3ep1 **10.15** The Good Wife (M) s1ep10 **11.15** Judge Judy (PG) **11.45** Frankie Drake Mysteries (M) s4ep7 **12.45am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.35** The Vicar of Dibley (PG) s1ep2 **7.05** QI (M) **7.40** EastEnders (PG) **8.10** The Bill (M) **9.00** A Touch of Frost (M) s8ep2 **10.20** Father Brown (M) s2ep2 **11.10** Doc Martin (PG) s9ep7 **Noon** Midsomer Murders (PG) s20ep4 **1.35** The Bill (M) **2.25** New Tricks (M) s3ep7 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (M) s16ep6 **5.15** Who Do You Think You Are? (PG) **6.20** QI (M) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Heartbeat (PG) A widow's life is endangered by the dodgy business dealings of her late husband. s18ep7 **9.30** Father Brown (PG) Father Brown's position is under threat when he clashes with an influential new parishioner. s9ep6 **10.25** Doc Martin (M) s5ep6 **11.20** Midsomer Murders (PG) s20ep4 **12.55am** Programmes continue

SoHo SKY 010

6.20 I Hate Suzie (M) s1ep3 **7.00** Mystery Road (16) s2ep1 **7.55** Last Week Tonight with John Oliver (M) s9ep19 **8.30** Gary Gulman: The Great Depresh (M) **9.45** Made for Love (16) s2ep7 **10.20** Westworld (18) s4ep7 **11.20** City on a Hill (16) s3ep1 **12.20** Mystery Road (16) s2ep1 **1.15** I Hate Suzie (M) s1ep3 **1.55** Last Week Tonight with John Oliver (M) s9ep19 **2.30** Made for Love (16) s2ep7 **3.05** The Outsider (16) s1ep final **4.00** The Righteous Gemstones (16) s1ep6 **4.35** Work in Progress (16) s1ep8 **5.05** Absentia (16) s3ep7 **5.45** Britannia (18) s2ep10 **6.30** Billions (18) s5ep8 **7.30** The Undoing (18) s1ep3 **8.30** Fear the Walking Dead (18) As the battle for the tower heats up, Alicia brings the fight to Strand's front door. s7ep14 **9.30** Irma Vep (16) Rene faces backlash over a scene's sexual implications. s1ep5 **10.25** Mind Over Murder (18) True crime docuseries. s1ep6 **11.25** The Nevers (16) s1ep4 **12.20am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** The Great Hotel Escape (PG) **10.00** Selling Houses Australia (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Grand Designs New Zealand (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Selling Houses Australia (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Salvage Hunters (PG) **9.30** Salvage Hunters: The Restorers (PG) **10.30** Escape to the Country (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** Predator at Large (M) **7.45** Dead Reckoning (M) **8.35** Deadline: Crime with Tamron Hall (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Obsession: Dark Desires (M) **2.00** I'd Kill for You (M) **2.55** Betrayed (M) **3.50** Pandora's Box: Unleashing Evil (M) **4.45** Your Worst Nightmare (M) **5.40** American Monster (M) **6.35** Evil Lives Here (M) **8.30** NY Post Investigates (M) **9.30** Finding Andrea (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 Put Some Colour in Your Life Marathon **8.00** ■ La Monnaie: Beyond the Stage (2020, G) **9.30** The Directors: George Cukor **10.15** The Directors: Akira Kurosawa **11.05** The Great Pottery Throw Down **Noon** Off Camera **1.00** Essential Royal Ballet **2.30** Put Some Colour in Your Life Marathon **4.00** ■ Impulso (2017, G) The creation of a modern flamenco. **5.30** Put Some Colour in Your Life **6.00** The Big Book Club **7.00** Photos That Changed the World **7.45** Boswell & Johnson's Scottish Road Trip **8.30** Landscape Artist of the Year **9.15** The Live Revival **10.00** Georgia O'Keeffe: Painter of the Far Away **11.00** Off Camera **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Rise of the Machines (M) **7.45** Homestead Rescue (PG) **8.35** Mighty Cruise Ships (PG) **9.25** Fast N' Loud (M) **10.20** Heavy Tow Truckers Down Under (M) **11.15** Gold Rush: Dave Turin's Lost Mine (M) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Mysteries at the Museum (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush: White Water (M) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Lobster Men (PG) **6.35** Outback Opal Hunters (PG) **7.30** Aussie Gold Hunters (PG) **8.30** Mysteries at the Museum (PG) **9.30** Mystery at Blind Frog Ranch (M) **10.30** Contact (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.30 When Crocs Ate Dinosaurs (PG) **7.30** Alaska: The Next Generation (PG) **8.30** No Man Left Behind (M) **10.30** Drain the Oceans Best ofs (PG) **11.30** Inside Incredible Machines (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Alaska: The Next Generation (PG) **3.30** Original Sin (M) **4.30** Mine Kings (M) **6.30** Explorer: The Deepest Cave (PG) **7.30** Shark Attack Files (M) **8.30** Dutch Caribbean Coastguard (PG) **9.30** Wicked Tuna (PG) **10.30** Buried Secrets of WWII (PG) **11.30** WW2 Hell Under the Sea (M) **12.30am** Programmes continue

History SKY 073

6.30 Secrets of Highclere Castle (PG) **7.30** WWII & Cinema (M) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** Great British History Hunters (PG) **12.30** Roman Megastructures (PG) **1.30** History's Raiders (PG) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Europe's Secret Armies (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** Besieged Fortresses, Legendary Battles (PG) **8.30** Around the World by Train with Tony Robinson (PG) **9.30** Bombing War: From Guernica to Hiroshima (M) **11.30** Secrets of the Railways (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Primates (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Wonders of the Universe (PG) **9.40** Feast to Save the Planet (PG) **10.35** The Dog Rescuers (PG) **11.25** 24 Hours in A&E (M) **12.15** Seven Worlds, One Planet (PG) **1.10** Wonders of the Universe (PG) **2.10** Primates (PG) **3.10** The Age of Nature (PG) **4.05** Feast to Save the Planet (PG) **5.05** Life Below Zero **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers with Alan Davies (PG) **7.40** 24 Hours in A&E (PG) **8.30** Penguins: Meet the Family (PG) **9.30** Louis Theroux: By Reason of Insanity (M) **10.35** Seven Worlds, One Planet (PG) **11.35** The Age of Nature (PG) **12.35am** Programmes continue

Sky Arts: Boswell & Johnson's Scottish Road Trip, 7.45pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Football, Premier League, Manchester United v Brighton & Hove Albion, replay from Old Trafford, Manchester **8.00** Premier League, Leicester City v Brentford, replay from King Power Stadium, Leicester **10.00** Premier League, West Ham United v Manchester City, replay from London Stadium **Noon** Premier League, Crystal Palace v Arsenal, replay from Selhurst Park, London **2.00** Premier League, Leeds v Wolverhampton Wanderers, replay from Elland Road, Leeds **4.00** Premier League, Newcastle United v Nottingham Forest, replay from St James' Park, Newcastle **6.00** Premier League, Everton v Chelsea, replay from Goodison Park, Liverpool **8.00** Sky Speed **8.30** Aotearoa Rugby Pod **9.00** Goodyear Gallaher Shield, final, highlights **9.30** The Back Page **10.30** Between Two Posts **11.30** Farah Palmer Cup, Tasman v North Harbour, replay from Lansdowne Park, Blenheim **1.30am** Rugby Championship, South Africa v All Blacks, replay from Mbombela Stadium, Nelspruit **3.30** National Provincial Championship, Tasman v Southland, highlights **3.45** National Provincial Championship, Wellington v Bay of Plenty, highlights from Sky Stadium, Wellington **4.00** Farah Palmer Cup, Taranaki v Otago, replay

Sky Sport 2 SKY 052

6.00 ATP 1000, National Bank Open, day 1, **live** **2.30** National Provincial Championship, Counties Manukau v Otago, replay from Navigation Homes Stadium, Pukekohe **4.30** National Provincial Championship, Wellington v Bay of Plenty, replay from Sky Stadium, Wellington **6.30** The Breakdown **7.00** The Crowd Goes Wild **8.00** Premier League, West Ham United v Manchester City, replay from London Stadium **10.00** Premier League, Leicester City v Brentford, replay from King Power Stadium, Leicester **12.00am** NRL Try Time **1.00** Sky Speed **1.30** ATP 1000, National Bank Open, day 1, highlights **2.30** ATP 1000, National Bank Open, day 1, match of the day **4.00** ATP 1000, National Bank Open, day 2, **live**

Sky Sport 3 SKY 053

6.00 Ultimate Bowls **7.00** Commonwealth Games, cricket, Australia v India, replay from Edgbaston Stadium, Birmingham **10.30** Commonwealth Games, cricket, New Zealand v South Africa, replay from Edgbaston Stadium, Birmingham **11.00** 2015 ICC Cricket World Cup, quarter-final 4, Black Caps v West Indies, replay from Wellington Regional Stadium **9.00** Commonwealth Games, cricket, India v Pakistan, replay from Edgbaston Stadium, Birmingham **12.30am** Commonwealth Games, cricket, Barbados v Australia, replay **4.00** Ultimate Bowls **5.00** World Athletics U20 Championships, day 1, highlights

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson, Indira Stewart and the Breakfast team present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **C**, **AD**) A heart-breaking confession from Zain reveals the reality of his mental state, and Sienna comes up with a new elaborate scheme.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (PG, **HD**, **C**) Despite worrying Emma will continue asking "favours" of her, Freya takes comfort that her actions have kept David safe.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Give Us a Clue** (PG, **HD**, **C**) Paula Bennett hosts a local celebrity charades series, with team leaders Tom Sainsbury and Hilary Barry. Tonight, Lily McManus, Ava Diakhaby and Stephanie Tauevihi are on Hilary's team, facing Clinton Randell, Brendon Green and Jeremy Elwood on Tom's team (includes Lotto at 8.20pm).
8.30 ■ **Location Location Location** (G, **C**) Kirstie Allsopp and Phil Spencer present a UK realty series. Tonight, a catch-up with Emily and Dustin, who had six weeks to leave Emily's parental home, and did Sarah and Ian solve their size-versus-location dilemma and settle in their beloved Balham?
9.30 **Coronation Street** (PG, **C**, **AD**)
10.30 **1 News** (**HD**, **C**)
11.00 **Shortland Street** (PG, R, **C**, **AD**)
11.30 **Transplant** (G, **HD**, **C**)
12.25am **Under the Dome** (M, **HD**, **C**) s2ep1
1.10 **Te Karere** (R)
1.35 **Infomercials**
5.30 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Kiri and Lou** (G, R, **HD**, **C**, **AD**)
6.30 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.45 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, **HD**, **C**)
7.30 **Monkie Kid: Hero Is Born** (G, R, **HD**, **C**, **AD**)
8.15 **Ricky Zoom** (G, R, **HD**, **C**)
8.40 **Sesame Street** (G, R, **HD**, **C**)
9.05 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.40 **Les Mills BodyAttack** (G, R, **HD**, **C**)
10.10 **Home and Away** (PG, R, **C**)
10.40 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.10 **Charmed** (M, **C**)
Noon ■ **Planning on Forever** (2022, G, **HD**, **C**) Alec Santos.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.35 **Sabrina the Teenage Witch** (G, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.05 **The Simpsons** (G, R, **HD**, **C**, **AD**) s30ep13
5.30 **Friends** (G, R, **HD**, **C**) s9ep15
6.00 **The Big Bang Theory** (PG, R, **HD**, **C**) s6ep13
6.30 **Home and Away** (PG, **C**) Lyrik put down roots in Summer Bay, and Ziggy's apprenticeship plans are upstaged.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Desi faces her fears, Maeve accuses Nicole of jealousy, and Jack is challenged to come out of his shell.
7.30 **MasterChef Australia: Fans & Favourites** (PG, **HD**, **C**, another episode screens tomorrow) The chefs must reimagine the humble fruit salad.
8.40 **Taskmaster NZ** (16, **C**, **AD**) Paul Williams jumps behind the camera, Kura Forrester becomes a superhero, and the comedians' superstitions are put to the test. s3ep6
9.40 **Guessable** (16, **HD**, **C**, **AD**) Sara Pascoe and team captains Alan Davies and Darren Harriott welcome Susie Dent, Nick Helm, Russell Kane and Desiree Burch into the loft. s2ep8
10.40 **Girls5eva** (M, R, **HD**, **C**, **AD**) s1ep3
11.45 **Have You Been Paying Attention?** (M, R, **C**)
12.40am **Wentworth** (16, R, **HD**, **C**)
1.30 **Emmerdale** (PG, R, **C**, **AD**)
1.55 **Infomercials**
2.50 **Police Code Zero** (16, R, **HD**, **C**)
3.35 **Heroes** (M, R, **HD**, **C**) s2ep1
4.15 **Bob Hearts Abishola** (G, R, **HD**) s3ep1
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**) s7ep21
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Her Son's Secret** (2018, M, R, **C**) Olivia d'Abo, Sebastian Prandoni, Ryan Herzog.
2.55 **Outrageous Acts of Science** (G, **C**)
3.55 **Bath Crashers** (G, **C**) s8ep1
4.30 **Newshub Live**
5.00 **Gold Rush** (PG)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **The Block NZ: Redemption** (PG, **C**) The teams strike problems as they race to complete their studies or sitting rooms.
8.35 ■ **Sort Your Life Out NZ** (PG, **C**) Kanoa Lloyd, Sean Brown and Natalie Jane help Kiwis declutter. Tonight, the team meets a dynamic 79-year-old who is drowning in decades worth of memories. s1ep8
9.30 **This Time Next Year Australia** (PG, **C**) Karl Stefanovic hosts a series featuring everyday Aussies tackling monumental personal goals over the course of a year. s1ep8
10.35 **Newshub Late**
11.05 **NRL Try Time** Lara Pitt showcases the best tries from the week's NRL action.
12.10am **Infomercials**
5.30 – 6.00 AM Early With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.00 **2022 Commonwealth Games Opening Ceremony Highlights** (G, R, **C**)
10.05 **2022 Commonwealth Games Highlights** (G, R, **C**)
11.00 **Big Love** (M, **C**)
12.10 **Royal Pains** (M)
1.05 **House** (M, **C**)
2.00 **The Late Show** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
4.55 **The Hui** (G, **C**)
5.30 **Prime News**
6.00 **Sky Speed** (G)
6.30 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 **Traffic Cops** (PG, R, **C**)
8.30 ■ **The Red Stag Timber Hunters Club** (M, **C**) Sam and Anto venture into the Canterbury high country.
9.35 ■ **Class Action Park** (2020, M, **C**) Documentary about a dangerous 1980s New Jersey water park.
11.30 **The Late Show** (PG)
12.30am – 6.00 **Infomercials**

Reality: INDIAN MATCHMAKING

Creator Smriti Mundhra says she just wanted "a big, mainstream dating show for South Asian people", but she opened a can of worms with her docuseries that follows Mumbai-based matchmaker Sima Taparia as she travels back and forth from India to the US arranging introductions. The problem, according to some critics, is that the show ignores the issue of caste and exists entirely within an upper echelon. However, the entertaining Taparia is part psychologist, part negotiator as she tries to find matches for some very picky clients. From today, "Sima from Mumbai is back!" for season two.
NETFLIX

Film: CLASS ACTION PARK

A documentary that is hilarious and horrifying by turn: Action Park was in Vernon Township, New Jersey, and became infamous for its terrifically dangerous attractions. Stockbroker Eugene Mulvihill opened it in 1978, envisioning it as a park with "no rules".
PRIME, 9.35pm

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **David Rocco's Dolce South East Asia** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **Piri's Tiki Tour** (PG, R)
11.30 **Moon Tide Fishing** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **Deadly Australians** (G, R)
1.30 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R) Te Hui Ahurei o Ngā Uri a Atuamatua, from Rotorua.
6.30 **Te Ao Mārama**
7.00 **Waiata Nation II** (G, R) Rongomai Taiapa uses a pop and soul song to spread a message of unity.
7.30 **The New Zealanders** (G, R) Documentary series featuring quirky locations and characters throughout Aotearoa.
8.30 ■ **Red** (2010, M, R) When his peaceful life is threatened by an assassin, a former black-ops agent reassembles his old team. Bruce Willis, Helen Mirren, Morgan Freeman. **TV Films, page 69**
10.30 **Sidewalk Karaoke** (G, R)
11.00 – 11.30 **Te Ao Mārama** (R)

Film: FAIL SAFE

A 2000 live broadcast play based on the same novel and starring George Clooney and Richard Dreyfuss was deemed a failure because the Cold War was over; now, with another Russian war under way, Sidney Lumet's 1964 thriller is looking prescient again.
SKY MOVIES CLASSICS, 8.30pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Hoarders: Family Secrets** (PG, R)
11.00 **Love It or List It: Vancouver** (PG, R)
11.50 **Million Dollar Listing NY** (PG, R)
12.50 **Tattoo Fixers** (M, R)
1.45 **Below Deck** (M, R)
2.40 **Hoarders: Family Secrets** (PG, R)
3.35 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Dog Rescuers** (PG)
8.30 **24 Hours in Emergency** (M) 51-year-old Mark has had a cycling accident.
9.30 **911 Crisis Center** (M) The team must piece together a possible kidnapping.
10.30 **Killer Siblings** (16, R)
11.30 **Accident, Suicide or Murder?** (M, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Valerie's Home Cooking** (G)
8.00 **Islands to Highlands** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Escape to the Chateau: DIY** (G, R)
1.00 **How to Save a Grand in 24 Hours** (G, R)
2.00 **Great Southern Truckers** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Giada in Italy** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **The Great Pottery Throw Down** (PG)
8.00 **Newshub Live**
8.30 **Where the Wild Men Are** (PG)
9.30 **Idris Elba: No Limits** (PG)
10.30 **The Great Pottery Throw Down** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Alaska: Battle on the Bay** (PG, R)
9.20 **Edge of Alaska** (M, R)
10.10 **Deadliest Catch** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Mysteries of the Deep** (PG, R)
1.30 **Expedition Unknown** (PG, R)
2.20 **NASA's Unexplained Files** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Alaska: Battle on the Bay** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Treehouse Masters** (PG)
8.25 **Homestead Rescue** (PG) A bear encounter gets the Raneys predator-proofing.
9.20 **Building Alaska** (G)
10.15 **Alaskan Bush People** (PG)
11.10 **Tanked** (PG, R)
12.00am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.40 **Extreme E: Electric Odyssey** (G, R)
1.10 **Two and a Half Men** (PG, R, **HD**, **C**)
1.30 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.55 **Battlestar Galactica** (M, R, **HD**, **C**)
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.10 **Heavy Rescue 401** (G, R, **HD**)
4.05 **The Chase Australia** (G, **C**)
4.55 **ABC World News** (PG)
5.15 **Abandoned Engineering** (PG, R, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**)
6.35 **Two and a Half Men** (PG, R, **HD**, **C**)
7.05 **Everybody Hates Chris** (PG, **HD**, **C**) s4ep15
7.30 **The Simpsons** (PG, R, **HD**, **C**) s13ep15
8.30 **Police: Hour of Duty** (M, **HD**) s1ep4
9.30 **Secret Nazi Bases** (PG, **HD**, **C**)
10.30 **Caprica** (16, **HD**) s1ep2
11.15 **Grimm** (16, **HD**)
12.50am – 1.10 ABC World News (PG, R)

SKY PREMIERE SKY 030

6.30 **The Mistletoe Secret** (2019, PG) Kellie Pickler
7.55 **Flesh and Blood** (2018, 16) Diana Silvers
9.28 **Lake Placid: Legacy** (2018, 16) Katherine Barrell
11.01 **The Call** (2020, 16) Lin Shaye, Tobin Bell
12.37 **Georgetown** (2021, 16) Christoph Waltz
2.17 **Survive the Night** (2019, 16) Bruce Willis
3.47 **Halloween Kills** (2021, 16) Jamie Lee Curtis, Nick Castle
5.30 **Long Story Short** (2021, M) Rafe Spall, Zahra Newman
7.03 **Land** (2021, M) A grieving woman retreats to the wilds of the Rockies. Robin Wright, Demian Bichir
8.30 **The Last Son** (2021, 16) Prophesied to be killed by the hand of his offspring, an outlaw hunts down all his children. Sam Worthington, Heather Graham **TV Films, page 69**
10.10 **Nightmare Alley** (2021) (2021, 16) Bradley Cooper
12.40am The Dry (2020, 16) **2.35** Half Brothers (2020, M) **4.10** Out of Death (2021, 16) **5.45** I'm Just F*cking with You (2018, 16)

MOVIES CLASSICS SKY 034

8.05 **The Witches of Eastwick** (1987, M) Jack Nicholson, Susan Sarandon
10.00 **A Night in Casablanca** (1946, G) Groucho Marx
11.25 **The Battle of Britain** (1969, PG) Laurence Olivier
1.35 **Halloween 4: The Return of Michael Myers** (1988, 16) Donald Pleasence
3.00 **Death Wish** (1974, 16) Charles Bronson, Hope Lange
4.30 **Goodfellas** (1990, 16) Robert De Niro, Ray Liotta
6.50 **The Princess Bride** (1987, PG) A farmboy-turned-pirate encounters numerous obstacles in his quest to be reunited with his true love. Robin Wright, Cary Elwes
8.30 **Fail Safe** (1964, PG) A technical malfunction sends a group of US bombers to destroy Moscow. Henry Fonda, Walter Matthau
10.20 **Night of the Creeps** (1986, 16) Jason Lively
11.55 **The Dead Pool** (1988, M) Clint Eastwood
1.25am Alvarez Kelly (1966, PG) **3.15** McLintock! (1963, PG) **5.20** The Blue Lagoon (1980, M)

RIALTO SKY 039

6.15 **I Used to Go Here** (2020, M) Gillian Jacobs
7.45 **The Man Putin Couldn't Kill** (2021, M) UK documentary.
9.15 **Golden Voices** (2019, M) Mariya Belkina, Vladimir Friedman
10.45 **The Promise** (M) s1ep3
11.45 **Red Light** (16) s1ep5&6
1.25 **No Distinguishing Features** (2020, M) Australian documentary.
2.50 **Love Affair(s)** (2020, M) Camelia Jordana
4.50 **The Capote Tapes** (2019, 16) US documentary.
6.25 **Incitement** (2019, 16) Based on the story of Yigal Amir in the year leading up to his assassination of Israeli Prime Minister Yitzhak Rabin. Yehuda Nahari Halevi
8.30 **The Accidental President** (2020, M) US documentary examining how Donald Trump won the 2016 US Presidential election.
10.20 **Dear Comrades!** (2020, 16) Yuliya Vysotskaya
12.25am We Are Conjola (2020, M) **2.15** Brassic (16) s2ep3&4 **3.45** No Distinguishing Features (2020, M) **5.10** Love Affair(s) (2020, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s4ep15 **6.50** Judge Judy (PG) **7.15** The Closer (M) s4ep8 **8.05** The Mysteries of Laura (M) s1ep14 **8.55** The Good Wife (M) s1ep11 **9.45** Covert Affairs (M) s1ep11 **10.35** Judge Judy (PG) **11.25** Vera (M) s3ep1 **1.10** Frankie Drake Mysteries (M) s4ep7 **2.00** The Closer (M) s4ep8 **2.50** The Mysteries of Laura (M) s1ep14 **3.40** The Good Wife (M) s1ep11 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s4ep15 **6.30** Covert Affairs (M) s1ep11 **7.30** Hitmen (M) s1ep5&6 **8.30** Julia (M) In 1962, Julia Child boldly pitches the idea of a TV series for the home cook. s1ep1 **9.30** Our Girl (16) s1ep6 **10.30** The Good Wife (M) s1ep11 **11.20** Judge Judy (PG) **11.50** Hitmen (M) s1ep5 **12.20am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.35** The Vicar of Dibley (PG) s1ep3 **7.05** QI (M) **7.40** EastEnders (PG) **8.10** The Bill (M) **9.00** A Touch of Frost (M) s9ep1 **10.20** Father Brown (M) s2ep3 **11.10** Doc Martin (PG) s9ep8 **Noon** Midsomer Murders (PG) s20ep5 **1.35** The Bill (M) **2.25** New Tricks (M) s3ep8 **3.25** 8 Out of 10 Cats Does Countdown (PG) **4.20** The Jonathan Ross Show (M) s16ep7 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** Grantchester (PG) The leader of a student CND group falls to her death. s6ep6 **9.30** Holby City (M) A startling incident forces Zosia to reconsider her future at Holby. s21ep16 **10.35** Keeping Faith (M) s2ep4 **11.40** Midsomer Murders (PG) s20ep5 **1.15am** Programmes continue

SoHo SKY 010

6.45 The Undoing (18) s1ep3 **7.40** Fear the Walking Dead (18) s7ep14 **8.25** Irma Vep (16) s1ep5 **9.15** Mind Over Murder (18) s1ep6 **10.15** The Nevers (16) s1ep4 **11.10** Billions (18) s5ep8 **12.10** The Undoing (18) s1ep3 **1.05** Fear the Walking Dead (18) s7ep14 **1.50** Irma Vep (16) s1ep5 **2.40** Mind Over Murder (18) s1ep6 **3.40** Fear the Walking Dead (18) s7ep14 **4.25** The Righteous Gemstones (16) s1ep7 **5.05** Absentia (16) s3ep8 **5.45** Temple (16) s1ep1 **6.30** Westworld (18) s4ep7 **7.30** Devils (16) s2ep8 **8.30** The Rising (16) s1ep4 **9.30** The Lazarus Project (16) George wakes up with everything he wished for. s1ep7 **10.25** Real Time with Bill Maher (M) s20ep22 **11.25** Made for Love (16) s2ep7 **12.00am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Salvage Hunters: The Restorers (PG) **10.00** Salvage Hunters (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Escape to the Country (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Salvage Hunters (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Garden Rescue (PG) **9.30** Grow Your Own at Home with Alan Titchmarsh (PG) **10.00** Martha Knows Best (PG) **10.25** The Royals on Tour (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** Dead Reckoning (M) **7.45** The Murder Tapes (M) **8.35** Body Cam (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Obsession: Dark Desires (M) **2.00** I'd Kill for You (M) **2.55** Betrayed (M) **3.50** Pandora's Box: Unleashing Evil (M) **4.45** Your Worst Nightmare (M) **5.40** American Detective with Lt. Joe Kenda (M) **6.35** Reasonable Doubt (M) **7.30** Evil Lives Here (M) **8.30** Dead Reckoning (M) **9.30** Deadline: Crime with Tamron Hall (M) **10.30** American Detective with Lt. Joe Kenda (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.00 Georgia O'Keeffe: Painter of the Far Away **7.00** Off Camera **8.00** ■ Impulso (2017, G) **9.30** Put Some Colour in Your Life **10.00** The Big Book Club **11.00** Photos That Changed the World **11.45** Boswell and Johnson's Scottish Road Trip **12.30** Landscape Artist of the Year **1.15** The Live Revival **2.00** Georgia O'Keeffe: Painter of the Far Away **3.00** Off Camera **4.00** Jonas Kaufmann: Global Star in Private **5.15** Mozart's Own Violin **6.10** Christian Thielemann Conducts Bruckner's No. 8 **7.40** Semyon Bychkov Conducts the Münchner Philharmoniker **8.45** The Odeonsplatz Concert: Lorenzo Viotti Conducts the Münchner Philharmoniker and Yuja Wang **10.10** Lucerne 2019: Riccardo Chailly Conducts the Lucerne Festival Orchestra **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Rise of the Machines (M) **7.45** Homestead Rescue (PG) **8.35** Mighty Cruise Ships (PG) **9.25** Fast N' Loud (PG) **10.20** Mysteries at the Museum (PG) **11.15** Mystery at Blind Frog Ranch (M) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Mysteries at the Museum (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush: White Water (PG) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Lobster Men (PG) **6.35** Dirty Jobs (PG) **7.30** Heavy Tow Truckers Down Under (M) **8.30** Aussie Salvage Squad (PG) **9.30** Moonshiners (M) **10.30** Edge of Alaska (M) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.30 Explorer: The Deepest Cave (PG) **7.30** Shark Attack Files (M) **8.30** Dutch Caribbean Coastguard (PG) **9.30** Wicked Tuna (PG) **10.30** Buried Secrets of WWII (PG) **11.30** WW2 Hell Under the Sea (M) **12.30** Air Crash Investigation (M) **1.30** Megaship **2.30** Wicked Tuna (PG) **3.30** Dutch Caribbean Coastguard (PG) **4.30** Lost Treasures of Egypt (PG) **5.30** The Lost Tomb of Alexander the Great (PG) **6.30** Dutch Caribbean Coastguard (PG) **7.30** Seconds from Disaster (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Facing ... (M) **10.30** Space Mysteries **11.30** Inside America's Secret Missions (PG) **12.30am** Programmes continue

History SKY 073

6.30 Bombing War: From Guernica to Hiroshima (M) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** Besieged Fortresses, Legendary Battles (PG) **12.30** Around the World by Train with Tony Robinson (PG) **1.30** History's Raiders (PG) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Europe's Secret Armies (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** The Abyss: The Rise & Fall of the Nazis (M) **8.40** Abandoned Engineering (PG) **9.40** The Assassination of Abraham Lincoln (PG) **11.30** Myth Hunters (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Tide (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** Wonders of the Universe (PG) **9.35** The Wonderful World of Blood (PG) **10.35** The Dog Rescuers (PG) **11.25** 24 Hours in A&E (M) **12.15** Seven Worlds, One Planet (PG) **1.10** Wonders of the Universe (PG) **2.15** Tide (PG) **3.10** The Age of Nature (PG) **4.05** The Wonderful World of Blood (PG) **5.05** Life Below Zero **5.55** Where the Wild Men Are (M) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** Animal Impossible (PG) **9.30** Nature's Great Events (PG) **10.25** Trials of Life (PG) **11.20** The Age of Nature (PG) **12.15am** Programmes continue

Vibe: Julia, 8.30pm

SKY SPORT

Sky Sport 1 SKY 051

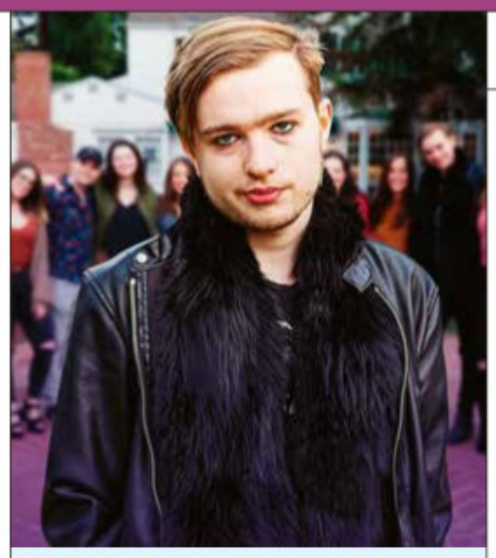
6.00 National Provincial Championship, Wellington v Bay of Plenty, replay **8.00** Between Two Posts **9.00** National Provincial Championship, Counties Manukau v Otago, replay **11.00** National Provincial Championship, Taranaki v Northland, replay **1.00** Farah Palmer Cup, Northland v Hawke's Bay, replay **3.00** Gallaher Shield, final, replay **5.00** Aotearoa Rugby Pod **5.30** PFL, Play Off 1, highlights **6.20** Between Two Posts **7.00** National Provincial Championship, Manawatu v Auckland, from Central Energy Trust Arena, Palmerston North, **live** **9.00** PFL, Play Off 1, main card **11.00** Aotearoa Rugby Pod **11.30** National Provincial Championship, Manawatu v Auckland, replay **1.30am** Rugby Championship, Argentina v Australia, replay **3.30** National Provincial Championship, Manawatu v Auckland, highlights **3.45** Rugby Championship, South Africa v All Blacks, highlights **4.00** Sal's NBL Women, round 6 highlights **5.00** Sal's NBL, round 15 highlights

Sky Sport 2 SKY 052

6.00 ATP 1000, National Bank Open, day 2, **live** **2.30** The Back Page **3.30** Sal's NBL, round 15 highlights **4.30** Sky Speed **5.00** Benji **5.30** NRL Premiership, Canberra Raiders v Penrith Panthers, highlights **6.00** NRL Premiership, Cronulla Sharks v St George Illawarra Dragons, highlights **6.30** ATP 1000, National Bank Open, day 2, match of the day **8.00** Premier League Match of the Weekend **10.00** Farah Palmer Cup, Taranaki v Otago, replay **12.00am** The Ditch **12.30** Once a Warrior with Monty Betham **1.00** ATP Uncovered **1.30** The Ditch **2.00** Sky Speed **2.30** ATP 1000, National Bank Open, day 2, match of the day **4.00** ATP 1000, National Bank Open, day 3, **live**

Sky Sport 3 SKY 053

6.00 West Indies v India, 4th T20, highlights **6.30** West Indies v India, 5th T20, highlights **7.00** Commonwealth Games, cricket, England v South Africa, replay from Edgbaston Stadium, Birmingham **10.30** Commonwealth Games, cricket, Sri Lanka v New Zealand, highlights **11.00** 2015 ICC Cricket World Cup, quarter-final 4, Black Caps v West Indies, highlights from Wellington Regional Stadium **Noon** 2019 ICC Cricket World Cup, Black Caps v West Indies, replay from Old Trafford Cricket Ground, Manchester **9.00** Commonwealth Games, cricket, South Africa v Sri Lanka, replay from Edgbaston Stadium, Birmingham **12.30am** Commonwealth Games, cricket, England v New Zealand, replay from from Edgbaston Stadium, Birmingham **4.00** NRL Premiership, St George Illawarra Dragons v North Queensland Cowboys, replay from Netstrata Jubilee Stadium, Sydney



Documentary: 25 SIBLINGS & ME

It sounds like a loophole in US law that needs closing: there is no limit on the number of babies that can be born to a sperm donor, or at least that was the case in California in 1999 when Oli's two mums travelled there for an in-vitro procedure. This doco follows Oli as he travels from London to meet the 25 American half-siblings also fathered by donor Daley, who was just as surprised about his many children. This is also a story about how Oli, who is on the autism spectrum, deals with his new "family" (it doesn't always go well) and the connection he forges with "sibling number 15", Spencer.

THREE, 9.30pm

Reality: BLOWN AWAY

It's like a slightly more urgent *Great Pottery Throw Down*. That would be because contestants must work fast so that their hot, melty glass doesn't cool and break. It is the Year of Glass, and in season three of the Canadian series, challenges include making a work inspired by groundbreaking glass inventions.

NETFLIX

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **HD**, **C**, **AD**) When Ali gets a front cover spot in the newspaper, Yazz takes matters into her own hands to highlight the truth, and Serena lands a place on Team GB for the Commonwealth Games.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (PG, **HD**, **C**) Byron is busted in the process of sussing out Danielle's connection to Clive, and as Danielle warns Clive that something's going on, Nicolette photographs the their incriminating meetup.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **Dream Kitchens and Bathrooms** (G, **HD**, **C**, **AD**) UK series in which Mark Millar helps transform kitchens and bathrooms. Tonight, a maximalist-style bathroom in Lancashire, and a one-of-a-kind kitchen in Worcestershire. s2ep4
8.30 **Rich House Poor House** (G, **C**, **AD**) UK series in which families swap homes and lifestyles. Tonight, the Gordons live in a council house and are on universal credit after Solly lost his job working in a children's care home, meaning that stay-at-home wife Chelsey is struggling. s8ep3
9.25 **Coronation Street** (PG, **C**, **AD**)
10.25 **1 News** (**HD**, **C**)
10.55 **Shortland Street** (PG, R, **C**, **AD**)
11.25 **For Life** (PG, **HD**, **C**) s1ep6
12.15am **It's Your Fault I'm Fat** (G, R, **HD**, **C**, **AD**) s2ep8
1.05 **Te Karere** (R)
1.30 **Infomercials**
5.35 – 6.00 **Te Karere** (R)

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Kiri and Lou** (G, R, **HD**, **C**, **AD**)
6.30 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.40 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.50 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Monkie Kid** (G, R, **HD**, **C**, **AD**)
8.10 **Ricky Zoom** (G, R, **HD**, **C**)
8.35 **Sesame Street** (G, R, **HD**, **C**)
9.00 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.35 **Les Mills Core** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (PG, **C**)
Noon ■ **A Picture Perfect Wedding** (2021, PG, **HD**, **C**) Emily Tennant.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.40 **Sabrina the Teenage Witch** (G, **HD**, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (G, R, **HD**, **C**, **AD**) s30ep14
5.30 **Friends** (G, R, **HD**, **C**) s9ep16
6.00 **The Big Bang Theory** (PG, R, **HD**, **C**, **AD**) s6ep14
6.30 **Home and Away** (PG, **C**) Theo may have signed up for life on tour, Cash struggles to accept his new reality, and Roo's first taste of freedom is unexpected.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Ester and Marty hide their fun, Jack turns up the heat at the IV, and Desi teaches Joy the ropes.
7.30 **MasterChef Australia: Fans & Favourites** (G, **HD**, **C**) The cooks with the four top dishes have won immunity and the battle is on for the final immunity pin.
8.40 **Ten 7: Aotearoa** (PG, **C**) Local series about crime in Aotearoa and the communities and people affected by it.
9.10 **Highway Patrol** (PG, **C**, **AD**) Series following the police officers who monitor Australia's busy highways.
9.35 **Filthy House S.O.S** (G, **HD**, **C**, **AD**) UK series in which cleaning duo Jon and Brennan tackle some of Britain's filthiest and most cluttered homes.
10.35 **Ten 7: Aotearoa** (PG, R, **C**)
11.05 **CSI: Crime Scene Investigation** (16, **HD**, **C**) s5ep9
12.50am **Extant** (M, **HD**, **C**) s2ep3
1.35 **Emmerdale** (PG, R, **C**, **AD**)
2.00 **Infomercials**
2.55 **2 Tunes**
3.05 **Hell's Kitchen** (16, R, **HD**, **C**)
4.35 **Neighbours** (PG, R, **HD**, **C**)
5.00 – 6.00 **Infomercials**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Killer in Red** (2019, M, R, **C**) Tammin Sursok.
2.55 **Outrageous Acts of Science** (G, **C**)
3.55 **Bath Crashers** (G, **C**) s8ep2
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 **Tom Sainsbury's Love Hour** (M, **C**) Tom Sainsbury interviews celebrity guests about all things love. Tonight, Art Green and Kura Forrester.
8.30 **New Zealand Today** (M, **C**) Guy reconnects with his old friend Pebbles Hooper to see if he can get her uncancelled. s3ep10
9.00 **Comedians Giving Lectures** (16, **C**) Sara Pascoe hosts a UK series in which comedians deliver a "lecture".
9.30 **25 Siblings & Me** (M, **C**) UK documentary about Oli, a young man with Asperger's who discovers he has 25 siblings from the same American sperm donor.
10.45 **Newshub Late**
11.15 **NCIS** (M, R, **C**) s18ep14
12.10am **Infomercials**
5.30 – 6.00 **AM Early** With Bernadine Oliver-Kerby.

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.00 **2022 Commonwealth Games Highlights** (G, R, **C**)
11.00 **Big Love** (M, **C**)
12.10 **Royal Pains** (M)
1.05 **House** (M, **C**)
2.00 **The Late Show with Stephen Colbert** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 **Rural Delivery** (G, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **Pawn Stars** (PG, R)
7.30 ■ **Million Pound** (PG, **C**) UK series about luxury motorhomes.
8.30 **FBI: Most Wanted** (M, **C**) The team chase an unlikely serial killer.
9.30 **Bull** (M, **C**) The surgeon who saved Bull's life after his heart attack is sued for malpractice.
10.30 **The Crowd Goes Wild** (PG)
11.00 **The Late Show with Stephen Colbert** (PG)
12.00am – 6.00 **Infomercials**

■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Waiata Nation II** (G, R)
10.30 **Toi Te Ora** (G, R)
11.00 **The New Zealanders** (G, R)
Noon **Te Ao Tapatahi**
12.30 ■ **Red** (2010, M, R) Bruce Willis, Helen Mirren.
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Fresh** (G) Pasifika show for young people.
7.30 **Funny Whare** (PG, R)
8.00 **Rags Are Riches** (PG) Randy and Courtney meet Oli and Max of VNTGVAMP, a collective specialising in repurposing and upcycling clothes.
8.15 **Gowns to Geysers** (PG) Series going behind the scenes of the Miss Rotorua beauty pageant.
8.30 **Hakapedia** (G) Haka fans compete against haka experts.
9.00 **Rage Against the Rangatahi** (PG, R) What is a Gen Z?
9.30 **Ahikāroa** (M, R)
10.00 **Mura o te Ahi** (PG, R)
10.30 **The Barber** (PG, R)
11.00 – 11.30 **Te Ao Mārama** (R)

Film: CATWALK: FROM GLADA HUDIK TO NEW YORK

Feelgood and a challenge to the fashion industry: why shouldn't the differently abled pose on a New York catwalk? The doco follows a group from Sweden as they are tutored by Glada Hudik Theatre's Pär Johansson.
RIALTO, 8.30pm

BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Hoarders: Family Secrets** (PG, R)
10.55 **Love It or List It: Vancouver** (PG, R)
11.50 **Million Dollar Listing NY** (PG, R)
12.50 **Tattoo Fixers** (M, R)
1.45 **Below Deck** (M, R)
2.45 **Hoarders: Family Secrets** (PG, R)
3.35 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing NY** (PG, R)
6.30 **Love It or List It: Vancouver** (PG)
7.30 **Tattoo Fixers on Holiday** (M)
8.30 **Below Deck: Sailing Yacht** (M) Andy Cohen interviews the cast of Below Deck Sailing Yacht season 3.
10.00 **Botched: Most Outrageous Rejects** (M, R)
10.30 **Killer Siblings** (16, R)
11.30 **Accident, Suicide or Murder?** (M, R)
12.20am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Valerie's Home Cooking** (G)
8.00 **Giada in Italy** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Idris Elba: No Limits** (PG, R)
1.00 **Where the Wild Men Are** (PG, R)
2.00 **The Great Pottery Throw Down** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Rick Stein's Secret France** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **Aussie Lobster Men** (PG)
8.00 **Newshub Live**
8.30 **Underbelly: Vanishing Act** (M)
9.30 **Inside Monaco: Playground of the Rich** (PG)
10.30 **Aussie Lobster Men** (PG, R)
11.30 **Flea Market Flip** (G)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Treehouse Masters** (PG, R)
9.20 **Homestead Rescue** (PG, R)
10.10 **Building Alaska** (G, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Treasure Quest: Snake Island** (PG, R)
1.30 **Bering Sea Gold** (M, R)
2.20 **Gem Hunt** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Treehouse Masters** (PG, R)
4.50 **Alaskan Bush People** (PG, R)
5.40 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Inside West Coast Customs** (PG)
8.25 **Kindig Customs** (PG) A 67 Nova purchased on the internet has a lot of holes.
9.20 **Street Outlaws: No Prep Kings** (M)
10.15 **Alaskan Bush People** (PG)
11.05 **Tanked** (PG, R)
11.55 **Wheeler Dealers** (PG, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
1.15 **Two and a Half Men** (PG, R, **HD**, **C**)
1.40 **Everybody Hates Chris** (PG, R, **HD**, **C**)
2.00 **Battlestar Galactica** (16, R, **HD**, **C**)
2.50 **Hunting Aotearoa** (PG, R, **HD**)
3.15 **Heavy Rescue 401** (PG, R, **HD**)
4.10 **The Chase Australia** (G, **C**)
5.00 **ABC World News** (PG)
5.20 **Abandoned Engineering** (PG, R, **HD**, **C**)
6.15 **30 Rock** (PG, R, **HD**, **C**)
6.40 **Two and a Half Men** (PG, R, **HD**, **C**)
7.05 **Everybody Hates Chris** (PG, **HD**, **C**) s4ep16
7.35 **The Simpsons** (PG, R, **HD**, **C**) s13ep7
8.30 **Top Gear** (M, **HD**, **C**) Freddie, Chris and Paddy attempt to qualify as lorry drivers to take an HGV road trip across Britain. s32ep3
9.45 **Mega Metro** (G, **HD**)
10.50 **Caprica** (PG, **HD**) s1ep3
11.40 **The Russell Howard Hour** (16, R, **HD**)
12.35am – 12.55 ABC World News (PG, R)

SKY PREMIERE SKY 030

7.10 **Military Wives** (2019, M) Kristin Scott Thomas, Sharon Horgan
9.00 **Fatale** (2020, 16) Hilary Swank, Michael Ealy
10.45 **The Devil Has a Name** (2021, 16) Kate Bosworth
12.20 **Come Play** (2020, M) Azhy Robertson, Gillian Jacobs
1.55 **Summerland** (2020, PG) Gemma Arterton, Gugu Mbatha-Raw
3.35 **2 Hearts** (2020, M) Jacob Elordi, Tiera Skovbye
5.20 **The Fallout** (2021, 16) Jenna Ortega, Maddie Ziegler
6.55 **Juniper** (2021, M) A self-destructive teen is asked to look after his feisty alcoholic grandmother. Charlotte Rampling, George Ferrier
8.30 **Scream** (2022, 16) Twenty-five years after the first murders, a new killer dons the Ghostface mask. Neve Campbell, Courtney Cox, Melissa Barrera
10.30 **Chaos Walking** (2021, M) Tom Holland, Daisy Ridley
12.20am Superintelligence (2020, PG) **2.05** Pooka! (2018, 16) **3.30** Songbird (2020, 16) **4.55** Joe Bell (2020, M)

MOVIES CLASSICS SKY 034

7.05 **Valley Girl** (1983, 16) Deborah Foreman
8.45 **... and Justice for All** (1979, M) Al Pacino, Jack Warden
10.45 **The Pink Panther** (1963, PG) Peter Sellers, David Niven
12.40 **Magnum Force** (1973, 16) Clint Eastwood, Hal Holbrook
2.40 **Hamburger Hill** (1987, M) Don Cheadle, Dylan McDermott
4.30 **The Man with the Golden Arm** (1955, M) Frank Sinatra, Kim Novak
6.25 **The Magnificent Seven** (1960, PG) An oppressed Mexican peasant village hires seven gunfighters to help defend their homes. Yul Brynner, Steve McQueen
8.30 **China Girl** (1987, 18) The love between an Italian boy and a Chinese girl causes a conflict between gangs. Richard Panebianco, Sari Chang, James Russo
10.00 **Unforgiven** (1992, M) A retired gunslinger reluctantly takes on one last job. Clint Eastwood, Gene Hackman
12.10am The Night of the Generals (1967, PG) **2.30** Kings Go Forth (1958, PG) **4.20** Anzio (1968, PG)

RIALTO SKY 039

7.10 **The Capote Tapes** (2019, 16) US documentary.
8.45 **Incitement** (2019, 16) Yehuda Nahari Halevi
10.50 **The Accidental President** (2020, M) US documentary.
12.40 **Red Light** (16) s1ep7&8
2.20 **The Fantasy Makers** (2017, PG) Canadian documentary.
3.45 **Asia** (2020, M) Shira Haas, Alena Yiv
5.15 **Above Suspicion** (2019, 16) Emilia Clarke, Jack Huston
7.00 **Damilola, Our Loved Boy** (2016, M) Based on the story of Damilola Taylor, a 10-year-old Nigerian boy who was murdered in London. Wunmi Wosaku
8.30 **Rialto Documentary: Catwalk: From Glada Hudik to New York** (2020, M) Swedish documentary about a group of differently-abled people and their dream of becoming fashion models.
10.10 **Marvellous** (2014, M) TToby Jones, Gemma Jones
11.45 **The 8th** (2020, M) Irish documentary.
1.25am Brassic (16) s2ep5&6 **2.55** Above Suspicion (2019, 16) **4.40** Damilola, Our Loved Boy (2016, M)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep1 **6.45** Judge Judy (PG) **7.05** The Closer (M) s4ep9 **7.50** The Mysteries of Laura (M) s1ep15 **8.35** The Good Wife (M) s1ep12 **9.20** Covert Affairs (M) s2ep1 **10.10** Judge Judy (PG) **11.00** Julia (M) s1ep1 **Noon** Our Girl (16) s1ep6 **1.00** Hitmen (M) s1ep5&6 **2.00** The Closer (M) s4ep9 **2.50** The Mysteries of Laura (M) s1ep15 **3.40** The Good Wife (M) s1ep12 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep1 **6.30** Covert Affairs (M) s2ep1 **7.30** Murdoch Mysteries (M) s14ep7 **8.30** Private Eyes (M) s5ep7 **9.30** The Inbetween (M) s1ep7 **10.30** The Good Wife (M) s1ep12 **11.20** Judge Judy (PG) **11.50** Murdoch Mysteries (M) s14ep7 **12.50am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (M) **6.35** The Vicar of Dibley (PG) s1ep4 **7.05** QI (M) **7.40** EastEnders (PG) **8.10** The Bill (M) **9.00** A Touch of Frost (M) s9ep2 **10.20** Father Brown (M) s2ep4 **11.10** Doc Martin (M) s1ep1 **Noon** Midsomer Murders (PG) s20ep6 **1.35** The Bill (M) **2.25** New Tricks (M) s6ep1 **3.25** 8 Out of 10 Cats Does Countdown (M) **4.20** The Jonathan Ross Show (M) s16ep8 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** EastEnders (PG) **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** The Graham Norton Show (M) s29ep5 **9.35** The Jonathan Ross Show (M) s17ep6 **10.30** Father Brown (PG) s9ep6 **11.25** Midsomer Murders (PG) s20ep6 **1.00am** Programmes continue

SoHo SKY 010

6.00 Westworld (18) s4ep7 **7.00** Devils (16) s2ep8 **7.55** The Rising (16) s1ep4 **8.40** The Lazarus Project (16) s1ep7 **9.25** Made for Love (16) s2ep7 **10.00** Insecure (16) s4ep3 **10.30** Real Time with Bill Maher (M) s20ep22 **11.30** Westworld (18) s4ep7 **12.30** Devils (16) s2ep8 **1.25** The Rising (16) s1ep4 **2.10** The Lazarus Project (16) s1ep7 **2.55** Made for Love (16) s2ep7 **3.30** Real Time with Bill Maher (M) s20ep22 **4.30** The Righteous Gemstones (16) s1ep8 **5.05** Absentia (16) s3ep9 **5.45** Temple (16) s1ep2 **6.30** Irma Vep (16) s1ep5 **7.25** Dave (16) s1ep1 **8.00** The Rehearsal (16) s1ep1 **8.30** Rap Sh!t (16) s1ep3 **9.00** Insecure (16) s5ep5 **9.30** Ravi Patel's Pursuit of Happiness (M) With his parents getting older, Ravi travels to Merida, Mexico, a hotspot for international retirees. s1ep1 **10.30** The Midwich Cuckoos (16) s1ep5 **11.30** American Rust (16) s1ep7 **12.30am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Grow Your Own at Home with Alan (PG) **9.30** Martha Knows Best (PG) **10.00** Garden Rescue (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** The Royals on Tour (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Garden Rescue (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Restaurant: Impossible (PG) **9.30** Mystery Diners (PG) **10.30** Location Location Location Australia (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** American Detective with Lt. Joe Kenda (M) **7.45** Finding Andrea (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Obsession: Dark Desires (M) **2.00** I'd Kill for You (M) **2.55** Betrayed (M) **3.50** Pandora's Box: Unleashing Evil (M) **4.45** Your Worst Nightmare (M) **5.40** Dead Reckoning (M) **6.35** American Detective with Lt. Joe Kenda (M) **7.30** Evil Lives Here (M) **8.30** The Murder Tapes (M) **9.30** Body Cam (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.10 Lucerne 2019: Riccardo Chailly Conducts the Lucerne Festival Orchestra **8.00** Jonas Kaufmann: Global Star in Private **9.15** Mozart's Own Violin **10.10** Christian Thielemann Conducts Bruckner's No. 8 **11.40** Semyon Bychkov Conducts the Münchner Philharmoniker **12.45** The Odeonsplatz Concert: Lorenzo Viotti Conducts the Münchner Philharmoniker and Yuja Wang **2.10** Lucerne 2019: Riccardo Chailly Conducts the Lucerne Festival Orchestra **4.00** Talking Heads: Alan Bennett Monologues **4.35** ■ Campesino (2018, G) **6.05** Elliott Erwitt: Silence Sounds Good **7.00** Put Some Colour in Your Life **7.30** Fake or Fortune? **8.30** Video Killed the Radio Star: Pink Floyd **9.00** One Perfect Shot (PG) **9.30** Finding Your Roots **10.30** Cold War and Cinema **11.15** Rough Draft with Reza Aslan **11.40** The Decisive Moment **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Rise of the Machines (M) **7.45** Homestead Rescue (PG) **8.35** Mighty Cruise Ships (PG) **9.25** Fast N' Loud (PG) **10.20** Heavy Tow Truckers Down Under (M) **11.15** Aussie Salvage Squad (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Mysteries at the Museum (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush: White Water (PG) **4.45** Alaska: The Last Frontier (M) **5.40** Aussie Lobster Men (PG) **6.35** Aussie Gold Hunters (PG) **8.30** Gold Rush: White Water (M) **10.30** Alaskan Bush People (M) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.30 Dutch Caribbean Coastguard (PG) **7.30** Seconds from Disaster (PG) **8.30** Air Crash Investigation: Special Report (M) **9.30** Facing ... (M) **10.30** Space Mysteries **11.30** Inside America's Secret Missions (PG) **12.30** Air Crash Investigation (M) **1.30** Megastructures (PG) **2.30** Building the Channel Tunnel (PG) **3.30** Aussie Snake Wranglers (PG) **4.30** Food Factory (PG) **5.30** The 80s Top Ten (PG) **6.30** Air Crash Investigation: Special Report (M) **7.30** Nazi Megastructures: America's War (PG) **8.30** Drain the Oceans Best ofs (PG) **9.30** Dutch Caribbean Coastguard (PG) **10.30** Wicked Tuna (PG) **11.30** Inside North Korea: The Cyber State (M) **12.30am** Programmes continue

History SKY 073

6.30 The Assassination of Abraham Lincoln (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.25** The Abyss: The Rise & Fall of the Nazis (M) **12.35** Abandoned Engineering (PG) **1.30** History's Raiders (PG) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Europe's Secret Armies (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** Abandoned Engineering (PG) **8.30** Return of the Black Death (PG) **9.30** Crusaders (PG) **10.30** Secrets of the Lost Ark (PG) **11.30** Myth Hunters (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Tide (PG) **6.55** Life Below Zero (16) **7.45** Where the Wild Men Are (M) **8.35** The Planets (PG) **9.35** The Great Intelligence Test (PG) **10.35** The Dog Rescuers with Alan Davies (PG) **11.25** 24 Hours in A&E (PG) **12.15** Trials of Life (PG) **1.10** The Planets (PG) **2.10** Tide (PG) **3.05** The Age of Nature (PG) **4.00** The Great Intelligence Test (PG) **5.05** Life Below Zero **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** The Dog Rescuers (PG) **9.20** Blue Planet (PG) **10.20** Trials of Life (PG) **11.15** The Age of Nature (PG) **12.15am** Programmes continue

SoHo: Ravi Patel's Pursuit of Happiness, 9.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Rugby Championship, South Africa v All Blacks **6.15** West Indies v New Zealand, 1st T20, from Sabina Park, Kingston, **live** **10.30** National Provincial Championship: Manawatu v Auckland; 12.30 Taranaki v Northland; 12.45 Tasman v Southland; 1.00 Wellington v Bay of Plenty; 1.15 Manawatu v Auckland **1.30** West Indies v New Zealand, 1st T20, replay **5.30** Farah Palmer Cup, Auckland v Manawatu **6.00** Farah Palmer Cup, Counties Manukau v Canterbury **6.30** UFC on Sky **7.00** Sky GrassRoots Rugby **8.00** NPC, Taranaki v Northland **8.15** NPC, Manawatu v Auckland **8.30** The Crowd Goes Wild **9.00** NRL Premiership, Penrith Panthers v Melbourne Storm, from BlueBet Stadium, Penrith, **live** **12.00am** Sky GrassRoots Rugby **1.00** Premier League, Fulham v Liverpool **3.00** Farah Palmer Cup: Northland v Hawke's Bay; 3.30 Tasman v North Harbour; 4.00 Northland v Hawke's Bay

Sky Sport 2 SKY 052

6.00 ATP 1000, National Bank Open, day 3, **live** **2.30** NRL Premiership, Canterbury-Bankstown Bulldogs v North Queensland Cowboys, replay **4.30** The Back Page **5.30** Sky Speed **6.00** NRL, Canterbury-Bankstown Bulldogs v North Queensland Cowboys, replay **8.00** NRL, South Sydney Rabbitohs v NZ Warriors, replay **10.00** ATP 1000, National Bank Open, day 3, match of the day **11.30** ATP 1000, National Bank Open, day 3, highlights **12.30am** The Crowd Goes Wild **1.00** West Indies v New Zealand, 1st T20 **1.30** UFC on Sky **2.00** ATP Uncovered **2.30** ATP 1000, National Bank Open, day 3, match of the day **4.00** ATP 1000, National Bank Open, day 4, **live**

Sky Sport 3 SKY 053

6.00 Premier League, Brentford v Manchester United **6.15** West Indies v Black Caps, 1st T20, **live** **10.30** Commonwealth Games, cricket, New Zealand v South Africa **11.00** Commonwealth Games, cricket, Sri Lanka v New Zealand **11.30** Commonwealth Games, cricket, England v New Zealand **Noon** Commonwealth Games, cricket, semi-final 1 **12.30** Commonwealth Games, cricket, semi-final 2 **1.00** Commonwealth Games, cricket, bronze medal final **1.30** Commonwealth Games, cricket, gold medal final **2.00** Commonwealth Games, netball, semi-final 2, replay **4.00** The Back Page **5.00** West Indies v Black Caps, 1st T20 **5.30** Commonwealth Games, cricket, New Zealand v South Africa **6.00** Commonwealth Games, cricket, Sri Lanka v New Zealand **6.30** Commonwealth Games, cricket, England v New Zealand **7.00** West Indies v Black Caps, 1st T20, replay **11.00** Commonwealth Games, cricket, gold medal final **2.30am** Canoe Slalom World Championships, finals **4.00** SailGP, Britain, day 2 **5.30** ATP Uncovered

TVNZ 1 FREEVIEW 1 SKY 001

6.00 **Breakfast** (**HD**, **C**) Jenny-May Clarkson and Indira Stewart present news, sport, information and weather.
9.00 **Lingo** (G, **HD**, **C**) Adil Ray hosts a UK quiz show.
10.00 **Tipping Point** (G, R, **HD**, **C**) Ben Shephard hosts a UK quiz show.
11.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
Noon **1 News** (**HD**, **C**)
12.30 **Emmerdale** (PG, **C**, **AD**)
1.00 **Hollyoaks** (PG, **HD**, **C**, **AD**) Ali makes a decision that could cost him his career, and the McQueens come up with a plan to get Bobby's learning back on track.
2.00 **Coronation Street** (PG, R, **C**, **AD**)
3.00 **Tipping Point** (G, **HD**, **C**) Ben Shephard hosts a UK quiz show.
4.00 **Te Karere** A Māori perspective on the day's news and current affairs.
4.30 **Neighbours** (PG, **HD**, **C**) David is daunted by Andrew's proposal that he wear a wire to catch out the dodgy guard.
5.00 **The Chase** (G, R, **HD**, **C**) Bradley Walsh hosts a UK quiz show.
6.00 **1 News** (**HD**, **C**)
7.00 **Seven Sharp** (**HD**, **C**) Hilary Barry and Jeremy Wells present current affairs and entertainment.
7.30 **The Repair Shop** (G, **HD**, **C**, **AD**) UK series in which expert craftspeople restore treasured items.
8.30 **The Great Big Tiny Design Challenge** (G, **HD**, **C**, **AD**) Sandi Toksvig presents a UK series in which amateur crafters put their miniature-making skills to the test. Tonight, in the semi-final, the four remaining miniaturists create a Georgian kitchen complete with a range and mangle, and an array of accessories and items to fit in a dresser. s1ep7
9.30 **The World's Most Extraordinary Homes** (G, **HD**, **C**, **AD**) Piers Taylor and Caroline Quentin visit Canal House in Florida, which is for sale at nearly $30 million, but does a price tag like that guarantee the very best in design? s2ep4
10.45 **1 News** (**HD**, **C**)
11.15 **Shortland Street** (PG, R, **C**, **AD**)
11.45 **Big Fat Gypsy Weddings** (M, R, **HD**, **C**, **AD**)
12.45am **Schitt's Creek** (M, R, **HD**, **C**, **AD**)
1.30 **Te Karere** (R)
2.05 **Infomercials**
5.30 – 6.00 **Religious Programming**

TVNZ 2 FREEVIEW 2 SKY 002

6.00 **Les Mills Born to Move** (G, R, **HD**, **C**)
6.25 **Kiri and Lou** (G, R, **HD**, **C**, **AD**)
6.30 **Code Fun** (G, R, **HD**, **C**, **AD**)
6.45 **Takaro Tribe** (G, R, **HD**, **C**, **AD**)
6.55 **Darwin & Newts** (G, R, **HD**, **C**, **AD**)
7.05 **Robin Hood: Mischief in Sherwood** (G, **HD**, **C**)
7.30 **My Little Pony: Pony Life** (G, R, **HD**, **C**)
7.50 **Monkie Kid** (G, R, **HD**, **C**, **AD**)
8.15 **Ricky Zoom** (G, R, **HD**, **C**)
8.40 **Sesame Street** (G, R, **HD**, **C**)
9.05 **Bluey** (G, R, **HD**, **C**)
9.10 **Infomercials**
9.40 **Les Mills Grit Cardio** (G, R, **HD**, **C**)
10.05 **Home and Away** (PG, R, **C**)
10.35 **Shortland Street** (PG, R, **HD**, **C**, **AD**)
11.05 **Charmed** (PG, **HD**, **C**)
Noon ■ **A Vineyard Romance** (2021, G, **HD**, **C**) Rebecca Olson.
1.45 **The Drew Barrymore Show** (PG, **HD**, **C**)
2.40 **Sabrina the Teenage Witch** (G, **HD**, **C**)
3.30 **The Feed** (PG, **HD**, **C**)
5.00 **The Simpsons** (G, R, **HD**, **C**, **AD**) s30ep15
5.30 **Friends** (G, R, **HD**, **C**) s9ep17
6.00 **The Big Bang Theory** (PG, R, **HD**, **C**) s6ep15
6.30 **Home and Away** (PG, **C**) Roo's freedom feels like torture, Kirby and Theo channel heartbreak into music, and Cash needs answers from Jasmine.
7.00 **Shortland Street** (PG, **HD**, **C**, **AD**) Maeve makes a promise she can't keep, Jack suffers the consequences, and Madonna takes a starring role.
7.30 **Travel Guides Australia** (G, R, **HD**, **C**, **AD**) The travel guides jet off to Bologna, the foodie capital of Italy.
8.35 **Have You Been Paying Attention?** (M, **C**) Hayley Sproull presents a topical comedy panel show, with regulars Urzila Carlson and Vaughan Smith, and guests Pax Assadi, Dai Henwood, Liv McKenzie and MasterChef Australia judge Jock Zonfrillo.
9.35 **RuPaul's Drag Race Down Under** (16, **HD**, **C**, **AD**) The queens' acting is put to the test in original screenplay Caged Queens, a prison-based dramedy. s2ep2
10.45 **Ready to Mingle** (16, **HD**, **C**) s1ep2
11.45 ■ **Kung Fu** (16, **HD**, **C**) s2ep13
12.35am **Evil** (16, **HD**, **C**)
1.20 **Emmerdale** (PG, R, **C**, **AD**)
1.45 **Infomercials**
2.40 **Unreal** (16, **HD**, **C**) s3ep1
4.10 **The Bachelorette** (PG, R, **HD**, **C**) s16ep6
5.40 – 6.00 **2 Tunes**

THREE FREEVIEW 3 SKY 003

6.00 **AM** With Ryan Bridge and Melissa Chan-Green.
9.00 **Infomercials**
10.30 **Gold Rush** (PG, R, **C**)
11.30 **Newshub Live**
Noon **Ready to Love** (M, **C**)
1.00 ■ **Deadly Exchange** (2017, M, R, **C**) When a mother and daughter host a foreign exchange student, they are unaware she has an ulterior motive. Lindsay Hartley, Victoria Konefal, Valentina Novakovic.
2.55 **Outrageous Acts of Science** (G, **C**)
3.55 **Bath Crashers** (G, **C**) s8ep3
4.30 **Newshub Live**
5.00 **Gold Rush** (PG, **C**)
6.00 **Newshub Live**
7.00 **The Project** With Kanoa Lloyd, Jesse Mulligan and Jeremy Corbett.
7.30 ■ **Greenland** (2020, M, **C**) A family fight for survival as a planet-destroying comet heads for Earth. Gerard Butler, Morena Baccarin, David Denman, Hope Davis.
TV Films, page 69
9.45 **Newshub Late**
10.15 **Tin Star** (16, R, **C**) UK drama series about a cop who begins a new life in the Rockies. Tonight, the Worths' new plan causes problems for Anna, who makes a bold and dangerous decision. s3ep3
11.15 **Live at the Apollo** (16, R, **C**) UK stand-up comedy series filmed at the Hammersmith Apollo. s12ep5
12.10am – 6.00 Infomercials

PRIME FREEVIEW 10 SKY 004

6.00 **Infomercials**
8.00 **Kids' Programmes** (**C**)
9.00 **2022 Commonwealth Games Highlights** (G, R, **C**)
11.00 **Big Love** (M, **C**)
12.10 **Royal Pains** (M)
1.05 **House** (M, **C**)
2.00 **The Late Show** (PG, R)
3.00 **Wheel of Fortune** (G)
3.30 **Jeopardy** (G)
4.00 **American Pickers** (PG, R)
5.00 ■ **Attitude** (PG, **C**)
5.30 **Prime News**
6.00 **Storage Wars** (PG, R, **C**)
7.00 **The Ditch** (G)
7.30 **Border Security: America's Front Line** (PG, R, **C**)
8.00 **Border Security: Australia's Front Line** (PG, R, **C**)
8.30 **All Access: Moana Pasifika** (G) Documentary about Moana Pasifika rugby team.
9.40 **NRL Premiership** (G) NZ Warriors v Canterbury-Bankstown Bulldogs, from Mt Smart Stadium.
11.40 **RAW** (PG)
12.35am **The Late Show with Stephen Colbert** (PG)
1.30 – 6.00 **Infomercials**

Documentary: CHARLES I: KILLING A KING

If you felt unsatisfied at the end of historian Lisa Hilton's three-part series *Charles I: Downfall of a King*, then here's the follow-up, when Charles I meets his gruesome end. In *Downfall*, Hilton charted the political battle between Charles I and the leader of the House of Commons, John Pym, that ultimately led to Charles and his family scarpering to Hampton Court Palace. In this three-part series, she traces the five weeks of Charles' trial, which came after years of civil war. His trial and execution (spoiler) were "a seismic moment in British constitutional history", says Hilton, leading to the establishment, albeit brief, of a republic.
HISTORY, 8.30pm

Documentary: ATTITUDE

The show about the differently abled among us arrives on Prime in a more accessible timeslot and begins with a profile of motocross enthusiast Scott MacDonald, who broke his back on a bad jump when he was just 14. However, this hasn't held him back and now his six-year-old son, Oakly, wants to get into the sport.
PRIME, 5.00pm

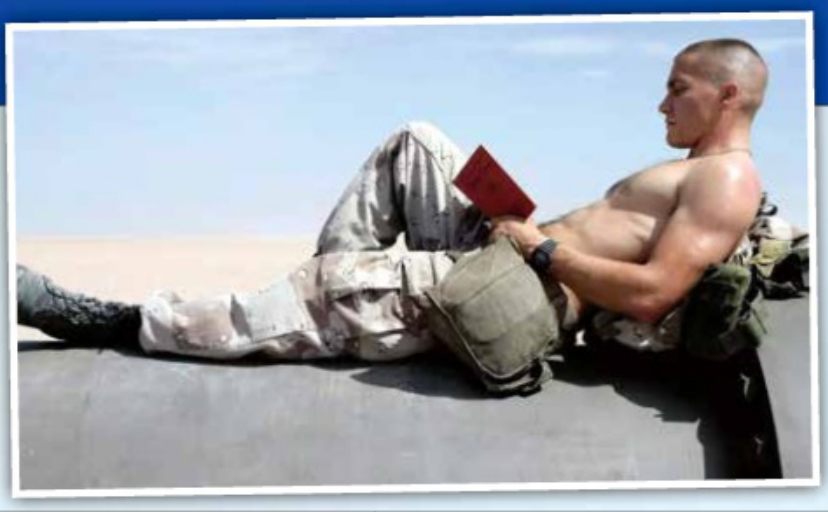
■ **NEW** ■ **RETURN** ■ **FINAL** ■ **FILM** **C** Captions **AD** Audio Description **HD** High Definition

WHAKAATA MĀORI FREEVIEW 5 SKY 019

6.30 **Kids' Programmes**
8.00 **Tribe** (G, R)
8.30 **Oranga Ngākau** (G, R)
9.30 **Whānau Living** (G, R)
10.00 **Lucky Dip** (G, R)
10.30 **Harakore** (G, R)
11.00 **Rage Against the Rangatahi** (PG, R)
11.30 **Rags Are Riches** (PG, R)
11.45 **Gowns to Geysers** (PG, R)
Noon **Te Ao Tapatahi**
12.30 **Tongue Tied** (PG, R)
1.05 **Nanakia** (PG, R)
1.30 **Tōku Reo** (G, R)
2.35 **Ako** (G, R)
3.05 **Kids' Programmes**
4.35 **Tribe** (G, R)
5.15 **Haka Life** (G, R)
5.30 **Kids' Programmes**
6.00 **Haka Ngahau ā-Rohe: Te Arawa** (G, R)
6.30 **Te Ao Mārama**
7.00 **Pio Terei Tonight** (G, R) Turia Schmidt-Peke, Haami and Pere Wihongi.
8.00 **Moosemeat and Marmalade** (G, R) Two chefs explore contrasting cultures.
8.30 **Intrepid Journeys** (PG) Reuben Wiki is in Laos.
9.30 **Skindigenous** (G) Isaac Weber, also known as Odinamaad Turning Wind, is Créole from Cape Verde islands and Anishnawbek from Inlet First Nation.
10.00 – 12.00am **Kōrero Tuku Iho** (G)

Film: JARHEAD

There's an adage that war is 90% boredom and 10% sheer terror, and Sam Mendes' film based on Anthony Swofford's 2003 memoir depicts a stress test in both. Jake Gyllenhaal's marine endures existential levels of meaninglessness, ending the Gulf War without firing a shot. **BRAVO, 8.35pm**



BRAVO FREEVIEW 4 SKY 012

6.00 **Infomercials**
10.00 **Hoarders: Family Secrets** (PG, R) s1ep11
11.00 **Love It or List It: Vancouver** (PG, R)
11.50 **Million Dollar Listing NY** (PG, R)
12.45 **Tattoo Fixers** (M, R)
1.40 **Below Deck** (M, R)
2.35 **Love It or List It** (PG, R)
3.35 **Top Chef** (PG)
4.30 **Shark Tank** (PG, R)
5.30 **Million Dollar Listing NY** (PG, R)
6.40 **Love It or List It: Vancouver** (PG)
7.35 **Injustice with Nancy Grace** (M, R) A fatal car crash may not be an accident.
8.35 ■ **Jarhead** (2005, M, **C**) Based on US Marine sniper Anthony Swofford's experiences in the Gulf War. Jake Gyllenhaal.
11.05 **Killer Siblings** (16, R)
11.55 **Accident, Suicide or Murder?** (M, R)
12.45am – 6.00 Infomercials

EDEN FREEVIEW 8 SKY 013

6.00 **My Cat from Hell** (PG, R)
7.00 **The Pioneer Woman** (G)
7.30 **Valerie's Home Cooking** (G)
8.00 **Rick Stein's Secret France** (G, R)
9.00 **Museum Mysteries** (PG, R)
10.00 **American Pickers** (PG, R)
11.00 **Salvage Dawgs** (G)
11.30 **Flea Market Flip** (G, R)
Noon **Inside Monaco: Playground of the Rich** (PG, R)
1.00 **Underbelly: Vanishing Act** (M, R)
2.00 **Aussie Lobster Men** (PG, R)
3.00 **My Cat from Hell** (PG)
4.00 **Bobby Flay's Barbecue Addiction** (G)
5.00 **Mysteries at the Museum** (PG)
6.00 **American Pickers** (PG)
7.00 **The Chase USA** (PG)
8.00 **Newshub Live**
8.30 **Strictly Come Dancing** (G)
9.55 **Celebrity IOU** (G) Anthony Anderson wants to give back to his brother, Derrick.
11.00 **The Chase USA** (PG, R)
12.00am – 6.00 Infomercials

RUSH FREEVIEW 14 SKY 024

6.00 **Alaskan Bush People** (PG, R)
6.50 **Tanked** (PG, R)
7.40 **Wheeler Dealers** (PG, R)
8.30 **Inside West Coast Customs** (PG, R)
9.20 **Kindig Customs** (PG, R)
10.10 **Street Outlaws: No Prep Kings** (M, R)
11.00 **Alaskan Bush People** (PG, R)
11.50 **Tanked** (PG, R)
12.40 **Turbo Pickers** (PG, R)
1.30 **Iron Resurrection** (PG, R)
2.20 **Texas Metal** (PG, R)
3.10 **Wheeler Dealers** (PG, R)
4.00 **Inside West Coast Customs** (PG, R)
4.55 **Alaskan Bush People** (PG, R)
5.45 **Tanked** (PG)
6.35 **Wheeler Dealers** (PG)
7.30 **Mysteries of the Deep** (PG)
8.25 **Expedition Unknown** (PG)
9.20 **NASA's Unexplained Files** (PG) The first close-up images of Pluto.
10.15 **Alaskan Bush People** (PG)
11.05 **Tanked** (PG, R)
11.55 **Wheeler Dealers** (PG, R)
12.40am Programmes continue

TVNZ DUKE FREEVIEW 6 SKY 023

6.00 **On Duke Today**
Noon **DUKEbox Music**
12.30 **Two and a Half Men** (PG, R, **HD**, **C**)
12.50 **Everybody Hates Chris** (PG, R, **HD**, **C**)
1.15 ■ **Battlestar Galactica: The Plan** (2009, M, R, **HD**, **C**) Edward James Olmos.
2.45 **Hunting Aotearoa** (PG, R, **HD**)
3.10 **Heavy Rescue 401** (PG, R, **HD**)
4.05 **The Chase Aus** (G, **HD**, **C**)
4.55 **ABC World News** (PG)
5.20 **Abandoned Engineering** (G, R, **HD**, **C**)
6.10 **30 Rock** (PG, R, **HD**, **C**)
6.35 **Two and a Half Men** (PG, R, **HD**, **C**)
7.05 **Everybody Hates Chris** (PG, **HD**, **C**) s4ep17
7.30 **The Simpsons** (PG, R, **HD**, **C**) s13ep19
8.30 **Family Guy** (PG, R, **HD**, **C**, **AD**) s16ep1
9.30 ■ **Batman & Robin** (1997, PG, R, **HD**, **C**, **AD**) Batman and Robin come up against Mr Freeze and Poison Ivy. George Clooney, Arnold Schwarzenegger.
11.45 **Caprica** (PG, **HD**) s1ep4
12.30am Mr Robot (16, HD) **2.10 – 2.30** ABC World News (PG, R)

SKY PREMIERE SKY 030

6.30 **All My Life** (2020, M) Harry Shum Jr, Jessica Rothe
8.05 **The Unholy** (2021, M) Jeffrey Dean Morgan, Cricket Brown
9.45 **No Sudden Move** (2021, 16) Benicio Del Toro
11.40 **French Exit** (2021, M) Michelle Pfeiffer
1.35 **Alone** (2020, 16) Jules Willcox, Marc Menchaca
3.15 **A Quiet Place Part II** (2020, M) Emily Blunt
4.50 **Last Night in Soho** (2020, 16) Thomasin McKenzie, Anya Taylor-Joy
6.45 **Monster Hunter** (2020, M) In another dimension, a group of soldiers engage in a desperate battle for survival against enormous enemies. Milla Jovovich, Tony Jaa
8.30 **Licorice Pizza** (2021, M) In 1973, a 15-year-old actor strikes up a relationship with a woman in her twenties. Alana Haim, Cooper Hoffman, Sean Penn, Bradley Cooper **TV Films, page 69**
10.45 **The Little Things** (2021, M) Denzel Washington
12.50am Music (2021, M) **2.35** Pure (2018, 16) **4.05** In the Heights (2021, PG)

MOVIES CLASSICS SKY 034

6.15 **Waterloo** (1970) (1970, G) Christopher Plummer
8.25 **Pale Rider** (1985, PG) Clint Eastwood, Michael Moriarty
10.20 **Forever Young** (1992, PG) Mel Gibson, Jamie Lee Curtis.
Noon **Unforgiven** (1992, M) Clint Eastwood, Gene Hackman
2.10 **Robinson Crusoe** (1954, G) Dan O'Herlihy
3.38 **The Big Gundown** (1967, M) Lee Van Cleef, Tomas Milian
5.05 **Castle Keep** (1969, M) Burt Lancaster, Patrick O'Neal
6.50 **Groundhog Day** (1993, PG) A self-centred weatherman relives the same day in a small town. Bill Murray, Andie MacDowell
8.30 **Captain Apache** (1971, PG) A US Cavalry officer must use a victim's last words to help him find his killer. Lee Van Cleef, Carroll Baker
10.05 **Heat** (1995, 16) A career criminal considers getting out of the business, while a cop tries to put him behind bars. Al Pacino, Robert De Niro
12.50am Sex, Lies and Videotape (1989, M) **2.30** The Key (1958, PG) **4.35** Halloween II (1981, 18)

RIALTO SKY 039

6.15 **Catwalk: From Glada Hudik to New York** (2020, M) Swedish documentary.
7.55 **Marvellous** (2014, M) Toby Jones, Gemma Jones
9.30 **The 8th** (2020, M) Irish documentary.
11.10 **Above Suspicion** (2019, 16) Emilia Clarke, Jack Huston
12.55 **Red Light** (16) s1ep9&10
2.35 **The Oratorio** (2020, PG) US/Italian documentary.
3.45 **God of the Piano** (2019, M) Naama Preis
5.10 **Eternal Beauty** (2019, M) Sally Hawkins
6.45 **Larger Than Life: The Kevyn Aucoin Story** (2017, M) US documentary about make-up artist Kevyn Aucoin.
8.30 **Angel Baby** (1995, 16) Going against the advice of their doctors, two schizophrenics fall in love and prepare to have a baby. John Lynch, Jacqueline McKenzie
10.15 **Prisoners of the Ghostland** (2021, 16) Nicolas Cage
11.55 **Creation Stories** (2021, 16) Ewen Bremner
1.45am Boys Cry (2018, 16) **3.20** The Oratorio (2020, PG) **4.30** Angel Baby (1995, 16)

SKY CHANNELS

Vibe SKY 006

6.00 Parenthood (M) s5ep2 **6.50** Judge Judy (PG) **7.15** The Closer (M) s4ep10 **8.05** The Mysteries of Laura (M) s1ep16 **8.50** The Good Wife (M) s1ep13 **9.40** Covert Affairs (M) s2ep2 **10.30** Judge Judy (PG) **11.20** Murdoch Mysteries (M) s14ep7 **12.10** Private Eyes (M) s5ep7 **1.05** The Inbetween (M) s1ep7 **2.00** The Closer (M) s4ep10 **2.50** The Mysteries of Laura (M) s1ep16 **3.40** The Good Wife (M) s1ep13 **4.30** Judge Judy (PG) **5.30** Parenthood (M) s5ep2 **6.30** Covert Affairs (M) s2ep2 **7.30** Jamestown (16) s2ep2 **8.30** Medici: The Magnificent (16) s1ep1 **9.30** The Drowning (M) Jodie uses a home testing kit to take a sample of Daniel's DNA. s1ep3 **10.30** The Good Wife (M) s1ep13 **11.20** Judge Judy (PG) **11.50** Jamestown (16) s2ep2 **12.50am** Programmes continue

BBC UKTV SKY 007

6.00 Would I Lie to You? (PG) **6.35** QI (PG) **7.10** EastEnders (PG) **7.40** The Bill (M) **8.30** A Touch of Frost (M) s10ep1 **10.15** Father Brown (M) s2ep5 **11.05** Doc Martin (M) s1ep2 **11.55** Midsomer Murders (M) s21ep1 **1.35** The Bill (M) **2.25** New Tricks (M) s6ep2 **3.25** 8 Out of 10 Cats Does Countdown (16) **4.20** The Jonathan Ross Show (M) s16ep9 **5.15** Who Do You Think You Are? (PG) **6.20** QI (PG) **6.55** Richard Osman's House of Games Night (PG) s1ep5 **7.25** QI (M) **8.00** Would I Lie to You? (PG) **8.35** 8 Out of 10 Cats Does Countdown (M) **9.30** All Round to Mrs Brown's (M) s3ep6 **10.25** Hypothetical (M) s1ep6 **11.15** Midsomer Murders (M) s21ep1 **12.50am** Programmes continue

SoHo SKY 010

6.40 Dave (16) s1ep1 **7.15** The Rehearsal (16) s1ep1 **7.45** Rap Sh!t (16) s1ep3 **8.15** Insecure (16) s5ep5 **8.45** Ravi Patel's Pursuit of Happiness (M) s1ep1 **9.30** The Midwich Cuckoos (16) s1ep5 **10.20** American Rust (16) s1ep7 **11.15** Irma Vep (16) s1ep5 **12.05** Dave (16) s1ep1 **12.40** The Rehearsal (16) s1ep1 **1.10** Rap Sh!t (16) s1ep3 **1.40** Insecure (16) s5ep5 **2.10** The Midwich Cuckoos (16) s1ep5 **3.00** American Rust (16) s1ep7 **3.55** The Righteous Gemstones (16) s1ep9 **4.50** Absentia (16) s3ep10 **5.45** Temple (16) s1ep3 **6.30** Fear the Walking Dead (18) s7ep14 **7.30** ZeroZeroZero (18) s1ep3 **8.30** Mare of Easttown (18) Phone records lead to an unlikely suspect. s1ep3 **9.30** Landscapers (16) s1ep1 **10.25** I May Destroy You (18) s1ep7 **10.55** Last Week Tonight with John Oliver (M) s9ep19 **11.30** The Rising (16) s1ep4 **12.15am** Programmes continue

Living SKY 017

6.15 Salvage Hunters (PG) **7.10** The Pioneer Woman (PG) **7.35** Mexican Made Easy (PG) **8.05** House Hunters (PG) **9.00** Mystery Diners (PG) **10.00** Restaurant: Impossible (PG) **11.00** A Place in the Sun: Winter Sun (PG) **11.55** Love It or List It UK (PG) **12.50** Location Location Location Australia (PG) **1.50** Salvage Hunters (PG) **2.45** House Hunters (PG) **3.45** The Pioneer Woman (PG) **4.15** Mexican Made Easy (PG) **4.45** Restaurant: Impossible (PG) **5.40** Location Location Location (PG) **6.35** Love It or List It UK (PG) **7.30** A Place in the Sun: Winter Sun (PG) **8.30** Every Family Has a Secret (PG) **9.30** Long Lost Family US (PG) **10.30** Location Location Location Australia (PG) **11.25** House Hunters (PG) **12.15am** Programmes continue

Investigation Discovery SKY 018

6.05 Your Worst Nightmare (M) **6.55** Still a Mystery (M) **7.45** Reasonable Doubt (M) **8.35** Body Cam (M) **9.25** Nightmare Next Door (M) **10.20** Grave Secrets (M) **11.15** The Perfect Murder (M) **12.10** Your Worst Nightmare (M) **1.05** Obsession: Dark Desires (M) **2.00** I'd Kill for You (M) **2.55** Betrayed (M) **3.50** Before I Die (M) **4.45** Your Worst Nightmare (M) **5.40** The Murder Tapes (M) **6.35** Body Cam (M) **7.30** Evil Lives Here (M) **8.30** Reasonable Doubt (M) **9.30** Crime Scene Confidential (M) **10.30** The Perfect Murder (M) **11.25** Nightmare Next Door (M) **12.15am** Programmes continue

Sky Arts SKY 020

6.30 Cold War and Cinema **7.15** Rough Draft with Reza Aslan **7.40** The Decisive Moment **8.00** Talking Heads: Alan Bennett Monologues **8.35** ■ Campesino (2018, G) **10.05** Elliott Erwitt: Silence Sounds Good **11.00** Put Some Colour in Your Life **11.30** Fake or Fortune? **12.30** Video Killed the Radio Star **1.00** One Perfect Shot (PG) **1.30** Finding Your Roots **2.30** Cold War and Cinema **3.15** Rough Draft with Reza Aslan **3.40** The Decisive Moment **4.00** I Still Being (G) Documentary about musicians in Peru. **6.00** Anthems: New Zealand's Iconic Hits (M) **6.45** The Artist's Workshop **7.00** Put Some Colour in Your Life **8.00** Sounds and Stone **8.45** Classic Literature and Cinema **9.35** ■ On Broadway (2019, G) **11.00** ■ Koi (2019, G) **12.00am** Programmes continue

Discovery SKY 070

6.05 How It's Made (PG) **6.30** How Do They Do It? (PG) **6.55** Rise of the Machines (M) **7.45** Homestead Rescue (PG) **8.35** Mighty Cruise Ships (PG) **9.25** Fast N' Loud (PG) **10.20** Gold Rush: White Water (M) **11.15** Aussie Gold Hunters (PG) **12.10** How Do They Do It? (PG) **12.35** How It's Made (PG) **1.05** Mysteries at the Museum (PG) **2.00** Naked and Afraid (M) **2.55** Bering Sea Gold (M) **3.50** Gold Rush: White Water (PG) **4.45** Gold Rush: Parker's Trail (PG) **5.40** Aussie Lobster Men (PG) **6.35** Heavy Tow Truckers Down Under (M) **7.30** Gold Rush: White Water (M) **8.30** Aussie Gold Hunters (PG) **9.30** Aussie Salvage Squad (PG) **10.30** Last Outpost (PG) **11.25** Naked and Afraid (M) **12.15am** Programmes continue

National Geographic SKY 072

6.30 Air Crash Investigation: Special Report (M) **7.30** Nazi Megastructures: America's War (PG) **8.30** Drain the Oceans Best ofs (PG) **9.30** Dutch Caribbean Coastguard (PG) **10.30** Wicked Tuna (PG) **11.30** Inside North Korea: The Cyber State (M) **12.30** Air Crash Investigation (M) **1.30** Megastructures **2.30** Situation Critical (M) **4.30** Nature's Fury (PG) **5.30** The Raising of the Costa Concordia (PG) **6.30** Drain the Oceans Best ofs (PG) **7.30** When Sharks Attack (M) **8.30** Shark Attack Files (M) **9.30** Air Crash Investigation: Special Report (M) **10.30** Air Crash Investigation (M) **11.30** Food Factory (PG) **12.30am** Programmes continue

History SKY 073

6.30 Crusaders (PG) **7.30** Secrets of the Lost Ark (PG) **8.30** Time Team **9.30** Lost Treasures of the Ancient World **10.30** Time Team **11.30** Abandoned Engineering (PG) **12.30** Return of the Black Death (PG) **1.30** History's Raiders (PG) **2.30** Scorched Earth (PG) **3.30** The Fury and the Flames (PG) **4.30** Killing Hitler: The Valkyrie Plot (PG) **5.30** Lost Treasures of the Ancient World **6.30** Time Team **7.30** WWII: Witness to War (PG) **8.30** Charles I: Killing a King (PG) **9.30** Europe's Last Warrior Kings (M) **10.30** Secrets of Britain (PG) **11.30** Myth Hunters (PG) **12.30am** Programmes continue

BBC Earth SKY 074

6.00 Tide (PG) **6.55** Life Below Zero (M) **7.45** Where the Wild Men Are (PG) **8.35** The Planets (PG) **9.35** The Psychedelic Drug Trial (M) **10.30** The Dog Rescuers (PG) **11.20** 24 Hours in A&E (M) **12.10** Attenborough's Natural Curiosities (PG) **12.35** Trials of Life (PG) **1.25** The Planets (PG) **2.25** Tide (PG) **3.20** Natural History Museum: World of Wonder (PG) **4.10** The Psychedelic Drug Trial (M) **5.05** Life Below Zero **5.55** Where the Wild Men Are (PG) **6.50** The Dog Rescuers (PG) **7.40** 24 Hours in A&E (PG) **8.30** The Age of Nature (PG) **9.30** The Psychedelic Drug Trial (M) **10.30** Trials of Life (PG) **11.30** Natural History Museum: World of Wonder (PG) **12.20am** Programmes continue

SoHo: Landscapers, 9.30pm

SKY SPORT

Sky Sport 1 SKY 051

6.00 Aotearoa Rugby Pod **6.30** Rugby Championship, South Africa v All Blacks **7.00** Rugby Championship, Argentina v Australia **7.30** The Crowd Goes Wild **8.00** UFC on Sky **8.30** Inside Netball **9.00** Gallaher Shield, final, replay **11.00** NPC, Manawatu v Auckland **1.00** Sky GrassRoots Rugby **2.00** Rugby Heaven **3.00** The Crowd Goes Wild **3.30** Farah Palmer Cup, Auckland v Manawatu **4.00** Farah Palmer Cup, Northland v Hawke's Bay **4.30** Farah Palmer Cup, Taranaki v Otago **5.00** NPC, Taranaki v Northland **5.15** NPC, Tasman v Southland **5.30** NPC, Wellington v Bay of Plenty **5.45** NPC, Manawatu v Auckland **6.00** Rugby Heaven **7.00** NPC/Ranfurly Shield, Hawke's Bay v Counties Manukau, from McLean Park, Napier, **live** **9.00** Sky GrassRoots Rugby **10.00** Rugby Heaven **11.00** Rugby Championship, Argentina v Australia **1.00am** NPC/Ranfurly Shield, Hawke's Bay v Counties Manukau **3.00** Rugby Championship, South Africa v All Blacks **5.00** Rugby Heaven

Sky Sport 2 SKY 052

6.00 ATP 1000, National Bank Open, day 4, **live** **2.30** NRL Premiership, Canterbury-Bankstown Bulldogs v North Queensland Cowboys, replay **4.30** NRL Premiership, South Sydney Rabbitohs v NZ Warriors **6.30** ATP 1000, National Bank Open, day 4, match of the day **8.00** ATP 1000, National Bank Open, day 4, highlights **9.00** World Series of Darts, Queensland Darts Masters, from Townsville Entertainment and Convention Centre, **live** **1.00am** Ultimate Bowls **2.00** National Provincial Championship, Manawatu v Auckland **2.15** National Provincial Championship/Ranfurly Shield, Hawke's Bay v Counties Manukau **2.30** ATP 1000, National Bank Open, day 4, match of the day **4.00** ATP 1000, National Bank Open, day 5, **live**

Sky Sport 3 SKY 053

6.00 India v South Africa, 4th T20 **10.00** West Indies v Bangladesh, 2nd T20 **2.00** West Indies v Black Caps, 1st T20 **6.00** Commonwealth Games, cricket, semi-final 1 **6.30** Commonwealth Games, cricket, semi-final 2 **7.00** Commonwealth Games, cricket, bronze medal final **7.30** Commonwealth Games, cricket, gold medal final **11.00** West Indies v Black Caps, 1st T20 **11.30** Commonwealth Games, cricket, New Zealand v South Africa **12.00am** Commonwealth Games, cricket, Sri Lanka v New Zealand, highlights **12.30** Commonwealth Games, cricket, England v New Zealand **1.00** Commonwealth Games, cricket, bronze medal final, highlights **1.30** Commonwealth Games, cricket, gold medal final, highlights **2.00** Sal's NBL, Franklin Bulls v Auckland Tuatara, replay **4.00** Sal's NBL Women, Lower South v Mid North, replay

RNZ Concert

FREEVIEW 51 SKY 422 iHeartRADIO
rnz.co.nz/concert

SATURDAY

News and Weather 6.00, 8.00, 9.00, noon **6.00** RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **2.00** Worlds of Music with Trevor Reekie **3.00** RNZ Concert Afternoons **5.00** Inside Out with Nick Tipping **7.00** RNZ Concert Evenings **8.00 Music Alive** Voices NZ: Taonga Moana – Hamilton: Karakia of the Stars; Gordon arr Loomer: Frobisher Bay; Mäntyjärvi: The Seafarer; Enns: The Sorrow Song of Whales; Mozart: Lacrimosa, from Requiem; Warren Maxwell: Hind Mahaasaagar; Ken Steven: Hentakan Jiwa; Ešenvalds: A Drop in the Ocean; Bates: Observer in the Magellanic Cloud; Warren Maxwell: Te Tai Uka a Pia, Voices NZ Chamber Choir/Karen Grylls (recorded in Gallagher Theatre, Hamilton) **9.30 Sound Lounge** Contemporary music **12.00am** Music Through the Night

SUNDAY

News and Weather 6.00, 8.00, 9.00, noon **6.00** Sanctuary **7.30** Hymns on Sunday with Robyn Jaquiery **8.00** Grace Notes **9.00** RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** The Musical Omnivore **5.00** New Horizons **6.00 Opera on Sunday** BBC Proms 2022: Ethel Smyth's The Wreckers – Karis Tucker (Thirza), Philip Horst (Pascoe), James Rutherford (Lawrence), Rodrigo Porras Garulo (Mark), Lauren Fagan (Avis), Donovan Singletary (Harvey), Jeffrey Lloyd-Roberts (Tallan), Marta Fontanals-Simmons (Jack), Glyndebourne

Lauren Fagan, *Opera on Sunday*, 6.00pm.

Festival Opera, London Philharmonic Orchestra/ Robin Ticciati (recorded in Royal Albert Hall, London) **9.00** Made in New Zealand **11.00** New Music Dreams **12.00am** Music Through the Night

MONDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00 Onstage** BBC Proms 2022: Music for Royal Occasions, BBC Singers, BBC Concert Orch/Barry Wordsworth (recorded in Royal Albert Hall, London) **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** NZSO Beethoven Festival: Pastoral – Beethoven: Symphony No 6 in F Op 68, Pastoral; Symphony No 7 in A Op 92, NZSO/Edo de Waart (3 of 4, recorded in Michael Fowler Centre, Wellington) **10.00** Day's End **12.00am** Music Through the Night

TUESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** CMNZ: Secrets & Hidden Messages – Michael Williams: Spirit Flies Sun Rises; Kurtág: Three pieces for Viola Solo from Signs, Games and Messages; Schumann: Fairytale Pictures Op 113; Brahms: Scherzo, from FAE Sonata in C minor; Sting, Krauss arr Stumm: You Will Be My Ain True Love; Brahms: Piano Quartet No 3 in C minor Op 60; Schumann: Piano Quartet in E flat Op 47 (3), Jennifer Stumm (viola) with Te Kōkī Trio – Martin Riseley (violin), Inbal Meggido (cello), Jian Liu (piano) (recorded in Auckland Concert Chamber) **10.00** Day's End **12.00am** Music Through the Night

WEDNESDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00 Music Alive** BBC Proms 2022: The Two Scheherazades – Ravel: Shéhérazade; Beamish:

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SATURDAY

6.08 Storytime **6.55** News 2 Me **7.08** Country Life **8.10 Saturday Morning with Kim Hill** In-depth feature interviews **12.10 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **1.06** Music 101 with Charlotte Ryan **5.00** The World at Five **5.30 Tagata o te Moana** Pacific news, issues, information and music **6.06 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **7.06 Saturday Night with Phil O'Brien** Requests, nostalgia and musical memories **12.04am** All Night Programme

SUNDAY

6.08 Storytime **7.10** Features Hour **8.06 Sunday Morning with Jim Mora** Including 9.06 Mediawatch **12.12 Standing Room Only with Lynn Freeman** Including 1.10 At the Movies 2.05 The Laugh Track **3.05** Classic Drama **4.06** The Arts Hour (BBC World Service) **5.00** The World at Five **5.10** Heart and Soul (BBC) **5.35 Te Manu Korihi** Māori news and issues **6.06 Māpuna with Julian Wilcox** Conversations with Māori throughout Aotearoa, from sports legends to business leaders, artists and community advocates **6.50** Voices **7.04 Smart Talk** Conversations recorded around Aotearoa and the world **8.06** The Sunday Night Retro Show with Phil O'Brien **10.00** News at Ten **10.15** Mediawatch **11.04** The Retro Cocktail Hour (KPR) **12.04am** All Night Programme

MONDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04 Nashville Babylon** Mark Rogers presents Americana, alt country, folk, soul and blues **12.04am** All Night Programme

TUESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Worlds of Music with Trevor Reekie **12.04am** All Night Programme

WEDNESDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04 Inside Out** Nick Tipping presents classic recordings and modern masterpieces from the world of jazz **12.04am** All Night Programme

THURSDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** Music 101 Pocket Edition **12.04am** All Night Programme

FRIDAY

5.00 First Up with Nathan Rarere **6.00** Morning Report with Corin Dann and Susie Ferguson **9.06** Nine to Noon with Kathryn Ryan **Noon** Midday Report with Māni Dunlop **1.06** Afternoons with Jesse Mulligan **3.45** The Panel with Wallace Chapman **5.00** Checkpoint with Lisa Owen **6.30** Trending Now **7.06** Nights with Bryan Crump **10.00** News at Ten **10.15** Lately with Karyn Hay **11.04** The Mixtape **12.04am** All Night Programme

Duncan Garner, 9.00am, Monday to Thursday.

Hive (BBC co-commission, premiere); Rimsky-Korsakov: Scheherazade Op 35, Catrin Finch (harp), BBC National Orchestra of Wales/Ariane Matiakh (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

THURSDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00** **Music Alive** Louis Baker and APO – Louis Baker (vocals & guitar), Laughton Kora (vocals), Esther Stephens (vocals), Daniel Hayles (keyboard), Marika Hodgson (bass), Cory Champion (drums), Nathan Haines (flute), Auckland Philharmonia/Hamish McKeich (recorded in Auckland Town Hall) **10.00** Day's End **12.00am** Music Through the Night

FRIDAY

News and Weather 6.00, 7.00, 8.00, 9.00, noon, 5.00pm
6.00 RNZ Concert Mornings **10.00** RNZ Concert Days **1.00** Onstage **3.00** RNZ Concert Afternoons **7.00** RNZ Concert Evenings **8.00** **Music Alive** BBC Proms 2022: Carwithen, Williams and Vaughan Williams – Carwithan: Bishop Rock; G Williams: Sea Sketches; Vaughan Williams: Symphony No 1, A Sea Symphony, Elizabeth Llewellyn (soprano), Andrew Foster-Williams (bassbaritone), National Orchestra and Chorus of Wales, BBC Symphony Chorus/Andrew Manze (recorded in Royal Albert Hall, London) **10.00** Day's End **12.00am** Music Through the Night

Newstalk ZB newstalkzb.co.nz

SATURDAY
6.00 Jamie McKay 7.00 D'Arcy Waldegrave 9.00 Jack Tame Noon Sportstalk 3.00 Tim Roxborogh & Tim Beveridge 6.00 Roman Travers 12.00am Jim Snedden

SUNDAY
6.00 Peter Wolfkamp 9.00 Francesca Rudkin Noon Sportstalk 3.00 Tim Roxborogh & Tim Beveridge 6.00 Frank Ritchie & Jax van Buuren 7.30 John Cowan 8.00 Miles Davis 11.00 The Nutters Club 1.00am Roman Travers

MONDAY-FRIDAY
5.00 Kate Hawkesby 6.00 Mike Hosking 9.00 Kerre Woodham Noon Simon Barnett & James Daniels (Andrew Dickens on Monday) 4.00 Heather du Plessis-Allan 7.00 Sportstalk 8.00 Marcus Lush 12.00am Roman Travers/Tim Beveridge

Today FM todayfm.co.nz

SATURDAY
6.00 Nigel Yalden 9.00 WellBeings with Dominic Bowden Noon Robett Hollis 2.00 Sport with Marc Peard & John Day 6.00 Saturday Night Live

SUNDAY
6.00 Best of Tova & Lloyd Burr Live 7.00 Build & Design with Hamish Dodd & Stan Scott 9.00 Mel Homer Noon Buttabean Radio Show with Dave Letele & Nats Levi 2.00 Graeme Hill 7.00 Podcast Playout 8.00 Polly Gillespie

MONDAY-THURSDAY
5.00 Rachel Smalley 6.30 Tova O'Brien 9.00 Duncan Garner Noon Leah Panapa & Mark Richardson 4.00 Lloyd Burr 7.00 Graeme Hill (Wilhelmina Shrimpton on Monday) 8.00 Polly Gillespie

FRIDAY
As above until evening 7.00 Podcast Playout 8.00 Friday Night Nickson

by ELIZABETH KERR

Glorious wreck

Unappreciated in her lifetime, the work of Ethel Smyth is finally getting the recognition it deserves.

Ethel Smyth: fought the prejudices of her time.

Stories about English composer and suffragist Dame Ethel Smyth paint a picture of a passionate, fearless, operatic character. In 1912, she threw a brick through the window of Colonial Secretary Lewis Harcourt, who opposed votes for women, and spent two months in jail as a result. Her friend, conductor Sir Thomas Beecham, visited her in Holloway Prison and found her leaning out a window with a toothbrush, vigorously conducting a group of women singing her famous *The March of the Women*, the anthem of the suffrage movement. Beecham described the openly bisexual Smyth as "stubborn, indomitable, unconquerable".

This week, RNZ Concert broadcasts her opera *The Wreckers* in its original French-language version, from the BBC Proms. The Glyndebourne production, conducted by its music director, Robin Ticciati, presents a work with its own fascinating history. Smyth, enraged by a conductor's severe cuts at its 1906 German-language premiere in Leipzig, famously stole into the orchestra pit and removed the score and all the parts after a successful opening night, abruptly ending the season. Beecham himself conducted English-language versions in London in 1909 and 1910.

The narrative of *The Wreckers* is brilliantly operatic, full of moral conflict, passionate love and violent death. The female characters are as bold and ardent as Smyth herself. Cornish villagers lure ships to their darkened coastline, murder their crews and plunder their cargoes. The wild coastline setting occasions comparisons with Benjamin Britten's *Peter Grimes*, written decades later.

Musically, the language reveals Smyth's many influences: Tchaikovsky, Debussy, Richard Strauss and, most notably, Richard Wagner. Hers is a musical world of brassy opulent late Romanticism. Perhaps most striking is Smyth's use of the chorus, in grand English tradition. Singing magnificently in this semi-staged production, the ensemble plays a major role in the action, as a coastal community who become an outraged and threatening mob.

The narrative of *The Wreckers* is brilliantly operatic, full of moral conflict, passionate love and violent death.

This production is the original version of *The Wreckers* that Smyth herself never heard. The *Guardian* critic said in May that the Glyndebourne "have really done it proud ... it's hard to imagine it better done".

The vibrant, committed and energetic performance honours a remarkable composer fighting the prejudices of her time and ensuring her place in musical and social history. ▮

BBC Proms 2022 *Ethel Smyth's* The Wreckers, *featuring the Glyndebourne Festival Opera and London Philharmonic Orchestra, with Robin Ticciati (conductor), is broadcast on RNZ Concert on August 7.*

GETTY IMAGES

MICHELE HEWITSON

Hair-raising holidays

I have decided to retire from having excitements. In truth, I have never been all that keen on them. I have never seen the attraction of any activity that involves going up and then down things, getting wet in any body of water other than a shower, going very fast and getting giddy. I was once cajoled, at the opening of Hong Kong Disneyland, into going on a scary roller-coaster ride through a dark tunnel while going up and down, very fast. Of course, the thing broke down in the tunnel. I knew it would. That is the thing about excitements – they are dangerous.

I used to go travelling – which was sort of exciting – but I'd go only if I was flying business class, staying in fancy hotels, and somebody else was paying. In other words, it was like being at home, but much posher, and with servants.

My idea of excitements when travelling involved looking at things in museums, eating at nice restaurants and taking gentle rambles through foreign parts.

My idea of the perfect excitement while staying at a fancy hotel in the centre of London was the private lounge where they served a most refined afternoon tea. That is the sort of excitement which beats, hands down, the idiotic pursuit that is jumping off bridges while attached to a giant rubber band.

These days, what I count as excitements is patting my sheep, attempting to tame my wild kittens, and reading Barbara Pym.

If I have read Barbara Pym before, I have no recollection of having done so. This is the joy of a Pym novel. Nothing ever happens in them, so you could read them over and over for the rest of your reading life and not remember that you may have read them before.

At the Masterton Library, you sometimes come across books nobody has taken out in a decade, with a slip pasted into the front inviting comment on your reading experience. In one Pym novel, a reader had written: "One of the most boring books I have ever read." I can't think of a higher recommendation.

What counts as an excitement in the country is the toot that announces the delivery of the mail. Our delightful rural mail deliverer is June. She has a little van, with a flashing light atop, and a cache of doggy treats, which means that all of the farm dogs adore her.

In the past fortnight, she has delivered some treats for this human from readers of this column. These treats included two books.

One is a children's book called *Elvie the Sheep*, written by Colleen Brown and illustrated by Emma Lay. It is the true story of Elvie the Sheep, who belonged to Colleen's aunt, Mrs Pollock, and together they lived in Wellington. It tells the story of Elvie going on holiday, back to the farm from whence she came. She got mixed up in the flock and almost got sent to the works. It is a nail-biter of a story, I can tell you. I could have told Elvie that no good ever comes of excitements such as holidays.

The second book is the possibly also true story of two cats, *The Correspondence of Mr Jones and Harriet*, by Gai Foskett and Mary Mountier. It is a collection of letters between the two neighbouring felines, as assembled by their people, Gai (the Old Tart) and Mary (the Old Trout). The correspondence provides an insight into the secret life of cats and includes tips such as how to flatten a dead mouse so that it might fit into a toaster, thus providing a tasty snack: hide said mouse under the cushion on your person's favourite chair. Later, once the mouse is nicely flattened, retrieve and toast.

The third package was from the best friend I have never met. This is my virtual friend Karen, who often sends me lovely packages. This one contained treats for the wild kittens. They were wildly excited. ▮

Elvie the Sheep, by Colleen Brown and illustrated by Emma Lay.

She got mixed up in the flock and almost got sent to the works. It is a nail-biter of a story, I can tell you.

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